

Malarial Infection and Curable Sexually Transmitted and Reproductive Tract Infections among Pregnant Women in a Rural District of Zambia

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Abstract. Malarial infection and curable sexually transmitted and reproductive tract infections (STIs/RTIs) are important causes of adverse birth outcomes. Reducing the burden of these infections in pregnancy requires interventions that can be easily integrated into the antenatal care (ANC) package. However, efforts to integrate the control of malarial infection and curable STIs/RTIs in pregnancy have been hampered by a lack of evidence related to their coinfection. Thus, we investigated the prevalence of coinfection among pregnant women of rural Zambia. A prospective cohort study was conducted in Nchelenge District, Zambia, involving 1,086 first ANC attendees. We screened participants for peripheral malarial infection and curable STIs/RTIs (syphilis, *Chlamydia*, gonorrhea, trichomoniasis, and bacterial vaginosis), and collected relevant sociodemographic data at booking. Factors associated with malarial and STI/RTI coinfection were explored using univariate and multivariate regression models. Among participants with complete results ($N = 1,071$), 38.7% (95% confidence interval [CI] = 35.7–41.6) were coinfecting with malaria parasites and at least one STI/RTI; 18.9% (95% CI = 16.5–21.2) were infected with malaria parasites only; 26.0% (95% CI = 23.5–28.8) were infected with at least one STI/RTI but no malaria parasites, and 16.4% (95% CI = 14.1–18.6) had no infection. Human immunodeficiency virus (HIV)-infected women had a higher risk of being coinfecting than HIV-uninfected women (odds ratio [OR] = 3.59 [95% CI = 1.73–7.48], $P < 0.001$). The prevalence of malarial and STI/RTI coinfection was high in this population. An integrated approach to control malarial infection and STIs/RTIs is needed to reduce this dual burden in pregnancy.

INTRODUCTION

Maternal malarial infection and sexually transmitted and reproductive tract infections (STIs/RTIs) are important causes of adverse birth outcome in sub-Saharan Africa. Malarial infection in pregnancy is associated with intrauterine growth retardation,^{1,2} preterm delivery,^{2,3} stillbirth,⁴ and low birth weight.^{2,5} Syphilis,⁴ *Chlamydia*,^{6–10} gonorrhea,^{6,9,11} trichomoniasis,^{12,13} and bacterial vaginosis^{14–16} have also been associated with adverse birth outcomes. To reduce the burden of malarial infection in areas of moderate (stable)-to- high transmission, the World Health Organization (WHO) recommends providing intermittent preventive treatment in pregnancy using sulfadoxine-pyrimethamine (IPTp-SP) at all scheduled antenatal care (ANC) visits from the second trimester to delivery.¹⁷ Despite a decade since the WHO first recommended IPTp-SP,¹⁸ coverage remains disappointingly low in sub-Saharan Africa. The average coverage of at least two doses of IPTp-SP among pregnant women in 2013 was 24%, only slightly higher than a decade earlier when coverage was 14%.¹⁹ The efficacy of IPTp-SP has been undermined by the emergence of SP-resistant parasites²⁰ and the effectiveness of three doses of IPTp-SP may be suboptimal in areas with very high SP resistance.²¹ Thus, there is need to identify alternative drugs for IPTp in areas where parasites have lost SP sensitivity.

Antenatal syphilis screening is a standard policy throughout sub-Saharan Africa. A recent meta-analysis, however,

estimated that only 39.5% of pregnant women throughout the region were screened during ANC visits.²² Other curable STIs/RTIs are diagnosed during ANC consultations using syndrome-based algorithms recommended by the WHO.²³ However, the algorithms have poor sensitivity among pregnant women for detecting *Chlamydia*, gonorrhea, trichomoniasis, and bacterial vaginosis.²⁴ Therefore, a considerable burden of curable STIs/RTIs remains undetected and untreated in pregnancy.

