Epidemiological and clinical characteristics of the COVID-19 epidemic in Brazil


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Abstract

The first case of COVID-19 was detected in Brazil on February 25, 2020. We report and contextualize epidemiological, demographic, and clinical findings for COVID-19 cases during the first three months of the epidemic. By May 31, 2020, 514,200 COVID-19 cases, including 29,314 deaths had been reported in 75.3% (4,196 of 5,570) of municipalities across all five administrative regions of Brazil. $R_0$ for Brazil was estimated at 3.1 (95% BCI 2.4–5.5), with a higher median but overlapping credible intervals compared to some other seriously affected countries. A positive association between higher per-capita income and COVID-19 diagnosis was identified. Further, the severe acute respiratory infection cases with unknown aetiology were associated with lower per capita income. Co-circulation of six respiratory viruses was detected but at very low levels. These findings provide a comprehensive description of the ongoing COVID-19 epidemic in Brazil and may help guide subsequent measures to control virus transmission.
Introduction

Coronavirus disease 2019 (COVID-19) is a severe acute respiratory infection that emerged in early December 2019 in Wuhan, China. The outbreak was declared a Public Health Emergency of International Concern (PHEIC) by the World Health Organization (WHO) on January 30, 2020. COVID-19 is caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), an enveloped, single-stranded positive-sense RNA virus that belongs to the Betacoronavirus genus, Coronaviridae family. SARS-CoV-2 is closely related genetically to bat-derived SARS-like coronaviruses. Human-to-human transmission occurs primarily via respiratory droplets and direct contact, similar to human influenza viruses, SARS-CoV and Middle East Respiratory Syndrome virus (MERS-CoV). The most commonly reported clinical symptoms are fever, dry cough, fatigue, dyspnoea, anosmia, ageusia, or some combination of these. As of June 16, 2020, more than 7.9 million cases have been confirmed worldwide, resulting in 434,796 deaths.

Brazil declared COVID-19 as a national Public Health Emergency (PHE) on February 3, 2020. After the development of a national emergency plan and the early establishment of molecular diagnostic facilities across Brazil’s network of public health laboratories, the country reported its first confirmed COVID-19 case on February 25, 2020, in a traveller returning to São Paulo from northern Italy. São Paulo is the largest city in South America and no other Brazilian city receives a greater proportion of international flights. Currently, Brazil has one of the fastest-growing COVID-19 epidemics in the world, now accounting for 1,864,681 cases and 72,100 deaths, comprising over 55% of the total number of reported cases in Latin America and Caribbean (as of July 14, 2020). About 21% of Latin American and Caribbean populations are estimated to be at risk of severe COVID-19 illness. The region has been experiencing large outbreaks, with growing epidemics in Brazil, Peru, Mexico, Chile, Colombia, Panama, and possibly Venezuela and Nicaragua, amidst growing
concerns on testing capacity for COVID-19. Preparedness for laboratory surveillance of SARS-CoV-2 in Latin America is centred around a network of national reference influenza surveillance laboratories that is facing several challenges, including shortage of reagents and equipment.

Conscious of the challenges associated with surveillance since the beginning of the epidemic in Brazil, here we focus on two main objectives. First, we contextualize the Brazilian SARS-CoV-2 epidemic by comparing local transmission dynamics with those observed in selected other countries. Second, we use geospatial data related to confirmed COVID-19 cases and severe acute respiratory infection (SARI) cases with unknown aetiology to evaluate the relationship between socio-economic factors and COVID-19 distribution.
Results

Contextualizing COVID-19 data notification systems in Brazil

On January 22, 2020, more than one month before the first case in Brazil, the Brazilian Ministry of Health implemented the REDCap platform to notify prospective suspected, probable, and confirmed COVID-19 cases (see Methods for case definitions), as part of early response to the pandemic. By March 27, 2020, the REDCap system was discontinued (Fig. 1). Since then, mild-COVID-19 cases started to be notified on e-SUS-VE (e-SUS Vigilância Epidemiológica), a new national COVID-19 notification system and hospitalised COVID-19 cases started to be recorded on a pre-existing SIVEP-Gripe system. The SIVEP-Gripe system has been in use since 2009 (influenza H1N1 2009 pandemic) and has since centralized the notification of respiratory viruses and SARI for the Brazilian Ministry of Health (Fig. 1).

Both the e-SUS-VE and SIVEP-Gripe include suspected and confirmed COVID-19 cases by public health and private services (primary and emergency care). These two notification systems (e-SUS-VE and SIVEP-Gripe) are inter-related on the Portal do COVID-19 website (https://covid.saude.gov.br/), which summarises daily the aggregated counts from both platforms.

SARS-CoV-2 notification in Brazil: international transmission to rapid internal dissemination

We analysed a total of 514,200 SARS-CoV-2 cases from the Portal do COVID-19 website (SIVEP-Gripe, and e-SUS VE databases combined) that were confirmed by molecular diagnostic and clinical epidemiological criteria by May 31, 2020 (see Materials and Methods). Cases were reported in 75.3% (4,196 of 5,570) of municipalities across all five administrative regions of Brazil and included 206,555 (40.2%) recovered patients, and 29,314 fatal (17.5%) COVID-19 cases (Fig. 2A). We further analysed a total of 1,468 confirmed
cases from the REDCap system, including 342 imported cases with associated travel history information. After excluding cases involving with that travelled to multiple countries before entering Brazil (n=56) and that had an unknown country of origin (n=16). The self-reported countries of infection for cases acquired abroad until March 19, 2020 were USA (28.6%, n=76), Italy (24.4%, n=65), and the United Kingdom (10.5%, n=28) and Spain (8.3%, n=22) (Extended Data Fig. 1). The first reported case (SPBR1) was reported on February 25, 2020 in the municipality of São Paulo, the fourth most populous urban area worldwide. Following the first notifications of COVID-19 in Brazil’s largest population centres, we find that SARS-CoV-2 subsequently spread to municipalities with smaller population sizes (Fig. 2B). Until May 31, 2020, most confirmed cases and deaths were reported in the states of São Paulo (109,698 cases and 7,615 deaths), Rio de Janeiro (53,388 cases and 5,344 deaths), Ceará (48,489 cases and 3,010 deaths) and Amazonas (41,378 cases and 2,052 deaths), which together account for 49.2% of all cases and 61.5% of deaths in Brazil (Fig. 2c).

