

## 1 **Introduction**

2 The diagnosis of tuberculosis (TB) disease in resource-poor settings remains challenging.  
3 Several independent studies have reported on the limitations of current techniques in  
4 diagnosing TB.<sup>1-4</sup> There is a lack of simple field-friendly diagnostic tools and markers of  
5 immune activation and modulation of cytokine networks during intracellular infections might  
6 provide opportunities to develop appropriate tools.<sup>5-11</sup>

7 The Interferon gamma (IFN- $\gamma$ ) release assays (IGRAs) with high specificity and accuracy in  
8 the diagnosis of *Mycobacterium tuberculosis* (*Mtb*) infection have been widely employed in  
9 the immune-based diagnosis of *Mtb* infection and have some advantages over the tuberculin  
10 skin test.<sup>12</sup> However, IGRAs are mainly useful in low incidence settings and for research  
11 advances in high burden areas as their major disadvantage is the inability to differentiate  
12 between active and latent TB.<sup>12,13</sup> The discovery of secreted biomarkers similar to the gene  
13 expression signatures that were recently identified and that differentiate between these two  
14 infection states and which can be further developed into a rapid point of care test would be a  
15 major boost in TB diagnosis.<sup>14</sup>

16 Recently, there has been an upsurge in the alternative use of novel *Mtb* antigens and host  
17 markers besides IFN- $\gamma$  in *Mtb*-specific antigen stimulated whole blood culture assay for  
18 exploring the diagnosis of TB.<sup>15</sup> We have previously measured many of these host markers  
19 including tumour necrosis factor (TNF- $\alpha$ ), interferon-inducible protein (IP-10), epidermal  
20 growth factor (EGF), macrophage inflammatory protein (MIP)-1 $\beta$ , vascular endothelial  
21 growth factor (VEGF) and soluble CD40 ligand (sCD40L) after stimulation with novel *Mtb*  
22 infection phase-dependent antigens (including TB vaccine candidate antigens, dormancy  
23 (DosR) regulon encoded antigens, TB reactivation antigens, TB resuscitation promoting  
24 factors (rpfs) and other stress response-associated antigens) in whole blood culture  
25 supernatants and some of these antigens look promising in TB disease diagnosis.<sup>16,17</sup>  
26 However, in these studies, long term (7 day) whole blood assays were employed, which is  
27 not ideal for diagnostic purposes. In a follow up to these studies, we evaluated the potential

28 of some of these promising antigens to elicit a host response in a short term (overnight)  
29 whole blood assay compared to the long term (7 day) whole blood assay.<sup>18</sup> This study also  
30 evaluated the accuracy of some of these previously reported novel candidate antigens but in  
31 a larger study employing a short term (overnight), more field-friendly whole blood assay.

## 32 **Materials and methods**

### 33 **Study participants**

34 All the participants presumed of having pulmonary TB who participated in this study were  
35 recruited as part of the EDCTP funded African European Tuberculosis Consortium (AE-TBC)  
36 study that was conducted across six different African countries ([www.ae-tbc.eu](http://www.ae-tbc.eu)). Participants  
37 included in the present study were recruited from field sites serving Stellenbosch University,  
38 South Africa; Makerere University, Uganda; Medical Research Council Unit, The Gambia;  
39 and Karonga Prevention Study, Malawi. Participants presented with symptoms suggestive of  
40 pulmonary TB disease such as persistent cough for more than 2 weeks and one of the  
41 following: fever, recent loss of weight, night sweats, haemolysis, chest pain or loss of  
42 appetite. Participants were eligible for the study if they were 18 years or older, willing to give  
43 written informed consent, including for HIV testing using a rapid test (Abott, Germany) and  
44 sample storage. The exclusion criteria included severe anaemia (HB<10g/l), pregnancy,  
45 other known diseases such as diabetes mellitus, current anti-TB treatment, anti-TB  
46 treatment in the last 90 days, use of quinolone or aminoglycoside antibiotics in the past 60  
47 days, and not been resident in the study area for more than 3 months. A case report form  
48 was completed for each participant before the collection of blood, saliva and other intended  
49 samples including urine and sputum as required for the main study. Culture of sputum  
50 samples was done using the MGIT method (BD Biosciences) and confirmation of isolated  
51 *Mtb* complex in all positive cultures was carried out by an *Mtb* complex specific PCR or  
52 standard biochemical methods, dependent on the facilities available at the study site.<sup>4</sup>  
53 Additionally, 3 ml of blood was collected from the participants for the performance of QFT-IT  
54 assay, which was carried out according to the manufacturer's instruction as previously

55 described.<sup>19</sup> The Human Ethics Research Committee of the University of Stellenbosch gave  
56 approval for the study (N10/08/274).