A systematic review and meta-analysis of 171 studies showed that the prevalence of malarial infection and curable STIs/RTIs is unacceptably high among pregnant women attending ANC facilities in sub-Saharan Africa.²⁵ This analysis also highlighted the paucity of data on the frequency of malarial and curable STI/RTI coinfection (syphilis, *Chlamydia*, gonorrhea, trichomoniasis, and bacterial vaginosis).²⁵ In the context of increasing malaria parasite resistance to SP, particularly in east and southern Africa, and the limited diagnostic precision of the syndromic management among pregnant women, new strategies to control these infections in pregnancy are needed. One option under consideration is to provide combination therapy that is safe and effective against malarial infection and curable STIs/RTIs.²⁶ Quantifying the prevalence of malarial and STI/RTI coinfection is an important step toward tailoring integrated interventions. Thus, we conducted a prospective cohort study to estimate the prevalence of malarial infection, curable STIs/RTIs, and their coinfection in pregnant women and their effects on pregnancy outcomes. We provide evidence of the frequency of coinfection among pregnant women who present at ANC and the effect of HIV infection on the prevalence of malarial and STI/RTI coinfection. We also explore predictors of malarial and STI/RTI

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coinfection and assess whether there is an association between coinfection and adverse birth outcomes.

METHODS

The study setting and sample size calculations have been described elsewhere.²⁷ Briefly, the study site was the catchment area for two health centers, Nchelenge and Kashikishi, in Nchelenge District, which is located on the shores of Lake Mweru, northern Zambia, and has a population of 173,680.²⁸ We invited women to participate in the study from two health centers at ANC booking. Pregnant women ($N = 1,086$) were enrolled if they provided informed written consent, stated they had not been exposed to anti-malarial and/or antibiotic therapy within the previous 4 weeks, agreed to have a member of the study team record their HIV test results following routine HIV screening, and had a gestational age of < 32 weeks. Study participants were screened for syphilis using rapid plasma reagin (RPR) methods according to national norms. Women were notified of their test results if found to be RPR positive and referred for treatment. Screening for malarial infection and curable STIs/RTIs, apart from syphilis, is not standard and, therefore, retrospective batch analyses were conducted on relevant samples. Women who had fever or any other symptoms during the antenatal period were given care according to national norms. All women enrolled were followed until delivery.

Sample collection and laboratory methods. Health facility staff conducted routine HIV screening with finger-prick blood with Determine[®] HIV-1/2 (Abbott Diagnostic Division, Hoofddorp, The Netherlands) tests and confirmed positivity using Uni-Gold[™] Recombigen[®] HIV-1/2 (Trinity Biotech USA Inc., New York, NY) assays. Trained field workers administered a questionnaire to participating women in a private room at the ANC facility to collect information on sociodemographics, malaria infection prevention interventions, HIV status, and obstetric history.

Study staff collected blood samples for *Plasmodium falciparum* malaria diagnosis by polymerase chain reaction (PCR). It is important to note that in Zambia, *P. falciparum* is responsible for approximately 95% of all malaria cases.²⁹ Details of the diagnostic method have been described elsewhere.²⁷ Malarial infection prevalence was defined as PCR-detected *P. falciparum* parasitemia because the technique is highly sensitive and consistent in the detection of parasites.^{30,31} For the diagnosis of vaginal and cervical infections of interest, a trained midwife collected one vaginal swab and one cervicovaginal swab from each participant using nonlubricated vaginal specula. A dry cotton swab was placed in the vaginal cavity for about 10 seconds and then immediately rolled onto a slide for use in diagnosis of bacterial vaginosis. The midwife then collected a cervicovaginal sample using a Dacron[®] (Medical Wire & Equipment, Wiltshire, England, United Kingdom) swab for the detection of *Chlamydia trachomatis*, *Neisseria gonorrhoeae*, and *Trichomonas vaginalis* by PCR. Each Dacron swab was placed in a cryovial (Narang Medical Limited, New Delhi, India) with a unique identification number that corresponded to each participant and the date of collection. Samples were then stored at -20°C for 6–12 hours. Within 24 hours of collection, we extracted the DNA from cervicovaginal swabs using the Quick-gDNA[™] (Zymo Research

Corp., Irvine, CA) Miniprep kit and stored the extracts at -20°C awaiting nucleic acid amplification.

