- 1 Diagnostic accuracy of a prototype rapid chlamydia and gonorrhoea recombinase
- 2 polymerase amplification assay: a multi-centre cross-sectional pre-clinical evaluation
- 3

4 Running title: Prototype CT/NG RPA assay early evaluation

5

6 **Authors**:

- 7 Emma M. Harding-Esch (1) (2) eharding@sgul.ac.uk
- 8 Sebastian S. Fuller (1) (2) sfuller@sgul.ac.uk
- 9 S-L Christine Chow (1) christine.chow@imperial.ac.uk
- 10 Achyuta V. Nori (1) (2) (3) achyuta.nori@nhs.net
- 11 Mark A. Harrison (1) Mark.Harrison1@lshtm.ac.uk
- 12 Mathew Parker (4) m.parker@TWISTDx.co.uk
- 13 Olaf Piepenburg (4) o.piepenburg@TWISTDx.co.uk
- 14 Matthew S. Forrest (4) M.Forrest@TWISTDx.co.uk
- 15 David G. Brooks (4) d.brooks@TWISTDx.co.uk
- 16 Rajul Patel (5) prj467@gmail.com
- 17 Phillip Hay (3) phillip.hay@stgeorges.nhs.uk
- 18 Nicola Fearnley (6) nicola.fearnley@bthft.nhs.uk
- 19 Marcus J. Pond (1) marcus.pond@phe.gov.uk
- 20 J Kevin Dunbar (2) kevin.dunbar@phe.gov.uk
- 21 Philip D. Butcher (1) butcherp@sgul.ac.uk
- 22 Timothy Planche (1) (3) tim.planche@nhs.net
- 23 Catherine M. Lowndes (2) (1) cmlowndes@googlemail.com
- 24 S Tariq Sadiq (1) (2) (3)* ssadiq@sgul.ac.uk
- 25
- 26 * Corresponding author
- 27 Applied Diagnostic Research & Evaluation Unit (ADREU)
- 28 Institute for Infection & Immunity

29	St George's University of London,
30	London, SW17 0RE, UK
31	ssadiq@sgul.ac.uk
32	Tel: +44 (0)20 8725 5740/3355
33	Fax: +44 (0)20 8725 0137
34	
35	
36	Affiliations:
37	(1) Applied Diagnostic Research & Evaluation Unit (ADREU), Institute for Infection &
38	Immunity, St George's University of London, UK
39	(2) HIV/STI Department, National Infection Service, Public Health England, UK
40	(3) St George's University Hospitals NHS Foundation Trust, London, UK
41	(4) TwistDx Limited, Cambridge, UK
42	(5) Department of Sexual Health, University of Southampton, UK
43	(6) Bradford Teaching Hospitals NHS Foundation Trust, UK
44	
45	Word count: 2664
46	
47	Intended category: Original article
48	
49	Key words:
50	Chlamydia trachomatis; Neisseria gonorrhoeae; Nucleic Acid Amplification Tests; Point-of-
51	care; performance evaluation; diagnostic accuracy
52	
53	
54	

55 ABSTRACT

56 **Objectives**

57 Rapid and accurate sexually transmitted infection diagnosis can reduce onward transmission 58 and improve treatment efficacy. We evaluated the accuracy of a 15-minute run-time 59 recombinase polymerase amplification (RPA)-based prototype point-of-care test (TwistDx) for 60 *Chlamydia trachomatis* (CT) and *Neisseria gonorrhoeae* (NG).

61

62 Methods

Prospective, multi-centre study of symptomatic and asymptomatic patients attending three English sexual health clinics. Research samples provided were: additional self-collected vulvo-vaginal swab (SCVS) (females); first-catch urine (FCU) aliquot (females and males). Samples were processed blind to the comparator (routine clinic CT/NG Nucleic Acid Amplification Test (NAAT)) results. Discrepancies were resolved using Cepheid CT/NG GeneXpert.

69

70 **Results**

Both RPA and routine clinic NAAT results were available for 392 males and 395 females. CT
positivity was 8.9% (35/392) (male FCU), 7.3% (29/395) (female FCU) and 7.1% (28/395)
(SCVS). Corresponding NG positivity was 3.1% (12/392), 0.8% (3/395) and 0.8% (3/395).

74

Specificity and positive predictive values (PPVs) were 100% for all sample types and both organisms, except male CT FCU (99.7% specificity (95% confidence interval (CI) 98.4-100.0; 356/357), 97.1% PPV (95%CI 84.7-99.9; 33/34)). For CT, sensitivity was ≥94.3% for FCU and SCVS. CT sensitivity for female FCU was higher (100%, 95%CI 88.1-100; 29/29) than for SCVS (96.4%, 95%CI 81.7-99.9; 27/28). NG sensitivity and negative predictive values were 100% in FCU (male and female).

81

82 Conclusions

This prototype test has excellent performance characteristics, comparable to currently-used
NAATs, and fulfils several WHO ASSURED criteria. Its rapidity without loss of performance
suggests that once further developed and commercialised, this test could positively impact
clinical practice and public health.

