

1 **HIV testing and engagement with the HIV treatment cascade among men who have**  
2 **sex with men in Africa: A systematic review and meta-analysis**

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## 37 **ABSTRACT**

### 38 **Background**

39 HIV disproportionately affects gay, bisexual, and other men who have sex with men (MSM)  
40 in Africa, where many countries criminalise same-sex behaviour. We assessed changes in  
41 the engagement of African MSM with HIV testing and treatment cascade stages over time,  
42 and the influence of anti-LGBT legislation and stigma.

### 43 **Methods**

44 We systematically searched the peer-reviewed literature to October 10<sup>th</sup>, 2018 for studies  
45 and extracted or derived estimates of HIV testing and/or engagement with the HIV treatment  
46 cascade among African MSM from published reports. We derived pooled estimates using  
47 inverse-variance random-effects models. We used subgroup and meta-regression analysis  
48 to assess associations between testing and status awareness outcomes and study and  
49 participant characteristics including the severity of country-level anti-LGBT legislation.

### 50 **Findings**

51 Our searches identified 75 independent eligible studies that provided estimates for 44,993  
52 MSM across one or more of five testing and treatment cascade outcomes. HIV testing  
53 increased significantly over time overall, with pooled overall proportions of MSM ever tested  
54 of 67.3% (95%Confidence interval 62.1-72.3%,N=44) and tested in the past 12 months of  
55 50.1% (42.4-57.8%,N=31) post-2011 – 14% and 18% points higher than pre-2011,  
56 respectively. Post-2011, ever testing was highest in Southern(80.0%) and lowest in  
57 Northern(34.4%) and Central(56.1%) Africa, with the greatest increase in Western  
58 Africa(from 42.4 to 70.9%). Levels of both testing outcomes and status awareness were  
59 statistically significantly lower in countries with the most severe anti-LGBT legislation.

60 Few estimates were available for later stages of the treatment cascade. Available data post-  
61 2011 suggest that the pooled proportion of MSM HIV-positive aware has remained low  
62 (18.5%, 12.5-25.3%,N=28) whereas proportions of current ART use were 23.7% (15.5-  
63 33.0%,N=14) among all MSM living with HIV and 53.4% (36.9-69.5%,N=6) among MSM  
64 HIV-positive aware. Levels of viral suppression among MSM currently on ART were good  
65 (pooled: 75.6%, 64.4-85.5%,N=4), but low among all MSM living with HIV (pooled: 24.7%,  
66 18.8-31.2%,N=4).

### 67 **Interpretation**

68 Available data suggests that levels of HIV status awareness among MSM living with HIV in  
69 Africa remain low, despite recent improvements in HIV testing; limited data is available on  
70 levels of engagement in care, ART use and viral suppression. We found that severe anti-  
71 LGBT legislation was associated with lower HIV testing and status awareness. Achieving  
72 UNAIDS 90-90-90 targets will require substantial improvements.

73 **Funding**

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## 75 INTRODUCTION

76 The development of highly active antiretroviral therapy (ART) in the 1990s transformed HIV  
77 from a fatal infection to a treatable chronic disease.<sup>1</sup> People living with HIV (PLHIV) on  
78 suppressive ART can live as long as people without HIV.<sup>2</sup> However, achieving viral  
79 suppression requires engagement in all stages of HIV care, from testing and early diagnosis,  
80 through the treatment cascade, including linkage into and retention in care, early ART  
81 initiation, and near-perfect adherence.<sup>3</sup> Globally, however, ~1 million PLHIV still die from HIV  
82 annually because they cannot or do not complete this cascade.<sup>4,5</sup>

83 UNAIDS has formulated the '90-90-90' targets, aiming to have 90% of PLHIV aware of their  
84 status, 90% of PLHIV aware of their status on ART, and 90% of PLHIV on ART achieving  
85 viral suppression by 2020,<sup>6</sup> with targets increasing to 95% by 2030.<sup>7</sup> Therefore, by 2020 and  
86 2030, 73% and 86% of PLHIV should be virally suppressed, respectively.<sup>7</sup> Engaging PLHIV  
87 in the cascade to meet these ambitious targets will have major implications for PLHIV and  
88 HIV prevention, improving mortality and morbidity outcomes,<sup>8</sup> and reducing transmission  
89 risk.<sup>9,10</sup> UNAIDS has highlighted the importance of reaching key populations, including gay,  
90 bisexual, and other men who have sex with men (MSM), however estimates of progress  
91 towards achieving 90-90-90 targets among MSM are very scarce, which compromises our  
92 ability to assess impact, adequately address needs and reduce barriers to uptake of  
93 services, and improve HIV prevention services for MSM.<sup>11,12</sup> Globally, MSM are ~28 times  
94 more likely to be living with HIV than men in the general population – an inequality that is  
95 particularly apparent in sub-Saharan Africa, where the human rights of MSM are often  
96 violated.<sup>5,13–19</sup>

97 Almost two-thirds of African countries still criminalise same-sex relations, many with long  
98 prison sentences and some with the death penalty.<sup>20</sup> In this context, stigma, discrimination,  
99 and human rights violations of MSM that are linked to legislation have been widely  
100 documented.<sup>5,13–19</sup> This includes blackmail, violence, reprisals from family and communities,  
101 denial of housing, healthcare, and access to justice, and lack of adequate and accessible  
102 services for MSM.<sup>21–23</sup> These also create barriers to implementing effective HIV research,  
103 policy, and health programmes for MSM, through prohibition of activism and research,  
104 arbitrary arrests of healthcare providers, and disruption of services provided by community-  
105 based and non-governmental organisations (NGOs).<sup>24–26</sup> This may also explain why  
106 research on African MSM has lagged behind that in other parts of the world.<sup>15,17,25–28</sup>

107 After South Africa led the first United Nations (UN) resolution on sexual orientation and  
108 gender in 2011, some positive changes in lesbian, gay, bisexual and transgender (LGBT)

109 rights protection were reported in parts of Africa, albeit inconsistently.<sup>29</sup> For example, while  
110 Seychelles, São Tomé and Príncipe, Mozambique and Lesotho have decriminalised same-  
111 sex relations, Uganda and Nigeria have increased the severity of their anti-LGBT  
112 legislation.<sup>20</sup>

113 In this study, we (1) systematically reviewed published studies providing estimates of levels  
114 of HIV testing, diagnosis, and the treatment cascade among MSM in Africa; (2) assessed  
115 whether these outcomes have improved over time; and (3) explored the influence of  
116 participant and study characteristics, study quality, and two key structural factors – stigma  
117 and severity of anti-LGBT legislation – on each outcome.

118 **METHODS**

119 This systematic review and meta-analysis was reported in accordance with PRISMA and  
120 MOOSE guidelines.<sup>30,31</sup>

121 **Search strategy and selection criteria**

122 We searched Embase, Medline, Scopus, Global Health, and Web of Science for articles  
123 reporting on HIV testing and/or any HIV treatment cascade stages in Africa published  
124 between January 1<sup>st</sup>, 1980 and October 10<sup>th</sup>, 2018 using terms for HIV, MSM, and Africa  
125 (see appendix p 1 for full search terms).

126 We screened by abstract and title, then screened potentially relevant full-texts for studies  
127 directly reporting estimates or sufficient data to self-calculate proportions of MSM engaging  
128 in HIV testing and/or treatment cascade stages. We only included peer-reviewed cross-  
129 sectional or longitudinal studies recruiting at least 10 MSM. We excluded mathematical  
130 modelling studies, qualitative studies, conference abstracts and reviews, and studies  
131 reporting cascade outcomes using self-reported HIV status (instead of confirmed biological  
132 test) to derive the number of MSM living with HIV in the denominator. We did not exclude  
133 articles based on language.

