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1 Population Pharmacokinetics of Praziquantel in Pregnant and Lactating  
2 Filipino Women infected with *Schistosoma japonicum*

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4 Amaya L. Bustinduy<sup>1</sup>, Ruwanthi Kolamunnage-Dona<sup>2</sup>, Mark H. Mirochnick<sup>3</sup>, Edmund V.  
5 Capparelli<sup>4</sup>, Veronica Tallo<sup>5</sup>, Luz P. Acosta<sup>6</sup>, Remigio M. Olveda<sup>6</sup>, Jennifer F. Friedman<sup>7,8</sup>, William  
6 W. Hope<sup>9,10</sup>

7

8 <sup>1</sup> Department of Clinical Research, London School of Hygiene & Tropical Medicine, London, UK

9 <sup>2</sup> Department of Biostatistics, University of Liverpool, Liverpool Health Partners, Liverpool, UK

10 <sup>3</sup> Department of Pediatrics, Boston University School of Medicine, Boston, MA

11 <sup>4</sup> Department of Pediatrics University of California, San Diego, La Jolla CA

12 <sup>5</sup> Department of Epidemiology, Research Institute of Tropical Medicine, Manila, Philippines

13 <sup>6</sup> Department of Immunology, Research Institute of Tropical Medicine, Manila, Philippines

14 <sup>7</sup> Department of Pediatrics, Alpert Medical School of Brown University, Providence, RI, USA

15 <sup>8</sup> Center for International Health Research, Lifespan Hospital, Providence, Rhode Island, USA

16 <sup>9</sup> Antimicrobial Pharmacodynamics and Therapeutics, University of Liverpool, Liverpool Health Partners  
17 Liverpool, UK

18 <sup>10</sup> Royal Liverpool and Broadgreen University Hospital Trust, Liverpool Health Partners, Liverpool, UK

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20

21 Corresponding author

22 Dr. Amaya L. Bustinduy

23 Associate Professor in Tropical Paediatrics

24 London School of Hygiene and Tropical Medicine

25 Keppel Street, London, UK

26 Email: [Amaya.Bustinduy@lshtm.ac.uk](mailto:Amaya.Bustinduy@lshtm.ac.uk)

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30 **Keywords**

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35 ABSTRACT

36 An estimated 40 million women of reproductive age are infected with one of three species of the  
37 waterborne parasite *Schistosoma* (*S.*) spp. Treatment with praziquantel (PZQ) via mass drug  
38 administration (MDA) campaigns is the mainstay of schistosomiasis control for populations living  
39 in endemic areas. The World Health Organization recommends that pregnant and lactating  
40 women be included in schistosomiasis MDA programs and several recent studies have evaluated  
41 the safety and efficacy of PZQ use during pregnancy. To date, there are no data describing PZQ  
42 pharmacokinetics (PK) during pregnancy or among lactating postpartum women. As part of a  
43 randomized controlled trial investigating the safety and efficacy of PZQ during human pregnancy,  
44 we examined the PK of this therapeutic drug among three distinct cohorts of women infected  
45 with *S. japonicum* in Leyte, The Philippines. Specifically, we studied the PK properties of PZQ  
46 among early and late gestation pregnant women (N= 15 each) and lactating post-partum women  
47 (N=15) with schistosomiasis. We found that women in early pregnancy had increased apparent  
48 clearance and lower Area-Under-the-Curve (AUC<sub>0-24</sub>) that may be related to physiological  
49 changes in drug clearance and/or changes in oral bioavailability. There was no relationship  
50 between body weight and apparent clearance. The mean  $\pm$  standard deviation partition ratio of  
51 plasma to breast milk was 0.36.  $\pm$  0.13 . The estimated median infant PZQ daily dose would be  
52 0.037 mg/kg ingested from breast milk, which is significantly lower than the dosage required for  
53 anti-schistosomal activity and not known to be harmful to the infant. Our PK data do not  
54 support suggestion to delay breastfeeding 72 hours after taking PZQ. Results can help inform  
55 future drug efficacy studies in pregnant and lactating women with schistosomiasis.

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61 INTRODUCTION

62 Over 240 million people are infected with one of three species of the waterborne  
63 parasite *Schistosoma* (*S.*) spp., including ~40 million women of reproductive age. More than 700  
64 million people are at risk of infection (1, 2). Schistosomiasis caused by the most common  
65 *Schistosoma* spp. (i.e. *S. mansoni*, *S. japonicum*, *S. haematobium*) is responsible for 1.86 million  
66 disability adjusted life years (DALYS) (3). Schistosomiasis remains a significant cause of morbidity  
67 and mortality in endemic countries, despite the availability of praziquantel (PZQ), which is the  
68 only widely available anti-schistosomal drug (4). PZQ is a first-line agent for the control of  
69 schistosomiasis in populations living in endemic areas and is administered via mass drug  
70 administration (MDA) programs (4). Despite WHO endorsement of inclusion of pregnant women  
71 in MDA programs, this is not necessarily practised in many affected countries (5).

72 PZQ is orally bioavailable. Absorption is higher with carbohydrate and fat-rich foods.  
73 PZQ undergoes significant first pass metabolism and is predominantly cleared by oxidative  
74 mechanisms via CYP3A4 and CYP19A (6). There is high inter-individual PK variability, which is  
75 further exacerbated in individuals with liver disease (7). When PZQ was first licensed in 1979, it  
76 had not been formally studied in any pregnant or lactating women. PZQ is classified as a Class B  
77 agent for use in pregnant women by the Food and Drug Administration (FDA). This classification  
78 is based on demonstrated safety in laboratory animal studies, but a lack of definitive data in  
79 humans. There is a paucity of information related to the PZQ PK in pregnant women (8) despite  
80 the high likelihood that the physiologic changes of pregnancy may affect PZQ absorption,  
81 distribution and clearance (9). Physiological changes related to pregnancy may result in altered  
82 drug exposures, which may have an impact on the probability of therapeutic success (10).

83 In 2002 and 2006, the World Health Organization (WHO) recommended that all  
84 schistosomiasis-infected pregnant and breastfeeding women be treated with PZQ individually or  
85 during MDA programs (11). This was based on the expected accrued morbidity from  
86 schistosomiasis during cycles of pregnancy and lactation without treatment. These  
87 recommendations were made despite a lack of data describing PZQ pharmacokinetics in  
88 pregnancy and lactating women. Furthermore, there are no available data available regarding  
89 the concentration of PZQ in human breast milk following maternal treatment to support the

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90 current recommendation to stop breastfeeding for 72 hours after taking PZQ. Since that time,  
91 two randomized controlled trials (RCTs) (12, 13) support the safety of PZQ in pregnancy, and one  
92 (12) suggests a potential beneficial impact on the iron status of both the mother and infant (12).  
93 Although many countries have included pregnant and lactating women in MDA campaigns, many  
94 others are waiting for further data on the safety and PK of PZQ during pregnancy and lactation  
95 (5, 14).