88 INTRODUCTION

Chlamydia trachomatis (CT) and *Neisseria gonorrhoeae* (NG) are major contributors to the burden of sexually transmitted infections (STIs) in England and elsewhere [1, 2]. They are frequently asymptomatic (especially in women) [3], commonly remaining undiagnosed, and if untreated can lead to serious complications [4, 5].

93

94 Currently, it can take up to two weeks to obtain CT and NG results and treatment after STI 95 testing in sexual health clinics (SHCs) in the UK [6], but delays may be considerably longer in 96 other settings [7]. During this period, sexual risk-taking may continue, including acquisition of 97 new partners [8]. Rapid and accurate CT/NG point-of-care tests (POCTs), enabling diagnosis 98 and treatment of infected patients within the same clinical visit [9] (a "test-and-treat" strategy), 99 could potentially reduce rates of inappropriate presumptive treatment, shorten time to 100 treatment, decrease rates of untreated CT and NG for patients lost to follow-up, limit onward 101 transmission, and reduce rates of sequelae [10-12].

102

103 British Association for Sexual Health and HIV (BASHH) guidelines state that CT and NG 104 detection must use nucleic acid amplification tests (NAATs) (and/or culture for NG) [5, 13]. A 105 number of rapid and POC NAAT-based tests for CT and NG are being, or have recently been, 106 developed [14]. Newer NAAT technologies that use isothermal amplification, avoiding the 107 need for thermal cycling, have potential to enable fast turnaround times from sample-to-result. 108 TwistDx Ltd. (Cambridge, UK) have developed an isothermal Recombinase Polymerase 109 Amplification (RPA) method, which can detect CT/NG infection (single NG target) in 110 approximately 15 minutes, requires no thermal cycling, can be battery-powered, and has a 111 reaction temperature of 37°C. The RPA CT/NG assay is run on the Alere™ i instrument (Alere, 112 Massachusetts, USA). The TwistDx RPA CT/NG assay is therefore an excellent candidate for 113 development as a "true" molecular CT/NG POCT, allowing for test-and-treat pathways in 114 SHCs, community and resource-poor settings [15].

We aimed to assess the diagnostic accuracy of the prototype TwistDx RPA assay for genital
CT and NG detection on prospectively collected clinical samples from males and females in
English SHCs.

119

120 METHODS

Ethical approval was granted by the London Bridge Research Ethics Committee (REC
Reference 13/LO/0691). This manuscript was written following Standards for Reporting
Diagnostic Accuracy (STARD) guidelines (see web-only Supplementary Table S1) [16].

124

125 Sample size and recruitment

This prospective multi-centre diagnostic accuracy evaluation was powered to obtain a minimum of 50 CT and 20 NG positive, and 200 negative, samples for both male and female participants. Assuming 92% sensitivity and 99% specificity of the RPA CT/NG assay compared to standard NAATs, the 95% confidence intervals (CIs) obtained would be 81.2-96.8% and 96.4-99.9%, respectively.

131

Assuming a CT prevalence of 8.3% (based on Genito-Urinary Medicine Clinical Activity Dataset (GUMCAD) [17] data from the South London SHC), 600 individuals would lead to the requisite number of CT positive and negative samples. With a lower expected NG prevalence of 3%, 800 participants were needed. In order to allow sub-group analysis by gender, we planned to recruit 400 males and 400 females.

137

138 Study sites and participant selection

Three SHCs located in South London, Yorkshire and on the south coast of England participated. Eligible patients were recruited during routine consultations by clinic staff using the following eligibility criteria: aged \geq 16 years; attending the SHC; had not passed urine in the previous two hours; provided written informed consent for the collection of research samples; provided all sample types (males: first-catch urine (FCU) and meatal swabs pre- and post- micturition; females: FCU and self-collected vulvo-vaginal swabs (SCVS)). Participant
 demographic and clinical data were collected on case report forms (CRFs).

146

147 Sample collection and processing

All samples for this evaluation were self-taken by participants following collection of routine clinical samples. A minimum volume of 20 ml male FCU was collected; an aliquot of 2-3 ml was taken for routine clinical testing, and the remainder immediately stored at 2-8°C until shipment (twice weekly) on wet ice to TwistDx for RPA CT/NG testing. In addition, male participants were asked to self-collect two external penile meatal swabs, one pre-urination and the second post-urination (meatal swab data will be published separately).

154

Females provided two SCVS, the first for the clinic's routine CT/NG NAAT, followed by an FCU specimen. Female FCU was processed as per male FCU, except that no aliquots for routine CT/NG NAAT testing were taken. Research SCVS samples were eluted in-clinic within 10 minutes of collection. Swabs were immersed and swirled in 1 ml lysis buffer for 5 seconds, left to stand (in the lysis buffer) for 90 seconds, and then disposed of. 2 ml neutralisation buffer was added to the lysis buffer and the tube inverted 10 times. Tubes were stored at -20°C (or lower) prior to shipment (twice weekly) on dry ice to TwistDx for RPA CT/NG testing.

162

163 Sample testing and resolution of discrepant results

Routine clinical NAAT testing was performed locally on male FCU and female SCVS, as per clinic standard practice (BD Viper CT/NG assay (Becton Dickinson, Oxford, UK) at the South London clinic; GenProbe Aptima CT/NG test (Hologic Gen-Probe, Marlborough, USA) at the other clinics).