134 For included studies, we extracted or self-calculated proportions of MSM: 1) who self-  
135 reported having ever or recently received an HIV test; 2) testing positive in the study (“MSM  
136 living with HIV” hereafter) who self-reported being HIV positive before testing (“MSM HIV+  
137 aware” hereafter); 3) living with HIV who self-reported being ever or currently engaged in  
138 care or linked to care following diagnosis; 4) living with HIV or HIV+ aware who self-reported  
139 ever or currently taking ART; and 5) living with HIV, HIV+ aware, or currently on ART who  
140 were virally suppressed (based on viral load testing). We excluded estimates based on  
141 fewer than 10 MSM. One of four study authors contacted provided estimates of MSM ever  
142 and recently tested and of MSM living with HIV virally suppressed.<sup>32</sup>

143 For each study, we extracted information on participant characteristics (e.g. population,  
144 region of Africa, HIV prevalence among MSM participants tested in the study, proportion  
145 sold sex), stigma (e.g. proportion who disclosed their MSM status to healthcare workers or  
146 family, or were blackmailed), study characteristics and quality indicators (e.g. study year,  
147 study design, sampling and interview methods).

148 We used country-specific data from International Lesbian, Gay, Bisexual, Trans and Intersex  
149 Association (ILGA) reports, country constitutions, and UN reports to construct four

150 composite “anti-LGBT legislation” variables, one global anti-LGBT legislation index, and one  
151 “arrests” variable for each study country.<sup>20,33–35</sup>

152 The four anti-LGBT legislation variables are: repressive legislation (same-sex relations,  
153 sexual orientation-related NGOs, or LGBT promotion are illegal, age of consent differs for  
154 same-sex relationships, or legislation prohibits same-sex marriage and/or adoption; score 0-  
155 5), lack of protective legislation (LGBT people are not protected from discrimination, or  
156 incitement to hatred based on sexual orientation is not illegal; score 0-2), lack of progressive  
157 legislation (same-sex marriage and/or adoption are not legally recognised; score 0-2), and a  
158 penalties variable (the harshest punishment receivable for consensual same-sex relations  
159 varying from no punishment to the death penalty; score 0-5). Our global anti-LGBT  
160 legislation index summed the scores of these four legislation variables(score 0-14), for each  
161 study country at the time the study was conducted. Higher scores reflected less progressive  
162 legislation. The binary arrests variable captured if arrests for consensual same-sex relations  
163 had been documented in the country between 2014 and 2017 (the only such data  
164 available).<sup>20</sup> See appendix p 2-3 for additional details.

165 JS, ED, and RS independently performed all stages of screening and data extraction.  
166 Discrepancies were resolved by KM.

## 167 **Data analysis**

168 We pooled independent study estimates and calculated 95% confidence intervals (CI) and  
169 95% prediction intervals (PrI) using random-effects models based on the DerSimonian-Laird  
170 inverse-variance method and the Freeman-Tukey transformation for proportions<sup>36</sup>. We  
171 provide estimates on the original scale. Heterogeneity across estimates was assessed using  
172 the  $I^2$  statistic.<sup>37,38</sup> Where multiple articles estimated the same outcome for the same study  
173 population, we preferentially used estimates from the largest sample, or used the most  
174 recent estimates if sample sizes were equal. From these, we preferentially used weighted  
175 estimates accounting for clustering (e.g. from RDS studies) over crude estimates, where  
176 available (see appendix p 3-4 for details). For studies conducted in multiple locations, we  
177 preferentially extracted estimates for separate locations if reported; otherwise we used the  
178 combined estimate. For studies reporting on both MSM and transgender women (TGW), we  
179 included estimates for MSM alone if disaggregated data were available, otherwise we used  
180 estimates from the whole sample.

181 We assessed whether study estimates varied by study year, region, or other study,  
182 participant, or structural variables (e.g. population, MSM HIV prevalence, proportion sold

183 sex, stigma, anti-LGBT legislation (see appendix p 21-26 for full list)), and study quality  
184 using univariate meta-regression for study outcomes with  $\geq 20$  estimates. Additionally, we  
185 assessed whether time trends differed by region (using a model with region\*study year  
186 (continuous) interaction) and country if there were  $\geq 3$  estimates at different time points. If  
187 study year was significantly ( $p < 0.05$ ) associated with the outcome in univariate meta-  
188 regression, we also conducted bivariate (time-adjusted) meta-regression (adjusting for time  
189 as a continuous variable). We presented pooled estimates of outcomes stratified by  
190 variables statistically significantly associated in time-adjusted meta-regression in forest plots  
191 stratified by study year. We also conducted leave-one-out sensitivity analyses to explore  
192 how sensitive associations between ever testing and the global anti-LGBT legislation index  
193 were to the exclusion of individual countries and studies.

194 We further assessed study quality using subgroup analysis stratified by pre-defined quality  
195 indicators based on the AXIS tool for appraising cross-sectional studies,<sup>39</sup> including study  
196 design, reporting bias, publication bias, and a quality score summing the responses to three  
197 key quality criteria (see appendix p 5). We further assessed publication bias using funnel  
198 plots and Egger's test for asymmetry.<sup>40</sup>

199 We conducted all analyses with R 3.5.1 using the metafor package.<sup>41,42</sup>

## 200 **Role of the funding source**

201 The funder had no role in study design, data collection, data analysis, data interpretation, or  
202 writing of the report. The corresponding author had full access to all the data in the study  
203 and had final responsibility for the decision to submit for publication.



## 204 RESULTS

205 We included 113 articles reporting on 75 independent studies providing estimates (or data to  
206 self-calculate estimates) of the testing and cascade outcomes(Figure 1). The number of  
207 relevant studies conducted, and articles published, increased markedly from 2007 and 2010  
208 onwards, respectively (see appendix p 6).

209 Table 1 summarises the outcomes, participant characteristics, structural variables, and study  
210 characteristics of included studies (see appendix p 7-15 for additional details).

211 Most studies provided proportions of MSM ever HIV tested(number of studies [N<sub>s</sub>]=54,  
212 number of estimates [N<sub>e</sub>]=81<sup>32,43-95</sup> recently tested (N<sub>s</sub>=33, N<sub>e</sub>=51)<sup>32,43,46,48-51,62,73,76,78,80,82,85,96-  
213 109</sup>, and HIV+ aware (N<sub>s</sub>=23, N<sub>e</sub>=35).<sup>32,43,48,51,58,62,68,87,88,110-122</sup> Very few studies provided  
214 proportions of MSM engaged in care<sup>68,116,118,123,124</sup> on ART (ever<sup>48,116,122,124</sup>,  
215 currently<sup>32,68,102,116,118,119,125-128</sup>), or virally suppressed<sup>32,116,122,125,128-130</sup> (Table 1a).

216 Over half the studies were conducted after 2011 (Table 1e). Studies provided estimates for  
217 28 countries predominantly from Eastern,<sup>32,43-61,77,97,108-111,121,122,124,125</sup> Western,<sup>88-92,94-97,99-  
218 106,108,115-117,129-134,139-141</sup> and Southern<sup>57,66-76,97,100-104,111-115,121,125,127</sup> Africa (Table 1b, appendix  
219 p 19). Study participants were mainly recruited from the general population of MSM<sup>32,43-45,47-  
220 51,53,56-59,62-70,72-84,86,88-96,98-101,103,104,106,107,109-120,122,123,127-130</sup> (Table 1b). Various definitions of  
221 MSM were used for study inclusion, with the period of sexual activity with men varying  
222 between 3 months and lifetime and different types of sexual activity specified (e.g. anal sex  
223 only, anal or oral, anal/oral/masturbatory). HIV prevalence (1-69%) and the proportion  
224 ever/recently selling sex (11-82%) varied across studies. Face-to-face interviews were used  
225 approximately three times more frequently than confidential interview methods (e.g. audio  
226 computer-assisted self-interview). Most studies used respondent driven sampling (RDS;  
227 N<sub>s</sub>=30; Table 1e). Sample sizes ranged from 26 to 2,453 participants.