Clinic staff collected venous blood (approximately 4 mL) from each participant for RPR analysis (Omega Diagnostics Limited, Alva, Scotland, United Kingdom). Field workers provided seropositive women with a note to return to the health center accompanied by their partner for free syphilis treatment with benzathine penicillin G (2.4 million units IM weekly \times 3 weeks). We used *Treponema pallidum* hemagglutination assay (TPHA) (Chronolab Systems, Barcelona, Spain) to confirm syphilis infection on all RPR-seropositive samples. For quality control, we had 5% (55/1,077) of serum samples independently analyzed by the national STI reference laboratory at the University Teaching Hospital in Lusaka. Of the 117 RPR-positive samples, 30 (26%) were tested for TPHA quality control. Vaginal smear samples for the diagnosis of bacterial vaginosis were air dried and Gram stained using safranin as a counter stain. We classified results based on the Nugent criteria.³² As with syphilis, we randomly selected 5% (55/1,085) of slides for independent reading at the microbiology laboratory of the University Teaching Hospital.

The extracted DNA samples were transported on dry ice to the Tropical Gastroenterology and Nutrition Group laboratory at the University Teaching Hospital, where we used in-house standard end-point PCR assays to detect the presence of *C. trachomatis*, *N. gonorrhoeae*, and *T. vaginalis* among cervicovaginal samples with PCR techniques previously described.^{33–35}

We pretested all the PCR assays on known positive samples before they were applied to research samples, and used positive and negative controls at the extraction, amplification, and electrophoresis stages. A negative and a positive control were included in every batch of 46 samples. For quality control, we randomly selected 5% of the samples (55/1,084) and processed them using the Seeplex[®] STI Master Panel 1 V2.0 (Seegene Technologies Inc., Concord, CA). The Seeplex STI Master Panel 1 is a multiplex conventional PCR system for the detection of seven organisms including *C. trachomatis*, *N. gonorrhoeae*, and *T. vaginalis* from urine, vaginal swabs, and liquid-based cytology specimens. At delivery, infants were weighed and birth characteristics recorded. Stillbirth was defined as fetal death at ≥ 28 weeks gestation,³⁶ preterm as delivery at < 37 weeks, low birthweight as birthweight < 2,500 g, and intra-uterine growth retardation was defined as an infant with low birth weight born at ≥ 37 weeks gestation.^{2,37} Gestational age after birth was recorded based on earlier assessment at enrolment by ultrasound.

The study protocol was approved by the University of Zambia Biomedical Research Ethics Committee (No. 004-02-13) and the London School of Hygiene and Tropical Medicine Observational/Interventions Research Ethics Committee (No. 6292).

Statistical analysis. Study data were double entered and verified in EpiData version 3.1 software,³⁸ then cleaned, processed, and analyzed using Stata Software version 13.³⁹ We generated necessary composite variables prior to all data analysis and created an index of household wealth using principal components analysis using data on source of income, level of education as well as fixed and durable assets.⁴⁰ We estimated the frequency distributions of baseline characteristics among all study women and then stratified results first by health center and then HIV status.

A four-level variable was constructed to define whether a woman was 1) coinfectd, 2) had malarial infection but no STI/RTI, 3) had only STI/RTI and no malarial infection, 4) or had no infection. The relationship between coinfection and HIV status was examined. A χ^2 test was used to assess statistical significance of all associations.

Univariate logistic regression was used to identify potential predictors of malaria and STI/RTI coinfection, and each variable was assessed using a likelihood ratio test. All potential predictors of coinfection which were significant at the 10% level in the univariate analysis were input into a multivariable model and their adjusted effect on the risk of coinfection estimated. Potential predictors that were found to be independently associated with coinfection ($P < 0.05$) were entered in a final model. The associations between adverse birth outcome and malarial infection, STI/RTI and coinfection were also tested using logistic regression.