### 57 **Reference standard for classification of study participants**

58 Prior to the commencement of recruitment of study participants, harmonized case definitions  
59 were established and used for the classification of study participants (presumed TB cases)  
60 at all study sites. Participants were classified as having definite TB, probable TB,  
61 questionable TB disease status or non TB, using a combination of clinical, radiological, and  
62 laboratory findings.<sup>45</sup> The non TB cases were cases had a range of other diagnoses,  
63 including upper and lower respiratory tract infections (viral and bacterial infections, although  
64 attempts to identify organisms by bacterial or viral cultures were not made), and acute  
65 exacerbations of chronic obstructive pulmonary disease or asthma. No participant in the non  
66 TB group underwent TB treatment during the 6 month follow up of the study. In assessing  
67 the diagnostic accuracy of the markers investigated in the present study, all the definite and  
68 probable TB cases were classified as “TB”, and then compared to the non TB cases,  
69 whereas questionables were excluded (Figure 1).

70

### 71 **Whole blood culture assay (WBA)**

72 At enrolment, 10ml of heparinised blood was collected from all participants and transported  
73 at ambient conditions within two hours of collection to the laboratory where the WBA was  
74 performed. The antigens that were used came from two sources namely: Leiden University  
75 Medical Center (LUMC), The Netherlands, and the Statens Serum Institut (SSI), Denmark.  
76 ESAT-6 and CFP-10 are two separate antigens, but were measured together as a fusion  
77 protein (ESAT-6/CFP-10) in this study. ESAT-6/CFP-10 and RV0081 were selected for the  
78 current study because of the promising accuracy shown by host markers elicited by these  
79 antigens in our previous studies<sup>16-18</sup> whereas Rv1284 and Rv2034 were selected because of  
80 the promise already shown by the antigens as TB diagnostic and vaccine candidates in  
81 previous studies.<sup>20,21</sup> Prior to their usage the four lyophilised antigens were reconstituted in

82 sterile 1X PBS. The reconstituted antigens were then diluted in sterile 1x PBS, mixed with  
83 undiluted whole blood from each study participant at a final concentration of 10µg/ml, and  
84 incubated overnight (20-24hours) in 24-well tissue culture plates (Corning Corstar, Sigma)  
85 as previously described.<sup>18</sup> Sterile 1x PBS (Lonza, Cat #: 17-517Q) was used as the negative  
86 control.

### 87 **Luminex multiplex immunoassay**

88 This prospective study included 322 TB and non TB cases and was evaluated using a  
89 Luminex multiplex cytokine platform which is based on simultaneous detection and  
90 cytometric quantification of different cytokines in a sample. The concentrations of 42 host  
91 markers including interleukin (IL)-1β, IL-1Rα, IL-2, IL-4, IL-5, IL-6, IL-7, IL-8, IL-9, IL-10, IL-  
92 12, IL-13, IL-15, IL-17, eotaxin, fibroblast growth factor (FGF) basic, granulocyte colony  
93 stimulating factor (G-CSF), granulocyte monocyte colony stimulating factor (GM-CSF), IFN-  
94 γ, interferon inducible protein (IP)-10, monocyte chemotactic protein (MCP)-1, macrophage  
95 inflammatory protein (MIP)-1α, platelet derived growth factor BB (PDGF-BB), MIP-1β,  
96 RANTES, TNF-α, vascular endothelial growth factor (VEGF), eotaxin-2, BCA-1, 6Ckine,  
97 SCF, TRAIL, ENA, ferritin, fibrinogen, procalcitonin, serum amyloid protein A (SAA), tissue  
98 plasminogen activator, serum amyloid protein P (SAP), CRP, haptoglobin and α-2  
99 macroglobulin, were evaluated in WBA supernatants of all the study participants. This was  
100 done using Milliplex kits (Merck Millipore, St. Charles, Missouri, USA) and Bio-Plex kits (Bio  
101 Rad Laboratories, Hercules, CA, USA) on the Bio-Plex™ platform according to the  
102 manufacturer's instructions. Standard curves were generated from the serial dilutions that  
103 were made from the assay controls supplied and matched against the cytokine concentration  
104 for quantification. The concentrations of all the analytes in the quality control reagents were  
105 found to be within the ranges as expected. The Bio-Plex manager version 6.1 was used for  
106 bead acquisition and analysis of median fluorescence intensity.