228 Only 22 studies reported on stigma,<sup>32,46,48,56,57,59,65,66,69,79,82-84,92,98,104,111,112,114,118,120,128-130</sup>  
229 including proportions of MSM who disclosed their MSM status to healthcare workers, or  
230 family or had been blackmailed (Table 1c, appendix p 7-15). Most studies were conducted in  
231 countries where same-sex relations were illegal (N<sub>s</sub>=55).<sup>32,43-52,54-65,77-81,83,85-87,89-  
232 100,103,104,106,108-111,113,116,118-125,128-130</sup> Forty-three studies were conducted in countries with  
233 documented arrests related to consensual same-sex relations in 2014-2017 (Table 1d).<sup>32,43-  
234 45,47-49,51,52,54-61,63-65,77,78,80,81,87,90-94,96-100,103,108-111,113,116,118,120-122,124,125,128-130</sup> Global anti-LGBT  
235 legislation scores ranged from 0 to 12 and were lower in countries where same-sex relations  
236 were legal than illegal (Table 1d, appendix p 16-18).

237 Study estimates, pooled estimates and 95% CI of all outcomes are summarised in Figures  
238 2-8 and Table 2 and 95% PrI are presented in appendix p 20. Overall, the pooled proportion  
239 of MSM ever tested for HIV was 61.0% (95%CI 56.2–65.7%, $N_e=81$ , $I^2=98\%$ ), and was  
240 highest in Southern and lowest in Northern Africa (Figure 2, appendix p 21-22). The  
241 proportion of MSM tested in the past 12 months (pooled=46.2%,95%CI 39.6–  
242 52.9%, $N_e=39$ , $I^2=97\%$ ) was similar to the proportions tested in the past 6 and 3 months, and  
243 was highest in Southern and lowest in Eastern Africa (Figure 3, appendix p 23-24). The  
244 proportion of MSM HIV+ aware was much lower (pooled=18.2%,95%CI 13.0–  
245 23.9%, $N_e=35$ , $I^2=91\%$ ) especially in Eastern Africa (Figure 4, appendix p 25-26).

246 Overall, the pooled proportions of MSM living with HIV linked to care within 30 days of  
247 diagnosis, ever engaged or currently engaged in care, were low and varied between 15.3%  
248 and 40.4% (Figure 5). The overall pooled proportions of MSM living with HIV ever or  
249 currently on ART were below 24%, and between 37-53% among MSM HIV+ aware (Figures  
250 6-7). Overall, an estimated 24.7%, 34.4%, and 75.6% of MSM living with HIV, MSM HIV+  
251 aware, and MSM currently on ART were virally suppressed, respectively (Figure 8).

252 HIV testing ever ( $p=0.0025$ ) and in the past 12 months ( $p=0.0015$ ) increased continuously  
253 over time (Figures 2-3, appendix p 21-24), and by 14.8% and 17.9% percentage points,  
254 respectively, after 2011 compared with before (appendix p 27). Only time trends in ever  
255 tested differed between regions (year\*region interaction:  $p<0.0001$ ), with greater increases  
256 in Eastern and Western Africa, and significant within-county increases in Kenya, Uganda  
257 and Nigeria (Figure 2, appendix p 28-29). Testing in the past 12 months increased  
258 significantly over time in South Africa (appendix p 30). Post-2011, the proportions tested  
259 (ever or in the past 12 months) were highest in Southern and lowest in Northern and Eastern  
260 Africa, respectively (appendix p 27). The proportion of MSM HIV+ aware did not increase  
261 over time overall ( $p=0.38$ ), or by region (year\*region interaction:  $p=0.80$ )(Figure 4, appendix  
262 p 25-28), but increased in South Africa (appendix p 30). Too few estimates were available  
263 for the other cascade outcomes to assess time trends.

264 In time-adjusted meta-regression, higher proportions of MSM tested ever and in the past 12  
265 months were associated with living in Southern Africa( $p=0.0011$ ;  $p=0.040$ ) and less severe  
266 penalties for same-sex relations( $p=0.0010$ ;  $p=0.00024$ )(appendix p 21 and 23). Ever testing  
267 was also higher with more protective( $p=0.0015$ ) and progressive( $p=0.016$ ) legislation, no  
268 LGBT-related arrests from 2014-2017( $p=0.020$ ) and decreased by 2% (95%CI 1-4%) for  
269 each point increase on the global anti-LGBT legislation index(continuous;  
270  $p=0.0026$ )(appendix p 21 and 31-32). The magnitude of the association was sensitive  
271 (approximately halved and no longer significant) to excluding all South African studies only,

272 but not to the exclusion of any single South African study (appendix p 31-32). Testing in the  
273 past 12 months was also higher with less repressive legislation ( $p=0.023$ ) and with the  
274 lowest global anti-LGBT legislation index scores (categorical;  $p=0.010$ )(appendix p 23). In  
275 subgroup analysis, differences in testing ever and in the past 12 months by global anti-LGBT  
276 legislation score were reduced after 2011 (appendix p 33-35). In univariate meta-regression,  
277 a higher proportion of MSM HIV+ aware was associated with not living in Eastern Africa  
278 ( $p=0.046$ ), less repressive legislation ( $p=0.014$ ), less severe penalties for same-sex relations  
279 ( $p=0.00023$ ), and a lower global anti-LGBT legislation index (categorical;  
280  $p=0.0050$ )(appendix p 25).

281 Among the few studies reporting on stigma, testing ever and in the past 12 months were  
282 higher with greater disclosure of MSM status to healthcare workers in time-adjusted meta-  
283 regression ( $p<0.0001$  and  $p=0.034$ , respectively)(appendix p 21-24). The proportion of MSM  
284 tested in the past 12 months (time-adjusted meta-regression:  $p=0.015$ ) and HIV+ aware  
285 (univariate meta-regression:  $p=0.031$ ) were higher with higher proportions of MSM being  
286 blackmailed (appendix p 23-26). Other outcomes had too few estimates to assess  
287 associations using meta-regression.

288 The influence of study quality was assessed for the three HIV testing and awareness  
289 outcomes with  $\geq 20$  study estimates (appendix p 36-42). Pooled estimates of all three  
290 outcomes differed with sampling method and were significantly higher in studies that did not  
291 use a complex study design or did not use statistical adjustment for complex study design  
292 (appendix p 21-26 and 40-42). Pooled estimates were also higher for studies specifically  
293 designed to estimate the outcome of interest (ever tested), with less adequate response  
294 rates (ever tested), that used more confidential interview methods (ever tested, tested in the  
295 past 12 months), that adequately described their methods and/or basic data (tested in the  
296 past 12 months), did not sufficiently describe their methods (MSM HIV+ aware) and with  
297 study populations not representative of wider MSM (MSM HIV+ aware). Although not  
298 statistically significant, higher rates of ever testing and HIV status awareness were observed  
299 for studies with a quality score of 0 (appendix p 40 and 42).

300 There was no evidence of publication bias for the proportions of MSM tested ever or in the  
301 past 12 months or HIV+ aware from funnel plots and Egger's asymmetry test (appendix p  
302 43). Pooled proportions of MSM HIV+ aware were significantly higher for the subset of  
303 directly reported study estimates than those self-calculated ( $p=0.0045$ ; appendix p 42).

304 **DISCUSSION**

305 Our results suggest that levels of engagement in HIV testing and particularly treatment  
306 cascade stages for African MSM remain sub-optimal, below those needed to achieve  
307 UNAIDS 90-90-90 targets.

308 From 2011 onwards, only 50% of MSM reported testing in the past 12 months, 19% were  
309 HIV+ aware, and 53% of MSM HIV+ aware were on ART. 76% of MSM on ART were virally  
310 suppressed, suggesting that once on ART, MSM can achieve fairly high viral suppression  
311 levels. However, since levels of diagnosis and ART access remain poor, levels of ART use  
312 (24%) and viral suppression (25%) among all MSM living with HIV are critically low, meaning  
313 HIV spread within these populations will continue.

