

1 **Linezolid pharmacokinetics in South African patients with drug resistant**
2 **tuberculosis and a high prevalence of HIV co-infection**

3

4 Running title: Linezolid pharmacokinetics in drug-resistant tuberculosis

5

6 Sean Wasserman^{a#}, Paolo Denti^b, James C.M. Brust^c, Mahmoud Tareq^b, Siphokazi
7 Hlungulu^a, Lubbe Wiesner^b, Jennifer Norman^b, Frederick A. Sirgel^d, Robin M. Warren^d,
8 Aliasgar Esmail^e, Keertan Dheda^e, Neel R. Gandhi^f, Graeme Meintjes^a and Gary
9 Maartens^{a,b}

10

11 a. Wellcome Centre for Infectious Diseases Research in Africa, Institute of Infectious
12 Disease and Molecular Medicine, Department of Medicine, University of Cape Town,
13 Cape Town, South Africa

14 b. Division of Clinical Pharmacology, Department of Medicine, University of Cape
15 Town, Cape Town, South Africa

16 c. Divisions of General Internal Medicine & Infectious Diseases, Albert Einstein College
17 of Medicine, New York, United States of America

18 d. DST-NRF Centre of Excellence for Biomedical Tuberculosis Research/South African
19 Medical Research Council Centre for Tuberculosis Research, Division of Molecular
20 Biology and Human Genetics, Faculty of Medicine and Health Sciences,
21 Stellenbosch University, South Africa

22 e. Lung Infection and Immunity Unit, Department of Medicine, University of Cape
23 Town, Cape Town, South Africa

24 f. Departments of Epidemiology, Global Health and Medicine (Infectious Diseases),
25 Rollins School of Public Health and Emory School of Medicine, Emory University,
26 Atlanta, United States of America

27

28 # sean.wasserman@gmail.com

29

30 **ABSTRACT**

31

32 WHO recently recommended linezolid should be prioritized in treatment regimens for
33 drug-resistant tuberculosis (TB), but there are limited data on its pharmacokinetics (PK)
34 in this population. We conducted an observational study to explore covariate effects on
35 linezolid PK and to estimate the probability of PK/pharmacodynamic target attainment in
36 South African patients with drug-resistant TB. Consecutive adults on linezolid-based
37 regimens were recruited in Cape Town and underwent intensive PK sampling at steady-
38 state. Non-compartmental analysis was performed. Thirty participants were included: 15
39 HIV-positive, 26 on the initial dose of 600 mg daily and 4 participants on 300 mg daily
40 after dose reduction for linezolid-related toxicity. There was a negative correlation
41 between body weight and exposure with 17.4% (95% confidence interval [CI], 0.1 to
42 31.7) decrease in area under the concentration-time curve (AUC_{0-24}) per 10 kg weight
43 increment after adjustment for other covariates. Age was an independent predictor of
44 trough concentration, with an estimated 43.4% (95% CI, 5.9 to 94.2) increase per 10-
45 year increment in age. The standard 600 mg dose achieved the efficacy target of free
46 $AUC/\text{minimum inhibitory concentration (MIC)} > 119$ at wild type MIC values (≤ 0.5
47 mg/L), but the probability of target attainment dropped to 61.5% (95% CI, 40.6 to 79.8)
48 at the critical concentration of 1 mg/L. When dosed at 600 mg daily, trough
49 concentrations were above the toxicity threshold of 2 mg/L in 57.7% (95% CI, 36.9 to
50 76.6). This confirms the narrow therapeutic index of linezolid and alternative dosing
51 strategies should be explored.

52

53 **INTRODUCTION**

54 Drug-resistant TB is an ongoing global public health crisis; there were over half a million
55 incident cases in 2017 with a case fatality ratio of approximately 40%, more than double
56 that of drug-sensitive TB (1). New and repurposed drugs offer the hope of improved
57 outcomes. One such agent, the oxazolidinone linezolid, has an impressive impact on
58 treatment outcomes when added to multidrug regimens for multidrug- (MDR) and
59 extensively drug-resistant (XDR) TB (2, 3). As a result, linezolid has been promoted to
60 the list of priority 'Group A medicines' in the new WHO antituberculosis drug
61 categorization (4) and is included in the experimental arms of multiple trials of novel
62 regimens for drug-resistant TB. However, linezolid use is limited by dose- and duration-
63 related toxicity, and the optimal dosing strategy that balances efficacy and toxicity is
64 unknown (5).

65
66 The pharmacokinetics (PK) that underpins linezolid dosing is poorly defined in patients
67 with TB, particularly at the most commonly used dose of 600 mg daily and amongst
68 patients in sub-Saharan Africa where there is a high burden of HIV co-infection (6).
69 Understanding linezolid PK is important for several reasons. First, PK variability of
70 antituberculosis agents has been associated with unsuccessful treatment outcomes (7),
71 which may also lead to treatment-emergent drug resistance where drug exposure falls
72 below PK/pharmacodynamic (PD) targets (8). Population-specific factors, including
73 genetic polymorphisms, may influence drug disposition and drug effects (9), and it is
74 therefore essential to perform PK studies in diverse populations. Second, the
75 myelosuppression and neuropathy associated with linezolid use, which is often

76 treatment-limiting (3), correlates with dose and trough concentrations (10). Linezolid
77 toxicity may be increased amongst HIV-positive patients (11), which is especially
78 relevant in sub-Saharan Africa where up to 60% of patients with drug-resistant TB are
79 co-infected with HIV. Third, linezolid has limited selectivity for its ribosomal target in
80 bacteria and binds to a homologous site in human mitochondria (12). Because of these
81 shared linezolid targets in the pathogen and host, there is a narrow therapeutic window
82 for which the optimal PK targets and dose have not been defined (5), but which is likely
83 to be sensitive to PK variability. Finally, efficacy targets of antituberculosis drugs are
84 influenced by minimum inhibitory concentration (MIC) distributions for *M tuberculosis*,
85 but there are limited data on linezolid MICs in populations with drug-resistant TB (13).
86 Applying observed linezolid drug exposures to putative PK/PD parameters for efficacy
87 and toxicity may inform policy decisions around dose optimization until more robust
88 clinical targets are defined.