RESULTS

A total of 1,086 pregnant women were recruited between November 2013 and April 2014, a period which spans the high malaria transmission season. Study staff followed up participants until the last women delivered in November 2014. Figure 1 shows a flow chart of participation distribution. Less than 1% ($N = 9$) of first ANC attendees who met all other criteria for participation refused to take part in the study. The median age of participants was 25 (IQR [interquartile range] = 20–25) years, 61.7% were multigravidae and slightly over 80% of them were married. Sociodemographic details of study women are presented in Table 1. Table 2 summarizes

the prevalence of malarial infection and STIs/RTIs among study participants.

The prevalence estimates of composite and individual STI/RTI and malarial coinfection by HIV status are shown in Table 3. The prevalence of HIV infection among participants was 13.2% (95% confidence interval [CI] = 11.3–15.3). Among women who tested positive for HIV, combined with those with known HIV-positive status, 42.7% were receiving antiretroviral therapy at the time of recruitment. The prevalence of malarial and any one STI/RTI coinfection was higher among HIV-infected (50.0%, 95% CI = 41.6–58.4%) than HIV-uninfected women (37.0%, 95% CI = 33.9–40.1%) with a 95% CI of the difference ranging between 3.0% and 20.3%. The prevalence of coinfection with malaria parasites and each individual STI/RTI was also higher among HIV-infected than HIV-uninfected women. However, these differences in the prevalence between HIV-infected and HIV-uninfected women were only statistically significant in the cases of malarial and syphilis or bacterial vaginosis coinfections. The STI/RTI that coexisted the most with malarial infection in this study population was bacterial vaginosis and gonorrhoea occurred the least with malarial infection.

In univariate logistic models, the following factors were associated with malarial and STI/RTI coinfection at a 10% significance level ($P < 0.1$): 1) age group, 2) gravidity, 3) bed-net ownership, 4) bed-net usage, and 5) HIV status. After adjusting for all known potential risk factors in a multivariable model, only HIV infection was independently associated with malarial and STI/RTI coinfection. HIV-infected women were at a higher risk of being coinfectd with malaria parasites and at least one curable STI/RTI compared with

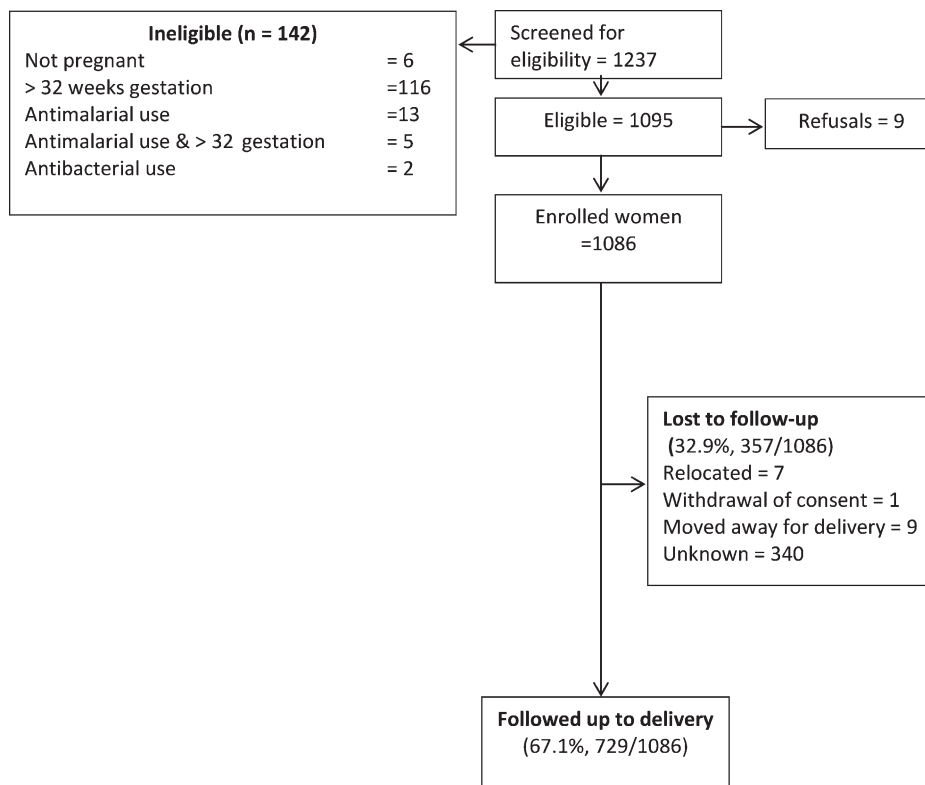


FIGURE 1. Participation flowchart.