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108

109 **Statistical analysis**

110 Statistical differences in analyte levels were evaluated by the Mann Whitney U test for non-  
111 parametric data analysis. The diagnostic accuracies of individual antigen-specific or  
112 unstimulated responses for TB disease were ascertained by receiver operator characteristics  
113 (ROC) curve analysis. Cut-off levels for estimation of sensitivity and specificity were selected  
114 based on the Youden's Index. The predictive abilities of combinations of unstimulated and  
115 antigen-specific host markers for TB disease and non TB were investigated by performing  
116 best subsets general discriminant analysis (GDA). Data were randomly partitioned into a  
117 70% training data set, which was used for model building and 30% test set, which was used  
118 to verify the accuracy of the different models. The leave-one-out cross validation approach  
119 was used to test the prediction accuracy of biosignatures after data was stratified according  
120 to HIV status, due to the relatively limited number of HIV infected individuals. Data were  
121 analyzed using GraphPad prism, version 5.00 for Windows (Graphpad Software, San Diego  
122 California, USA) and Statistica (Statsoft, Ohio, USA).

123 **Results**

124 **Study participants**

125  
126 A total of 322 participants were enrolled into this study, 106 (33%) of who were cultures  
127 positive TB cases (Figure 1). Of the 322 study participants, 168 (52%) were males and 24  
128 (23%) of the 106 TB cases were HIV co-infected. The demographic and clinical information  
129 of the participants are shown in table 1.

130 **Potential of host markers produced by unstimulated supernatants in**  
131 **discriminating between individuals with TB and non TB disease**

132 When the analyte levels detected in the unstimulated control supernatants in TB patients  
133 were compared to the levels obtained in the non TB group (50% of this group were QFT-IT  
134 positive), the unstimulated levels of 14 out of the 42 host markers evaluated showed  
135 significant differences. The concentrations of these markers including CRP, Ferritin, IP-10,  
136 IL-6, IL-7, IL-9, IL-13, IFN- $\gamma$ , VEGF, Haptoglobin, SAP, PCT and SAA were significantly

137 higher in the TB group (Table 2). When the diagnostic potentials of these unstimulated host  
138 markers were evaluated by ROC curve analysis, four analytes including CRP, IP-10, Ferritin  
139 and SAA had an area under the ROC curve (AUC) of  $\geq 0.85$ ,  $\geq 0.74$ ,  $\geq 0.79$  and  $\geq 0.77$   
140 respectively, in unstimulated samples. At their optimal unstimulated cut-off values, SAA had  
141 a sensitivity and specificity of 81% and 72%, ferritin 70% for both sensitivity and specificity,  
142 IP-10 had 77% sensitivity and 71% specificity for ascertaining TB disease. The best  
143 performance characteristic was with unstimulated CRP with a sensitivity and specificity of  
144 80% (Table 2, Figure 3). The high AUC recorded for some of these markers support their  
145 diagnostic potential.

#### 146 **Utility of host markers detected in overnight antigen-stimulated culture** 147 **supernatants in the diagnosis of TB disease**

148 The unstimulated control levels for the different host markers were subtracted from the  
149 antigen-stimulated responses for each study participant before the analysis of the data. In  
150 response to *Mtb*-specific antigenic stimulation by ESAT-6/CFP-10, median concentrations of  
151 IP-10, IFN- $\gamma$ , IL-1R $\alpha$ , tPA and TRAIL were significantly higher in the TB group ( $p < 0.05$ )  
152 (Table 2, Figure 2). Following stimulation with Rv2034, IL-2, IL-17 and FGF basic levels  
153 were significantly higher in TB cases whereas ferritin was higher in non TB. Rv1284 elicited  
154 the production of significantly high levels of IL-2 in the non TB cases, whereas only tPA  
155 responses were significantly different between the TB and non TB cases after stimulation  
156 with Rv0081 (Table 2). When the diagnostic accuracy of individual antigen-specific host  
157 markers were investigated by ROC curve analysis, the AUCs for ESAT-6/CFP-10 stimulated  
158 IP-10 and IFN- $\gamma$  were  $\geq 0.64$  respectively. Antigen-specific level of IP-10 had the best  
159 sensitivity of 60% and specificity of 65%. The AUC's of Rv1284-specific and Rv2034-specific  
160 markers performed poorly in general. Only Rv2034-specific level of IL-2 attained 0.60 (Table  
161 2, Figure 3).