96 As part of a RCT examining the safety and efficacy of PZQ during human pregnancy we  
97 examined the PK of PZQ in pregnant and lactating women infected with *S. japonicum* living in the  
98 northeast of the Province of Leyte, the Philippines. The primary objective was to evaluate and  
99 compare the PK and safety of PZQ in early and late gestation pregnant women (N=15 each) and  
100 in lactating post-partum women (N=15) with schistosomiasis.

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103 RESULTS

104 ***Study Design and Patient Demographics***

105 The study design is shown in **Figure 1**. A total of 47 women that were *S. japonicum*  
106 positive by parasitological examination were enrolled and received a PZQ split dose of 60 mg/kg,  
107 3 hours apart (i.e. two split dosages of 30 mg/kg) (12). Two patients in the early pregnancy  
108 group vomited shortly after receiving PZQ and did not have PK sampling performed. This left a  
109 total of 45 patients who were divided evenly among the 3 groups: (1) early pregnancy (i.e. 12-16  
110 weeks gestation); n=15; (2) late pregnancy (i.e. 30-36 weeks gestation); n=15; and (3) lactating  
111 non-pregnant women (i.e. 5-7 months postpartum); n=15. The weight and height for all women  
112 enrolled in the study are summarized in **Table 1**.

113

114 ***Population PK of PZQ in Plasma***

115 A population methodology was used to fit a structural PK model to the overserved  
116 plasma concentration-time data to enable robust estimates of interpatient variability. The  
117 median and individual PZQ concentration-time profiles for each study group are shown in **Figure**  
118 **2**. There was marked variability in the PZQ concentrations in both plasma and breast milk in all  
119 study groups. The fact that the dosing of PZQ was split, 3 hours apart, resulted in more than  
120 one peak concentration for each patient.

121 The PK of PZQ in plasma and breast milk was co-modelled using a population methodology with  
122 the program Pmetrics (15) A standard 3-compartment PK model consisting of an absorptive  
123 compartment (i.e. gut), central compartment (i.e. bloodstream) and peripheral compartment  
124 (i.e. rest of the body) was initially fitted to the data before the potential impact of covariates on  
125 the PK was assessed. The mean, median and dispersions for the population PK parameters from  
126 the base model are summarized in **Table 2**. The fit of the model to the data was acceptable.  
127 There was an acceptable degree of bias and imprecision as determined by a normalized  
128 prediction distribution error (NPDE) analysis for both plasma and breast milk concentrations  
129 (data not shown; a standard VPC was not performed because women received different  
130 absolute amounts of drug). The observed-predicted values are shown in **Figure 3** and the  
131 individual plots in Supplemental figure 1. The residuals are shown in Figure 4. The mean of the

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132 weighted residuals was not statistically different from zero and were normally distributed. The  
133 Bayesian posterior estimates for each patient were calculated and these were used to assess  
134 the impact of covariates on the PK as well as estimating drug exposure of PZQ in each individual  
135 patient.

136 There was no relationship between weight and Bayesian estimates for the apparent  
137 clearance (i.e. clearance/F), and weight and the apparent volume of the central compartment  
138 (i.e. V/F (**Figure 4**). The correlation coefficient for these relationships was  $r = 0.0303$  (95% CI -  
139 0.2656, 0.3210),  $p$ -value = 0.8435 and  $r = 0.1617$  (95% CI -0.1384, 0.4346),  $p = 0.2885$ ). Hence,  
140 covariates were not incorporated into the structural model.

141 There were no differences in the absolute dosage received by women within the three  
142 study groups ( $p=0.21$ , Kruskal Wallis test; **Figure 6A**). Furthermore, there was no relationship  
143 between the Bayesian estimates for the apparent volume of the central compartment and the  
144 study groups (**Figure 6B**). However, there was a significant relationship between the apparent  
145 clearance and the stage of pregnancy. Women in the early pregnancy group had higher  
146 apparent clearances than the other groups (**Figure 6C**). Women in the early pregnancy group  
147 had faster apparent clearance of PZQ compared with postpartum women ( $p=0.02$ ). There were  
148 also differences between early and late stage pregnancy that approached, but did not achieve  
149 statistical significance ( $p=0.056$ ).

150 Women in the early pregnancy group had significantly lower  $AUC_{0-24}$  compared with late  
151 pregnancy ( $p= 0.0144$ ) and postpartum women ( $p$ -value 0.0378). Since there were no  
152 differences in absolute dosage received by women in these groups, the lower  $AUC_{0-24}$  in early  
153 pregnancy can only be explained by the faster clearance that was observed in this group or by  
154 lower oral bioavailability. There were significant differences in the observed  $C_{max}$  values  
155 between the groups. The overall differences were statistically significant using ANOVA  
156 ( $p=0.019$ ). There was a difference between early and late pregnancy group ( $p=0.017$  after  
157 Bonferroni correction), but not between early pregnancy and post-partum women ( $p=0.236$ ) or  
158 late pregnancy and post-partum women ( $p=0.814$ ). Further evidence of the potential  
159 importance of oral bioavailability affecting drug exposure (i.e.  $AUC_{0-24}$ ) was obtained from  
160 relationship between SCL/F and V/F. Both were highly correlated ( $r=0.636$ , 45 observations,  
161  $p<0.001$ ) suggesting F may have an impact on both parameters. Given the uncertainty regarding

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162 the impact of altered oxidative metabolism versus oral bioavailability as an explanation for the  
163 lower AUC<sub>0-24</sub> we did not further complicate the structural model that was fitted to the data.

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#### 165 **Population PK of PZQ in Breast Milk**

166 The concentration-time course of PZQ in breast milk was variable (**Figure 2**). The  
167 elimination of drug in breast milk was similar to that of plasma. The AUC<sub>plasma</sub>:AUC<sub>breast milk</sub>  
168 mean +/- SD calculated from the Bayesian posterior estimates was 0.36. ± 0.13 with a range in  
169 the 15 lactating women of 0.19-0.55. The average concentration in breast milk was 0.185 mg/L  
170 (i.e. AUC<sub>0-24</sub>/24). Therefore, the estimated average ingestion of PZQ by a new-born infant that  
171 consumes 150 ml/kg of breast milk per day was approximately 0.028 mg/kg per day (i.e. 0.185  
172 mg/L \* 0.15 L/kg).

173 The elimination half-life of PZQ from breast milk was 1.90 hours. For a lactating woman  
174 of average weight observed in this study receiving 60 mg/kg in two divided dosages of 30 mg/kg,  
175 the estimated PZQ concentration in breast milk 24 and 48 hours post dose was 0.0004 mg/L and  
176  $3 \times 10^{-7}$  mg/L, respectively. Hence, 24 hours post dose there is only 0.01% of the maximal  
177 concentration of PZQ in breast milk and at 48 hours the concentrations of drug were negligible.

