1 Long-term impact of West African food system responses to COVID-19

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The COVID-19 pandemic continues to impact health and livelihoods in West Africa.
Exposure of food system fragilities by the pandemic presents the opportunity for
regional-specific reforms to deliver healthy diets for all and promote resilience to future
shocks.

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55 Long-term impacts of the COVID-19 pandemic on food systems may well be most heavily 56 felt in low- and middle-income countries with fragile health systems and economies. 57 Although West Africa has so far been spared the worst of the pandemic in terms of infection rates, severity of disease and mortality¹, the World Bank estimates that in Nigeria alone, the 58 largest economy in the West African region, 5 million people may become impoverished due 59 to COVID-19². Furthermore, the Permanent Interstate Committee for Drought Control in the 60 61 Sahel (CILSS), estimates that the 51 million people who face food stress are likely to fall into 62 food crisis without adequate income support³.

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Government responses to the pandemic have been broadly similar across West African 64 countries⁴. Almost all have implemented curfews, travel restrictions, and some have imposed 65 66 lockdowns in urban areas – albeit with a gradual easing of restrictions as populations become 67 weary of government-imposed restrictions. Limited attention, however, has been given to the impact these measures have on the ability of governments to ensure safe and timely 68 69 agricultural production, continue international agricultural trade, and secure access to healthy 70 diets for all people. Previous epidemics in the West African region, such as the 2013-2016 71 Ebola outbreak, provided evidence of the relative fragility of food systems in the region. In 72 the three countries most affected by the Ebola outbreak, Guinea, Sierra Leone and Liberia, 73 more than 40% of regular farming lands were left uncultivated and the price of cereals such as rice increased by over 30%⁵. It is noteworthy that the 2020 climatic conditions in the 74 region are predicted atypical, but favourable – above-normal total rainfall, earlier onset and 75 later cessation of rainfall⁶ – that would in normal circumstances provide a unique opportunity 76 77 for a productive harvest.

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79 Food system fragilities

The unfolding COVID-19 pandemic may pose unique challenges for West Africa. The
agricultural workforce already has a relatively poor nutritional and health profile, and further

- 82 pandemic-related ill health could reduce labour productivity during the busy planting and
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83 harvest seasons. Rural farming communities typically have little to no savings or food stores and many depend on daily-generated income for food⁷. Interruptions to day-wages and 84 unexpected health expenditures may force households into poverty. The impact of 85 86 lockdowns, market closures, and potential restrictions on regional and international food 87 trade have likely impacted food prices – rises between 11% and 17% in cereals, especially imported rice are observed in Nigeria, Sierra Leone and Liberia³. These measures have 88 89 particularly affected pastoralists and nomadic livestock herders, interrupted value chains, 90 reduced access to seeds and other on-farm labour availability based on the agricultural 91 calendars in the region⁸. Furthermore, the likely lengthy delays and significant competition in 92 defining new trade agreements including the African Continental Free Trade Area (AfCFTA) Agreement are projected to put West African food systems under significant additional 93 stress⁹. Of particular concern are supplies of nutritionally important but relatively perishable 94 95 fresh fruit and vegetables¹⁰. Approximately 7 million school children in West Africa benefit from school feeding programmes¹¹, and for many households, these meals cover an important 96 97 part of household food supply. School closure due to pandemic restrictions will increase 98 pressure on family food supplies as children do not receive free school meals and parents stay at home for childcare¹². The pressures of the pandemic fall on top of the existing strains from 99 100 increased frequency and severity of droughts and extreme heat in West Africa, and in 101 particular the Sahel region. In 2010 and 2012 Sahelian droughts caused widespread crop 102 failure and left many households food insecure in Mauritania, Mali, Chad, Niger and Burkina Faso¹³. 103

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105 Support for governments

106 International organisations including the International Monetary Fund (IMF), International 107 Fund for Agricultural Development (IFAD), the African Development Bank (ADB) and the 108 World Bank (WB) have all made major funding commitments and are supporting 109 governments in the region in the fight against COVID-19. This provides policy context 110 conducive to food system reforms that were unthought of pre-pandemic and are now 111 increasingly important to guard against the potentially devastating impacts of future 112 pandemics and other shocks. We propose a number of policy options to support resilience 113 and sustainability of West African food systems in the post-COVID-19 era where "surprise is the new normal"¹⁴. 114

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116 Investments and partnerships

117 Though many of the commitments from regional and international donors and development 118 partners are aimed at reducing food insecurity and impoverishment in the short-term, they 119 offer governments the opportunity to increase investments in agriculture that can co-deliver 120 long-term benefits. The ADB recently announced USD 10 billion in support for African economies to safeguard against food insecurity impacts of the COVID-19 pandemic¹⁵. The 121 122 programme prioritizes agricultural policies that support the most vulnerable through 123 investments in farm inputs for food production and strengthen the capacity of regional 124 organisations for food security. However, three months after this announcement, it has yet to 125 become clear whether the substantial budgetary allocation for COVID-19 related food 126 insecurity by the ADB could have negative consequences for other sectors receiving funding 127 from the bank. Furthermore, there may be unforeseen consequences of this increase in 128 funding that in turn could jeopardise future food security for other disadvantaged population 129 groups. IFAD's Rural Poor Stimulus Facility programme aims to mobilise USD 240 million 130 to improve food security by supporting production (inputs and basic assets for crop, livestock 131 and fisheries), access to markets, targeting funds for rural financial services and use of digital services for weather and market information delivery¹⁶. While these programmes may have a 132 133 short-term focus, opportunities exist to achieve longer-term impacts, for example through 134 expansion of input support to include seeds that have a greater resilience in the face of future 135 climate change (climate-smart crops) that farmers could continue to grow after the immediate support period ends. Strengthening public-private partnerships, and use of innovative funding 136 137 models¹⁷, may also provide an opportunity to ensure programmatic and financial 138 sustainability. The pandemic has resulted in a rebalancing of funding streams in the 139 development community that may have negative impacts on other sectors; the balance is 140 likely to shift again post-pandemic. Therefore, it is important to re-strategize current food 141 system investments now to ensure that they have a lasting impact.