Basic reproduction number ($R_0$) of SARS-CoV-2 in Brazil and comparison countries

To estimate the basic reproduction number ($R_0$) of SARS-CoV-2 in Brazil, daily confirmed cases in São Paulo, Rio de Janeiro, Ceará and Amazonas states were compiled from the Ministry of Health (for specification of the time-windows used in the analyses see Extended Data Fig. 2). For comparison, we compiled time series of confirmed cases in several European countries from the Johns Hopkins Coronavirus Resource Center (https://coronavirus.jhu.edu/, see also Extended Data Fig. 3). We found that São Paulo, Rio de Janeiro and Amazonas were characterized by similar $R_0$ values of 2.9 (95% Bayesian credible interval, BCI, 2.2–5.1), 2.9 (95% BCI 2.2–4.9) and 2.6 (95% BCI 2.0–4.5). However, for Ceará, estimated $R_0$ was considerably lower, 1.9 (95% BCI 1.5–3.0) (Fig. 3, Extended Data Fig. 1). This finding could be a result of the small window between the first
notified cases and the early implementation of non-pharmaceutical interventions (NPIs) in this state (Supplementary Table 1, Extended Data Fig. 2). On a national scale, the estimated $R_0$ for Brazil was slightly higher than that of the Brazilian states considered in this study, with a median of 3.1 (95% BCI 2.4–5.5), and also slightly higher than $R_0$ values estimated for other severely affected countries: Spain (2.6, 95% BCI 2.0–4.6), France (2.5, 95% BCI 1.9–4.4), United Kingdom (2.6, 95% BCI 2.0–5.1) and Italy (2.5, 95% BCI 2.0–4.4) (Fig. 3). While the incidence curves for European countries have consistently flattened and declined after the implementation of NPIs (suggesting $R_0$ has fallen below one), Brazil’s daily incidence curve has continued to increase (Fig. 2A and Extended Data Fig. 4).

Severe acute respiratory infections (SARI) mostly reflect COVID-19 cases

In the early-phase of the COVID-19 epidemic in Brazil, we analysed the results for other respiratory pathogens tested in Brazil as part of the differential diagnosis by Central Public Health Laboratories and National Influenza Centres (Brazilian Ministry of Health) obtained from a REDcap platform designed for COVID-19. The respiratory viruses most frequently identified between January 2020 and March 27, 2020, in patients with suspected but negative diagnosis of COVID-19 were influenza A virus (347 [14.3%] of 2,429 tested cases), influenza B virus (251 [10.3%] of 2,429) and human rhinovirus (136 [5.6%] of 2,429). We found co-detection of SARS-CoV-2 with six other respiratory viruses, the most frequently were influenza A (11 [0.5%] of 2,429) and human rhinovirus (6 [0.2%] of 2,429) (Extended Fig. 7).

The SIVEP-Gripe system started reporting hospitalised COVID-19 cases in early March 2020 (epidemiological week 10) (Fig. 4). In this system, the number of tested cases is unavailable. We found that the peak of influenza confirmed cases ($n=447$) occurred at
epidemiological week 12 (15-21 March 2020). During the same week 12, we detected an 8.5-
fold increase in total cases attributed to SARS-CoV-2 \( (n=3,789) \) and a 9.9-fold increase in
total cases notified as SARI with unknown aetiology \( (n=4,424) \) (Fig. 4). From January to
May 31, 2020, a total of 2,136 influenza cases and 272 cases caused by other respiratory
pathogens including human respiratory syncytial virus, human rhinovirus, adenovirus,
metapneumovirus were notified in the SIVEP-Gripe database. The low observed incidence of
influenza and other respiratory viruses may be influenced by limited testing for these viruses
during this period. Although NPIs may have an impact in reducing influenza virus
transmission, this does not necessarily reflect a lower co-circulation of other respiratory
viruses\(^{18}\).

Socio-economic differences are associated with COVID-19 diagnosis

Until 31 May 2020, a total of 73,648 COVID-19 confirmed cases and 168,001 SARI
cases with unknown aetiology were notified in the SIVEP-Gripe system. We hypothesized
that the 2.3-fold increase of SARI cases with unknown aetiology was associated with
differential access to healthcare due to socio-economic factors.

We focus on the Metropolitan Region of São Paulo (MRSP) that has a population of
23 million inhabitants across 6 sub-regions (Central, West, North, East, Southeast and
Southwest) and 39 municipalities (Fig. 5A). To test this hypothesis, we obtained \textit{per capita}
income at the census tract level (typically 150-300 households) in the MRSP, based on the
residential address of each case. We then linked this information to each patient’s final
diagnosis outcome: COVID-19 confirmed case or SARI with unknown aetiology. While the
income distribution of SARI cases with unknown aetiology was similar to that of the MRSP
over the whole period (Fig. 5B), we observed that the income distribution individuals
conformed to be COVID-19-cases confirmed by laboratory and clinical criteria was initially
higher and decreased over time towards the distribution for the whole of the MRSP by epidemiological week 21 (Fig. 5B). Importantly, we found that the log odds of one or more confirmed COVID-19 case per census tract increased with per capita income in epidemiological weeks 12 and 22 (likelihood ratio test [LRT] P-value <0.001 (Fig. 5B and Supplementary Table 2). This provides statistical evidence of an association between confirmed COVID-19 diagnosis and per capita income, suggesting a socio-economic difference in access to COVID-19 diagnosis in the MRSP. For reference, we also provide a map of per capita income (Fig. 5A) and population density in each census tract (Extended Data Fig. 8).