89

90 We aimed to describe the PK of linezolid in a population of patients with drug-resistant
91 TB and a high burden of HIV in South Africa. We also explored the effect of key
92 covariates on PK parameters and estimated the probability of PK/PD target attainment
93 corrected for the *M tuberculosis* MIC distribution in this cohort.

94

95 **MATERIALS AND METHODS**

96 *Study population*

97 We conducted a prospective observational PK/PD study of linezolid in adults treated
98 with linezolid containing regimens for drug-resistant TB in South Africa. We enrolled

99 participants from two studies: an observational cohort study of patients with pre-XDR
100 and XDR-TB on bedaquiline containing regimens (PROBeX); and from the intervention
101 arm of an open label clinical trial examining a shortened injection-free regimen for MDR-
102 TB (NExT; ClinicalTrials.gov NCT02454205). The initial dose of linezolid used in both
103 studies was 600 mg daily but was reduced to 300 mg daily in the event of toxicity at the
104 discretion of local clinicians or trial staff. Consecutive participants enrolled in the
105 intervention arm of the NExT trial and those receiving linezolid as part of standard of
106 care in PROBeX were approached to provide informed consent for intensive PK
107 sampling. Eligible participants were over the age of 18 years, had a known HIV test
108 result, and had culture-confirmed drug-resistant TB. Most of the participants in PROBeX
109 were inpatients at the time of the intensive sampling visit, and all of the NExT
110 participants attended as outpatients.

111

112 The study was approved by the ethics committees at the University of Cape Town (refs
113 264/2015 and 920/2015) and Albert Einstein College of Medicine (ref 2014-4348).

114

115 *Data collection*

116 Participants underwent PK sampling on a single occasion pre-dose and at 1, 2, 3, 4, 5,
117 6, and 24 hours after a standardized meal and observed linezolid administration. Some
118 participants in the PROBeX cohort had an additional sample taken at 8 and 48 hours as
119 part of other study procedures. The sampling visit was scheduled at Month 2 of linezolid
120 treatment and was thus performed at steady-state. Blood draws were done through a
121 peripheral intravenous catheter placed for the duration of the first day of the visit.

122 Samples were collected into 10 mL K3EDTA Vacutainer tubes and centrifuged (1,500 x
123 g for 10 minutes) within 30 minutes of collection. At least 1.5 mL of plasma was pipetted
124 into polypropylene tubes and immediately frozen at -80°C. Linezolid concentrations
125 were measured in Division of Clinical Pharmacology at the University of Cape Town
126 using a validated liquid chromatography-tandem mass spectrometry (LC-MS/MS)
127 assay. Using a deuterated internal standard, the LC-MS/MS method for linezolid was
128 validated over a calibration range of 0.100 mg/L to 30 mg/L. Over the period of sample
129 analysis (n = 8 batches), a mean percentage accuracy of 98.8 was achieved, with a
130 mean precision of 5.93 (%CV).

131

132 Because the 24-hour dose was unobserved and may have been administered prior to
133 the 24-hour sample, concentration-time profiles were inspected for each subject to
134 compare pre-dose and 24-hour concentrations. The 24-hour concentration was
135 considered highly unlikely to represent the true trough value where it exceeded the pre-
136 dose concentration and was > 50% of the concentration at the prior sampling time point
137 (6- or 8-hours). This was based on the published elimination half-life of linezolid of ~6
138 hours (14, 15), and the assumption that the 24-hour concentration would therefore fall
139 below the 6- or 8-hour concentration in the absence of additional dosing. In these
140 cases, the 24-hour concentration was imputed from either the pre-dose concentration or
141 the mean of the pre-dose and 48-hour concentrations where available (and when the
142 48-hour concentration satisfied the same criteria in relation to the pre-dose value). Pre-
143 dose concentrations reported as below the limit of assay quantification (BLQ) were
144 imputed as 50% of the lower limit of detection (i.e. 0.05 mg/L), unless there was a

145 history of missed doses prior to the PK visit, in which cases BLQ was replaced by a

146 value of '0.'

147

148 Demographic and clinical data were collected from participants at the time of the PK

149 visit, as well as from other visits as part of the parent studies. Data included HIV status,

150 linezolid dose and duration, concomitant antituberculosis drugs and antiretrovirals, and

151 most recent serum creatinine. Timing of administration of linezolid and other

152 antituberculosis drugs was recorded.

153

154 Linezolid MIC testing was performed on *M tuberculosis* isolates collected at the time of

155 entry into the parent studies using the mycobacterial growth indicator tube (MGIT)

156 system and continuous growth monitoring with Epicenter software (16). Dilutions ranged

157 from 0.25 mg/L to 2 mg/L based on the epidemiological cut off (ECOFF) value of 0.5

158 mg/L (17) and the critical concentration of 1 mg/L (13).

159

160 *Analysis*

161 Demographic and clinical characteristics were summarized and compared using the

162 Wilcoxon rank-sum test for continuous variables and χ^2 test for dichotomous variables.

163 Non-compartmental analysis was used to estimate linezolid PK parameters from

164 observed concentrations. The area under the concentration-time curve over the 24-hour

165 dosing period (AUC_{0-24}) was computed using the cubic splines method. The trough

166 concentration was defined as the plasma concentration 24 hours after observed intake

167 (actual or imputed as described above). The elimination rate constant (k_e) was

168 assessed by linear regression analysis of the last three concentrations in the terminal
169 log-linear period. The apparent clearance of the drug (CL/F) and the volume of
170 distribution after oral administration (V_d/F) were calculated using standard equations.
171

172 We performed linear regression to explore associations between clinically relevant
173 covariates and linezolid exposure. AUC_{0-24} and trough concentrations were log-
174 transformed and regressed versus weight, age, sex, ethnicity, HIV status, estimated
175 creatine clearance (calculated using the Cockcroft-Gault formula), and concurrent use
176 of ritonavir-boosted lopinavir. This latter parameter was included to explore a possible
177 drug-drug interaction with linezolid, which may be a substrate of the drug transporter P-
178 glycoprotein (18) that is inhibited by HIV protease inhibitors. Parameters with a P value
179 < 0.5 were retained in the multivariable model, using a backward stepwise approach.
180 Regression coefficients were exponentiated and transformed into a value reflecting
181 percentage change $((e^\beta - 1) \cdot 100)$ for ease of interpretation.
182

183 The PK/PD target for efficacy was defined as free AUC_{0-24}/MIC ($fAUC/MIC$) of 119,
184 based on findings from a hollow fiber infection model (19). Protein binding of 30% was
185 used to calculate $fAUC$ (15). The PK/PD parameter for toxicity was a trough
186 concentration of 2 mg/L, based on clinical data showing increased mitochondrial and
187 clinical linezolid toxicity above this threshold (10). The probability of target attainment
188 was calculated as the proportion of subjects with PK exposures above the efficacy and
189 toxicity targets. Probability distributions were constructed using kernel densities of PK

190 parameters, stratified by MIC. Statistical analysis, including non-compartmental
191 analysis, was performed using Stata version 14.2 (StataCorp).