TABLE 1

Characteristics of pregnant women at their first antenatal care visit	
Characteristics	All pregnant women, n (%)
Total	1,084
Recruitment site	
Kashikishi	746 (68.8)
Nchelenge	338 (31.2)
Age	
Median (IQR)	25 (20–30)
Marital status	
Single	203 (18.7)
Married	873 (80.6)
Separated/divorced/widowed	8 (0.7)
Gravidity	
Primigravidae	261 (24.1)
Secundigravidae	165 (15.2)
Multigravidae	658 (60.7)
Years of schooling	
0–6 years	425 (39.2)
7 years and above	659 (60.8)
Bed-net ownership	
No	550 (50.7)
Yes	534 (49.3)
Net usage on previous night	
No	665 (61.5)
Yes	416 (38.5)
Missing*	3
IRS in past 1 year	
No	665 (61.5)
Yes	416 (38.5)
Missing*	51
Wealth index	
Lowest	217 (20.1)
Second	220 (20.3)
Middle	214 (19.8)
Fourth	215 (19.9)
Highest	216 (20.0)
Missing*	2

IQR = interquartile range; IRS = indoor residual spraying; NA = not applicable.

*Missing values are only presented as numbers and were not included in the calculation of percentages.

HIV-uninfected women (odds ratio [OR] = 3.59 [95% CI = 1.73–7.48], $P < 0.001$) (Table 4).

Results for quality control testing were highly concordant. There was a 96.4% (53/55) concordance in the Nugent score results obtained from the repeat reading of slides for detection of bacterial vaginosis. The two readings both conflicted between the normal and the intermediate class. Syphilis RPR results were 100% (55/55) concordant; TPHA testing was 100% (30/30) concordant. For *C. trachomatis*, agreement of test results between the in-house methods and the Seeplex STI Master Panel 1 kit was 96.4% (54/55). In the case of *N. gonorrhoeae* and *T. vaginalis*, there was 100% concordance between the in-house methods and the commercial kit.

Loss to follow-up in this study was much higher (33%) than expected (10%). However, there were no differences in the characteristics of women who were followed up to delivery and those who were lost to follow-up. Of the 729 participants followed to delivery, 98.4% ($N = 717$) had singleton deliveries and 1.6% ($N = 12$) had twin deliveries. Overall, the prevalence of adverse birth outcome among the 717 women with singleton deliveries was 35.0% ($N = 251$). Among 717 singleton deliveries, preterm delivery, low birth weight, intra-uterine growth retardation, and stillbirth were observed in 22.1% ($N = 158$), 21.9% (157/716), 15.2% ($N = 85$), and 1.7% ($N = 12$), respectively.

TABLE 2

Prevalence of malarial infection and sexually transmitted and reproductive tract infections among first ANC attendees of Nchelenge District, Zambia

Infection	Category	All ($N = 1,084$) n (%)	95% Confidence interval
Bacterial vaginosis	Normal	375 (34.7)	31.8–37.5
	Intermediate	184 (17.0)	14.9–19.4
	BV	524 (48.3)	45.2–51.2
Trichomoniasis	Missing*	1	
	Positive	269 (24.8)	22.3–27.5
	Missing*	1	
<i>Chlamydia</i>	Positive	56 (5.2)	3.9–6.7
	Missing*	1	
Gonorrhoea	Positive	34 (3.1)	2.2–4.4
	Missing*	1	
Confirmed syphilis	Positive	76 (7.1)	5.6–8.7
	Missing*	7	
Malarial infection	Positive	621 (57.8)	54.8–60.7
	Missing*	10	
Composite STI	Positive	374 (34.5)	31.7–37.4
	Missing*	1	
STI/RTI	Positive	702 (64.8)	61.7–67.4
	Missing*	1	

STI/RTI = sexually transmitted and reproductive tract infection.