314 We observed significant regional differences in HIV testing and status awareness. After  
315 2011, levels of MSM ever tested, tested in the past 12 months and HIV+ aware were highest  
316 in Southern Africa and lowest in Northern, Eastern, and Eastern Africa, respectively. The  
317 greatest improvements in testing over time occurred in Eastern and Western Africa. These  
318 differences may reflect different levels of expansion of community-based testing and national  
319 HIV testing campaigns across regions.<sup>131,132</sup> Further expansion of community-led services,  
320 access to rapid and home-based testing, along with increased treatment support or  
321 counselling from LGBT-friendly organisations, will be essential to engage more MSM with  
322 HIV testing and treatment.<sup>132</sup>

323 We found evidence of statistically significant negative associations between testing and HIV  
324 status awareness and the severity of anti-LGBT legislation, which may, but do not  
325 necessarily, reflect causal relationships. These appeared to be mediated by negative  
326 associations between ever testing and a lack of protective or progressive legislation, or  
327 harsher penalties for same-sex relations, and between recently testing/HIV status  
328 awareness and repressive legislation or harsher penalties for same-sex relations. However,  
329 the strength of the association between our anti-LGBT legislation index and ever testing was  
330 influenced by South African estimates, which had the lowest anti-LGBT legislation scores.  
331 Thus, other country-level factors (e.g. healthcare- or epidemic-related) may partly confound  
332 this association.

333 Despite limited data availability, HIV testing and status awareness were lower in studies with  
334 lower disclosure of MSM status to healthcare workers, consistent with studies reporting  
335 associations between stigma and limited care cascade access.<sup>56,133</sup> Training for healthcare  
336 workers will be important to tackle the intersection of HIV-related stigma with discrimination

337 towards MSM and improve levels of testing and status awareness.<sup>134</sup> Consistent with other  
338 studies, we observed a positive association between ever testing and MSM HIV  
339 prevalence.<sup>135</sup> Higher prevalence could encourage MSM to test for HIV (as previous studies  
340 show that low threat perception can impede testing) or reflect targeting of testing services to  
341 more HIV-prevalent areas.<sup>136</sup>

342 Our pooled estimate of testing in the past 12 months pre-2011 (overall 33%) agreed with the  
343 2008 UNGASS estimate of 30% among MSM in sub-Saharan Africa (from only one country  
344 however).<sup>97</sup> Available UNAIDS estimates of HIV status awareness among MSM in African  
345 countries – based on unpublished and/or more recent data – tended to be higher than our  
346 estimates, but UNAIDS ART coverage estimates for MSM living with HIV were mostly similar  
347 to ours.<sup>12</sup> Our results suggest a worse situation for MSM in Africa than elsewhere. Our  
348 cascade estimates for 2011 onwards are far below those from a study in six European and  
349 Central Asian countries, which reported that in 2016 83%, 70%, and 63% of MSM living with  
350 HIV were aware of their status, on ART, and virally suppressed,<sup>137</sup> respectively, compared  
351 with 19%, 24% and 25% from our study. A recent literature review showed higher levels of  
352 status awareness for high-income Western countries (72-100%) than we found, somewhat  
353 higher levels (44%) for India, another low-income setting, but similar levels (20%) for Russia,  
354 which enforces harsh anti-LGBT legislation.<sup>25</sup>

355 There are marked differences in HIV testing and ART coverage for African MSM compared  
356 with all men (see appendix p 44-46). Although levels of testing ever and in the past 12  
357 months are consistently higher for MSM than all men across regions, self-reported HIV  
358 status awareness and ART coverage are substantially lower among MSM than  
359 corresponding estimates among men living with HIV (Mathieu Maheu-Giroux personal  
360 communication and appendix p 46).<sup>138</sup>

361 Our review has several strengths and limitations, partly due to data and study quality, which  
362 may reflect the challenges of conducting research among key populations that face  
363 substantial stigma.<sup>133</sup>

364 We reported new pooled estimates for 44,993 MSM across five outcomes from studies  
365 conducted between 2004 and 2017 and explored changes over time, by region and country.  
366 We self-calculated additional study estimates, increasing the sample size and minimising  
367 publication bias. We explored heterogeneity due to participant and study characteristics,  
368 additionally assessing the influence of anti-LGBT legislation using a novel index. ILGA  
369 publish the Rainbow Index for European countries<sup>139</sup>, but to our knowledge no similar tools  
370 exist for African countries. Despite increases over time, studies on the treatment cascade

371 among MSM in Africa remain scarce, particularly for Central and Northern Africa. Studies  
372 were missing from 26 countries, 13 where same-sex relations are illegal. Therefore, our  
373 overall pooled estimates may not be representative of MSM across Africa and may  
374 misestimate engagement, especially for ART use and viral suppression, which were based  
375 on very few estimates. Small numbers of studies in Central and Northern Africa limit our  
376 ability to assess regional levels and trends in HIV testing.

377 Heterogeneity across study estimates was substantial and could only be explored in meta-  
378 regression for the outcomes with the most study estimates (ever testing, testing in past 12  
379 months, HIV+ aware). Not all studies reported key participant characteristics including age,  
380 HIV prevalence and selling sex, with stigma the most poorly reported variable. Future  
381 studies should report on stigma alongside testing and treatment outcomes.

382 Our analysis included studies of generally moderate quality, and reporting biases were  
383 possible as most outcomes were self-reported, and most studies used non-confidential  
384 interview methods. Pooled estimates were influenced by study quality and in particular  
385 tended to be lower for studies that adjusted for complex study design (e.g. weighted RDS),  
386 with less confidential interview methods (testing outcomes) or with higher quality scores  
387 (albeit not significantly). Under-reporting has been previously documented among African  
388 MSM, for example in HPTN 075, 22% of MSM living with HIV self-reported a positive status,  
389 however ARVs were detected in 58%.<sup>121</sup> One study in Uganda found that approximately half  
390 of virally suppressed MSM (likely due to suppressive ART) reported not knowing their HIV-  
391 positive status.<sup>32</sup> Thus, our pooled estimates may underestimate true levels of status  
392 awareness and ART use. Obtaining representative samples of MSM is difficult, even with  
393 RDS sampling, with samples often biased towards younger, more visible MSM.<sup>140</sup> However,  
394 our pooled estimates did not differ by mean age. Many of the RDS studies included here did  
395 not report weighted estimates, potentially, but not necessarily, reducing their  
396 representativeness.<sup>141</sup>

397 Included studies used varied definitions of MSM and most did not disaggregate TGW from  
398 MSM, which however did not influence pooled study outcome estimates. However, it would  
399 be preferable in future to provide disaggregated estimates to gain a better understanding of  
400 the health needs of TGW. There was no evidence of publication bias for any outcome except  
401 status awareness, and only in subgroup analysis comparing directly reported and self-  
402 calculated estimates.

403 Our anti-LGBT legislation index only captures information about legislation, not how  
404 legislation is implemented. Only recent arrests after 2013 were available to measure

405 implementation, and for few African nations,<sup>20</sup> therefore we may not have fully captured the  
406 influence of changes in legislation implementation. More implementation data is needed.  
407 Nonetheless, our novel anti-LGBT legislation index reflected complex African legislation over  
408 time and enabled detailed analysis of our data in a legal context. Although no other  
409 measures or indexes are currently available specifically for Africa, our index correlates well  
410 with the recent global Homophobic Climate Index (data not shown).<sup>142</sup>

411 Engagement with the HIV treatment cascade among MSM in Africa remains low, despite  
412 recent improvements in HIV testing. Lower testing and status awareness levels were  
413 associated with more hostile legislation. More studies are needed on HIV testing and  
414 particularly the HIV treatment cascade for MSM across Africa, especially Northern and  
415 Central Africa. Future studies should use confidential interview methods to reduce reporting  
416 biases and collect standardised stigma data.

#### 417 **Contributions**

418 MCB, JE, KM, ED and JS conceptualised this review and planned the analysis. JS, ED and  
419 RS conducted the search and independently performed all stages of screening. JS and ED  
420 independently extracted data, and JS conducted all analyses. KM double-checked data  
421 extraction and checked the data analysis, with input from MCB. JS, ED, KM and MCB  
422 interpreted the results and conceptualised the first draft of the review. JE and CB made  
423 significant intellectual contributions to the interpretation of the results and edited the  
424 manuscript. All authors read and approved the final version of the manuscript.

425

#### 426 **Declaration of interests**

427 We declare no competing interests.

428

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434 comments and unpublished data for comparing levels of status awareness among MSM in  
435 our review with levels among all men.