192

193 **RESULTS**

194 *Study population*

195 Thirty-eight participants were screened between June 2016 and April 2018, and 30
196 underwent intensive PK sampling. Reasons for exclusion were discontinuation of
197 linezolid prior to the sampling visit (n = 4), withdrawal of consent (n = 2), loss to follow
198 up (n = 1), and failed intravenous access (n = 1). The demographic and clinical
199 characteristics at the time of linezolid sampling are summarized in Table 1. All
200 participants were ambulant at the time of evaluation, including the 21 participants
201 hospitalised for the PROBeX study. Five participants were on lopinavir-ritonavir-based
202 ART. Four participants were on 300 mg daily after undergoing dose reduction for
203 suspected linezolid-related toxicity, one of whom was switched to the 300 mg dose on
204 the day of the study visit and therefore was not at steady state.

205

206 *PK parameters*

207 Trough concentrations were imputed for 6 participants due to extreme outlying results
208 from presumed unobserved dosing prior to the 24-hour sample. The pre-dose
209 concentration was BLQ in 4 participants. The full dataset showing original and imputed
210 linezolid concentrations is available in the supplementary material (Table S1), along
211 with the respective concentration-time profiles for each subject (Figures S1a and S1b).

212

213 As shown in Figure 1, concentration-time profiles demonstrated high inter-individual
214 variations in plasma concentrations, with an overall coefficient of variation (%CV) of
215 40.1%. There was a rapid attainment of peak concentrations, which was similar for both
216 doses, but concentrations at early time points appeared to be highly variable. Table 2
217 summarizes the estimated PK parameters from observed linezolid concentrations,
218 disaggregated by linezolid dose. Clearance was significantly lower amongst subjects
219 who had undergone dose reduction to 300 mg daily (1.8 L/h (IQR 1.7 to 21) versus 3.1
220 L/h (IQR 2.4 to 4.3) in those remaining on 600 mg daily; $P = 0.012$), which resulted in a
221 longer half-life in the 300 mg group. There was a linear correlation between linezolid
222 trough concentrations and AUC_{0-24} ; $r = 0.5$, $P = 0.005$ (Figure S2).

223

224 *Covariate effects on PK parameters*

225 Linear regression only included participants receiving the 600 mg dose ($n = 26$) since
226 the sample size of those receiving 300 mg ($n = 4$) was too small to allow for a
227 meaningful evaluation at that dose. There was no association between HIV infection or
228 the use of lopinavir-ritonavir and linezolid exposure on univariable or multivariable
229 analysis. The final multivariable model described 33% of the variability associated with
230 AUC_{0-24} (Table 3). After adjustment for age, sex, race, and HIV status, there was a
231 negative correlation between body weight and linezolid exposure, with an estimated
232 17.4% (95% CI, 0.1 to 31.7) decrease in AUC_{0-24} per 10 kg increment. Age was
233 significantly associated with higher trough concentrations, and remained an
234 independent predictor on multivariable analysis, with an estimated 43.4% (95% CI, 5.9
235 to 94.2) increase in trough concentrations per 10-year increment in age (Table 4).

236

237 *Probability of PK/PD target attainment*

238 MIC results were available for the baseline isolates of 16 participants. The median MIC
239 was 0.5 mg/L, range 0.25 to 0.5 mg/L. At this MIC distribution, the probability of efficacy
240 target attainment, defined as a $fAUC/MIC$ of 119, was 100% (95% CI, 87 to 100) for the
241 600 mg dose of linezolid. This finding was consistent after performing a sensitivity
242 analysis using the original outlier trough concentrations. The $fAUC$ distributions across
243 four MIC strata are shown in Figure 2. Although the PK/PD target would be achieved in
244 almost all subjects at the ECOFF value of 0.5 mg/L, only 61.5% (95% CI, 40.6 to 79.8)
245 of patients would exceed an $fAUC/MIC$ of 119 at the critical concentration of 1.0 mg/L
246 (13). Trough concentrations exceeded the toxicity threshold of 2 mg/L in 57.7% (95%
247 CI, 36.9 to 76.6) of those on 600 mg daily, and in 75% (95% CI, 19.4 to 99.4) of those
248 who had undergone dose reduction to 300 mg daily. In a sensitivity analysis the
249 proportions exceeding the toxicity threshold were similar when original trough
250 concentration data were used: 67.7% (95% CI, 47.1 to 82.7) versus 60% (95% CI, 40.6
251 to 77.3) with imputed data at all doses.

252

253 **DISCUSSION**

254 We characterized the PK of linezolid in 30 South African participants with drug-resistant
255 TB and a high prevalence of HIV co-infection. We showed that age and weight were the
256 most important predictors of linezolid exposure. A major finding was that the standard
257 600 mg dose resulted in exposures that reached efficacy targets, but a substantial
258 proportion of individuals were exposed to concentrations exceeding the known toxicity

259 threshold. Of concern, at the critical concentration (1 mg/mL) efficacy targets would only
260 be achieved in 61.5%, which has implications for the programmatic use of linezolid as
261 resistance is expected to increase with more widespread use.

262

263 Despite its growing importance as a key drug for the treatment of drug-resistant TB, the
264 optimal dose and duration of linezolid for this indication is unknown. There are very
265 limited published PK data for linezolid in TB patients to help inform an effective dosing
266 strategy that minimizes both mitochondrial toxicity and the emergence of resistance.