168

Research sample processing and testing were in accordance with TwistDx protocols, developed through internal optimisation (unpublished data). The RPA CT/NG assay was performed on research samples (FCU for men, FCU and SCVS for females) by staff at TwistDx, who were blinded to the routine clinic NAAT and CRF results. FCU samples were
processed through a Size Exclusion Chromatography device (Zeta Sep FPLC Desalting
Columns; Generon, Slough, UK) for the purposes of de-salting the sample before testing on
the Alere[™] i instrument.

176

177 The comparator test for male FCU samples was the routine clinic NAAT performed on male FCU; that for female SCVS and FCU was the routine clinic NAAT on female SCVS samples. 178 179 Data were sent to the Applied Diagnostic Research & Evaluation Unit (ADREU), St George's 180 University of London, where the routine clinic NAAT and RPA CT/NG assay results were 181 compared for each participant and sample type. We defined the reference standard [16] as 182 the routine clinic NAAT result when in agreement with the RPA CT/NG assay, and no further 183 testing was performed. Otherwise, all sample eluates from patients where a discrepant result 184 had been found were tested at the TwistDx facility using the CT/NG GeneXpert as per 185 manufacturer's instructions, blinded to sample type (FCU or swab) and initial CT or NG results. 186 In these cases, the reference standard was defined as the resolved result when two out of 187 three of the test results were in agreement.

188

189 Data and statistical analysis

190 Data were entered into a database by ADREU. Participants for whom either the RPA CT/NG 191 or routine clinic NAAT results were missing, and/or who did not provide both sample types 192 (swab and FCU) in the case of females as per the eligibility criteria, were excluded from 193 analyses. Calculation of RPA CT/NG assay diagnostic accuracy measures (sensitivity, 194 specificity, positive predictive value (PPV), and negative predictive value (NPV)) and their 195 binomial exact 95%CIs was carried against the reference standard. Comparison of 196 performance by sub-group (symptomatic vs. asymptomatic; female FCU vs. SCVS) was 197 performed using the Pearson chi-squared statistic. All analyses were conducted in Stata v12.0 198 (StataCorp, Texas, TX, USA).

200 **RESULTS**

201 **Overview of participants**

202 Recruitment took place May-September 2014. 414 males and 442 females provided written 203 informed consent (Figures 1 and 2). Both RPA CT/NG assay and routine clinic NAAT results 204 were available for FCU for 392/414 (94.7%) males. 395/442 (89.7%) females had both FCU 205 and SCVS results available for all tests performed (RPA CT/NG for FCU and SCVS; routine 206 clinic NAAT for SCVS). Participant characteristics are summarised in Tables 1A and 1B. Study 207 CT positivity was 35/392 (8.9%) for male FCU, 29/395 (7.3%) for female FCU and 28/395 208 (7.1%) for SCVS. Corresponding NG positivities were 12/382 (3.1%), 3/395 (0.8%) and 3/395 209 (0.8%) (Table 2A).

210

211 CT/NG RPA assay diagnostic accuracy

212 Table 2 summarises the RPA CT/NG assay diagnostic accuracy estimates (see web-only 213 Supplementary Table S2 for tables of agreement between the RPA CT/NG assay and 214 reference standard). In 3/392 (0.8%) FCU samples, RPA CT/NG results disagreed with routine 215 clinic NAAT results for CT only (there were no NG discrepant results) (see web-only 216 Supplementary Table S3A). Following discrepant testing, 0/3 (0%) RPA CT/NG results agreed 217 with the resolved result. Subsequently, in males, all diagnostic accuracy measures were 100% 218 for NG (12/12, 95%CI 73.5-100 for sensitivity and PPV; 380/380, 95%CI 99.0-100 for 219 specificity and NPV). For CT, specificity and NPV were ≥99.4% (356/357, 95%CI 98.4-100, 220 and 356/358, 95%CI 98.0-99.9, respectively), PPV was 97.1% (33/34, 95%CI 84.7-99.9), and 221 sensitivity was 94.3% (33/35, 95%CI 80.8-99.3) (Table 2A).

222

For females, 395 FCU and 395 SCVS were tested for CT and NG by the RPA CT/NG assay (Table 2A). For CT, 6/790 (0.76%; three FCU, three SCVS) results disagreed with the routine clinic NAAT SCVS result (see web-only Supplementary Table S3B). Following discrepant testing, the RPA CT/NG assay agreed with the resolved result for all three FCU discrepants, and 2/3 SCVS discrepants. For NG, 7/790 (0.89%; three FCU, four SCVS) RPA CT/NG results

disagreed with the routine clinic NAAT SCVS result (see web-only Supplementary Table S3B).
Of these, all three FCU and 3/4 SCVS discrepants agreed with the resolved result. Thus, in
females, all measures of diagnostic accuracy were 100% for FCU for both CT and NG. For
CT and NG in SCVS, specificity and PPV were 100%, NPV was 99.7% (367/368, 95%CI 98.5100.0), and sensitivity was 96.4% (27/28, 95%CI 81.7-100) for CT and 66.7% (2/3, 95%CI
9.0-100) for NG (Table 2A). No female had a discrepant result for both CT and NG.