436

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## **TABLES**

### **Table legends:**

**Table 1. Summary of (a) HIV testing and treatment cascade outcomes, (b) participant characteristics; (c) stigma variables; (d) anti-LGBT legislation variables of studies included in the analyses, and (e) study characteristics and quality indicators.**

**Table 2. Pooled estimates of the proportions of African MSM accessing HIV testing and different stages of the treatment cascade.**

**Table 1.**

	Total unique studies* (N <sub>s</sub> =75)	References
<b>a. Testing and Treatment Cascade Outcomes</b>		
HIV testing		
Ever	54	32,43–95
Recently tested	33	
Past 12 months	28	32,46,48–51,62,73,78,82,85,96–107
Past 6 months	8	43,46,76,78,80,101,106,108
Past 3 months	4	46,62,106,109
HIV+ Aware	23	
Self-reported	23	32,43,48,51,58,62,68,87,88,110–122
Engagement in Care	5	
Ever	2	116,118
Currently	2	123,124
Linked within 30 days of diagnosis	1	68
ART use	13	
MSM living with HIV	12	
Ever	4	48,116,122,124
Currently	9	32,68,102,116,118,119,125,126
MSM HIV+ aware	8	
Ever	3	48,116,122
Currently	6	32,68,116,119,127,128
Viral suppression	5	
MSM living with HIV	4	32,122,125,129
MSM HIV+ aware	3	32,122,128
MSM currently on ART	4	32,116,125,130
<b>b. Participant Characteristics</b>		
Population		
General MSM	60	32,43–45,47–51,53,56–59,62–70,72–84,86,88–96,98–101,103,104,106,107,109–120,122,123,127–130
High-risk MSM <sup>†</sup>	9	52,54,55,71,102,103,121,124–126
Low-risk MSM <sup>‡</sup>	1	85
MSM organisations <sup>§</sup>	2	46,87
NR	3	61,97
Region of Africa <sup>¶</sup>		
Central	7	43,62–64,98,99,126
Eastern	27	32,43–61,77,97,108–111,121,122,124,125
Northern	2	65,10
Southern	19	57,66–76,98,101–104,111–115,121,125,127
Western	23	78–82,84–95,97,105–107,116–120,123,128–130
Mean or median age <sup>¶¶</sup>		
≤25	40	32,46–48,50,52,53,55–57,60,61,63,64,66,67,69,73,76–80,82,83,85,86,88–91,93,96,97,99,100,103,107,108,110–114,116–120,126
>25	37	44,45,49,51,54,57–59,65,68,70–73,75,81,84,87,92,94,95,98,101,102,104,105,109,111,115,119,121–125,127–130
NR	4	43,62,97
HIV prevalence <sup>¶¶</sup>		
≤20%	26	32,43,48–51,54,56,57,62,66,68,74,78,79,82–84,88,90,93,100,101,103,107,111–113,115,117,119,120,122
>20%	22	45,47,48,51,52,57,58,63,66–68,70,81,85,87,90,94,99,101,102,105,110–112,114,116,118,126,128–130
NR	33	44,46,53,55,59–61,64,65,69,71–73,75–77,80,86,89,91,92,95–98,104,106,108,109,121,123–125,127
Proportion ever sold sex <sup>¶¶</sup>		
≤35%	9	53,57,59,60,68,69,101,104,108,111,114,127
>35%	9	32,44,49,56,57,74,80,87,92,109,111,115
NR	58	43,45–52,54,55,58,61–67,70–73,75–79,81–86,88–91,93–100,102,103,105–107,110,112,113,116–126,128–130
Proportion sold sex recently <sup>¶¶¶</sup>		
≤41%	12	50,53,66,72,82,88,91,93,97,100,102,103,107,112,113,117,122
>41%	10	44,49,50,54,58,90–92,105,109

NR	55	32,43,45–48,51,52,55–57,59–65,67–71,73–81,83–87,89,94–99, 101,104,106,108,110,111,114–116,118–121,123–130
<b>c. Stigma Variables</b>		
Proportion disclosed MSM status to healthcare workers <sup>¶</sup>		
≤20%	6	57,66,82–84,111,112,114,117,119
>20%	8	32,48,56,57,81,98,104,111,118,128–130
NR	62	43–55,58–65,67–80,85–103,105–110,113,115,116,120–127
Proportion disclosed MSM status to family <sup>¶</sup>		
≤20%	4	32,57,66,82,111,112,117
>20%	12	48,57,65,69,79,81,92,98,103,104,111,113,118,128–130
NR	60	43–56,58–64,67,68,70–78,80,83–91,93–97,99–102,105–109, 110,114–116,119–127
Proportion blackmailed because MSM <sup>¶</sup>		
≤20%	6	46,57,59,81,82,111,117,118,120,128–130
>20%	7	57,66,83,98,103,104,111–113,119
NR	63	32,43–45,47–56,58,60–65,67–80,84–102,105–109,110, 114–116,119,121–127
<b>d. Anti-LGBT Legislation</b>		
Same-sex relations illegal <sup>¶</sup>		
Yes	55	32,43–52,54–65,77–81,83,85–87,89–100,103,104,106,108–111, 113,116,118–125,128–130
No	21	53,66–76,82,83,88,101,102,105,107,112,114,115,117,119,121, 125–127
Repressive <sup>¶</sup>		
0	13	66–74,101,102,112,114,115,121,125,126
1	13	75,76,82,84,88,90–93,97,104,105,107,117,119
2	35	43,44,50–52,54,55,57,58,60,62–64,79,83,85–87,89,91,93–99, 103,106,108,109,111,113,116,119–125
3 – 5	20	32,43,45–49,56,57,59,61,65,77,78,80,81,97,100,110–111,118, 121,125,128–130
Indeterminable	1	127
Lack of Protective <sup>¶</sup>		
0	14	67–76,101,102,114,115,121,125
1 – 2	62	32,43–52,54–66,77–100,103–113,116–126,127–130
Indeterminable	1	127
Lack of Progressive <sup>¶</sup>		
0	11	67–74,101,102,114,115,121,125
1 – 2	64	32,43–66,75–100,103–113,116–126,128–130
Indeterminable	1	127
Penalties <sup>¶</sup>		
0	23	53,57,66– 76,82,84,88,101,102,104,105,107,111,112,114,115,117,119, 121,125,126
1	3	43,50,62
2	39	44,46,51,52,54,55,57,58,63–65,78–81,83,85–87,89–100,103, 106,109,111,113,116,118–125,128–130
3 – 5	17	32,43,45,47–49,56,57,59–61,77,91,93,97,108,110,111,121,125 127
Indeterminable	1	127
Arrests 2014-2017 <sup>¶</sup>		
Yes	43	32,43–45,47–49,51,52,54–61,63–65,77,78,80,81,87,90–94, 96–100,103,108–111,113,116,118,120–122,124,125,128–130
No	35	43,46,50,53,57,62,66–76,79,82,83–86,88,89,95,97,101,102, 104–107,111,112,114,115,117,119,121,123,125–127
Global score <sup>¶</sup>		
≤5	21	53,66–76,82,84,88,101,102,104,105,107,112,114,115,117,119, 121,125,126
6 – 8	37	43,44,50–52,54,55,57,58,62–64,83,85–87,89–99,103,106,109, 111,113,116,119–125
≥9	23	32,43,45–49,56,57,59–61,65,77,78,80,81,91,93,97,100,108, 110–111,118,121,125,128–130
Indeterminable	1	127
<b>e. Study Characteristics and Quality Indicators</b>		
Study year		
Pre-2011	30	49,51–55,57–60,64,70–76,90–94,97,100,104,108,111,114, 115,124
2011 onwards	41	32,43–50,56,62,63,65–69,77–89,96,98,99,101–103,105–107, 109–110,112,113,116–123,125,128–130