162

163 **Ability of cytokine responses to discriminate between LTBI and uninfected**  
164 **controls**

165 When the concentration of host markers detected in QFT-IT positive non TB cases (LTBI)  
166 were compared to the levels obtained in the QFT-IT negative non TB cases (uninfected  
167 controls), the unstimulated levels of IL-1 $\beta$ , IL-1R $\alpha$ , IL-6, IL-10, IL-12, MIP-1 $\alpha$ , TNF- $\alpha$  and  
168 were significantly higher in the uninfected controls. Only unstimulated levels of eotaxin were  
169 significantly higher in LTBI subjects. When the host markers elicited after stimulation with the  
170 different antigens were compared between the two groups, most of the discriminatory  
171 markers were found in ESAT-6/CFP-10 stimulated supernatants. ESAT-6/CFP-10 -specific  
172 levels of IL-1R $\alpha$ , IL-2, IL-4, IL-5, IL-13, IL-15, FGF basic, GM-CSF, IFN- $\gamma$ , IP-10, MCP-1,  
173 MIP-1 $\alpha$  and Eotaxin-2 were significantly higher in the LTBI group. Similarly, Rv2034-specific  
174 levels of IL-8, IL-15, MCP-1 and MIP-1 $\alpha$ , and Rv1284-specific levels of G-CSF, MCP-1 and  
175 PDGF-BB were significantly higher in the LTBI. Stimulation with Rv0081 failed to elicit any  
176 response. When the diagnostic accuracies of the markers detected in the culture  
177 supernatants were evaluated by ROC curve analysis, only ESAT-6/CFP-10-specific levels of  
178 IP-10, IFN- $\gamma$ , GM-CSF, IL-2 and IL-13 discriminated between the two groups with AUC  $\geq$   
179 0.70. Out of these five markers, ESAT-6/CFP-10-specific level of IP-10 had the best  
180 sensitivity and specificity of 75% and 72% respectively. Although ESAT-6/CFP-10-specific  
181 IL-5 and eotaxin-2, Rv2034-specific MCP-1, and Rv1284-specific PDGF-BB all discriminated  
182 between the two groups with sensitivities  $>80\%$ , the specificities of all these markers were  
183 poor, ranging between 38-50% (Table 3).

184 **Abilities of combinations of analytes in the general discriminant analysis**  
185 **models in discriminating between TB and non TB.**

186 To evaluate the predictive abilities of combinations of analytes for TB and no TB disease  
187 data obtained from all study participants were analysed by general discriminant analysis  
188 (GDA), regardless of the HIV infection status of the study participants. The unstimulated and  
189 antigen-specific responses of each host marker were treated as separate variables, in order

190 to evaluate the contribution of both classes of markers in predictive models. We randomly  
191 partitioned all the data from the measurement of the different markers into a 70% training  
192 data set for model building, and 30% for a test set for the verification of the models. A  
193 combination of six markers IP-10<sub>Ag-Nil</sub>, IFN- $\gamma$ <sub>Ag-Nil</sub>, IP-10<sub>Nil</sub>, Ferritin<sub>Nil</sub>, SAA<sub>Nil</sub>, and CRP<sub>Nil</sub>  
194 accurately predicted 77% TB cases and 84% of the non TB cases in the training set,  
195 regardless of HIV infection status. In the test set, the six-marker biosignature accurately  
196 predicted 83% of the TB cases and 78% of the non TB cases (Table 4).