We conducted a geospatial analysis to understand the distribution of relative risk of observing a COVID-19 case or an SARI cases with unknown aetiology in the MRSP, using a Bayesian method and adjusted for spatial and non-spatial effects defined by Besag-York-Mollié model19 (Fig. 5). Our estimates show an increase in the relative risk of COVID-19 diagnosis in higher income census tracts between epidemiological weeks 12 to 21, especially in the central region of the MRSP (Figs. 5A and 5C). We observed a similar trend in the relative risk of SARI cases with unknown aetiology among residents of the central region. However, there is also increased probability of SARI cases with unknown aetiology in the southwest, west, north, and south sub-regions, where income per capita is typically lower. Overall, the relative risk of SARI cases with unknown aetiology is more spatially widespread in the MRSP than of confirmed COVID-19 cases (Fig. 5C).

The relative risk of SARI cases with unknown aetiology compared to confirmed COVID-19 cases in the central region of the MRSP decreases through time likely as a response to several NPIs implemented throughout the state of São Paulo (see Supplementary Table 1). By week 16, one month after the start of the NPIs in São Paulo, we detected an increased risk particularly of SARI cases with unknown aetiology outside the central region
of the MRSP, especially in the southwest region. SARI cases with unknown aetiology risk was also high in the east region. By week 21, the risk remained high throughout the central region and SARI cases with unknown aetiology risk decreased in the east region, possibly as a result of interventions targeting the reduction of SARS-CoV-2 transmission.

Demographics and characteristics of COVID-19 hospitalised and fatal cases in Brazil

Analysis of the age-sex structure of 67,180 confirmed COVID-19 cases notified on the SIVEP-Gripe system revealed a high proportion (44,027 [65.5%] of 67,180) of confirmed COVID-19 infections in middle or older-age individuals (≥50 years of age) and a lower proportion (1,454 [2.2%] of 67,180) in younger age groups (≤ 20 years of age) (Fig. 6A). The median age was 59 years (IQR = 44–72). The majority (38,654 [57.5%] of 67,180) were male. Similarly, 59% (14,498 of 24,519) of COVID-19 deaths were in men, and 85% (20,916 of 24,519) were in people aged ≥50 years. A total of 2.95% (1,983 of 67,180) cases were reported as nosocomial transmission, defined as a COVID-19 case acquired after hospitalization. Overall, 116 newborns (≤ one month old), 381 infants (≥1 to 12 month-old), 518 children (≥1 to 12 years old), and 258 adolescents (≥12 to 17 years of age) were diagnosed with COVID-19. In addition, 740 patients were pregnant, 61 in the first trimester, 172 in the second trimester, 447 in the third trimester, and 60 had missing gestational age.

By 31 May 2020, 91% (67,042 of 73,649) of patients with COVID-19 notified in the SIVEP-Gripe system had been hospitalized. Of these, 30.3% (22,332 of 73,649) were admitted to an intensive care unit (ICU). The median length of ICU stay for COVID-19 patients was five days (IQR, 2–10, range: 0-65 days), based on the ICU admission and discharge dates of 8,240 confirmed cases. Most symptoms reported by COVID-19 patients were cough (56,681 [85.2%] of 66,514 without missing data), fever (51,312 [79.6%] of
65,310) and dyspnoea (51,312 [76.6%] of 65,310) (Fig. 6B). These three symptoms compose part of the case definition of SARI in Brazil. In addition, 68% (40,806 of 60,400) of COVID-19 cases were hypoxic (O₂ saturation < 95%) reflecting the overall severity of cases notified on SIVEP-Gripe (as shown in Fig. 1). The most prevalent comorbidities were cardiovascular disease (23,085 [66.5%] of 34,693 without missing data) and diabetes (17,271 [54.5%] of 31,672) (Fig. 6A). Among the COVID-19 patients, older age groups tended to have a higher proportion of comorbidities than younger age groups in different outcomes (Fig. 6C). The proportions of the general Brazilian population with cardiovascular disease and diabetes are 4.2%, and 6.2%, respectively. A total of 83.7% (17,921 of 21,414 with complete comorbidity information) confirmed COVID-19 cases had at least one comorbidity (see Supplementary Table 2 for information on data completeness).
Discussion

While the COVID-19 epidemic in Brazil continues to grow, details of its transmission potential and clinical and epidemiological characteristics remains poorly understood. We estimate a higher median transmission potential, \( R_0 \) of 3.1 (2.4–5.5), of SARS-CoV-2 in Brazil compared with Italy, UK, France, and Spain, which have point estimates of \( R_0 \) varying from 2.5 to 2.6, however the credible intervals overlap substantially. We have also observed rapid spread of COVID-19 through the country, with more populated and better-connected municipalities being affected earlier and less populated municipalities being affected at a later stage of the epidemic. In the São Paulo metropolitan region, we found a higher risk of diagnosed COVID-19 cases in census tracts with higher per capita income during the early-phase of COVID-19 epidemic but also as weeks progressed. This contrasts with the wider spread of SARI cases among sub-regions with lower per capita income. Our results provide new insights into the Brazilian COVID-19 epidemic and highlight the high transmission potential of SARS-CoV-2 in the country, the role of its large urban centres, and the lack of lockdown, the challenges in notification and non-equitable access to testing/diagnostic as factors potentially contributing to the rapid and sustained spread of the epidemic in Brazil.