234

235 When performance was analysed by participant-reported symptomatic status, there was no 236 evidence of a significant difference between symptomatic and asymptomatic patients 237 (p>0.05). All point estimates were 100% for asymptomatic participants (Table 2C). Among 238 symptomatic participants (Table 2B), the RPA CT/NG assay's sensitivity was lower: 15/16 239 (93.8%, 95%CI 69.8-99.8) for male CT FCU and 13/14 (92.9%, 95%CI 66.1-99.8) for female 240 CT SCVS, but specificity and NPV remained high. In addition, all diagnostic accuracy 241 measures for NG detection in both male and female FCU, and female CT FCU detection, were 242 100% regardless of symptomatic status. (See web-only Supplementary Table S2 for tables of 243 agreement between the RPA CT/NG assay and reference standard).

244

245 **DISCUSSION**

In this diagnostic accuracy evaluation of a prototype ultra-rapid isothermal RPA assay for detection of CT and NG, performance (sensitivity, specificity, PPV and NPV) against the reference standard for CT was >94% for all sample types evaluated (male FCU; female FCU and SCVS). Performance for NG was 100% except for SCVS sensitivity and NPV; it was however not possible to assess NG sensitivity and PPV in females confidently due to low numbers of positives. The RPA CT/NG also demonstrated excellent technical performance, as no inhibitory results and very few RPA CT/NG assay device errors were observed.

253

254 With respect to rapidity, the RPA CT/NG assay's sample preparation, amplification and 255 detection take place <20 minutes (sample preparation and RPA CT/NG assay run-time). A

256 simple-to-use desalting device has been included in newer iterations of the assay, allowing 257 immediate (in seconds) processing of FCU samples prior to running the assay, although 258 currently it is only appropriate for research laboratory use. The test's rapidity enhances the 259 possibility of implementation as a POCT, enabling "test and treat" strategies with patients 260 diagnosed and treated in the same clinical visit, and is potentially rapid enough to be 261 incorporated into clinical practice with minimal change to clinical pathways. To date, a major 262 barrier identified for STI POCT implementation has been patient willingness to wait, even for 263 a 90 minute rapid test [11, 18], and the major changes to clinic care pathways necessary to 264 incorporate rapid tests as POCTs as part of SHC consultations [11, 12]. Consequently, CT/NG 265 GeneXpert implementation has enabled a same- or next-day results service, rather than a 266 POCT "test and treat" strategy [19-21]. The RPA CT/NG assay's rapidity, combined with its 267 high performance, therefore has the potential to revolutionise STI diagnosis and management.

268

269 Furthermore, the RPA CT/NG assay would be well-suited for use in non-laboratory conditions, 270 both in low- and high-income countries, due to its limited operational requirements. In 271 resource-limited settings, laboratory services for STIs are either not available, or are difficult 272 to access (physically and/or financially), and the development and introduction of affordable 273 STI POCTs are part of the World Health Organization (WHO)'s strategic direction [22]. The 274 RPA CT/NG assay fulfils many of the ASSURED criteria, developed by WHO as a benchmark 275 to decide if tests address disease control needs in developing countries [23], and could 276 therefore be an excellent candidate for a true CT/NG POCT in multiple settings.

277

BASHH guidelines for NG testing indicate a minimum PPV of 90%; below this, positives should
be confirmed with supplementary testing using a different nucleic acid target from the original
test [5]. Although our NG PPV point estimates were all 100%, the lower 95%CI were all <90%.
As the RPA CT/NG assay has only a single NG molecular target, it may ultimately have lower
specificity and PPV compared to two-target assays, especially if applied to lower prevalence
settings. That said, a diagnostic evaluation with large sample size of the two-target GeneXpert

by Gaydos *et al.* [24] also resulted in NG PPVs with lower 95%Cls <90% in all sample types despite the point estimate being >90%, indicating that supplementary testing may be required for both assay types in low prevalence settings.

287

288 The RPA CT/NG assay shows promise for both screening of asymptomatics and diagnosis of 289 symptomatics, as we found no significant difference in point estimates by symptomatic status, 290 in accordance with previously reported findings [24]. Furthermore, both SCVS and FCU are 291 possible sample types for females. This is interesting, as it has previously been reported that 292 urine is less sensitive than swabs, probably because of lower bacterial load [25]; we did not 293 have data on organism load to explore this finding further. It is also possible that different 294 sample storage (extracted SCVS eluate frozen versus FCU refrigerated prior to testing) could 295 have contributed to this finding. Freeze-thaw is unlikely to have impacted on results (one 296 freeze-thaw for FCU prior to discrepant testing; maximum two freeze-thaws for SCVS (the first 297 for initial testing and the second for discrepant testing)), particularly as CT DNA detection by 298 PCR is unaffected by extended (≤2 years) storage [26]. Our results must however be 299 interpreted with caution, as it would have been more appropriate to compare the RPA CT/NG 300 assay FCU results to clinic FCU NAAT results, had these been available, but female FCU is 301 not routinely collected in England. Due to the very high performance of the assay in this 302 evaluation, it is expected that use of the clinic FCU NAAT as the gold standard would have 303 made very little difference.