267 Eight clinical studies reporting linezolid PK in TB treatment were identified in a recent
268 systematic review (6) but these studies had four different dosing strategies and mostly
269 did sparse sampling PK schedules, limiting their generalizability. Only two studies (n =
270 48) (2, 20) have evaluated linezolid PK at the standard dose for TB of 600 mg daily; all
271 were HIV-negative and full PK profiles were only done in 10 participants (20). Our study
272 provides a comprehensive description of plasma linezolid concentrations at the
273 recommended dose of 600 mg daily for drug-resistant TB and is the first to include HIV-
274 positive patients.

275

276 We found high interindividual PK variability, as has been observed in patients with
277 Gram-positive infections (21), particularly at early sampling time points, suggesting
278 variable absorption delay. Most of the PK variability was unexplained by the covariates
279 included in the regression model and was likely due to stochastic effects; however, this
280 needs to be quantified with formal population PK modelling, possibly incorporating an
281 absorption lag phase. Linezolid clearance was lower amongst participants who

282 underwent dose reduction to 300 mg, which could be explained by channeling bias, as
283 patients with lower linezolid clearance would have higher exposure and be more
284 susceptible to toxicity, necessitating a dose reduction. Although the sample size was
285 small, the median trough concentration with the reduced 300 mg daily doses exceeded
286 the toxicity threshold of 2 mg/L in three of four participants. This finding emphasizes the
287 need for toxicity monitoring with linezolid therapy, even after dose reduction for adverse
288 events.

289

290 The median trough concentrations were higher in our cohort compared with the two
291 previous studies of linezolid 600 mg daily in TB therapy (2, 20). Although there is
292 substantial interstudy heterogeneity in linezolid PK parameters (6), our finding may
293 suggest a longer terminal half-life with an attendant increased risk of toxicity in our
294 population. A small clinical study found a trend towards an association between HIV
295 infection and higher rates of linezolid toxicity (11); if this association is confirmed in
296 larger prospective cohorts, it is likely to be explained by predisposition to the high
297 prevalence of neuropathy and limited bone marrow reserve in people with advanced
298 HIV disease rather than higher linezolid exposure, which we did not find. We explored
299 the potential PK drug-drug interaction between linezolid and lopinavir-ritonavir as an
300 additional contributing factor to increased linezolid exposures and toxicity in HIV. An
301 association between the use of lopinavir-ritonavir and linezolid trough concentrations
302 was not detected in our cohort, but this needs confirmation with a larger sample size.

303

304 In a previous study, increasing age accounted for a small reduction (2%) in linezolid
305 clearance in patients with Gram-positive infection (22), but did not contribute to the
306 development of a population PK model of linezolid in TB (23), and did not influence
307 linezolid exposures in a study of healthy volunteers (24). By contrast, we showed a
308 significant correlation between increasing age and linezolid trough concentrations,
309 where every 10-year increment in age was associated with 43% higher trough
310 concentrations; this finding needs to be validated in similar populations. We also found
311 a significant association between weight and lower linezolid exposure in the
312 multivariable model, an association previously reported (25). These observations have
313 implications for dose selection and could inform therapeutic drug monitoring (TDM)
314 strategies for linezolid; for example, by targeting TDM to older patients and those with
315 lower weights to prevent toxicity.

316

317 PK targets for efficacy have not been established for linezolid in TB treatment. Although
318 C_{max}/MIC (26) and trough/MIC (27) have been associated with bacterial killing using *ex*
319 *vivo* and *in vitro* models, the PK/PD index most consistently linked to linezolid activity in
320 *M tuberculosis* is the $fAUC_{0-24}/MIC$ ratio (19, 28, 29). A hollow-fiber infection model,
321 which recapitulates human drug exposure, showed that optimal mycobacterial kill was
322 achieved at a $fAUC_{0-24}/MIC$ ratio of 119 (19); this was used as the PK/PD parameter in
323 a recent simulation of published linezolid PK data to determine the probability of efficacy
324 target attainment at wild type MIC values (6). Using data from 10 patients with full PK
325 profiles, with an estimated median AUC_{0-24} of 98.6 mg.h/L (23), those simulations
326 predicted that 45% would fail to achieve the target at a daily dose of 600 mg.

327 Reassuringly, in our participants linezolid exposures were higher (median AUC_{0-24} 200.2
328 mg.h/L), translating into probability of target attainment of 100% across the MIC
329 distribution in baseline isolates and 96% at the population wild type MIC cut-off of 0.5
330 mg/kg, supporting the efficacy of the 600 mg daily dose. However, linezolid exposures
331 did not exceed the putative efficacy threshold at the critical concentration of 1 mg/L in
332 38% of our subjects. With the expanding use of linezolid for TB treatment it will be
333 essential to monitor for evidence of 'MIC creep' in the population.

334

335 Unlike the PK/PD parameter for efficacy, the linezolid toxicity threshold is relatively well-
336 defined as a trough concentration of 2 mg/L, supported by clinical evidence (10) as well
337 as data from pre-clinical models showing that mitochondrial toxicity is related to trough
338 concentrations (27). Although a 600 mg daily dose was likely to reach the efficacy target
339 in our cohort, almost 58% also exceeded this threshold concentration for linezolid
340 toxicity, clearly illustrating the narrow therapeutic window of linezolid. In murine models,
341 linezolid's sterilizing ability is dose-related and can occur within 2 months of effective
342 combination therapy (30, 31). In TB patients, neurological toxicity tends occur late,
343 usually after 2 months of therapy (32). Based on these observations, an appealing
344 dosing strategy could be to provide higher linezolid doses (1,200 mg daily) for an initial
345 'intensive phase' of treatment, followed by either discontinuation, dose reduction, or
346 intermittent dosing (33) that allows longer periods within the PK safety window. This
347 strategy needs to be evaluated in prospective studies.

348

349 We acknowledge a number of limitations of our study, including the inability of non-
350 compartmental analysis to assess intra-individual PK variability, evaluation at only a
351 single time point during treatment, an incomplete PK profile and non-steady state
352 dosing for one participant each, and small numbers of participants receiving the
353 reduced 300 mg dose. Importantly, we had to impute the trough concentrations for six
354 participants due to extremely high values after suspected unobserved dosing prior to
355 the 24-hour sample. If anything, inclusion of the original data would have biased the
356 results towards higher trough concentrations and overall exposures. Thus, our reported
357 findings may represent a conservative estimate of both efficacy and toxicity target
358 attainment.