*Missing values are only presented as numbers and were not included in the calculation of percentage. Some values were missing due to missing samples.

In the univariate analysis, women who were monoinfected (malarial infection or at least one STI/RTI) and coinfecting had 24% and 31% increased risk of experiencing an adverse birth outcome, respectively, compared with uninfected women, but this was not statistically significant. We found no association between malarial infection or STI/RTI and adverse birth outcome in the univariate analysis as summarized in Table 5.

DISCUSSION

The estimated prevalence of malarial and curable STI/RTI coinfection among all gravidae was considerable (38.7%; 95% CI = 35.7–41.6%). To our knowledge, there has only been one previous study that reported the prevalence of malarial and curable STI/RTI coinfection (syphilis only). That was in Tanzania where 48.3% of RPR-positive women also had placental malarial infection.²⁵ In contrast, we found the prevalence of malarial and syphilis coinfection to be 10.5% based on RPR testing and peripheral parasitemia diagnosed by PCR among pregnant women at ANC booking. Malarial and syphilis coinfection based on RPR and TPHA results in this study was 4.0%. The difference in the prevalence of malarial and syphilis (RPR-based seropositivity) coinfection between the two studies may partially be explained by the fact that the study in Tanzania was conducted in 1997–2000, when malaria endemicity was higher than 2013, and the prevalence of placental parasitemia can be higher than peripheral parasitemia.

Although malaria parasite transmission occurs year-round, the incidence of malaria rises during the rainy season, which is when this study was conducted. Thus, the observed prevalence of malarial and STI/RTI coinfection may have been higher than might be found during other times of the year. The prevalence of malarial and STI/RTI coinfection may have been influenced by the fact that some of the HIV-positive women (42.7%) were on antiretroviral therapy at recruitment. The observed prevalence of malarial and STI/RTI coinfection

TABLE 3
Prevalence of malarial and curable STI/RTI coinfection among pregnant women at first antenatal care visit

Coinfection	Category	All women (N = 1,084) n (%)	HIV uninfected (N = 941) n (%)	HIV infected (N = 143) n (%)	95% CI for difference	P value†
Malarial infection and all STIs/RTIs	Coinfection	414 (38.7)	345 (37.0)	69 (50.0)	3.0–20.3	0.003
	Malaria only	202 (18.9)	182 (19.5)	20 (14.5)	–1.7–10.8	0.154
	STI/RTI only	278 (26.0)	237 (25.4)	41 (29.7)	–3.9–11.8	0.271
	No infection	177 (16.4)	169 (18.1)	8 (5.8)	6.8–16.8	< 0.001
	Missing*	13	8	5		
Malarial infection and confirmed syphilis	Yes	43 (4.0)	31 (3.3)	12 (8.8)	1.3–10.9	0.002
	Missing*	12	6	5		
Malarial infection and <i>Chlamydia</i>	Yes	37 (3.4)	30 (3.2)	7 (5.1)	–1.1–6.7	0.263
	Missing*	11	6	5		
Malarial infection and gonorrhoea	Yes	22 (2.1)	17 (1.8)	5 (3.6)	–0.6–6.2	0.162
	Missing*	11	6	5		
Malarial infection and trichomoniasis	Yes	164 (15.3)	142 (15.2)	22 (15.9)	–5.3–7.4	0.818
	Missing*	11	6	5		
Malarial infection and bacterial vaginosis	Yes	313 (29.2)	250 (26.8)	63 (45.7)	9.1–26.1	< 0.001
	No	Missing*	14	9	5	

CI = confidence interval; HIV = human immunodeficiency virus; STI/RTI = sexually transmitted and reproductive tract infection.

*Missing values are only presented as numbers and were not included in the calculation of percentage. Some values were missing due to missing samples.

†P value for two-sample test of proportions.

could have been slightly higher than what was observed if fewer women were on antiretroviral treatment or lower if more women were undergoing treatment.