NR	4	61,95,126,127
<b>Study design<sup>¶</sup></b>		
Cross-sectional	64	32,43–51,53,55–57,59–77,79,80,82–86,88–100,102–117,119,120,123,126,127
Cohort – baseline	10	52,54,58,78,81,87,101,118,121,122,124,125,128–130
NR	2	97
<b>Sampling method</b>		
RDS	30	32,45,47–51,56,60,62,63,66,68,72,74,79,81–85,88,90,91,93,97–101,103,105,107,108,110,112,113,115,117–119,128–130
Cluster/time-venue	3	43,44,55,108
Snowball	18	53,57,59,64,67,77,78,86,89,94,96,98,104,106,111,120–122,124,125
Purposive/convenience	17	46,54,58,65,69–71,73,75,80,92,95,102,114,123,126,127
Mix	3	52,76,116
NR	4	61,87,97
<b>Interview method<sup>¶¶</sup></b>		
FTFI	54	43,45,48–55,57–60,62–64,66–68,72,74,76–79,81–85,88,89,91–105,107,108,110–120,123,126,128–130
Confidential <sup>***</sup>	16	32,44,46,47,56,65,69–71,73,75,80,86,106,109,110,121,122,125,127
ACASI/FTFI mix	2	90,124
NR	4	61,87,97

ACASI, audio computer-assisted self-interview software; ART, anti-retroviral therapy; FTFI, face-to-face interview; LGBT, lesbian, gay, bisexual and transgender; MSM, men who have sex with men; MSW, male sex workers; NR, not reported; PBS, polling booth survey; PWID, people who inject drugs; RDS, respondent-driven sampling; SAQ, self-administered questionnaire

Continuous variables were dichotomised at the median value.

\* number of referenced articles differs from the number of studies when multiple articles report on the same study and provide different estimates for different testing and/or cascade outcomes or a single article reports on multiple studies

† high-risk MSM includes male sex workers, people who inject drugs, MSM recruited from drinking venues and STI clinics, and MSM identified as high-risk by study authors

‡ low-risk MSM includes non-PWID and MSM self-reported to be HIV-negative

§ MSM organisations includes MSM recruited from MSM/LGBT organisations/prevention activities

¶ same study included in more than one subcategory when a study reports multiple estimates across different levels of the variable

¶¶ proportion sold sex recently includes MSM who have sold sex in the past 12, 6 or 3 months

\*\*\* confidential interview methods include ACASI (N=5), pooling booth surveys (N=1), and self-administered questionnaires (N=10). All continuous variables dichotomised at the median



**Table 2.**

<b>Cascade outcome</b>	<b>N<sub>e</sub></b>	<b>Pooled estimate (%)</b>	<b>95% CI</b>	<b>I<sup>2</sup></b>
<b>HIV testing (among all MSM)</b>	132			
Ever	81	61.0	56.2 – 65.7	98%
Recently	51			
past 12 months	39	46.2	39.6 – 52.9	97%
past 6 months	8	38.8	26.0 – 52.4	96%
past 3 months	4	44.9	11.3 – 81.3	99%
<b>HIV+ aware</b>	35			
Among MSM living with HIV	35	18.2	13.0 – 23.9	91%
<b>Engagement in Care (among MSM living with HIV)</b>	6			
Ever*	2	33.7	0.0 – 92.5	99%
Current†	2	40.4	0.9 – 91.0	97%
Linked within 30 days of diagnosis	2	15.3	9.3 – 22.3	26%
<b>ART use</b>	29			
Among MSM living with HIV	20			
Ever	6	2.0	0.0 – 6.9	91%
Current	14	23.9	15.7 – 33.1	90%
Among MSM HIV+ aware	9			
Ever	3	37.3	0.0 – 90.3	94%
Current	6	53.4	36.9 – 69.5	86%
<b>Viral suppression</b>	11			
Among MSM living with HIV	4	24.7	18.8 – 31.2	50%
Among MSM HIV+ aware	3	34.4	28.3 – 40.7	0%
Among MSM currently on ART	4	75.6	64.4 – 85.5	45%

ART, antiretroviral therapy; CI, confidence interval; HIV, human immunodeficiency virus; MSM, men who have sex with men; N<sub>e</sub>, number of estimates

HIV status of MSM living with HIV and MSM HIV+ aware was confirmed in the studies with an HIV test.

\* includes ever received a CD4 test

† includes currently using cotrimoxazole and engaged in care at the start of the study

## Figures Legends for Main Text

### Figure 1. PRISMA flowchart

We included 113 articles reporting on 75 independent studies in the principal meta-analysis. ( $N_s$ =Number of studies,  $N_a$ =Number of articles).  $N_a$  can exceed  $N_s$  since more than one article can be published on the same study. One study estimating ART use only among “all MSM” was excluded. Abstracts of non-English articles were translated, where possible, and full-texts received and translated, if potentially relevant. We did not make exclusions based on language.

### Figure 2. Forest plot of the proportions of African MSM ever tested

Weighted (blank squares) and unweighted (filled squares) study estimates and their 95% CIs and pooled estimates (diamonds) and their 95% CIs are shown for proportions of MSM in Africa ever tested for HIV, overall and stratified by region of Africa. Numerators and denominators of weighted study estimates were derived from the effective sample size (see appendix p 3-4). All testing history was self-reported. Estimates that were self-calculated are indicated by a \*.

### Figure 3. Forest plot of the proportions of African MSM recently tested in the past 12, 6, and 3 months

Weighted (blank squares) and unweighted (filled squares) study estimates and their 95% CIs and pooled estimates (diamonds) and their 95% CIs are shown for proportions of MSM in Africa recently tested for HIV in the past 12 months (black), 6 months (red), and 3 months (blue), overall and stratified by region of Africa. Numerators and denominators of weighted study estimates were derived from the effective sample size (see appendix p 3-4). All testing history was self-reported. Estimates that were self-calculated are indicated by a \*.

### Figure 4. Forest plot of the proportions of African MSM HIV+ aware

Weighted (blank squares) and unweighted (filled squares) study estimates and their 95% CIs and pooled estimates (diamonds) and their 95% CIs are shown for proportions of MSM in Africa HIV+ aware, overall and stratified by region of Africa. MSM HIV+ aware are those who reported living with HIV before testing positive during the study. Numerators and denominators of weighted study estimates were derived from the effective sample size (see appendix p 3-4). Estimates that were self-calculated are indicated by a \*.

### Figure 5. Forest plot of the proportions of African MSM living with HIV ever or currently engaged in care, or linked to care within 30 days of diagnosis

Study estimates and their 95% CIs and pooled estimates (diamonds) and their 95% CIs are shown for proportions of MSM in Africa living with HIV ever or currently engaged in care, or linked to care within 30 days of diagnosis, overall and stratified by region of Africa. All study estimates were unweighted. All engagement in care was self-reported. MSM living with HIV are those who tested positive during the study. Numerators and denominators of weighted study estimates are rounded to the nearest whole number. Estimates that were self-calculated are indicated by a \*.

### Figure 6. Forest plot of the proportions of African MSM living with HIV ever or currently on ART

Weighted (blank squares) and unweighted (filled squares) study estimates and their 95% CIs and pooled estimates (diamonds) and their 95% CIs are shown for proportions of MSM in Africa living with HIV ever or currently on ART, overall and stratified by region of Africa. All ART use was self-reported. MSM living with HIV are those who tested positive during the study. Numerators and denominators of weighted study estimates were derived from the effective sample size (see appendix p 3-4). Estimates that were self-calculated are indicated by a \*.

### Figure 7. Forest plot of the proportions of African MSM HIV+ aware ever or currently on ART

Weighted (blank squares) and unweighted (filled squares) study estimates and their 95% CIs and pooled estimates (diamonds) and their 95% CIs are shown for proportions of MSM in Africa HIV+ aware ever or currently on ART, overall and stratified by region of Africa. All ART use was self-reported. MSM HIV+ aware are those who reported living with HIV before testing positive during the study. Numerators and denominators of weighted study estimates were derived from the effective sample size (see appendix p 3-4). Estimates that were self-calculated are indicated by a \*.