359

360 In conclusion, we found substantial variability in linezolid drug concentrations in this
361 cohort of patients with drug-resistant TB and a high prevalence of HIV infection. Much of
362 this variability was unexplained, but age and weight were identified as predictors of
363 trough concentrations and exposure, respectively. The standard 600 mg dose is likely to
364 achieve efficacy targets for *M tuberculosis* isolates with linezolid wild type MICs. The
365 clinical impact of this needs to be evaluated by linking linezolid PK to toxicity and
366 efficacy endpoints. In the meantime, the expanding use of linezolid 600 mg daily for
367 drug-resistant TB should be supported by programmatic surveillance of MICs and
368 adverse events. Alternative dosing strategies and TDM should be explored to optimize
369 the use of this important but toxic antituberculosis agent.

370

371 **ACKNOWLEDGEMENTS**

372 SW is supported by the European & Developing Countries Clinical Trials Partnership
373 (CDF1018) and the Wellcome Trust (203135/Z/16/Z). JCMB is supported by the US.
374 National Institutes of Health (R01AI114304 and P30AI124414). GrM was supported by
375 the Wellcome Trust (098316 and 203135/Z/16/Z), the South African Research Chairs
376 Initiative of the Department of Science and Technology and National Research
377 Foundation (NRF) of South Africa (Grant No 64787), NRF incentive funding (UID:
378 85858) and the South African Medical Research Council through its TB and HIV
379 Collaborating Centres Programme with funds received from the National Department of
380 Health (RFA# SAMRC-RFA-CC: TB/HIV/AIDS-01-2014). AE is supported by the
381 European & Developing Countries Clinical Trials Partnership (TMA2015). KD is
382 supported by the SA MRC, SA NRF and the EDCTP. NRG received funding from the
383 US. National Institutes of Health (R01AI114304 and K24AI114444). GaM was
384 supported in part by the NRF incentive funding (UID: 85810). The University of Cape
385 Town (UCT) Clinical PK Laboratory is supported by the National Institute of Allergy and
386 Infectious Diseases (NIAID) of the National Institutes of Health under award numbers
387 UM1 AI068634, UM1 AI068636, and UM1 AI106701.
388
389 The funders had no role in the study design, data collection, data analysis, data
390 interpretation, or writing of this report. The opinions, findings and conclusions expressed
391 in this manuscript reflect those of the authors alone.

392

393 REFERENCES

394 1. World Health Organization. 2018. Global tuberculosis report 2018. Geneva.

- 395 2. Lee M, Lee J, Carroll MW, Choi H, Min S, Song T, Via LE, Goldfeder LC, Kang E,
396 Jin B, Park H, Kwak H, Kim H, Jeon HS, Jeong I, Joh JS, Chen RY, Olivier KN,
397 Shaw PA, Follmann D, Song SD, Lee JK, Lee D, Kim CT, Dartois V, Park SK,
398 Cho SN, Barry CE, 3rd. 2012. Linezolid for treatment of chronic extensively drug-
399 resistant tuberculosis. *N Engl J Med* 367:1508-18.
- 400 3. Zhang X, Falagas ME, Vardakas KZ, Wang R, Qin R, Wang J, Liu Y. 2015.
401 Systematic review and meta-analysis of the efficacy and safety of therapy with
402 linezolid containing regimens in the treatment of multidrug-resistant and
403 extensively drug-resistant tuberculosis. *J Thorac Dis* 7:603-15.
- 404 4. World Health Organization. 2018. Rapid communication: key changes to
405 treatment of multidrug- and rifampicin-resistant tuberculosis (MDR/RR-TB).
406 Geneva.
- 407 5. Wasserman S, Meintjes G, Maartens G. 2016. Linezolid in the treatment of drug-
408 resistant tuberculosis: the challenge of its narrow therapeutic index. *Expert Rev*
409 *Anti Infect Ther* 14:901-15.
- 410 6. Millard J, Pertinez H, Bonnett L, Hodel EM, Dartois V, Johnson JL, Caws M,
411 Tiberi S, Bolhuis M, Alffenaar JC, Davies G, Sloan DJ. 2018. Linezolid
412 pharmacokinetics in MDR-TB: a systematic review, meta-analysis and Monte
413 Carlo simulation. *J Antimicrob Chemother* doi:10.1093/jac/dky096.
- 414 7. Pasipanodya JG, Srivastava S, Gumbo T. 2012. Meta-analysis of clinical studies
415 supports the pharmacokinetic variability hypothesis for acquired drug resistance
416 and failure of antituberculosis therapy. *Clin Infect Dis* 55:169-77.

- 417 8. Srivastava S, Pasipanodya JG, Meek C, Leff R, Gumbo T. 2011. Multidrug-
418 resistant tuberculosis not due to noncompliance but to between-patient
419 pharmacokinetic variability. *J Infect Dis* 204:1951-9.
- 420 9. Wilkinson GR. 2005. Drug metabolism and variability among patients in drug
421 response. *N Engl J Med* 352:2211-21.
- 422 10. Song T, Lee M, Jeon H-S, Park Y, Dodd LE, Dartois V, Follman D, Wang J, Cai
423 Y, Goldfeder LC, Olivier KN, Xie Y, Via LE, Cho SN, Barry CE, Chen RY. 2015.
424 Linezolid trough concentrations correlate with mitochondrial toxicity-related
425 adverse events in the treatment of chronic extensively drug-resistant
426 tuberculosis. *EBioMedicine* 2:1627-1633.
- 427 11. Hughes J, Isaakidis P, Andries A, Mansoor H, Cox V, Meintjes G, Cox H. 2015.
428 Linezolid for multidrug-resistant tuberculosis in HIV-infected and -uninfected
429 patients. *Eur Respir J* 46:271-4.
- 430 12. De Vriese AS, Coster RV, Smet J, Seneca S, Lovering A, Van Haute LL,
431 Vanopdenbosch LJ, Martin JJ, Groote CC, Vandecasteele S, Boelaert JR. 2006.
432 Linezolid-induced inhibition of mitochondrial protein synthesis. *Clin Infect Dis*
433 42:1111-7.
- 434 13. World Health Organization. 2018. Technical Report on critical concentrations for
435 drug susceptibility testing of medicines used in the treatment of drug-resistant
436 tuberculosis. Geneva.
- 437 14. Alffenaar JW, van Altena R, Harmelink IM, Filguera P, Molenaar E, Wessels AM,
438 van Soolingen D, Kosterink JG, Uges DR, van der Werf TS. 2010. Comparison of
439 the pharmacokinetics of two dosage regimens of linezolid in multidrug-resistant