#### 178 **Monte Carlo Simulations**

179 Monte Carlo simulations were performed using the median weight of study participants  
180 (47.9 kg). Pmetrics was used to generate a total of 1,000 lactating women. The concentration-  
181 time profile for each patient was determined. The 5<sup>th</sup>, 25<sup>th</sup>, 50<sup>th</sup>, 75<sup>th</sup> and 95<sup>th</sup> centiles and their  
182 95% confidence bound in plasma and breast milk is shown in **Figure 7**. The AUC<sub>0-24</sub> in plasma and  
183 breast milk was calculated from the median Bayesian posterior estimates using the trapezoidal  
184 rule in the first 24 hours following the initiation of therapy. A plot of the simulated AUC<sub>plasma</sub>-  
185 versus-AUC<sub>breast milk</sub> is shown in **Figure 7**, which is overlaid with the observed AUCs from the  
186 15 lactating women in the study. The partitioning of PZQ into breast milk was comparable  
187 between the observed data and the simulations and was approximately 30%.

#### 188 **Adverse events**

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189           There were no severe adverse events documented in any of the women. Only two  
190 women had mild side-effects with vomiting documented within two hours of PZQ dosing and  
191 were excluded from PK analysis. The adverse events are summarized in **Table 3**.  
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194 DISCUSSION

195 This is the first study to describe the PK of PZQ in pregnant and lactating women infected  
196 with *Schistosoma japonicum*. Women in early pregnancy had significantly lower  $AUC_{0-24}$   
197 compared with women in late pregnancy and lactating postpartum women. The most likely  
198 explanation for the differences in clearance relate to pregnancy-induced increases in hepatic  
199 enzyme activity related to hormonal changes associated with pregnancy (9, 16). The absorption  
200 of PZQ is limited by grapefruit juice suggesting the importance of oxidative mechanisms in the  
201 gut wall. PZQ is known to undergo high first-pass metabolism. (6, 17) Estradiol and  
202 progesterone are both known to induce CYP3A4 in pregnancy (18) and are responsible for  
203 increased clearance of drugs such as midazolam (19, 20). However, these changes are typically  
204 more pronounced later in pregnancy, which is not consistent with the raw data or the estimates  
205 of clearance in this study. This observation raises that possibility that some of the changes may  
206 be related to differences in oral bioavailability in the study groups. There were differences in  
207  $C_{max}$  between the groups (significantly lower in early pregnancy) and a high degree of  
208 correlation between SCL/F and V/F. It is possible another pregnancy related hormone or  
209 transporter expressed in early pregnancy has an impact on clearance and drug exposure.

210 We did not investigate the potential impact of hepatic metabolism on the PK variability of  
211 PZQ. Liver function may be potentially altered from schistosomiasis due to *S. japonicum* (21).  
212 The clearance of PZQ may also be affected by pharmacogenetic polymorphisms in CYP enzymes  
213 (e.g. CYP1A2, CYP3A4, CYP2B1, CYP3A5 and CYP2C19) and/or interactions with drugs or  
214 substances taken concomitantly that induce or inhibit specific isoenzymes of the CYP system  
215 (e.g. rifampicin (22)). Several studies have reported a decrease in CYP1A2 (23) and estrogen  
216 inhibition of CYP2C19 (24) during pregnancy, requiring a dose adjustment of certain drugs (16).

217 The  $AUC_{0-24}$  is a measure of drug exposure (10) that has been used to link dosage with  
218 clinical outcomes in a recent PK/PD model in children with schistosomiasis in Uganda (25). In a  
219 recent study [24] the mean PZQ  $AUC_{0-24}$  values ranged from 8.2-14.6  $mg \cdot h/L$ . These values are  
220 higher than the PZQ  $AUC_{0-24}$  mean estimated from 60 Ugandan children 3 to 9 year of age with  
221 intestinal schistosomiasis (2.71  $mg \cdot h/L$ ) (25). The relevance of this observation depends on  
222 whether the pharmacodynamics of PZQ against schistosomiasis in children and pregnant women

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223 are comparable. While women in early pregnancy have lower  $AUC_{0-24}$  than women in late  
224 pregnancy or postpartum, these values are significantly higher than children receiving  
225 comparable dose for whom the efficacy of PZQ has been established. Hence in principle, there  
226 does not appear to be any requirement to adjust the dosage according to the stage of  
227 pregnancy. However, further studies are required to document the clinical response in pregnant  
228 women with schistosomiasis.

229 There are limited studies on the partitioning of drugs into breast milk (26-29). A single  
230 previous study has examined PZQ concentrations in the breast milk of healthy lactating women  
231 (30). Our study provides further insights into the pharmacokinetics of PZQ in lactating women  
232 and the potential implications for mass drug administration programs. Firstly, the amount of  
233 drug an infant ingests depends on the concentration of drug in breast milk. This changes rapidly  
234 over the initial 24 hours post-dose. The amount of drug that is ingested by an infant depends on  
235 the time of feeding relative to the administration of PZQ as well as the volume of milk that is  
236 consumed. Using estimates for an average concentration and volume of milk, the weight-based  
237 intake of 0.037 mg/kg is significantly less than that required for therapeutic efficacy (circa 40-60  
238 mg/kg). Second, there is relatively little variability in the AUC in breast milk. We observed  
239 approximately a 2-fold variation in the 15 lactating women in this study and the Monte Carlo  
240 simulations suggest up to 10-fold variability may be expected if a larger number of women had  
241 been studied. Hence, the small amount from ingestion of breast milk is unlikely to be clinically  
242 relevant. The benefits of treating lactating women to prevent them from further developing  
243 schistosomiasis-related morbidity would seem to outweigh any potential risks. The PK data do  
244 not support the manufacturer's suggestion to delay breastfeeding 72 hours after taking PZQ  
245 (31).

246 Women have been systematically excluded both from studies and MDA efforts (14). We  
247 contend that pregnant and lactating women should not be excluded from any treatment efforts  
248 because of the demonstrated safety and efficacy of PZQ during gestation (12, 13). This study  
249 further demonstrates there are unlikely to be clinically relevant pharmacokinetic differences in  
250 pregnant and lactating women. Untreated schistosomiasis may lead to more severe disease and  
251 chronic disability. For example, female genital schistosomiasis may lead to infertility and  
252 disruption of a healthy reproductive life (32). Women with intestinal schistosomiasis may have

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253 worsening anemia and liver fibrosis. Early treatment with PZQ is known to mitigate these late  
254 complications of schistosomiasis (33). A concern about the theoretical risks related to PZQ has  
255 led to pregnant women being excluded from mass drug administration programs (5), however  
256 recent trials in pregnant women and this pharmacokinetic study suggest that the withholding of  
257 PZQ during pregnancy and lactation is not justified. (12, 13). Our PK results can help inform  
258 future drug efficacy studies in pregnant and lactating women with schistosomiasis.