### Figure 8. Forest plot of the proportions of African MSM living with HIV, HIV+ aware, and currently on ART that were virally suppressed

Weighted (blank squares) and unweighted (filled squares) study estimates and their 95% CIs and pooled estimates (diamonds) and their 95% CIs are shown for proportions of MSM in Africa living with HIV, HIV+ aware, and currently on ART that were virally suppressed, overall and stratified by region of Africa. All ART use was self-reported. MSM living with HIV are those who tested positive during the study. MSM HIV+ aware are those who reported living with HIV before testing positive during the study. Numerators and denominators of weighted study estimates were derived from the effective sample size (see appendix p 3-4). Viral suppression was measured within studies with viral load testing using thresholds defined by the study authors. Estimates that were self-calculated are indicated by a \*.

**14,729** of records identified through database searching

- SCOPUS: 4,379
- Web of Science: 3,375
- Embase: 3,018
- Medline: 2,460
- Global Health: 1,479

**7,438** records after duplicates removed

**7,438** records screened

**6,882** records excluded

**556** full-text articles assessed for eligibility

**443** full-text articles excluded

- 238** No data on the HIV care cascade
- 77** No MSM/too few MSM
- 66** Conference abstracts/posters
- 55** Not in Africa
- 7** Reviews

**113** articles (75 independent studies) included in meta-analysis

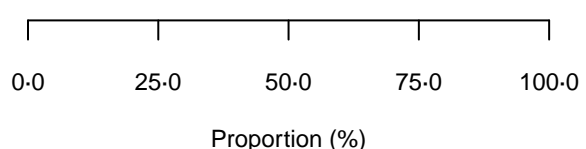
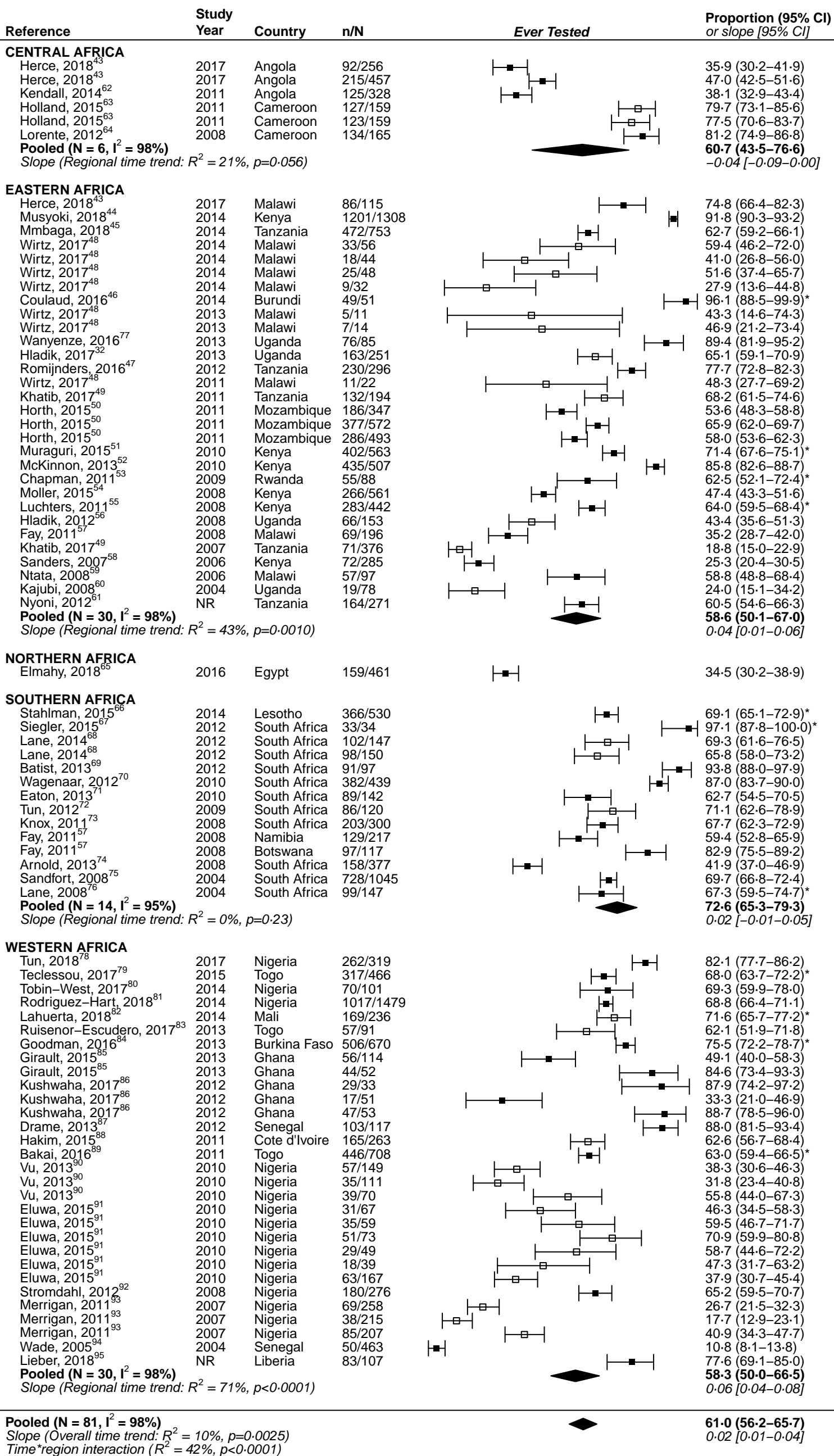
**HIV Testing:**  
Ever tested: 54 studies  
Recently tested: 33 studies