- 440 and extensively drug-resistant tuberculosis patients. Clin Pharmacokinet 49:559-
441 65.
- 442 15. Stalker DJ, Jungbluth GL. 2003. Clinical pharmacokinetics of linezolid, a novel
443 oxazolidinone antibacterial. Clin Pharmacokinet 42:1129-40.
- 444 16. Springer B, Lucke K, Calligaris-Maibach R, Ritter C, Bottger EC. 2009.
445 Quantitative drug susceptibility testing of *Mycobacterium tuberculosis* by use of
446 MGIT 960 and EpiCenter instrumentation. J Clin Microbiol 47:1773-80.
- 447 17. Schon T, Jureen P, Chryssanthou E, Giske CG, Sturegard E, Kahlmeter G,
448 Hoffner S, Angeby KA. 2011. Wild-type distributions of seven oral second-line
449 drugs against *Mycobacterium tuberculosis*. Int J Tuberc Lung Dis 15:502-9.
- 450 18. Bolhuis MS, van Altena R, van Soolingen D, de Lange WC, Uges DR, van der
451 Werf TS, Kosterink JG, Alffenaar JW. 2013. Clarithromycin increases linezolid
452 exposure in multidrug-resistant tuberculosis patients. Eur Respir J 42:1614-21.
- 453 19. Srivastava S, Magombedze G, Koeuth T, Sherman C, Pasipanodya JG, Raj P,
454 Wakeland E, Deshpande D, Gumbo T. 2017. Linezolid dose that maximizes
455 sterilizing effect while minimizing toxicity and resistance emergence for
456 tuberculosis. Antimicrob Agents Chemother 25;61(8).
- 457 20. Dietze R, Hadad DJ, McGee B, Molino LP, Maciel EL, Peloquin CA, Johnson DF,
458 Debanne SM, Eisenach K, Boom WH, Palaci M, Johnson JL. 2008. Early and
459 extended early bactericidal activity of linezolid in pulmonary tuberculosis. Am J
460 Respir Crit Care Med 178:1180-5.
- 461 21. Boak LM, Rayner CR, Grayson ML, Paterson DL, Spelman D, Khumra S,
462 Capitano B, Forrest A, Li J, Nation RL, Bulitta JB. 2014. Clinical population

- 463 pharmacokinetics and toxicodynamics of linezolid. *Antimicrob Agents Chemother*
464 58:2334-43.
- 465 22. Tsuji Y, Holford NH, Kasai H, Ogami C, Heo YA, Higashi Y, Mizoguchi A, To H,
466 Yamamoto Y. 2017. Population pharmacokinetics and pharmacodynamics of
467 linezolid-induced thrombocytopenia in hospitalized patients. *Br J Clin Pharmacol*
468 83(8):1758-1772.
- 469 23. McGee B, Dietze R, Hadad DJ, Molino LP, Maciel EL, Boom WH, Palaci M,
470 Johnson JL, Peloquin CA. 2009. Population pharmacokinetics of linezolid in
471 adults with pulmonary tuberculosis. *Antimicrob Agents Chemother* 53:3981-4.
- 472 24. Sisson TL, Jungbluth GL, Hopkins NK. 2002. Age and sex effects on the
473 pharmacokinetics of linezolid. *Eur J Clin Pharmacol* 57:793-7.
- 474 25. Abe S, Chiba K, Cirincione B, Grasela TH, Ito K, Suwa T. 2009. Population
475 pharmacokinetic analysis of linezolid in patients with infectious disease:
476 application to lower body weight and elderly patients. *J Clin Pharmacol* 49:1071-
477 8.
- 478 26. Wallis RS, Jakubiec WM, Kumar V, Silvia AM, Paige D, Dimitrova D, Li X,
479 Ladutko L, Campbell S, Friedland G, Mitton-Fry M, Miller PF. 2010.
480 Pharmacokinetics and whole-blood bactericidal activity against *Mycobacterium*
481 tuberculosis of single doses of PNU-100480 in healthy volunteers. *J Infect Dis*
482 202:745-51.
- 483 27. Brown AN, Drusano GL, Adams JR, Rodriguez JL, Jambunathan K, Baluya DL,
484 Brown DL, Kwara A, Mirsalis JC, Hafner R, Louie A. 2015. Preclinical evaluations
485 to identify optimal linezolid regimens for tuberculosis therapy. *MBio* 6:e01741-15.

- 486 28. Williams KN, Stover CK, Zhu T, Tasneen R, Tyagi S, Grosset JH, Nuermberger
487 E. 2009. Promising antituberculosis activity of the oxazolidinone PNU-100480
488 relative to that of linezolid in a murine model. *Antimicrob Agents Chemother*
489 53:1314-9.
- 490 29. Deshpande D, Srivastava S, Pasipanodya JG, Bush SJ, Nuermberger E,
491 Swaminathan S, Gumbo T. 2016. Linezolid for infants and toddlers with
492 disseminated tuberculosis: first steps. *Clin Infect Dis* 63:S80-s87.
- 493 30. Zhao W, Guo Z, Zheng M, Zhang J, Wang B, Li P, Fu L, Liu S. 2014. Activity of
494 linezolid-containing regimens against multidrug-resistant tuberculosis in mice. *Int*
495 *J Antimicrob Agents* 43:148-53.
- 496 31. Tasneen R, Betoudji F, Tyagi S, Li SY, Williams K, Converse PJ, Dartois V, Yang
497 T, Mendel CM, Mdluli KE, Nuermberger EL. 2016. Contribution of oxazolidinones
498 to the efficacy of novel regimens containing bedaquiline and pretomanid in a
499 mouse model of tuberculosis. *Antimicrob Agents Chemother* 60:270-7.
- 500 32. Sotgiu G, Centis R, D'Ambrosio L, Alffenaar JW, Anger HA, Caminero JA,
501 Castiglia P, De Lorenzo S, Ferrara G, Koh WJ, Schechter GF, Shim TS, Singla R,
502 Skrahina A, Spanevello A, Udwadia ZF, Villar M, Zampogna E, Zellweger JP,
503 Zumla A, Migliori GB. 2012. Efficacy, safety and tolerability of linezolid containing
504 regimens in treating MDR-TB and XDR-TB: systematic review and meta-
505 analysis. *Eur Respir J* 40:1430-42.
- 506 33. Chang KC, Yew WW, Cheung SW, Leung CC, Tam CM, Chau CH, Wen PK,
507 Chan RC. 2013. Can intermittent dosing optimize prolonged linezolid treatment of