Recent estimates of \( R_0 \) at the beginning of the COVID-19 epidemic in Brazil have suggested that an infected individual would infect on average three or four others\(^{21}\). The credible intervals of our estimates broadly overlap with these observations and are lower compared to previously published estimates for Brazil\(^{22}\). As a comparison, reproduction number in Peru have been estimated at around 2.3 (2.0–2.5)\(^{23}\). Since the start of the epidemic in Brazil, several types of NPI have been adopted with varied success by the country’s 27 federal units and 5,596 municipalities. Virus transmission seems to have dropped substantially in most affected states\(^{21}\) and also in the city of São Paulo\(^{24}\). However, the estimated reproduction number remains above one\(^{21,24}\). Thus, only mitigation (and not
suppression) of the epidemic has been achieved so far, which has been linked to substantial excess deaths due to poorer health care available. Closer surveillance of viral transmission at the local scales and an assessment of the impact of the different control measures on COVID-19 transmission will help to determine a “optimal” mitigation strategy to minimize infections and reduce healthcare demand in Brazil. Moreover, continued monitoring of the genetic diversity of the virus lineages circulating in Brazil will be important, as recent data suggests that virus diversity may play a role in virus transmissibility.

We find that 65.5% of notifications in the SIVEP-Gripe system, which includes most severe COVID-19 cases are from patients aged ≥50 years of age. This observation is remarkably similar to current estimates for Latin America, where 65% of the individuals ≥50 years of age have been estimated to be at high risk of severe COVID-19, defined as individuals with at least one condition who would require hospitalisation if infected. Moreover, we find that 57% and 59% of the severe COVID-19 cases and deaths (respectively) notified in SIVEP-Gripe were male, and that the most frequent comorbidities were cardiovascular disease and diabetes. Overall 84% of SIVEP-Gripe notifications had at least one underlying condition; of these, 21% (n=9,471/45,480) are included in the working age (16 to 65 years of age). Moreover, only 2.6% (n=1892/73,673) of the COVID-19 confirmed cases notified in the SIVEP-Gripe system include occupation. Information on socio-economic determinants as well as occupation and race/ethnicity are critical as this allows to prioritisation of control efforts, for example towards healthcare workers and patients attending hospitals or work settings.

Our data uncovers a socio-economic bias in testing and diagnostics in current surveillance guidelines and suggests that the number of notified confirmed case counts may
substantially underestimate the number of cases in the general population, particularly in
regions of lower socio-economic status. Socio-economic differences are associated with
access to healthcare\(^{32}\) and should be taken into account when designing targeted
interventions. We find that the proportion of SARI cases with unknown aetiology to
confirmed COVID-19 cases has increased across the entire country (as of June 15, 2020, the
number of notified SARI cases with unknown aetiology is nearly 2-fold greater than
confirmed COVID-19 cases). Based on clinical and epidemiological grounds, it is likely that
many SARI cases with unknown aetiology are caused by SARS-CoV-2. In order rigorously
establish the contribution of non-SARS-CoV-2 infections to the SARI cases, we would need
additional denominator data to understand the level of testing for these viruses, i.e., the
negative test results. Our findings with regards to socio-economic bias are likely to apply to
other states and regions of Brazil and highlight the importance of scaling up surveillance and
laboratory capacity within Latin America. Indeed, the largest Brazilian serosurvey conducted
to date suggests that undetected cases may be seven times higher than reported cases\(^{33}\).

We further show that SARI cases with unknown aetiology are associated with lower
socio-economic status in the Metropolitan Region of São Paulo. The socio-economic
disparities observed here were particularly evident at the beginning of the outbreak (Fig. 5B).
This can be explained in part by (i) the high proportion of early cases in returning travellers
with higher income and better access to private laboratories for diagnostics, and (ii) the more
limited access to freely available diagnostic screening. For example, between February 25
and March 18, 2020, two thirds (586 [66.9%] of 876) of diagnostic tests were performed in
private medical laboratories where costs varied typically between 300-690 Brazilian Reais
(BRL) (for context, current minimum monthly salary is 1,045 BRL). Thus, the true burden of
the epidemic in lower income neighbourhoods is most likely underestimated. In New York
City, for example, poorer neighbourhoods had higher disease burden, driven in part by the
movement of essential workers using public transport during the pandemic\textsuperscript{34}. Data-driven analyses are urgently needed to help tackling health inequities during the ongoing epidemic in Brazil. Strategies to evaluate and control transmission should consider differential access to COVID-19 diagnosis for lower income populations, changes in notification systems and delays in reporting which are key to accurately determine rates of epidemic growth\textsuperscript{35}. Innovative infectious disease surveillance approaches such as those obtained from aggregated mobility data, when used properly, could help supporting public health actions across the COVID-19 epidemic\textsuperscript{36-39}.

Epidemics of COVID-19 and influenza seem to have occurred simultaneously in Brazil (Fig.4 and Extended Data Figure 7) and symptoms overlap between the two infections. We detected co-circulation of eight other respiratory viruses, the most common respiratory infections were influenza A and B, and human rhinovirus. We also detected multiple co-detection of SARS-CoV-2 with other respiratory viruses, such as influenza A, B and human metapneumovirus, which have also been reported elsewhere\textsuperscript{40,41}. Although, co-infections with other respiratory viruses have been reported in other countries\textsuperscript{42-44}, no difference in clinical disease severity between cases with and without viral co-infection has been observed thus far\textsuperscript{45}. The co-circulation of other respiratory pathogens highlights the need of scaling up laboratory and molecular screening of SARS-CoV-2 and other respiratory viruses in public laboratories across Brazil\textsuperscript{15}. Continued molecular and genomic surveillance will be important to determine patterns of virus transmission and guide public health measures in forthcoming phases of the epidemic\textsuperscript{24,46-48}.