259

260

261 METHODS

262 ***Study Protocols and Permissions***

263 The study was separately approved by the ethics review board of the Research Institute  
264 of Tropical Medicine in Manila, Philippines (#2010-39) and the Institutional Review Boards from  
265 the Rhode Island Hospital in Providence, RI, USA (#415810), Boston University Medical Center in  
266 Boston, MA, USA (#H30043) and the University of California at San Diego in San Diego, CA, USA  
267 (#120559X). Informed consent was obtained from all study participants prior to enrolment.

268 ***Study site and participants***

269 The study design is summarised in **Figure 1**. Eligible patients that were living in villages in  
270 northeastern Leyte, the Philippines, where *S. japonicum* is endemic, were identified and  
271 screened by local midwives. Patients with at least one positive stool samples for *S. japonicum*  
272 were then assessed by a study obstetrician at the Remedios Trinidad Romualdez Hospital  
273 (Tacloban, Leyte, Philippines). The methodology for detection of parasites in stool is described  
274 elsewhere (12). Women were eligible if they met the following inclusion criteria: (1) infected  
275 with *S. japonicum*; (2) aged 18 years or older; (3) otherwise healthy as established by physician  
276 history, physical examination and laboratory studies; (4) had a normal obstetrical ultrasound, if  
277 pregnant; and (5) provided informed consent. Post-partum women were recruited from study  
278 villages; many had been considered for enrolment in the main RCT, but were beyond the  
279 gestational age criteria. Eligibility criteria were the same as for pregnant women with the  
280 exception of the criterion for pregnancy. Early pregnancy was defined as women in their 12-16  
281 week of gestation, and late pregnancy as women in their 30 -36 weeks of gestation.

282 ***PZQ PK sampling***

283 Within 4 weeks of enrolment, patients received PZQ (Schering-Plough, Kenilworth, NJ,  
284 USA) in two dosages of 30 mg/kg administered approximately 3 hours apart for a total dose of 60  
285 mg/kg. Women were given local foods that consisted of a carbohydrate-rich snack prior to PZQ  
286 dosing, as this enhances absorption of the drug (7). After receiving PZQ, patients remained in  
287 hospital for PK sampling and monitoring for adverse events. Patients were discharged

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288 approximately 24 hours after the first dose. An indwelling venous catheter was placed to draw  
289 blood samples for assay for praziquantel concentrations, which were collected at the following  
290 times: for pregnant and post-partum women prior to PZQ dosing, 1, 2, 3 (prior to administration  
291 of the 2nd dose of PZQ), 4, 5, 6, 7, 8, 9, 12, 15 and 24 hours after the first dose of PZQ.

292 For lactating women, women hand-expressed breast milk and samples were collected  
293 within 15 minutes of collection of the blood samples scheduled for 3, 6, 9, 12, 15 and 24 hours  
294 after the first dose of PZQ. Blood samples for toxicity monitoring (complete blood count, BUN  
295 and creatinine, liver function tests) in blood samples were collected just before the first dose, 24  
296 hours after the dose and at approximately 32 weeks gestation (early gestation subjects only) or  
297 10-14 days after the PZQ dose (late gestation and lactating post-partum subjects). Newborns  
298 were monitored for clinical signs of toxicity until 28 days after delivery for early and late  
299 pregnancy subjects with the final study visit at 28 days of life with the study pediatrician at RTR  
300 Hospital in Tacloban. Post-partum women were seen at RTR Hospital 2 weeks after  
301 administration of study drug.

302 Venous blood was drawn and samples were spun for 15 minutes at ~5,000 x g, 20  
303 degrees C in Eppendorf centrifuge. Plasma was removed and stored in two separate aliquots and  
304 at -80 degrees C. Breast milk was stored at -80 degrees C. Both plasma and breast milk samples  
305 were shipped on dry ice to the University of California at San Diego (UCSD) Pediatric Clinical  
306 Pharmacology Laboratory where they were assayed for PZQ using high performance liquid  
307 chromatography–electrospray mass spectrometry according to the methods of Bonato et al (34).  
308 The lower limits of quantitation of the assay were 31.3 ng/mL for plasma and 4.3 ng/mL for  
309 breast milk.

#### 310 ***Quantification and resolution of PZQ and 4-OH PZQ in plasma and breastmilk***

311 Praziquantel (PZQ) concentrations were quantified in plasma and breast milk by liquid  
312 chromatography mass spectrometry (LC/MS), using an Agilent liquid  
313 chromatograph/autosampler interfaced with a Sciex API 4000 mass spectrometer. Prior to  
314 analysis, proteins were removed from plasma/milk samples by precipitation with acetonitrile.  
315 Analytical grade PZQ was obtained from Sigma Aldrich. Separation of PZQ from other matrix  
316 constituents was obtained with an isocratic HPLC mobile phase consisting of 80% methanol and

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317 20% formic acid (0.1%) in water, in conjunction with a 2.1mm x 15cm MacMod Ace-5 C18  
318 reverse phase column. Mass transitions 313.2>203.1 served as quantification ions for PZQ  
319 detection, while mass transitions 313.2>174.1 served as qualification ion verification of PZQ.  
320 Quantitation was by means of external calibration using Analyst 1.6.1 software, with a  
321 qualification ion ratio threshold of ≤10% (deviation from expected). The dynamic range of the  
322 assay was 0.1-4000 ng/mL and 2-2200 ng/mL, for plasma and breast milk, respectively. The  
323 precision of the assay was <11% and <15% at all calibration concentrations, for plasma and  
324 breast milk, respectively. Assay accuracy was ≤ ± 8% and ≤ ± 13% for plasma and breast milk,  
325 respectively. Recovery from plasma was >91%, and >87% for breast milk, at all calibration  
326 concentrations.

327

### 328 *Population Pharmacokinetics*

329 A population methodology was used to fit a structural model to the data. PZQ was allowed  
330 to redistribute back to the maternal plasma without terminal elimination via expression of breast  
331 milk. The model was structured in this way to avoid an unidentifiable solution, but also because  
332 the excretion of drug in breast milk was assumed to be minimal and the equilibrium was rapid.  
333 The structural model took the form:

334

$$335 \quad XP(1) = Bolus - Ka \times X(1) \quad \text{Eq. 1}$$

$$336 \quad XP(2) = Ka \times X(1) - \frac{(SCL)}{Vc} \times X(2) + Kpc \times X(3) + Kbc * X(4) - Kcb * X(2) \quad \text{Eq. 2}$$

$$337 \quad XP(3) = Kcp \times X(2) - Kcp \times X(3) \quad \text{Eq. 3}$$

$$338 \quad XP(4) = -Kbc * X(4) + Kcb * X(2) \quad \text{Eq. 4}$$

339

340 Where: XP(1), XP(2), XP(3) and XP(4) is the rate of change of PZQ mass in the gut, central  
341 compartment, peripheral compartment and breast milk, respectively. Similarly, X(1), X(2), X(3)  
342 and X(4) represent the mass (mg) of PZQ in the respective compartments. Bolus refers to the  
343 oral administration of PZQ; SCL is the first-order clearance of PZQ from the central compartment,  
344 Vc is the volume of the central compartment; Kpc, Kcp, Kcb and Kbc are the first-order

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345 intercompartmental rate constants. A lag function (not shown in the differential equations) was  
346 applied between the oral administration of PZQ and the appearance of drug in the central  
347 compartment.