304

It is known that the discrepant analysis approach employed in this study can lead to biases, particularly when the assay under evaluation is also part of the algorithm used to define true positive and negative results [27]. However, agreement between the initial clinic NAAT and RPA CT/NG assay was very high, with few samples requiring discrepant resolution. Logistical and funding constraints meant an alternative study design (for example, composite gold standard or Patient Infection Status (PIS) as used for FDA approval [27]), with a consistent definition for all sample types, was not possible.

312

The results of our evaluation are promising for the further development of the RPA CT/NG assay, the aims of which should be to: (a) increase CT sensitivity; (b) ensure the PPV remains >90%; c) ensure usability; (d) and perform larger evaluations to achieve tighter confidence intervals around point estimates, especially for NG. An important addition to this test's development would be validation of extra-genital (pharyngeal and rectal) sample types. Extragenital samples are routinely collected for MSM, with the majority of NG infections in MSM detected extra-genitally [28].

320

This prototype RPA CT/NG assay has excellent performance characteristics, comparable to currently-used NAATs, and fulfils several WHO ASSURED criteria, most notably accuracy, rapidity, and thermo-stability. Its rapidity without loss of performance suggests that once further developed and commercialised, this test could positively impact on both clinical practice and public health.

326

327 AUTHOR CONTRIBUTIONS

EMHE, MJP, MP, OP, DGB, CML and STS conceived the study. EMHE, SSF, CC, AVN, MH,
MP, OP, DGB, PDB, TP, CML and STS designed the study. MH, MP, MSF, RP, PH and NF
acquired the data. EMHE, SSF, AVN, JKD, CML and STS analysed and interpreted the data.
EMHE, SSF, AVN, MH, JKD, CLM and STS drafted the manuscript. All authors critically
appraised the manuscript and provided final approval of the version to be submitted.

333

334 TRANSPARENCY DECLARATION

This study was funded by TwistDx, St George's, University of London, and a UK Clinical Research Collaboration, Translational Infection Research Initiative Consortium Grant (Grant number G0901608).

339 Dr. Sadig reports on behalf of himself and colleagues of the SGUL Applied Diagnostic 340 Research and Evaluation Unit (ADREU) grants from UKCRC, other from TwistDx, and RP, 341 PH and NF declare CLRN support to conduct portfolio research during the conduct of the 342 study. Dr. Sadig declares the following relevant financial activities outside the submitted work: 343 other from Atlas Genetics Ltd, other from Alere, other from Cepheid, other from SpeeDx, other 344 from Sekisui, grants from Innovate UK, grants from NIHR. MP, OP, MSF and DGB are 345 employees of TwistDx. Advisory board membership is declared by EHE, SF, RP and PH for 346 Becton Dickinson, by RP for Roche, Novartis, GSK, Genoccea, and CLJC, and by PH for Hologic, and Bayer Consumer Healthcare, outside the submitted work. In addition, MP has 347 a patent EP2029782 issued, a patent EP2426221 issued; and OP has a patent 7,666,598 348 349 issued (not owned by the author), and a patent 9,663,820 issued (not owned by the author).

350

351 We would like to thank all the participants for taking part, and the staff who recruited them to 352 the study, including Jo Turpitt (Solent NHS Trust) and Paula Sharratt (Bradford Teaching 353 Hospitals NHS Foundation Trust). We would also like to thank Anthony Nardone and Rebecca 354 Howell-Jones from Public Health England for their input within the eSTI² consortium. We thank 355 Hamish Mohammed from Public Health England for providing national GUMCAD 2014 356 prevalence data, and Soazig Clifton from University College London for providing Natsal-3 357 weighted prevalence data. ADREU also acknowledges the support of the National Institute of 358 Health Research Clinical Research Network (NIHR CRN). This study was included in the 359 UKCRN ID 15136 "Patient-consented samples for STI diagnostic & biomarker evaluation" 360 database.

361

Results from the study have previously been presented as a poster, with the abstract published in Clarke, I. (Ed.) Proceedings: Eighth Meeting of the European Society for Chlamydia Research, Oxford, UK, September 6-9, 2016. The full study protocol and datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

367 **REFERENCES**

[1] PHE, Sexually transmitted infections and chlamydia screening in England, 2015, Health
 Protection Papert

369 Protection Report,

- 370 <u>https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/534601/hpr22</u>
- 371 <u>16 stis.pdf</u>, 2016, p. 8th July 2016.
- [2] Newman L, Rowley J, Vander Hoorn S, Wijesooriya NS, Unemo M, Low N, et al. Global
- 373 Estimates of the Prevalence and Incidence of Four Curable Sexually Transmitted Infections
- in 2012 Based on Systematic Review and Global Reporting. PLoS One 2015;10:e0143304.
- [3] Korenromp EL, Sudaryo MK, De Vlas SJ, Gray RH, Sewankambo NK, Serwadda D, et al.
- 376 What proportion of episodes of gonorrhoea and chlamydia becomes symptomatic? Int J STD
- 377 AIDS 2002;13:91-101.
- 378 [4] Lee YS, Lee KS. Chlamydia and male lower urinary tract diseases. Korean J Urol
- 379 2013;54:73-7.
- 380 [5] Bignell C, Fitzgerald M. UK national guideline for the management of gonorrhoea in
- 381 adults, 2011. Int J STD AIDS 2011;22:541-7.
- 382 [6] Menon-Johansson AS, Mcnaught F, Mandalia S, Sullivan AK. Texting decreases the time
- to treatment for genital *Chlamydia trachomatis* infection. Sex Transm Infect 2006;82:49-51.
- 384 [7] NCSP, Audit report on turnaround times, Public Health England,
- 385 https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/380604/NCSP
- 386 <u>audit report turnaround times.pdf</u>, 2014.
- 387 [8] Harding-Esch E, Sherrard-Smith E, Fuller SS, Harb A, Furegato M, Mercer C, et al. P65
- 388 Sexual behaviour in the time period between being tested for chlamydia and receiving test
- result and treatment. Sex Transm Infect 2015;91:A37.
- 390 [9] St John A, Price CP. Existing and Emerging Technologies for Point-of-Care Testing. Clin
- 391 Biochem Rev 2014;35:155-67.
- 392 [10] Turner KM, Round J, Horner P, Macleod J, Goldenberg S, Deol A, et al. An early
- 393 evaluation of clinical and economic costs and benefits of implementing point of care NAAT