There are several limitations to this study. First, detailed individual-level data were only available for REDcap and SIVEP-Gripe systems, in which many cases had incomplete documentation, particularly regarding comorbidities. Second, our socio-economic analysis was based partially on ecological inference, using the \textit{per capita} income in the census tract of
residence (rather than the actual income of the patients), and assuming the same denominator
for each census tract (~300 households). We emphasize that our spatial analysis is prone to
methodological constraints caused by ecological fallacy and the modifiable areal unit
problem. These constraints are inherent to any spatial analysis of aggregated data. Despite the
above-mentioned limitation, census tract corresponds to small areas of analysis, of no more
than 300 households but often less than that. Social science literature on Brazil not only
highlights the country’s socio-economic inequality but also how it is spatially pronounced,
for that reason, census tract remains a useful tool to infer per capita income in the absence of
individual-level data. In addition, our databases were predominantly composed of
hospitalised COVID-19 patients, and we were unable to evaluate the rate of hospitalisation
among the different socio-economic status. In the future, robust modelling of the
relationships between socio-economic factors and disease severity will require a data
collection system with detailed information on symptoms/signs and comorbidities both in
severe and non-severe cases. Finally, our retrospective study has focused predominantly on
symptomatic patients that presented or were referred to health services for testing. Therefore,
we are unable and do not attempt to describe the full spectrum of disease, nor can we describe
the full epidemiological picture of this epidemic.

In conclusion, we have provided a comprehensive assessment of COVID-19
notification and transmission in Brazil. Our findings provide important context for diagnostic
screening and health-care planning, and for future precision studies focussing on the impact
of non-pharmaceutical and pharmaceutical interventions, and the effect of social health
determinants on COVID-19 transmission.
Methods

Ethical approval and case definitions

This retrospective national study was supported by the Brazilian Ministry of Health and ethical approval was provided by the national ethical review board (Comissão Nacional de Ética em Pesquisa, CONEP), protocol number CAAE 30127020.0.0000.0068.

A patient presenting with an acute respiratory syndrome (fever and at least one sign/symptom of respiratory illness), and (i) history of travel to a location with community transmission of COVID-19, or, (ii) contact with a confirmed or probable COVID-19 case in the 14 days preceding symptom onset, or (iii) absence of an alternative diagnosis that completely explains the clinical presentation was considered as suspected COVID-19 case.

Initially, a traveller was considered a suspected case only when arriving from China, although the definition of suspected cases associated with travel later included Japan, Singapore, South Korea, North Korea, Thailand, Vietnam and Cambodia (February 21, 2020), Italy, Germany, Australia, United Arab Emirates, Philippines, France, Iran and Malaysia (February 25, 2020), the USA, Canada, Switzerland, United Kingdom and 4 additional countries (March 3, 2020). From March 9, 2020 onwards, the Ministry of Health decided to start testing all hospitalised patients with severe respiratory symptoms, regardless of travel history.

Contact with a confirmed or probable COVID-19 case was defined as face-to-face or direct contact with a COVID-19 case, or direct contact in a health-care setting. Moreover, patients reporting travel to an affected country in the preceding 14 days were considered imported cases. Cases not meeting this criterion were considered to be due to local transmission.
Suspected COVID-19 cases were confirmed by laboratory testing (i.e., molecular diagnostic with real-time quantitative PCR), or by clinical-epidemiological criteria. In the latter case, the classification is used when laboratory testing is inconclusive or unavailable, as recommended by Brazilian Ministry of Health guidelines, dated April 6, 2020\textsuperscript{49}, and by the World Health Organization interim guidance, dated March 25, 2020\textsuperscript{50}.

Individual-level notification of COVID-19 and SARI cases with unknown aetiology from Brazil

To investigate individual-level diagnostic, demographic, self-reported travel history, place of residence and likely place of infection, differential diagnosis for other respiratory pathogens, as well as clinical details, including comorbidities, we collected three epidemiological data sources: (i) \(n=67,344\) suspected and \(n=1,468\) confirmed cases notified to the REDCap database from February 25 to March 25, 2020; (ii) \(n=73,637\) confirmed SIVEP-Gripe (\textit{Sistema de Informação de Vigilância Epidemiológica da Gripe}) from March 1 to May 31, 2020 (available at https://shiny.hmg.saude.gov.br/dataset); and (iii) \(n=514,200\) confirmed cases from aggregated data daily released at the Portal do COVID-19 (Brazilian Health Ministry) from February 25 to May 31, 2020 (available at www.covid.saude.gov.br/).

SIVEP-Gripe system notifies severe acute respiratory infections (SARI), which can be defined as an acute respiratory infection with onset within the last 10 days of fever (\(\geq 38^\circ\) C) and cough, and typically requires hospitalization (see also Fig. 1A).

Basic reproduction number (\(R_0\)) estimation

We estimated the basic reproduction number (\(R_0\)) for SARS-CoV-2 using time series of confirmed COVID-19 cases at the national and state level: São Paulo, Rio de Janeiro,
Ceará and Amazonas (Extended Data Fig. 1). To avoid the impact of non-pharmaceutical interventions (NPI) on $R_0$ estimates, only data points up to 14 days after the implementation of the strictest interventions were used. As lockdown was not imposed in Brazil, the strictest measure was considered closure of non-essential commerce. For European countries, the date of lockdown was used as NPI date. NPI dates for Brazilian states were collected from state decrees. For Brazil as a whole the NPI date for São Paulo state was used, as by that point most states in Brazil had already closed non-essential commerce. For the European countries, lockdown dates were collected from https://www.covid19healthsystem.org/mainpage.aspx.