348

349 The output equations were given by:

350  $Y(1)=X(1)/Vc$  (for the plasma concentrations)

351  $Y(2)=X(4)/Vb$  (for the concentrations in breast milk)

352 Where  $Vb$  is the volume of breast milk compartment.

353

354 The fit of the model to the data was informed by a linear regression of observed-  
355 predicted values before and after the Bayesian step, the log likelihood ratio and a normalised  
356 prediction distribution error. The latter was used in place of a more traditional visual predictive  
357 plot because women received different dosages of PZQ. Both the mean and median parameter  
358 values were interrogated to see which measure of central tendency better described the data.  
359 Weighted residuals were calculated and plotted against predicted concentrations, time and  
360 assessed for normality using D'Agostino, Shapiro-Wilk and Kolmogorov-Smirnof tests. Drug  
361 exposure was quantified in terms of the  $AUC_{0-24}$  as previously described by us(25). This was  
362 estimated using the trapezoidal rule using Pmetrics and estimated from the Bayesian posterior  
363 estimates from each study patient or from simulated patients.

364

### 365 ***Statistical Modelling***

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367 The Bayesian estimates for clearance and  $AUC_{0-24}$  were modelled for study groups using  
368 univariate analysis of variance (ANOVA). Since both Bayesian estimates for clearance and  $AUC_{0-24}$   
369 were not distributed normally, they were fitted on natural log scale. The estimated means of  
370 clearance and  $AUC_{0-24}$  between individual study groups were compared in a post-hoc analysis  
371 using Tukey's Test, and the reported p-values were corrected for multiple comparisons.

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471 **Table 1:** Characteristics of the patients at enrolment

	Early pregnancy N=17	Late pregnancy N=15	Post-partum N=15	All (N=47)
<b>Weight (Kg)</b>				
Mean (SD)	47.6 (8.12)	51.5 (7.08)	46.6 (7.40)	48.5 (7.69)
<b>Height (cm)</b>				
Mean (SD)	152.0 (5.45)	149.8 (5.63)	152.3 (4.56)	151.4 (5.24)
<b>Age (Years)</b>				
Mean (SD)	23.8 (5.98)	26.5 (6.61)	26.5 (6.65)	25.5 (6.39)
Median	21.0	25.0	24.0	24.0
Min, Max	18, 37	18, 37	20, 44	18, 44
<b>Ethnicity N (%)</b>				
Non-Hispanic nor Non-Latino	17 (100.0)	15 (100.0)	15 (100.0)	47 (100.0)
Hispanic or Latino	0 (0)	0 (0)	0 (0)	0 (0)
<b>Race N (%)</b>				
American Indian/Alaskan Native	0 (0)	0 (0)	0 (0)	0 (0)
Asian	17 (100.0)	15 (100.0)	15 (100.0)	47 (100.0)
Hawaiian/Pacific Islander	0 (0)	0 (0)	0 (0)	0 (0)
Black/African American	0 (0)	0 (0)	0 (0)	0 (0)
White	0 (0)	0 (0)	0 (0)	0 (0)
Multi-Racial	0 (0)	0 (0)	0 (0)	0 (0)
<b>Number of prior live births N (%)</b>				
0	6 (35.3)	4 (26.7)	1 (6.7)	11 (23.4)
1 - 5	10 (58.8)	9 (60.0)	11 (73.3)	30 (63.8)
6 - 10	1 (5.9)	2 (13.3)	3 (20.0)	6 (12.8)
> 10	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
<b>Current smoking status N (%)</b>				
No	17 (100.0)	15 (100.0)	13 (86.7)	45 (95.7)
Yes	0 (0.0)	0 (0.0)	2 (13.3)	2 (4.3)
<b>Current alcohol consumption N (%)</b>				
No	5 (29.4)	2 (13.3)	2 (13.3)	9 (19.1)
Yes	12 (70.6)	13 (86.7)	13 (86.7)	38 (80.9)
<b>Intensity of <i>S. japonicum</i> infection N (%)</b>				
Low (<100 eggs per gram of stool)	16 (94)	15 (100)	15 (100)	46 (97.8)

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Moderate (100-399 eggs per gram of stool )	1 (6)	0 (0)	0 (0)	1 (2.2)
Heavy ( $\geq 400$ eggs per gram of stool)	0 (0)	0 (0)	0 (0)	0 (0)

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501 **Table 2.** Parameter Values from the population PK model

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Parameter (Units) <sup>a</sup>	Mean	Median	SD	CV%
Ka (h <sup>-1</sup> )	2.012	0.395	4.301	213.750
SCL/F (L/h)	324.075	277.447	175.373	54.115
Vc/F (L)	183.006	142.618	93.211	50.933
Kcp (h <sup>-1</sup> )	19.313	18.941	10.167	52.644
Kpc (h <sup>-1</sup> )	15.816	13.996	9.447	59.733
Kcb (h <sup>-1</sup> )	18.750	19.301	9.387	50.067
Kbc (h <sup>-1</sup> )	17.816	17.077	7.845	44.031
Vb/F (L)	612.130	563.802	395.661	64.637
Lag (h)	0.772	0.868	0.233	30.202

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505 <sup>a</sup>Note: Parameters are as follows: Ka is the first-order absorption constant; SCL/F is the apparent  
 506 clearance; Vc/F and Vb/F are the apparent volumes of the central and breast compartments,  
 507 respectively; Kcp, Kpc, Kbc and Kcb are the first-order intercompartmental rate constants; Lag is  
 508 the delay between drug administration and the appearance of drug in the central compartment.