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143 Innovation

144 West Africa's abundant supply of sunlight and agriculturally-underutilised land (in mostly

rural settings) is ripe for development – including rural development opportunities¹⁸ that

146 improve food safety, reduce post-harvest losses and food storage to raise productivity for

147 farmers; with appropriate infrastructural planning and mandated safeguards to protect nature.

148 Modern agricultural approaches, including urban farming of vegetables and novel foods

including mycoproteins, insects for animal and human consumption and cellular agriculture¹⁹ 149 150 are expanding rapidly with the potential for acceptability testing and adoption. Supporting 151 these new approaches may provide multiple benefits including urban and peri-urban food 152 production (with clear employment opportunities for growing urban populations) and 153 strengthening important food supply chains. Peri-urban food production has many potential 154 benefits including shorter supply chains that may be particularly useful during infection 155 control enforcement, income generation possibilities, and opportunities for the greater engagement of women²⁰. Governments should design 'smart' agriculture insurance 156 programmes which can reduce inefficiencies and be cost effective in supporting agricultural 157 investments²¹. The conversion of urban and peri-urban waste into fertilizer²² to support food 158 159 production (with the potential to reduce environmental pollution in cities and prevent 160 infectious diseases) could be a 'low-regret' option to consider. Despite the many expected 161 benefits of food system expansion, decision-making on how and to what extent to expand 162 production should be based on a full evidence map of potential benefits and trade-offs. While successful urban production can efficiently complement rural production²³, the possibility to 163 164 reduce the demand of similar products from rural farmers needs consideration. Furthermore, 165 the expansion of agricultural land could bring several environmental risks, including substantial negative impacts on biodiversity and deforestation. The West Africa's experience 166 with Ebola virus and its link to agricultural land conversion²⁴ makes it important to plan 167 168 production to minimize zoonotic spill-over and protect the territorial rights of indigenous 169 communities.

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171 *Reconfigure trade policies*

Border restrictions due to COVID-19, even though food is often exempted, have disrupted

173 food trade flow and the movement of livestock herders in West Africa especially for informal

trade that represents a substantial amount of total trade in the region²⁵. Food trading

arrangements need to consider both the financial and environmental costs of food production.

176 International trade is a potent strategy for 'spreading risk', providing a buffer for regions

177 exposed to climate change and severe local disruptions (such as during regionalised

178 outbreaks). However, long supply chains (inter-regional/continental) may become

179 unsustainable during a severe shock when major food supplying countries adopt a

180 protectionist approach to trade, limiting exports to dependent countries. Trade policies should

181 be reconfigured in a balanced approach, dispersed enough to avoid major disruption in supply

in cases of localised harvest failure, but also optimized to consider multiple impacts includingon subsidies, taxes and the environment (such as embedded environmental footprints).

184 Early warning systems

185 An integrated system which combines existing systems that monitor food prices, crop 186 diseases, weather patterns and other environmental changes is needed to support efforts 187 already made in the region to improve early warning. Local, national and regional 188 communication could be improved with better, integrated early warning/notification systems 189 - which are even more crucial with border closure measures in place, as the current COVID-19 border closures has made it more difficult to address and mitigate agricultural pests²⁶. A 190 191 systemic and structurally-designed regional early warning system for pests and diseases such 192 as locusts and fall armyworm through strengthening the capacity of institutions and 193 organisations in the region such as CILSS and the ECOWAS trade department will enable 194 systematic and sustainable data collection and analysis for better preparedness. Functional 195 early warning systems can help countries to take early steps to protect lives and livelihoods when a pandemic or other crisis strikes 27 . 196

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198 Healthy agricultural workforce

199 There are clear opportunities to strengthen occupational health in primary care protocols and 200 enhance protection for subsistence farmers from the health effects of climate change, including intense heat and dehydration²⁸. Accelerated access to Universal Health Coverage 201 202 particularly by the most vulnerable (women and children) could improve health. One way to 203 ensure quick assessment and for support during future disruptions is by using mobile phone technology. The technology has already aided governments and support services to identify 204 vulnerable populations and simplify the administrative barriers to access support services²⁹. 205 206 Mobile phone technology can be used to deliver personalised agricultural advice to small-207 scale farmers and vulnerable groups when access or physical contact is restricted as we see 208 during the COVID-19 pandemic.

209

210 **Conclusion**

211 These strategies and policies underscore the extent to which the environment, food systems

and public health are intimately intertwined while this linkage will only become stronger

213 under projected climate and environmental change³⁰. Food system policy should consider and

- carefully map out the possible trade-offs to other parts of the system which would require a
- 215 coordinated intersectoral government effort.
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The COVID-19 pandemic is having a devastating global impact and all sectors of society are considering how to manage the immediate impacts and rebuild in the future. Building back a stronger, resilient and more environmentally-conscious food system is critical both to ensure greater preparedness for future crises, but also to improve the environmental, nutritional and health outcomes of West African food systems in the future.

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239 Author contributions

ZA, RG and PFDS conceived the study. ZA, RG, SM, ADD and PFDS performed the literature searches and wrote the paper. RBZ, AP, AH, AMP and ADD interpreted and revised it critically for important intellectual content. All authors approve and agree to take responsibility of the final version for publication.

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245 **Competing interests**

- 246 The authors declare no competing interests.
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