To test the estimation routine and provide international context, this analysis was replicated on equivalent time series from Italy, Spain, France, and the United Kingdom. Aggregated USA and China epidemiological data were not included due to possible heterogeneity within each country. Daily counts of confirmed cases were modelled with a negative binomial distribution with a mean equal to a fixed portion, $\rho$, of the total daily number of cases in an exponential model of incidence. The functional form of the incidence model is $\rho R_0 i_0 e^{(R_0 - 1)\gamma t}$, which comes from an exponential approximation of the early dynamics where individuals cease to be infectious at a rate $\gamma$. The factor of $\rho R_0 i_0$ accounts for the partial observation of the incidence. In this analysis was not accounted for the delay between infection and reporting.

Since $\rho$ and $i_0$ only appear together, they were unidentifiable, we combine them into a single parameter, $\xi$. This identifiability issue prevents us from estimating the prevalence without additional information to inform either $i_0$ or $\rho$. The analysis was carried out in a Bayesian framework with an uninformative prior distribution on $R_0$ and an informative prior on the removal rate, all other parameters had weakly-informative prior distributions (details in the Supplementary Information, pp. 2-3). The informative prior ensured an individual is infectious for an average of 5 to 14 days$^{51}$ (Supplementary Information, Fig. 5-6). Standard
diagnostics were used to check whether the Markov Chain Monte Carlo (MCMC) samples were satisfactory. Full details of the model used, the estimation process and convergence of MCMC chains can be found in the Supplementary Information, pp. 2-3.

Geospatial analysis of COVID-19 cases and socio-economic status

The average household per capita income for the Metropolitan Region of São Paulo (MRSP) was retrieved at the census tract level from the 2010 census (https://censo2010.ibge.gov.br/). We geocoded 24,063 COVID-19 cases and 32,914 SARI cases with unknown aetiology from MRSP, which were notified until May 28, 2020. The geo-coding was based on self-reported residential address or postal codes using the Galileo algorithm and coordinates were confirmed using the Google API.

To elucidate the distribution of COVID-19 cases and SARI cases with unknown aetiology cases, we mapped the mean relative risk of COVID-19 and SARI cases with unknown aetiology at the census tract level for MRSP for three epidemiological weeks (12, 16, and 21). As the observation process was a confounding process and without additional assumptions (e.g. covariates), we cannot disentangle an increase in prevalence from an increase in case ascertainment. The cumulative number of cases in each tract is modelled as a Poisson random variable with a mean specified by the expected number of cases under a null model adjusted by tract specific risk due to spatial and non-spatial effects: the Besag-York-Mollié model. Estimates of the risk of COVID-19 diagnosis or SARI cases with unknown aetiology were obtained using approximate Bayesian methods (Integrated Nested Laplace Approximation). A complete specification of the model and the computational methodology can be found in the Supplementary Information, pp.1-2.
The association between final diagnostic category (COVID-19 or SARI cases with unknown aetiology) and socio-economic status in the subset of cases in the MRSP with geocoded residential information was evaluated using logistic regression models. We focused on the cases in epidemiological weeks 12, 16 and 22. Within each of those weeks, if a census tract reported any COVID-19 or SARI cases with unknown aetiology, we calculated the proportion of the number of COVID-19 cases. Since most census tracts reported only one case each week, the proportion of COVID-19 of each census tract were mostly either 0 or 1 in a given week. For this reason, we defined two categories: (i) the census tract only reported SARI of unknown etiology, i.e. no COVID-19 cases, (ii) the census tract reported at least one COVID-19 case in the week. We used these two categories as the binary response, and applied logistic regression models to investigate whether income per capita was associated with this response. The analyses were adjusted by the logarithm of the population sizes and the longitude and latitude coordinates of the census tracts. The analysis was performed individually for each of epidemiological weeks 12, 16 and 22. Further details of this analysis can be found in the Supplementary Information, pp. 1-2.
Data availability

Datasets of clinical and laboratory data presented in the current study from SIVEP-Gripe and *Portal do COVID-19* database are available at https://doi.org/10.5061/dryad.n8pk0p2sp. The REDCap database and geolocation information are available from the corresponding authors upon request and ethical approval.

Code availability

The custom code used in this study is available at https://doi.org/10.5061/dryad.n8pk0p2sp.

Author contributions


Declaration of interests

The authors declare no competing interests.

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References


WHO. Influenza update (2020).


**Legend figures**

**Fig. 1** | **Timeline of national COVID-19 notification systems in Brazil.** The REDCap system operated between late January until March 25, 2020. Aggregated numbers from e-SUS-VE and SIVEP-Gripe data for mild and hospitalised COVID-19 cases, respectively, are updated on a daily basis at the *Portal do COVID-19* website (https://covid.saude.gov.br/).