- tests for *Chlamydia trachomatis* and *Neisseria gonorrhoeae* in genitourinary medicine clinics
 in England. Sex Transm Infect 2014;90:104-11.
- [11] Harding-Esch EM, Nori AV, Hegazi A, Pond MJ, Okolo O, Nardone A, et al. Impact of
- 397 deploying multiple point-of-care tests with a 'sample first' approach on a sexual health
- 398 clinical care pathway. A service evaluation. Sex Transm Infect 2017;93:424-429.
- 399 [12] Adams EJ, Ehrlich A, Turner KM, Shah K, Macleod J, Goldenberg S, et al. Mapping
- 400 patient pathways and estimating resource use for point of care versus standard testing and
- 401 treatment of chlamydia and gonorrhoea in genitourinary medicine clinics in the UK. BMJ
- 402 Open 2014;4:e005322.
- 403 [13] Nwokolo NC, Dragovic B, Patel S, Tong CY, Barker G, Radcliffe K. 2015 UK national
- 404 guideline for the management of infection with *Chlamydia trachomatis*. Int J STD AIDS
- 405 2016;27:251-67.
- 406 [14] Herbst De Cortina S, Bristow CC, Joseph Davey D, Klausner JD. A Systematic Review
- 407 of Point of Care Testing for *Chlamydia trachomatis*, *Neisseria gonorrhoeae*, and
- 408 *Trichomonas vaginalis*. Infect Dis Obstet Gynecol 2016;2016:4386127.
- 409 [15] WHO, Point-of-care tests Target product profiles and research questions.
- 410 <u>http://who.int/reproductivehealth/POTC-TPPs-2016.pdf?ua=1</u>, 2016. (Accessed 1st
- 411 September 2017).
- 412 [16] Bossuyt PM, Reitsma JB, Bruns DE, Gatsonis CA, Glasziou PP, Irwig L, et al. STARD
- 413 2015: an updated list of essential items for reporting diagnostic accuracy studies. BMJ
- 414 2015;351:h5527.
- 415 [17] PHE, Genitourinary medicine clinic activity dataset (GUMCADv2),
- 416 <u>https://www.gov.uk/guidance/genitourinary-medicine-clinic-activity-dataset-gumcadv2</u>,
- 417 2013.).
- 418 [18] Atkinson LM, Vijeratnam D, Mani R, Patel R. 'The waiting game': are current chlamydia
- 419 and gonorrhoea near-patient/point-of-care tests acceptable to service users and will they
- 420 impact on treatment? Int J STD AIDS 2016;27:650-5.

- 421 [19] Wingrove I, Mcowan A, Nwokolo N, Whitlock G. Diagnostics within the clinic to test for
- 422 gonorrhoea and chlamydia reduces the time to treatment: a service evaluation. Sex Transm

423 Infect 2014;90:474.

- 424 [20] Sharman N, Sri T, Chow C, Pond MJ, Oakeshott P, Planche T, et al. Chlamydia testing:
- 425 Reaching high-risk sexually active young people in the community. Int J STD AIDS
- 426 2016;27:78-9.
- 427 [21] Badman SG, Vallely LM, Toliman P, Kariwiga G, Lote B, Pomat W, et al. A novel point-
- 428 of-care testing strategy for sexually transmitted infections among pregnant women in high-
- 429 burden settings: results of a feasibility study in Papua New Guinea. BMC Infect Dis
- 430 2016;16:250.
- 431 [22] WHO, Global health sector strategy on Sexually Transmitted Infections 2016-2021:
- 432 towards ending STIs, <u>http://apps.who.int/iris/bitstream/10665/246296/1/WHO-RHR-16.09-</u>
- 433 <u>eng.pdf?ua=1</u>, 2016.
- 434 [23] Peeling RW, Holmes KK, Mabey D, Ronald A. Rapid tests for sexually transmitted
- 435 infections (STIs): the way forward. Sex Transm Infect 2006;82 Suppl 5:v1-6.
- 436 [24] Gaydos CA, Van Der Pol B, Jett-Goheen M, Barnes M, Quinn N, Clark C, et al.
- 437 Performance of the Cepheid CT/NG Xpert Rapid PCR Test for Detection of *Chlamydia*
- 438 *trachomatis* and *Neisseria gonorrhoeae*. J Clin Microbiol 2013;51:1666-72.
- 439 [25] Michel CE, Sonnex C, Carne CA, White JA, Magbanua JP, Nadala EC, Jr., et al.
- 440 *Chlamydia trachomatis* load at matched anatomic sites: implications for screening strategies.
- 441 J Clin Microbiol 2007;45:1395-402.
- 442 [26] Van Dommelen L, Wolffs PF, Van Tiel FH, Dukers N, Herngreen SB, Bruggeman CA, et
- 443 al. Influence of temperature, medium, and storage duration on *Chlamydia trachomatis* DNA
- 444 detection by PCR. J Clin Microbiol 2013;51:990-2.
- 445 [27] Alonzo TA, Pepe MS. Using a combination of reference tests to assess the accuracy of
- 446 a new diagnostic test. Stat Med 1999;18:2987-3003.
- 447 [28] Fairley CK, Hocking JS, Zhang L, Chow EP. Frequent Transmission of Gonorrhea in
- 448 Men Who Have Sex with Men. Emerg Infect Dis 2017;23:102-104.