508 difficult multidrug-resistant tuberculosis? Antimicrob Agents Chemother 57:3445-
509 9.
510
511

512 **FIGURE LEGENDS**

513

514 **Figure 1. Plasma free concentration-time data for 30 subjects on linezolid.**

515 The grey lines represent concentration-time profiles for individual subjects; green dotted
516 line is the median for the 600 mg dose, blue dotted line is the median for the 300 mg
517 dose. The horizontal red line on the y-axis represents the critical concentration of
518 linezolid of *M tuberculosis* (1 mg/L).

519

520 **Figure 2. Probability density distributions for efficacy target attainment of**
521 **linezolid for subjects on 600 mg daily.**

522 The solid vertical line on the x-axis represents the experimentally-derived efficacy target
523 $fAUC/MIC_{0-24}$ of 119. Note the log-scale on the x-axis.

524

525

526

527 **TABLES**

528

529 **Table 1. Demographic and clinical characteristics**

| Variable | N = 30 |
|------------------------------|-------------------------------|
| Age, years | 33 (27 – 44) |
| Male sex | 19 (63) |
| Weight, kg | 58.5 (49.8 – 67.6) |
| Height, cm | 164.5 (158 – 172) |
| BMI, kg/m ² | 20.2 (18.1 – 25.5) |
| Ethnicity | |
| Black | 14 (47) |
| Mixed | 16 (53) |
| Baseline resistance pattern | |
| MDR-TB | 9 (30) |
| XDR-TB | 21 (60) |
| HIV positive | 15 (50) |
| Current ART | 15 (100) |
| Current LPV/r | 5 (33) |
| Creatinine, μ mol/L | 65 (53 – 71) |
| Creatinine clearance, mL/min | 116 (103 – 139) |
| Duration on linezolid, days | 59 (55 – 63), range (20 – 95) |
| Daily dose 600 mg | 26 (87) |
| Dose, mg/kg | 10.0 (8.3 – 11.5) |

530 Data are median (IQR) or n (%). BMI, body mass index; ART, antiretroviral therapy;

531 LPV/r, lopinavir-ritonavir.

532

533

534 **Table 2. PK parameters**

| Variable | 600 mg (n = 26) | 300 mg (n = 4) | Overall (n = 30) |
|-----------------------------------|-----------------------|-----------------------|-----------------------|
| AUC ₀₋₂₄ , mg·h/L | 200.2 (139.9 – 250.8) | 165.8 (144.3 – 173.7) | 178.9 (139.9 – 244.4) |
| CV (%) | 41.0 | 13.2 | 40.1 |
| K _e , h ⁻¹ | 0.08 (0.07 - 0.11) | 0.06 (0.06 – 0.09) | 0.08 (0.07 – 0.11) |
| T _{1/2} , h | 8.4 (6.3 – 9.8) | 11.2 (8.6 – 11.9) | 9.1 (6.3 – 10.3) |
| C _{max} , mg/L | 14.6 (13.4 – 18.1) | 8.4 (8.2 – 9.8) | 14.0 (12.0 – 17.4) |
| T _{max} , h | 3 (2 – 4) | 2 (2 – 2) | 3 (2 – 4) |
| Trough, mg/L | 3.4 (1.6 – 5.1) | 2.4 (1.9 – 2.6) | 2.9 (1.6 – 5.1) |
| | 74.0 | 47.7 | 73.0 |
| CL/F, L/h* | 3.1 (2.4 – 4.3) | 1.8 (1.7 – 2.1) | 2.6 (2.3– 4.1) |
| CV (%) | 69.4 | 14.7 | 71.4 |
| V _d /F, L [#] | 37.8 (24.4 – 54.8) | 31.2 (21.6 – 35.9) | 36.8 (25.4 – 45.3) |

535 Data are median (IQR). AUC₀₋₂₄, area under the 24-hour concentration-time curve; K_e,
536 elimination constant; T_{1/2}, elimination half-life; C_{max}, maximum concentration; T_{max}, time
537 of maximum concentration; Trough, 24-hour/pre-dose concentration; CL/F, clearance;
538 V_d, volume of distribution; CV, coefficient of variation. *Dose/AUC, [#]CL/k_e

539

540

541 **Table 3. Univariable and multivariable linear regression models describing**
 542 **associations between the AUC₀₋₂₄ for linezolid 600 mg daily and selected**
 543 **covariates.**

| n = 26 | Univariable | | Multivariable | |
|--------------------------------|---|---------|---|---------|
| | AUC ₀₋₂₄ change* % (95% CI) | P value | AUC ₀₋₂₄ change* % (95% CI) | P value |
| Male sex | -13.0 (-42.2 – 30.9) | 0.488 | -24.9 (-49.9 – 12.6) | 0.156 |
| Age Per 10-year increase | 7.3 (-11.2 – 29.6) | 0.452 | 18.7 (-2.1 – 43.9) | 0.078 |
| Black African | 9.6 (-26.5 – 63.5) | 0.641 | -17.3 (-33.1 – 2.2) | 0.075 |
| Weight Per 10 kg increase | -11.9 (-25.8 – 4.4) | 0.136 | -17.4 (-0.1 – -31.7) | 0.049 |
| BMI, kg/m ² | -1.6 (-5.9 – 2.9) | 0.458 | | |
| HIV positive | -14.3 (-42.3 – 27.5) | 0.430 | -27.2 (-53.5 – 13.8) | 0.154 |
| Current LPV/r | -18.9 (-50.9 – 43.1) | 0.399 | | |
| Dose, mg/kg | 7.5 (-2.3 – 18.2) | 0.132 | | |

| | | | |
|---------------------------------|-------------------|-------|--|
| Creatinine clearance, mL/min | -0.5 (-1.1 – 0.1) | 0.108 | |
|---------------------------------|-------------------|-------|--|