**Fig. 2** | **COVID-19 epidemiology in Brazil.**

- **a.** Number of COVID-19 cases (blue filled line) and deaths (blue dashed line) reported to the Ministry of Health (*Portal do COVID-19* website), and number of COVID-19 confirmed cases (salmon filled line) and number of SARI with unknown aetiology (salmon dashed line) reported to the SIVEP-Gripe database. **b.** First COVID-19 cases by date and Brazilian municipal population size based on the Ministry of Health, from March 28, 2020. Each circle represents the first confirmed COVID-19 case in the municipality (n= 4,196 Brazilian municipalities). **c.** Map coloured according to the number of confirmed COVID-19 cases per state reported to the Ministry of Health (*Portal do COVID-19* website). Circle sizes are proportional to the number of reported COVID-19 deaths in each federal unit. SPBR1 is the first detected SARS-CoV-2 infection in Brazil. The codes for the 27 federal units in Brazil were: Acre (AC), Alagoas (AL), Amapá (AP), Amazonas (AM), Bahia (BA), Ceará (CE), Distrito Federal (DF), Espírito Santo (ES), Goiás (GO), Maranhão (MA), Mato Grosso (MT), Mato Grosso do Sul (MS), Minas Gerais (MG), Pará (PA), Paraíba (PB), Paraná (PR), Pernambuco (PE), Rio de Janeiro (RJ), Rio Grande do Norte (RN), Rio Grande do Sul (RS), Rondônia (RO), Roraima (RR), Santa Catarina (SC), São Paulo (SP), Sergipe (SE) and Tocantins (TC).
Fig. 3 | Estimated $R_0$ values for four Brazilian states and selected countries. Left, $R_0$ for the Amazonas, Ceará, Rio de Janeiro and São Paulo states. Right, $R_0$ for Brazil, France, Italy, Spain and United Kingdom. Daily number of infections used in each analysis can be found in Extended Figs. 3-4. Daily number of infections and prior distributions can be found in Extended Figs. 5-6.

Fig. 4 | COVID-19, SARI with unknown aetiology and influenza. Red and orange lines indicate cases notified in 2020, blue lines indicate cases notified in 2016 for influenza (filled blue line) and SARI cases with unknown aetiology (dashed blue line). Grey lines indicate influenza and SARI cases with unknown aetiology for 2017, 2018 and 2019.

Fig. 5 | COVID-19 diagnosis and socio-economic factors in the Metropolitan Region of São Paulo. A. Spatial distribution of income per capita of MRSP based on census tract of residence. B. Distribution of household *per capita* income based on census tract of residence for COVID-19 cases and SARI cases with unknown aetiology. The distribution of average *per capita* income for MRSP as a whole, weighted by population size, is shown on the left. C. Posterior mean relative risk of COVID-19 confirmed diagnosis (upper panels) and SARI cases with unknown aetiology (lower panels) for epidemiological weeks 12 (pre-implementation of NPI in São Paulo state, and weeks 16 and 21 (post-implementation of NPI in São Paulo state) (see Methods for details).

Fig. 6 | Age-sex structure and clinical features of confirmed COVID-19 cases notified on the SIVEP-Gripe system. A. Age classes are shown on the left of the panel. On-going cases were those still active on the SIVEP-Gripe database and without a recorded clinical outcome.
(death or recovered). B. Symptoms, signs and comorbidities of confirmed COVID-19 cases.

C. Comorbidities among confirmed COVID-19 cases according to age groups and outcome.

Confirmed COVID-19 cases with complete comorbidity and outcome (death or recovery) information (n = 15,720). Confirmed COVID-19 cases with complete information on comorbidities and ITU admission (n = 19,409). Horizontal axes show the proportion of patients in each age/outcome stratified with each of the comorbidities recorded.
Supplementary information

Geospatial analysis

We adopted a Bayesian hierarchical model to compute relative risk for each census tract, due to the following reasons: (i) there is a large number of census tracts \((n=30,815)\), (ii) there is substantial heterogeneity in the size of census tracts, and (iii) small counts in each tract obscure the spatial distribution of observed cases. The number of observed cases in census tract \(i\) is modelled using a Poisson distribution \(Y_i = \text{Poisson}(\lambda_i)\) with mean \(\lambda_i = E_i \mu_i\) where \(E_i\) is the expected number of cases under a null model in which cases are uniformly distributed among the population. For example, the total number of cases in the MRSP multiplied by the proportion of the population in the census tract \(E_{it} = \frac{\sum_i Y_i}{\sum_i \text{pop}_i} \times \text{pop}_i\). The factor of \(\mu_i\) describes tract specific risk and models the additional variation in the observation process\(^1\). A log-linear model is used to estimate the relative risk \(\mu_i\). For example, the log relative risk is expressed as a sum of an intercept \(\alpha\), which represents the overall relative risk (in our case, the global relative risk is zero), and random effects \((Z_i)\):

\[
\log (\mu_i) = \alpha + Z_i
\]

We used a Besag-York-Mollié model (BYM)\(^2\) to separate the random effects into a spatially structured \(U_i\), and independent random effects, \(V_i\), so \((Z_i = U_i + V_i)\). In the BYM model, a conditional autoregressive (CAR) process is used to introduce correlation among the \(U_i\) for each tract. Given the \(U_i\) of neighbouring tracts, the \(U_i\) has a normal distribution with mean equal to the average of the neighbours’ \(U_i\), and variance \(s_i^2 = \frac{1}{\#N(i)\tau_U}\) where \#\(N(i)\) is the number of tracts that share boundaries with tract \(i\) and \(\tau_U\) is a precision parameter. The random effect, \(V_i\) follows a zero mean normal distribution with unknown precision, \(\tau_V = \frac{1}{\sigma_{V^2}}\) (where \(\sigma_{V^2}\) is the variance). Both random effects in the model capture extra-Poisson variability, and were expressed as the following:

\[
U_i | U_{j \neq i} \sim \text{Normal}(m_i, s_i^2), \quad V_i \sim N(0, \sigma_V^2)
\]

\[
m_i = \frac{\sum_{j \in N(i)} U_j}{\#N(i)}, \quad s_i^2 = \frac{\sigma^2}{\#N(i)} = \frac{1}{\#N(i)\tau_U}
\]

The log of the precision parameters, \(\tau_U\) and \(\tau_V\), follows a gamma distribution with shape 1 and rate 0.0005. These are the default priors used by R-INLA and are minimally informative\(^3\). The prior default distributions in R-INLA were used for the precision parameters of both \(U_i\) and \(V_i\). These are minimally informative and are the recommended settings \(^4\).