Since about 95% of pregnant women in Zambia have at least one ANC visit⁴¹ and the refusal rate in this study was less than 1%, our results likely reflect the dual burden of malarial infection and curable STIs/RTIs among all pregnant women in this setting. Furthermore, inclusion of positive and negative controls in the molecular diagnosis procedures and the fact that results obtained from repeat reading and testing were virtually reproducible enhance the validity of the dual burden of malarial infection and STI/RTI among pregnant women in this population.

Quantifying the frequency of malarial and STI/RTI coinfection is important in the context of ongoing research for alternatives to SP for use in IPTp. Our study provides evidence in support of antimalarial and antibacterial drug combinations that may offer the added benefit of reducing the burden of curable STIs/RTIs in pregnancy, especially in resource-poor settings such as where STIs/RTIs are highly prevalent and routine screening may not be sustainable. Furthermore, up to 50% of stillbirths have been attributed to untreated maternal syphilis in some areas^{42,43} and coverage

of syphilis screening of pregnant women during ANC in sub-Saharan Africa is estimated to be quite low (39.5%).²² In fact, malaria and syphilis are the two leading infectious causes of stillbirth in sub-Saharan Africa, implicated in 420,000 stillbirths, or three of every 10 stillbirths, every year.⁴ Presumably fewer pregnant women with syphilis are given appropriate treatment; however, the proportion of women testing positive for syphilis who receive treatment could be increased by the use of point of care tests rather than laboratory-based RPR tests as demonstrated in several countries including Zambia.⁴⁴ An integrated solution for the management of malarial infection and STI/RTI in pregnancy is clearly needed for the benefit of pregnant women in areas with poor resources and overlapping prevalence of malarial infection and STIs/RTIs.

Bed-net use,^{45,46} parity, and age¹ have been known to be associated with malarial infection. Parity,^{47,48} the number of sexual partners,⁴⁹ and early sexual debut^{47,49} have been previously associated with STIs/RTIs among pregnant women. No association was found between malarial and STI/RTI coinfection and factors such as parity, age, the number of sexual partners, early sexual debut, bed-net ownership, bed-net use, and wealth quintile in this study.

TABLE 4
Multivariate analyses of risk factors for malarial and curable STI/RTI coinfection among first ANC attendees (N = 1,071)

Potential risk factor	Category	n (%)	Adjusted OR	P value
Age group	≤ 20	295 (27.5)	1.00	0.149
	21–25	304 (28.3)	0.95 (0.52–1.72)	
	26–30	244 (22.7)	0.83 (0.43–1.61)	
	≥ 30	231 (21.5)	0.58 (0.30–1.14)	
Gravidity	Primigravidae	258 (24.1)	1.00	0.681
	Secundigravidae	165 (15.4)	0.96 (0.52–1.88)	
	Multigravidae	648 (60.5)	0.77 (0.41–1.46)	
Bed-net ownership	No	734 (68.5)	1.00	0.937
	Yes	337 (31.5)	0.83 (0.47–1.47)	
Bed-net use on previous night	No	658 (61.6)	1.00	0.386
	Yes	410 (38.4)	0.98 (0.56–1.74)	
	Missing	3		
HIV status	Negative	933 (87.1)	1.00	< 0.001
	Positive	138 (12.9)	3.93 (1.87–8.27)	

Coinfection = infection with malaria parasites and at least one STI/RTI; HIV = human immunodeficiency virus; NA = not applicable; OR = odds ratio; STI/RTI = sexually transmitted and reproductive tract infection. Only HIV infection was found to be independently associated with malaria and STI/RTI coinfection therefore we did not adjust for any other variable in the final model. Missing values are only presented as number and were not included in the calculation of percentages and analysis.

