

735 **Table IV: Guidelines for Age-Appropriate Cancer Screening***

Malignancy	Age	Screen	Frequency	Level of Evidence
Breast cancer ⁹⁶	50 to 74	Mammogram	Every 2 years	IA
Cervical cancer ⁹⁷	21 to 65	Pap smear	Every 3 years	IB
Colon cancer ⁹⁸	50 to 75	Fecal occult blood test (FOBT)	Yearly	IB
		Flexible sigmoidoscopy + FOBT	Every 5 years (flexible sigmoidoscopy) Every 3 years (FOBT)	
		Colonoscopy	Every 10 years	
Lung cancer ⁹⁹	55 to 80 with ≥ 30 pack-year history and current smoker or quit within 15 years	Low dose computed tomography of the chest	Yearly	IA

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737 *Refer to guideline reference documents for full screening recommendations.

738 Level of evidence definitions: IA, evidence from meta-analysis of randomized controlled trials;
739 IB, evidence from at least one randomized controlled trial; IIA, evidence from at least one
740 controlled study without randomization; IIB, evidence from at least one other type of
741 experimental study; III, evidence from nonexperimental descriptive studies, such as comparative
742 studies, correlation studies, and case-control studies; IV, evidence from expert committee reports
743 or opinions or clinical experience of respected authorities, or both.