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511 **Table 3.** Adverse Events by severity and cohort

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Reactogenicity	Cohort 1 (N=17)				Cohort 2 (N=15)				Cohort 3 (N=15)			
	Severity				Severity				Severity			
	None n (%)	Mild n (%)	Moderate n (%)	Severe n (%)	None n (%)	Mild n (%)	Moderate n (%)	Severe n (%)	None n (%)	Mild n (%)	Moderate n (%)	Severe n (%)
Fever	16 (94.1)	0 (0)	1 (5.9)	0 (0)	13 (86.7)	2 (13.3)	0 (0)	0 (0)	13 (86.7)	1 (6.7)	1 (6.7)	0 (0)
Headache	9 (52.9)	6 (35.3)	2 (11.8)	0 (0)	9 (60.0)	5 (33.3)	1 (6.7)	0 (0)	6 (40.0)	8 (53.3)	0 (0)	1 (6.7)
Malaise	11 (64.7)	5 (29.4)	1 (5.9)	0 (0)	13 (86.7)	2 (13.3)	0 (0)	0 (0)	9 (60.0)	5 (33.3)	0 (0)	1 (6.7)
Abdominal Pain	13 (76.5)	2 (11.8)	1 (5.9)	1 (5.9)	11 (73.3)	4 (26.7)	0 (0)	0 (0)	10 (66.7)	4 (26.7)	1 (6.7)	0 (0)
Nausea	5 (29.4)	11 (64.7)	1 (5.9)	0 (0)	9 (60.0)	6 (40.0)	0 (0)	0 (0)	8 (53.3)	6 (40.0)	1 (6.7)	0 (0)
Vomiting	11 (64.7)	5 (29.4)	1 (5.9)	0 (0)	12 (80.0)	3 (20.0)	0 (0)	0 (0)	14 (93.3)	1 (6.7)	0 (0)	0 (0)
Shortness of Breath	16 (94.1)	1 (5.9)	0 (0)	0 (0)	14 (93.3)	1 (6.7)	0 (0)	0 (0)	15 (100.0)	0 (0)	0 (0)	0 (0)
Dizziness	10 (58.8)	7 (41.2)	0 (0)	0 (0)	13 (86.7)	2 (13.3)	0 (0)	0 (0)	12 (80.0)	3 (20.0)	0 (0)	0 (0)
Rashes	15 (88.2)	2 (11.8)	0 (0)	0 (0)	13 (86.7)	2 (13.3)	0 (0)	0 (0)	13 (86.7)	1 (6.7)	1 (6.7)	0 (0)
Urticaria	16 (94.1)	1 (5.9)	0 (0)	0 (0)	15 (100.0)	0 (0)	0 (0)	0 (0)	14 (93.3)	1 (6.7)	0 (0)	0 (0)
Bloody Stools	17 (100.0)	0 (0)	0 (0)	0 (0)	14 (93.3)	1 (6.7)	0 (0)	0 (0)	14 (93.3)	1 (6.7)	0 (0)	0 (0)
Any Symptoms	4 (23.5)	9 (52.9)	3 (17.6)	1 (5.9)	5 (33.3)	9 (60.0)	1 (6.7)	0 (0)	3 (20.0)	8 (53.3)	3 (20.0)	1 (6.7)

513 N=Number of subjects in population; n=Number of subjects with at least one occurrence of an  
514 adverse event in the specified category.

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518 Figures

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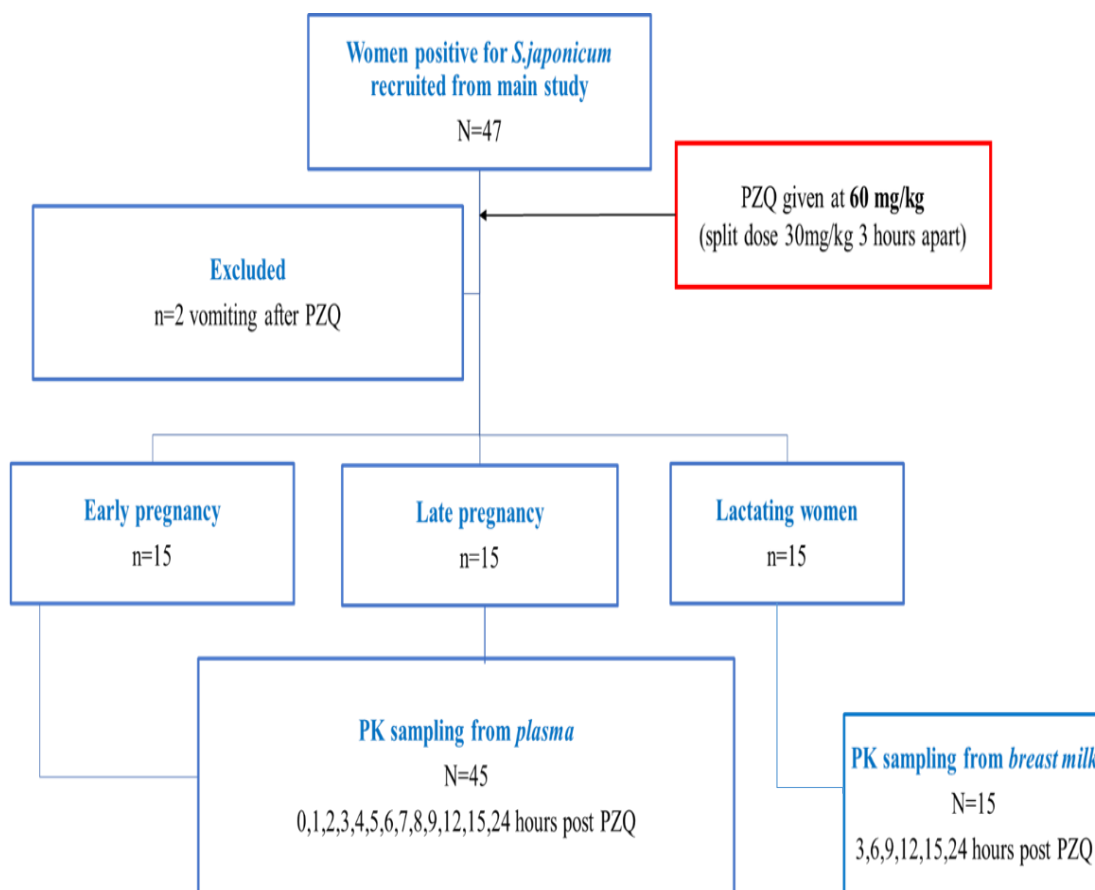
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537 **Figure 1:** Study flow design