To quantify the uncertainty in the point estimates of the mean relative risk estimates, we mapped the posterior probability of elevated relative risk in each census tract (Extended Data Fig. 9). This is the posterior probability, which a tract has an elevated risk of observing cases, formally, this is \(\text{Prob}(\mu_i > 1 | \text{data})\). For instance, a probability of 0.6 in a census tract indicates a 60% chance that this census tract is at greater risk of observing cases relative to the rest of the MRSP.
We evaluated the relationship between final diagnostic category (COVID-19 or SARI cases with unknown aetiology) and socioeconomic status in the subset of cases in the MRSP with geocoded residential information. We focused on the cases in epidemiological weeks 12, 16 and 22, where the census tracts that reported cases varied across weeks. In each of the three weeks, if a census tract reported any COVID-19 or SARI cases with unknown aetiology with unknown aetiology, we calculated the proportion of the number of COVID-19 cases. Since most census tracts reported only one case each week, the proportion of COVID-19 of each census tract were mostly either 0 or 1 in a given week. Based on this observation and let \( i \) index the census tracts, we subsequently defined the binary outcome \( Y_i \) of census tract \( i \), where (i) \( Y_i = 0 \) if census tract \( i \) only reported SARI cases with unknown aetiology, i.e. no COVID-19 cases, (ii) \( Y_i = 1 \) if census tract \( i \) reported at least one COVID-19 case in the week. Logistic regression models were applied to investigate the association between this binary outcome and the log(\( X + 1 \)) transformed income per capita. The analyses were adjusted by the logarithm of the population sizes. In addition, the census tracts were grouped by their geographic locations using cluster analysis, and the groupings were used as the random effect in the logistic regressions to account for potential spatial autocorrelation. The number of clusters was chosen based on the AIC/BIC values of the logistic regression models. The analysis was performed individually for each of epidemiological weeks 12, 16 and 22.

A likelihood ratio test (LRT) is applied to each analysis to examine whether the log(\( X + 1 \)) transformed income per capita provides information in addition to the information from the log population size and the random effects. The regression coefficients and LRT \( P \)-values of income are presented in (Supplementary Table S3).

Estimating basic reproduction number \((R_0)\)

Since SARS-CoV-2 is a novel virus, and we are subsetting data to avoid the impact of either non-pharmaceutical interventions or depletion of the susceptible pool, we deemed it reasonable to model the incidence of infection with an exponential approximation to the early behaviour of an SIR model, i.e., the incidence grows exponentially. This model makes several strong assumptions about the dynamics of the epidemic: (i) the populations under consideration mix homogeneously, (ii) the proportion of the population that is susceptible stays close to 100%, (iii) the proportion of infections that are observed, and the basic reproduction number are constant throughout time, and (iv) the delay between infection, and notification is a constant. Although there are obvious violations of these assumptions, they provide a convenient starting point for estimating the basic reproduction number. Ignoring the delay between infection and observation will on average only translate the results in time by the incubation period and the delay from infection to diagnosis.

Under the assumptions outlined above, the expected number of daily cases, \( \mu(n) \) on day \( n \) is given by the following equation: \( \mu(n) = \rho R_0 \gamma (1-e^{-(R_0-1)\gamma \cdot n}) \) where \( \rho \) is the probability of an infection being counted in the time series, \( R_0 \) is the basic reproduction number, \( \gamma \) is the rate at which individuals cease to be infectious and \( i_0 \), is the proportion of the population that was infectious at the start of the observations. We assume that the observed number of cases on day \( n \) was drawn from a negative binomial observation where the mean is \( \mu(n) \) and the variance, \( \sigma = \mu + \mu^2/k \), with fixed size parameter, \( k \) (dispersion parameter). The product of \( \rho \) and \( i_0 \) is denoted \( \xi \). Since the probability of being observed and the initial condition only appear as the product \( \xi \) in the likelihood, there is an identifiability problem preventing the estimation of \( \rho \) and \( i_0 \) individually, consequently we only
consider their product, \( \xi \). Although in this model it is theoretically possible to estimate both \( R_0 \) and \( \gamma \), in practice this is difficult so we will use an informative prior to constrain \( \gamma \) to a priori plausible values.

Regarding prior distributions, for \( R_0 \) we used a uniform prior over values from 1 to 10. The removal rate, \( \gamma \), was given an informative prior distribution: a normal distribution with mean \((1/5 + 1/14) / 2 = 0.1357\), leading to an average duration 7.4 days during which an individual is infectious. Moreover, the average duration of infectivity is constrained to be between the extremes of 5 and 14 days. These values for the infective duration were found in the literature\(^6,^7\). The standard deviation of the prior distribution for \( \gamma \) is \((1/5 - 1/14) / 4 = 0.03124\), this ensures that 95\% of the prior probability lay within these bounds. For the parameter \( \xi \), we used a log-normal prior with a log mean of 0.0 and a log standard deviation of 1.0. For the size parameter of the negative binomial, \( k \), a log-normal distribution was used with a log-mean of 0.0 and log-standard deviation of 1.0 to enable this parameter to have a large range of values.

Samples from the posterior distribution were obtained using MCMC running 4 chains from random initial conditions using the mcmc library available on CRAN\(^2\) and using coda for diagnostics\(^8,^9\). Trace plots of the posterior samples suggested that the chain had converged and mixed, and there was an effective size of at least several hundred for each of the 4 parameters of this model. The prior and posterior distributions were checked to ensure that (beyond the removal rate) each parameter was being informed by the data. Each data set: Brazil and European countries (Italy, the United Kingdom, France, and Spain) or Brazilian states (São Paulo, Rio de Janeiro, Amazonas, and Ceará) were run as independent analyses, the model fit from the point estimate along with the corresponding trace plots and prior/posterior comparisons is shown in Extended Data Figs. 5 and 6.
References