TABLES AND FIGURES

- 451 Fig. 1. Patient and sample flow for male participants
- **Fig. 2. Patient and sample flow for female participants**

	Male	participa	ints	Female participants			
Characteristic	No. of CT participants No. (%) (%) with	СТ	NG No. (%) with NG ^a	No. of	СТ	NG	
		(%)		participants (%)	No. (%) with CT ^a	No. (%) with NGª	
Age							
16-19	15	1	0	40	5	0	
	(3.8)	(6.7)	(0)	(10.1)	(12.5)	(0)	
20-24	126	22	6	157	18	0	
	(32.1)	(17.5)	(4.8)	(39.7)	(11.5)	(0)	
25-34	148	11	2	140	4	1	
	(37.8)	(7.4)	(1.4)	(35.4)	(2.9)	(0.7)	
35-44	64	0	3	41	1	1	
	(16.3)	(0)	(4.7)	(10.4)	(2.4)	(2.4)	
45-64	37	1	1	16	0	0	
	(9.4)	(2.7)	(2.7)	(4.1)	(0)	(0)	
65+	2 (0.5)	0 (0)	0 (0)	1 (0.3)	0 (0)	0 (0)	
Clinic							
1	127	13	7	157	8	2	
	(32.4)	(10.2)	(5.5)	(39.7)	(5.1)	(1.3)	

2	186	18	4	161	16	1
	(47.4)	(9.7)	(2.2)	(40.8)	(9.9)	(0.6)
3	79	4	1	77	4	0
	(20.2)	(5.1)	(1.3)	(19.5)	(5.2)	(0)
Contact						
No	340	18	10	363	16	2
	(87.4)	(5.3)	(2.9)	(92.8)	(4.4)	(0.6)
CT only	33	14	2	22	11	0
	(8.5)	(42.4)	(6.1)	(5.6)	(50.0)	(0)
NG only	7	2	0	1	0	1
	(1.8)	(28.6)	(0)	(0.3)	(0)	(100)
Both CT &	9	1	0	5	0	0
NG	(2.3)	(11.1)	(0)	(1.3)	(0)	(0)
Taken CT/NG						
active						
medication						
since test/6						
weeks before						
test						
No	375	34	11	367	27	3
	(95.7)	(9.1)	(2.9)	(92.9)	(7.4)	(0.8)
Yes	17	1	1	28	1	0
	(4.3)	(5.9)	(5.9)	(7.1)	(3.6)	(0)

Symptomatic ^b						
No	249	18	2	208	14	1
	(63.7)	(7.2)	(0.8)	(52.8)	(6.7)	(0.5)
Yes	142	16	10	186	14	2
	(36.3)	(11.3)	(7.0)	(47.2)	(7.5)	(1.1)
Currently						
menstruating						
No	N/A	N/A	N/A	368	28	3
				(93.4)	(7.6)	(0.8)
Yes	N/A	N/A	N/A	26	0	0
				(6.6)	(0)	(0)

454 ^a CT and NG positives defined as reference standard (positive by at least 2 of the 3 tests: 455 clinic NAAT, RPA CT/NG assay, Cepheid GeneXpert).

456 ^b Male participants considered symptomatic if they reported ≥1 of the following symptoms on 457 the Case Report Form: Discharge (clear or cloudy liquid from the penis); Irritation at the top 458 of the penis; Itching; Needing to pass urine more often than usual; Pain/burning when 459 urinating. Female participants considered symptomatic if they reported ≥1 of the following 460 symptoms on the Case Report Form: Itching; Discharge(clear or cloudy liquid from the 461 vagina); Pain/burning when urinating; Needing to pass urine more frequently; Pain during 462 sex; Bleeding after sex; Bleeding in between periods; Pelvic abdominal pain.