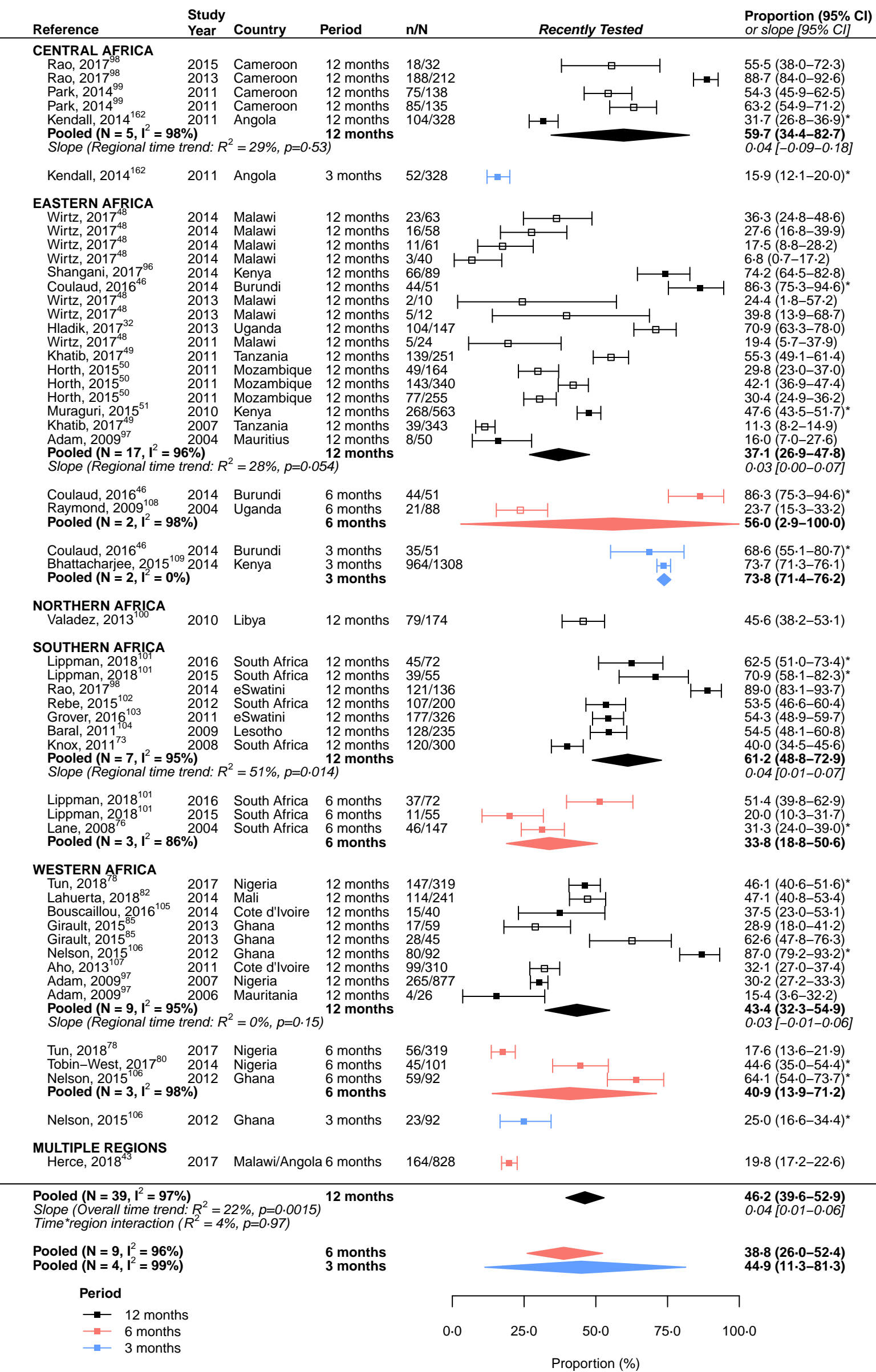
**MSM HIV+ aware:**  
23 studies

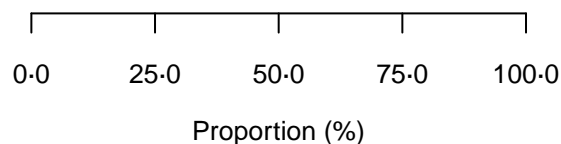
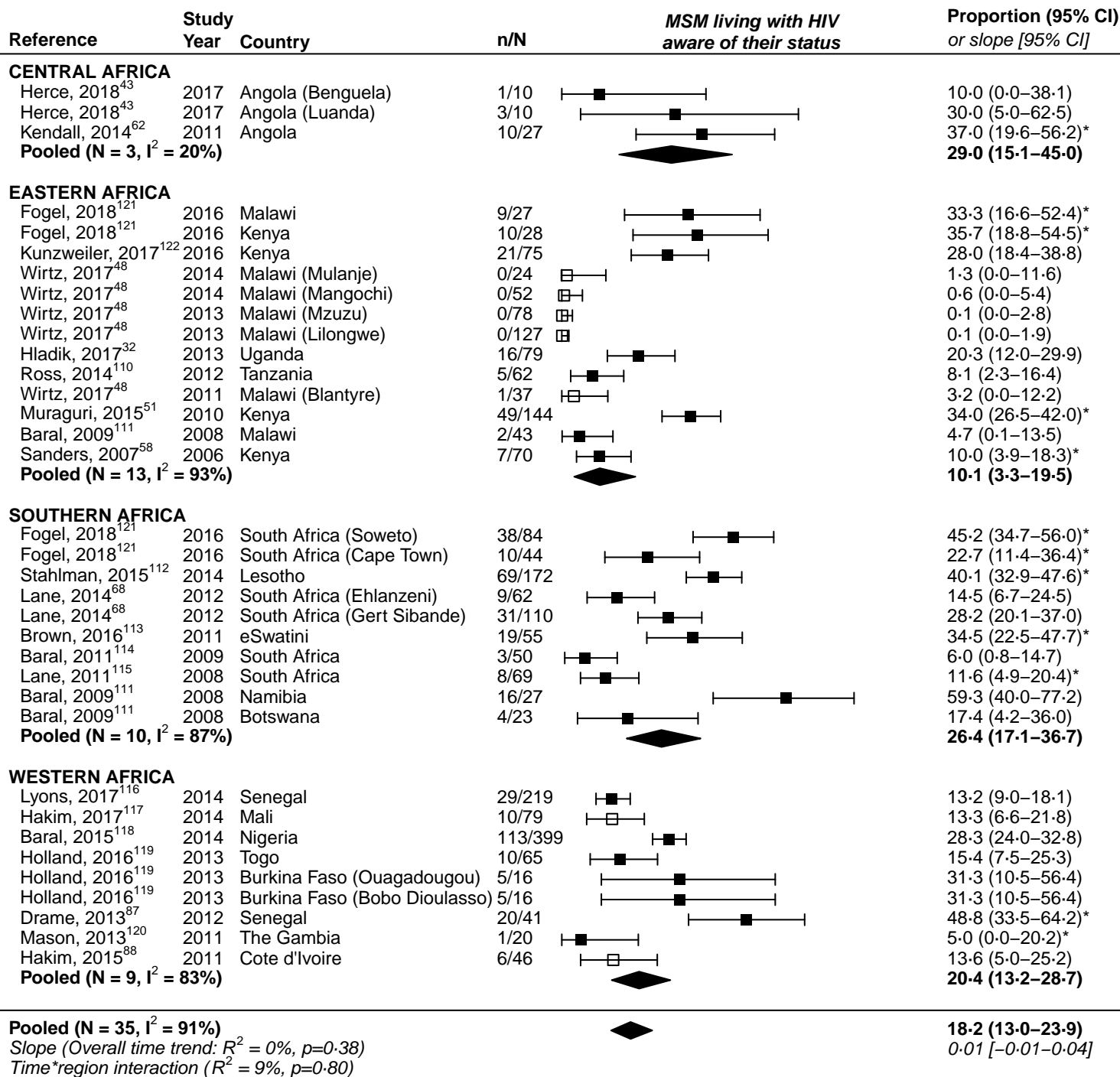
**Engagement in care:**  
5 studies

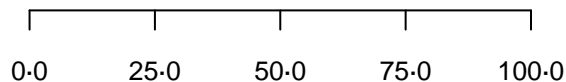
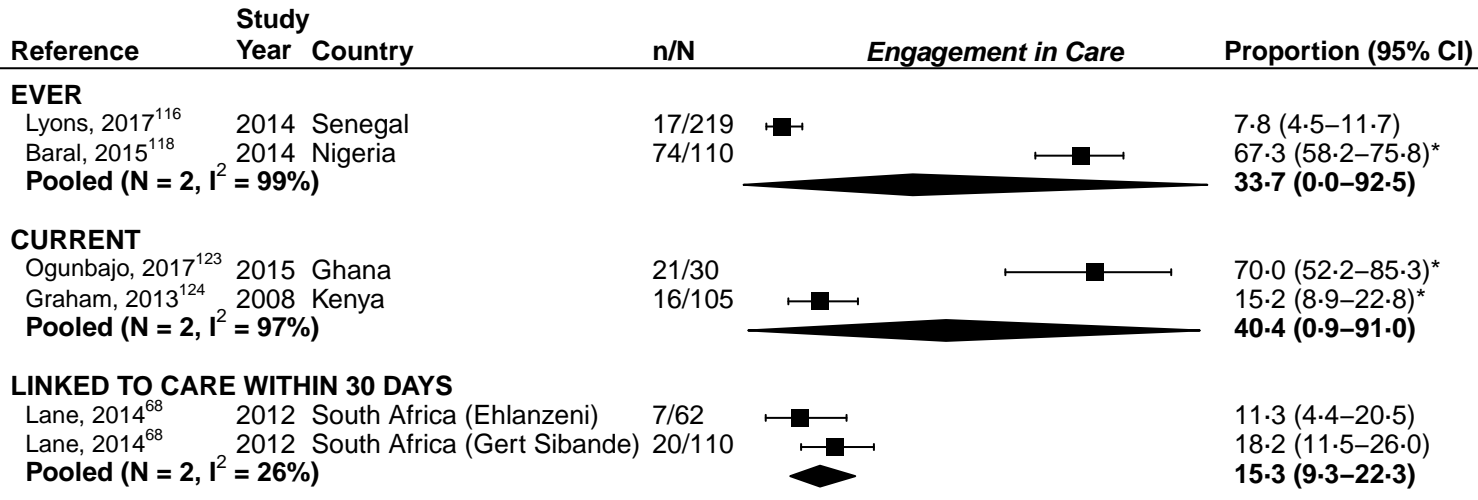
**ART Use:**  
Ever: 4 studies  
Currently: 10 studies

**Virally Suppressed:**  
5 studies









Proportion (%)



