Highlights

**→** Cycling has increased by 10% in Denmark over the last two decades

**→**Cycling related injuries have declined and are only 45% as compared to the level 1998

**→**In Copenhagen these opposite trends are even more marked with an increase of 30% in cycling while cycling related injuries decreased to one third of previous injuries

**→**Cycling may annually prevent 3228 T2D cases, 5242 CVD cases and 2205 cancers and 6189 deaths.

**→**In 2015, 26 cyclists were killed in the traffic, 512 were seriously injured and 297 experienced minor injuries in the whole country.