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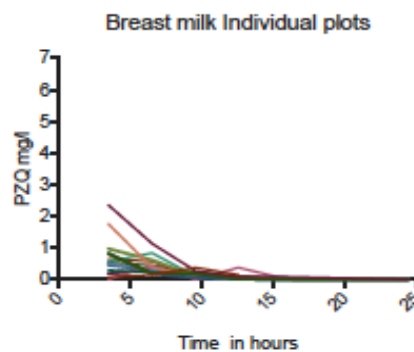
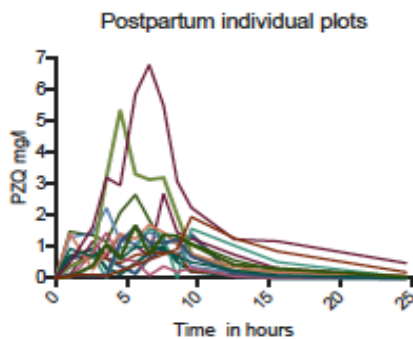
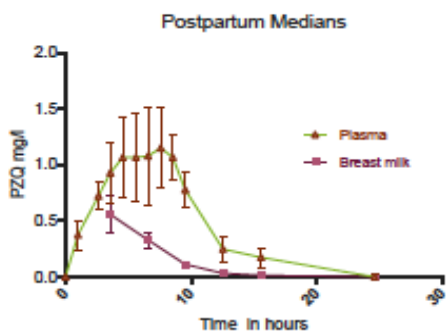
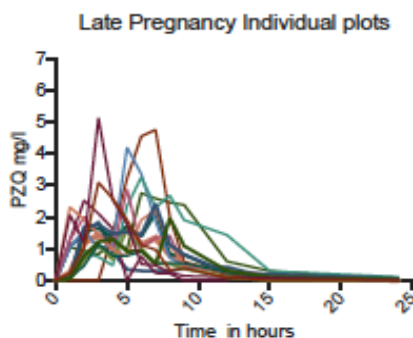
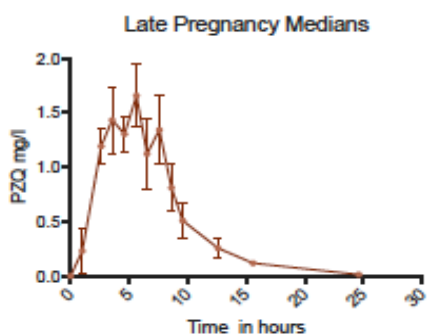
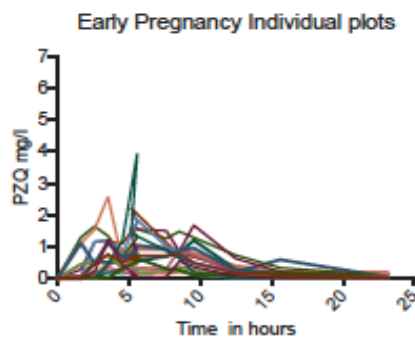
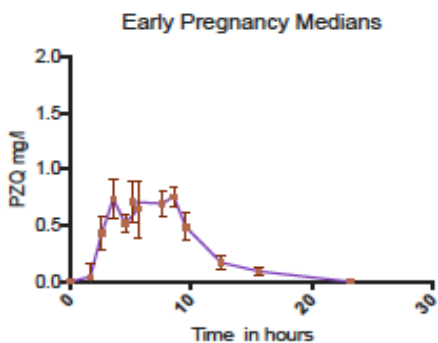
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**Figure 2:** Median and individual PZQ concentration time profiles.

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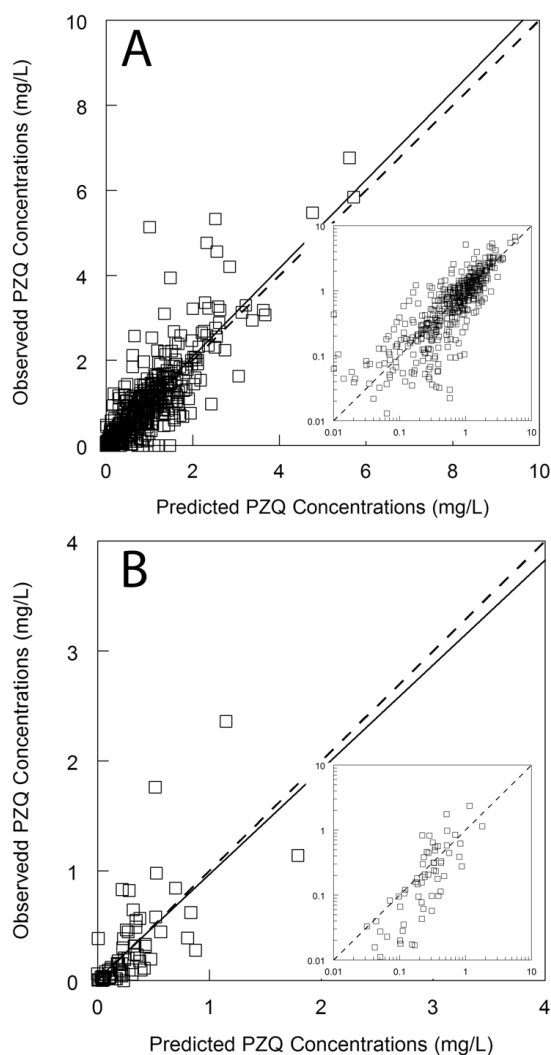
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568 **Figure 3.** The observed-predicted plots for the PZQ concentrations in plasma (Panel A) and breast  
569 milk (Panel B) after the Bayesian step. The median parameter values for each patient have been  
570 used. The observed-predicted data is plotted on a log-log plot for both outputs and is shown in  
571 the inserts. The regression line for plasma in Panel A is given by Observed =  
572  $0.016 + 1.04 * \text{Predicted}$ ;  $r^2 = 0.604$ . The regression line for breast milk in Panel B is given by  
573 Observed =  $0.015 + 0.953 * \text{Predicted}$ ;  $r^2 = 0.468$ .

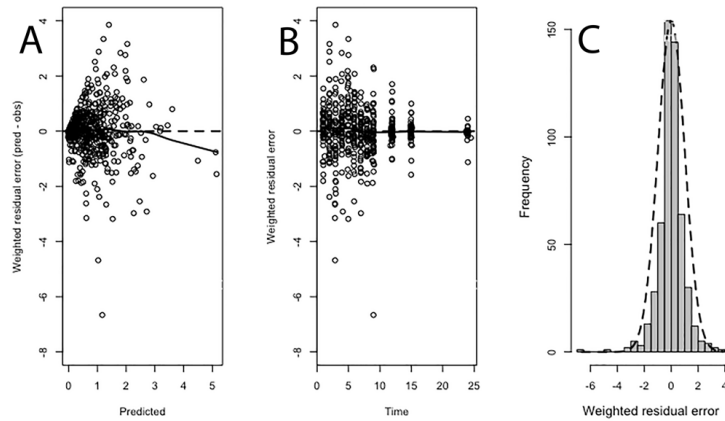
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581 **Figure 4.** Residual plots for plasma concentrations. The average residuals did not vary from zero;  
582  $p=0.88$  for weighted residual error versus Predicted concentrations (far left panel) and for  
583 weighted residual error versus Time (middle panel). The solid line Panel A and Panel B is the  
584 loess regression. The residuals were normally distributed as assessed using D'Agostino, Shapiro-  
585 Wilk and Kolmogorov-Smirnov tests (far right panel). ( $p>0.05$ )

