

**Table 6.** Self-reported difficulties in performing BWS exercise (n=143).

		N	%
Completion time	≤ 5 minutes	33	23.1
	5-10 minutes	87	60.8
	> 10 minutes	14	9.8
	<i>Missing</i>	9	6.3
Difficulty level	1 (low)	65	45.4
	2	28	19.6
	3	32	22.4
	4	8	5.6
	5 (high)	7	4.9
	<i>Missing</i>	3	2.1
	Support needed (e.g. nurse, caregiver)	Yes	63
No		64	44.7
<i>Missing</i>		16	11.2
Main difficulty	None	53	37.1
	Length of the questionnaire	9	6.3
	Understanding the task	31	21.7
	Technical/scientific language	8	5.6
	Other	20	14.0
	<i>Missing</i>	22	15.3