TABLE 5
Univariate analyses of the association of malarial infection, STIs/RTIs, and their coinfection with adverse birth outcomes ($N = 717$)

Potential risk factor	Category	n (%)	Unadjusted OR	P value*
Malarial and STI/RTI coinfection‡	No infection	117 (16.5)	1.00	0.507
	Single infection†	326 (46.1)	1.24 (0.79–1.96)	
	Coinfection‡	266 (37.5)	1.31 (0.82–2.09)	
	Missing§	8		
STI/RTI	Negative	259 (36.1)	1.00	0.663
	Positive	458 (63.9)	1.07 (0.78–1.48)	
Peripheral malarial infection	Negative	301 (42.4)	1.00	0.181
	Positive	409 (57.6)	1.24 (0.90–1.69)	
	Missing§	7		

OR = odds ratio; STI/RTI = sexually transmitted and reproductive tract infection. Diagnoses were conducted at first ANC attendance and women were followed up to delivery.

*Overall P value for univariate model.

†Infection with at least one STI/RTI or malaria.

‡Infection with at least one STI/RTI and malaria.

§Missing values are only presented as numbers and were not included in the calculation of percentages and in the analyses. Missing values were due to missing samples.

HIV-infected women were at a higher risk of malarial infection and STIs/RTIs. However, as previously reported,²⁷ the sample size was not large enough to conclude that the increased risk of malarial infection among HIV-infected women was statistically significant. Infection with HIV has been associated with both malarial infection^{50,51} and curable STIs/RTIs.^{52,53} It is, therefore, not a surprise finding that HIV was a risk factor for malarial and STI/RTI coinfection in our study.

The fact that HIV was strongly associated with malarial and STI/RTI coinfection among pregnant women on their first ANC visit highlights the importance of treatment and prevention of these infections in pregnant HIV-infected women. In areas where malaria parasites have lost sensitivity to SP, alternative therapies that combine a broad-spectrum antibiotic with an efficacious antimalarial should be investigated. One possible combination would involve azithromycin plus dihydroartemisinin–piperaquine. Azithromycin is efficacious against *T. pallidum*, *C. trachomatis* and *N. gonorrhoea* and may offer some protection against *T. vaginalis* and *Gardnerella vaginalis*, a bacterium that is commonly implicated in bacterial vaginosis.⁵⁴ Azithromycin is efficacious against *Plasmodium vivax*, but needs a potent antimalarial partner drug to clear *P. falciparum*.⁵⁵ Dihydroartemisinin–piperaquine has been shown to be an efficacious antimalarial and potential replacement for SP as IPTp.^{56,57} Therefore, dihydroartemisinin–piperaquine plus azithromycin could be a good replacement for SP as IPTp.

Clinicians and staff involved in the provision of ANC services also need to be proactive in the management of these infections, especially in HIV-infected women. Moreover, the importance of community education on the ways that malarial infection, HIV, and STI/RTIs can be prevented cannot be overemphasized.

The lack of association between infections and adverse birth outcome could partially be attributed to the interventions in the ANC package including IPTp-SP, iron and folic acid supplementation, and syphilis treatment. Administration of IPTp-SP reduces the adverse effects of malarial infection in pregnancy including third trimester maternal anemia, placental parasitemia, and the incidence of low birth weight.^{58–61} In this study, IPTp-SP coverage was high, with 99% of women who were followed to delivery receiving at least one dose of IPTp-SP during the pregnancy duration. Furthermore, studies have suggested that SP could offer additional protection against infections other than malarial infection resulting in

the protective effect against adverse birth outcome, which becomes more apparent in areas where parasites have lost sensitivity.^{26,56}

Diagnosis of infections was limited to the first ANC visit and women were classified as infected or uninfected based on results from the screening done at first ANC. This potentially may have resulted in the misclassification of individuals who were classified as uninfected but acquired an infection later in pregnancy and which may have resulted in the reduction in the strength of association between infection and adverse birth outcome. A second screening later in pregnancy is recommended in future studies.

The loss to follow-up in this study was much higher than expected mainly due to unforeseen interruptions in transportation during the follow-up to delivery period. Additional factors may be related to myths and traditional beliefs among residents of this district that influence birthing practices and cause women to prefer delivery at home in seclusion or away from their home villages.⁶²

Given the high prevalence of malarial infection, STIs/RTIs and their coinfection in pregnancy alternatives to SP that address the dual burden of malarial infection and curable STIs/RTIs should be prioritized.

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