544 *Percentage change in AUC_{0-24} calculated as $[(e^{\beta} - 1) \cdot 100]$. BMI, body mass index. BMI,
545 body mass index; LPV/r, lopinavir-ritonavir. Variables were excluded from the final
546 multivariable model due to collinearity or as a result of backward elimination after
547 exceeding the P-value inclusion threshold.
548
549

550 **Table 4. Univariable and multivariable linear regression models describing**
 551 **associations between linezolid 600 mg daily trough concentrations and selected**
 552 **covariates.**

| n = 26 | Univariable | | Multivariable | |
|---------------------------------|-----------------------------|------------|-----------------------------|------------|
| | Trough change % (95% CI) | P value | Trough change % (95% CI) | P value |
| Male sex | 10.7 (-41.5 – 109.9) | 0.744 | | |
| Age Per 10-year increase | 37.4 (5.4 – 79.2) | 0.021 | 43.4 (5.9 – 94.2) | 0.022 |
| Black African | 26.1 (-31.9 – 133.3) | 0.445 | -13.8 (-37.4 – 18.7) | 0.346 |
| Weight Per 10 kg increase | 9.3 (-17.1 – 43.9) | 0.514 | | |
| BMI, kg/m ² | 1.0 (-5.8 – 8.4) | 0.770 | | |
| HIV positive | 16.1 (-37.7 – 116.2) | 0.625 | -27.9 (-66.9 – 56.4) | 0.389 |
| Current LPV/r | 11.5 (-49.4 – 145.5) | 0.778 | 37.1 (-42.9 – 229.6) | 0.463 |
| Dose, mg/kg | -4.3 (-17.9 – 11.6) | 0.560 | | |
| Creatinine clearance, mL/min | -0.2 (-1.2 – 0.8) | 0.650 | | |

553 *Percentage change in trough concentrations calculated as $[(e^{\beta} - 1) \cdot 100]$. BMI, body
 554 mass index; LPV/r, lopinavir-ritonavir. Variables were excluded from the final

555 multivariable model due to collinearity or as a result of backward elimination after
556 exceeding the P-value inclusion threshold.

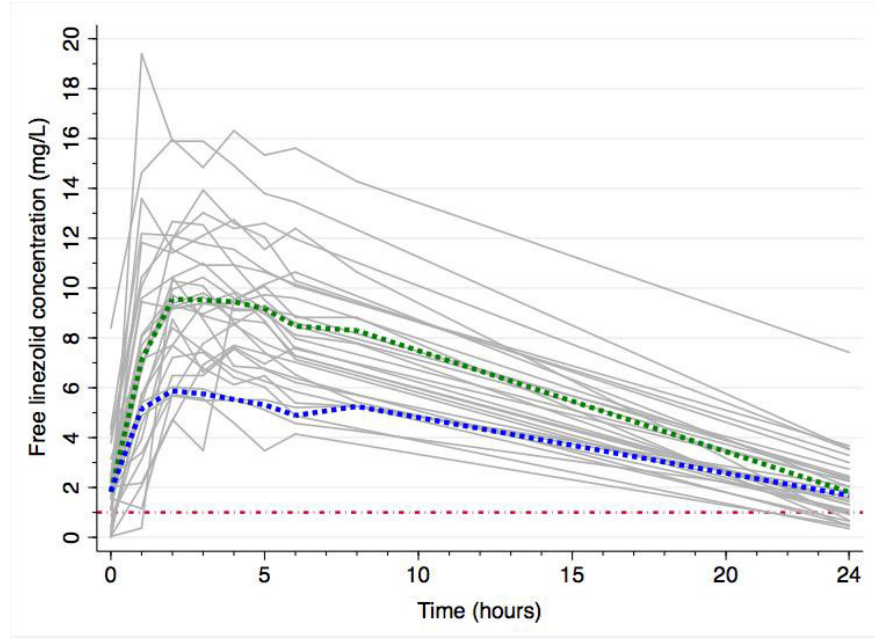


Figure 1. Plasma free concentration-time data for 30 subjects on linezolid.

The grey lines represent concentration-time profiles for individual subjects; green dotted line is the median for the 600 mg dose, blue dotted line is the median for the 300 mg dose. The horizontal red line on the y-axis represents the critical concentration of linezolid of *M tuberculosis* (1 mg/L).

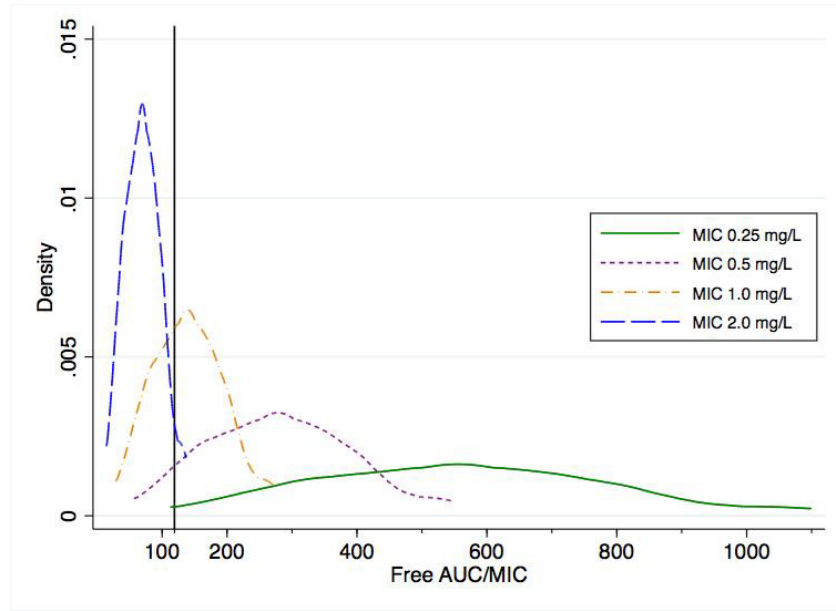


Figure 2. Probability density distributions for efficacy target attainment of linezolid for subjects on 600 mg daily.

The solid vertical line on the x-axis represents the experimentally-derived efficacy target $FAUC/MIC_{0-24}$ of 119. Note the log-scale on the x-axis.