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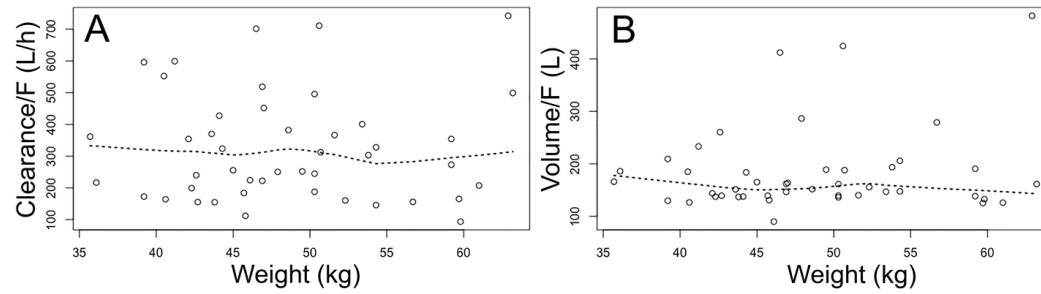
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593 **Figure 5.** The relationship between Weight and Clearance/F (Panel A) and Weight and Volume/F (Panel B).  
594 The volume is the volume of the central compartment. Neither relationship is statistically significant with  
595  $r=0.03$  ( $p=0.84$ ) and  $0.16$  ( $p=0.29$ ) for clearance/F and volume/F, respectively. The broken line is the loess  
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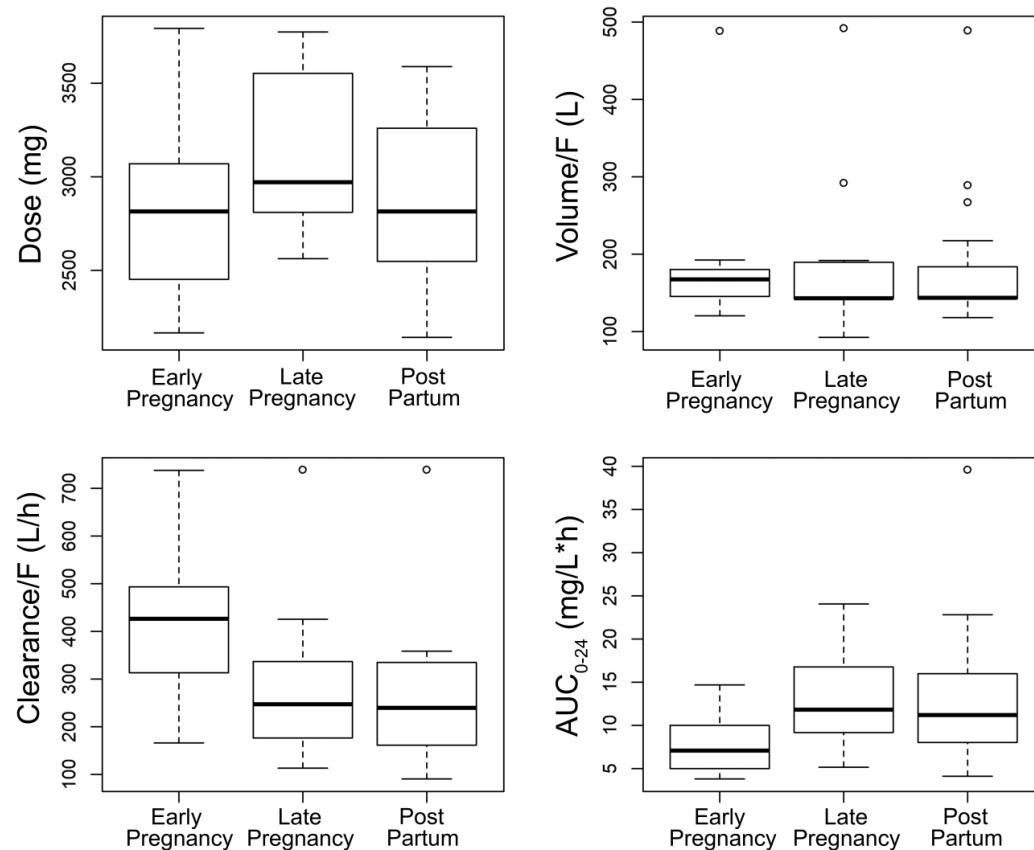
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612 **Figure 6.** Box plots showing the relationship between various stages of pregnancy and dose (Panel A),  
 613 Volume of the central compartment/F (Panel B), Clearance/F (Panel C) and the area under the  
 614 concentration-time curve (AUC<sub>0-24</sub>) in Panel D. There was no relationship between the stage and  
 615 pregnancy and the absolute dose (mg) and volume/F ( $p=0.2072$  and  $0.626$ , respectively). Women in the  
 616 early pregnancy group have a higher clearance/F than other women ( $p=0.016$  for all groups) and a lower  
 617 AUC<sub>0-24</sub> ( $p=0.01$  for all groups).

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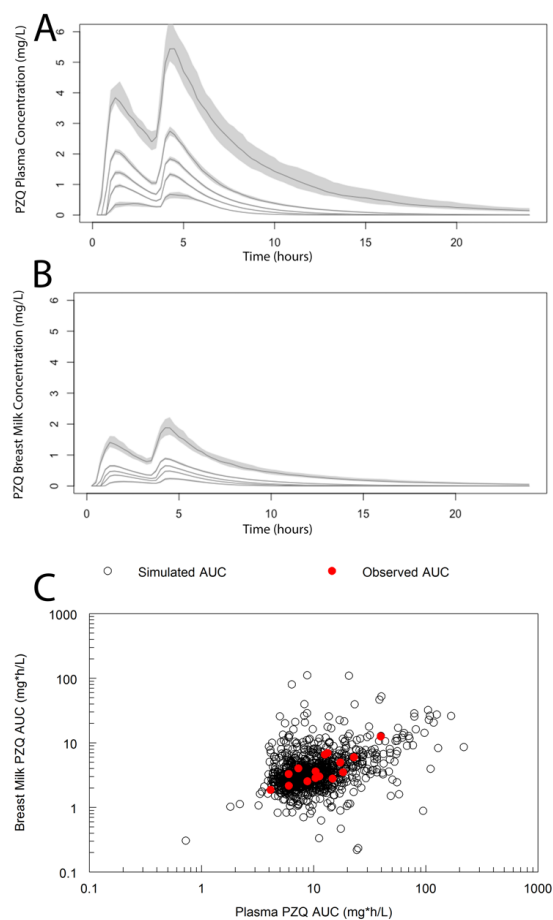
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627 **Figure 7.** Monte Carlo simulations showing the drug exposure in plasma (Panel A), breast milk (Panel B)  
 628 from 1,000 lactating women. Each line represents the 5<sup>th</sup>, 25<sup>th</sup>, 50<sup>th</sup>, 75<sup>th</sup> and 95<sup>th</sup> centiles and the grey  
 629 representing the confidence interval around each centile. In Panel C the AUC<sub>0-24</sub> in plasma versus breast  
 630 breast milk in each simulated woman is shown with black open circles. The AUC<sub>0-24</sub> from each of the 15 patients  
 631 in the study is shown with a solid red circle.

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