463

Table 2. RPA CT/NG assay performance

A: All participants

	Ма	les	Females				
	FCU		FCU		SCVS		
	СТ	NG	СТ	NG	СТ	NG	
No. positives ^a / total	35/392	12/392	29/395	3/395	28/395	3/395	
Positivity	8.9%	3.1%	7.3%	0.8%	7.1%	0.8%	
Sensitivity (%, 95%CI)	94.3 (80.8-99.3)	100 (73.5-100)	100 (88.1-100)	100 (29.2-100)	96.4 (81.7-99.9)	66.7 (9.0-100)	
n/N	33/35	12/12	29/29	3/3	27/28	2/3	
Specificity (%, 95%CI)	99.7 (98.4-100)	100 (99.0-100)	100 (99.0-100)	100 (99.1-100)	100 (99.0-100)	100 (99.1-100)	
n/N	356/357	380/380	366/366	392/392	367/367	392/392	
PPV (%, 95%CI)	97.1 (84.7-99.9)	100 (73.5-100)	100 (88.1-100)	100 (29.2-100)	100 (87.2-100)	100 (15.8-100)	
n/N	33/34	12/12	29/29	3/3	27/27	2/2	
NPV (%, 95%CI)	99.4 (98.0-99.9)	100 (99.0-100)	100 (99.0-100)	100 (99.1-100)	99.7 (98.5-100)	99.7 (98.6-100)	

n/N	356/358	380/380	366/366	392/392	367/368	392/393			
B: Symptomatic partic	ipants⁵		<u> </u>		<u> </u>				
	Males Females								
	FC	CU	F	CU	SCVS				
	СТ	NG	СТ	NG	СТ	NG			
No. positives ^a / total	16/142	10/142	14/186	2/186	14/186	2/186			
Positivity	11.3%	7.0%	7.5%	1.1%	7.5%	1.1%			
Sensitivity (%, 95%CI)	93.8 (69.8-99.8)	100 (69.2-100)	100 (76.8-100)	100 (15.8-100)	92.9 (66.1-99.8)	50 (1.3-98.7)			
n/N	15/16	10/10	14/14	2/2	13/14	1/2			
Specificity (%, 95%CI)	99.2 (95.7-100)	100 (97.2-100)	100 (97.9-100)	100 (98.0-100)	100 (97.9-100)	100 (98.0-100)			
n/N	125/126	132/132	172/172	184/184	172/172	184/184			
PPV (%, 95%Cl)	93.8 (69.8-99.8)	100 (69.2-100)	100 (76.8-100)	100 (15.8-100)	100 (75.3-100)	100 (2.5-100)			
n/N	15/16	10/10	14/14	2/2	13/13	1/1			
NPV (%, 95%CI)	99.2 (95.7-100)	100 (97.2-100)	100 (97.9-100)	100 (98.0-100)	99.4 (96.8-100)	99.5 (97.0-100)			

n/N	125/126	132/132	172/172	184/184	172/173	184/185			
C: Asymptomatic parti	cipants	<u> </u>		<u> </u>					
	Males Females								
	F	CU	F	CU	SC	VS			
	СТ	NG	СТ	NG	СТ	NG			
No. positives ^a / total	18/249	2/249	15/208	1/208	14/208	1/208			
Positivity	7.2%	0.8%	7.2%	0.48%	6.7%	0.48%			
Sensitivity (%, 95%CI)	100 (81.5-100)	100 (15.8-100)	100 (78.2-100)	100 (2.5-100)	100 (76.8-100)	100 (2.5-100)			
n/N	18/18	2/2	15/15	1/1	14/14	1/1			
Specificity (%, 95%CI)	100 (98.4-100)	100 (98.5-100)	100 (98.1-100)	100 (98.2-100)	100 (98.1-100)	100 (98.2-100)			
n/N	231/231	247/247	193/193	207/207	194/194	207/207			
PPV (%, 95%CI)	100 (81.5-100)	100 (15.8-100)	100 (78.2-100)	100 (2.5-100)	100 (76.8-100)	100 (2.5-100)			
n/N	18/18	2/2	15/15	1/1	14/14	1/1			
NPV (%, 95%CI)	100 (98.4-100)	100 (98.5-100)	100 (98.1-100)	100 (98.2-100)	100 (98.1-100)	100 (98.2-100)			

	n/N	231/231	247/247	193/193	207/207	194/194	207/207				
465											
466	FCU, First-catch urine; SCVS, Self-Collected Vulvo-Vaginal Swab; CT, Chlamydia trachomatis; NG, Neisseria gonorrhoeae; PPV, Positive										
467	Predictive Value; NPV, Negative Predictive Value										
468	^a Positives defined as reference standard (positive by at least 2 of the 3 tests: clinic NAAT, RPA CT/NG assay, Cepheid GeneXpert)										
469	^b Male participants consid	lered symptomatic if	hey reported ≥1 of th	e following symptoms	s on the Case Repor	Form: Discharge (cl	ear or cloudy				
470	liquid from the penis); Irrit	tation at the top of the	e penis; Itching; Need	ing to pass urine mor	re often than usual; F	ain/burning when uri	nating.				
471	Female participants consi	Female participants considered symptomatic if they reported ≥1 of the following symptoms on the Case Report Form: Itching; Discharge(clear									
472	or cloudy liquid from the vagina); Pain/burning when urinating; Needing to pass urine more frequently; Pain during sex; Bleeding after sex;										
473	Bleeding in between perio	ods; Pelvic abdomina	l pain								

474