197 To investigate the influence of HIV infection on the accuracy of the biosignatures, data was  
198 stratified according to HIV status, and the GDA procedure repeated. In the HIV uninfected  
199 group the six-marker biosignature (IP-10<sub>Ag-Nil</sub>, IFN- $\gamma$ <sub>Ag-Nil</sub>, IP-10<sub>Nil</sub>, Ferritin<sub>Nil</sub>, SAA<sub>Nil</sub>, and CRP<sub>Nil</sub>)  
200 diagnosed TB disease with a sensitivity of 83% and specificity of 90% in the training data  
201 set, and a sensitivity of 88% and specificity of 82% in the test dataset. However, the  
202 combination of these analytes performed less well in the HIV infected patients as only 64%  
203 of the TB cases and 80% of the non TB cases were correctly classified in the resubstitution  
204 classification matrix. After leave-one-out cross validation, the biomarker combination only  
205 resulted in the correct prediction of 52% of the TB cases and 76% non TB (Table 4). The  
206 frequency of the different analytes in the top 20 models for discriminating between TB  
207 disease and non TB in all study participants is shown in figure 4.

## 208 **Discussion**

209 The development of a new, relatively rapid, and accurate test, that does not rely on sputum,  
210 which can be difficult to obtain in some patient groups, and which does not reflect the site of  
211 infection in extrapulmonary TB, would be a major advance in the TB diagnostic field. The  
212 measurement of a small number of analytes that differentiates active TB from LTBI in the  
213 blood in a short-term overnight assay, might fulfil this need.<sup>19</sup> Test results would be available  
214 within 48 hours, rather than after several weeks as is the case with sputum culture. In this  
215 study we investigated the potential accuracy of host markers detected in supernatants, after  
216 stimulation of whole blood with *Mtb* infection phase-dependent antigens, in an overnight



217 culture assay. We have shown that multiple biomarkers detected in the antigen-stimulated  
218 and unstimulated supernatants can contribute to a diagnostic signature with the ability to  
219 discriminate between active TB and non TB. A biosignature of six analytes showed  
220 promising results especially in HIV uninfected individuals. We previously reported on the  
221 potential of host markers produced after stimulation of blood cells with novel *Mtb* infection  
222 phase-dependent antigens, including Rv0081, Rv0867c, Rv2389c, Rv1009 and Rv2032 in  
223 the diagnosis of TB disease.<sup>16,17</sup> However, the 7-day WBA used in that work would not be  
224 optimal and useful as a TB diagnostic tool, especially in resource limited settings. Follow-up  
225 work evaluated a down selected number of these antigens in the 7-day and overnight  
226 cultured assays<sup>18</sup> and the present study is a validation of that pilot data.

227 We enrolled 322 participants with presumed TB and confirmed active disease in 106,  
228 whereas active TB was excluded in 216. Comparison of the levels of markers in these two  
229 groups, irrespective of their HIV status, and QFT-IT results was performed. Although a sub-  
230 group comparison of these markers in the different *Mtb* infection groups was not our primary  
231 objective as we were looking for diagnostic tests suitable for the accurate diagnosis of active  
232 TB in high endemic settings, with a high prevalence of LTBI, we evaluated the utility of  
233 multiple analyte signatures in the diagnosis of TB disease in different HIV and QFT-IT sub  
234 groups. We identified several markers that discriminated between latently infected  
235 individuals and uninfected groups.

236 Antigen-specific host markers measured in the overnight WBA in this study did not show  
237 much diagnostic potential as the top single markers observed; IFN- $\gamma$  and IP-10, only  
238 achieved an AUC of 64% in discriminating between TB disease and non TB. However,  
239 unstimulated levels of SAA, ferritin, CRP and IP-10 were the most promising single markers  
240 obtained, reaching AUC  $\geq 70\%$ . As observed in our previous studies<sup>16,17</sup> the predictive  
241 abilities of these markers improved when they were used in combinations. Indeed, in this  
242 study, a six analyte-model showed an improved diagnostic potential. The results of the acute  
243 phase proteins: CRP and SAA, are consistent with the results from the pilot study where

244 these markers also featured strongly and were included in the top four-analyte multi marker  
245 models.<sup>18</sup> In contrast to our previous observations none of VEGF, TGF- $\alpha$  or EGF, which was  
246 prominent in the best discriminatory marker model in the 7-day assay, was included into the  
247 present models. The larger sample size in the present study and the use of the short term  
248 assay are probably responsible for the discrepancy.

249 Rv0081 is a DosR regulon encoded antigen and several studies have shown that the DosR  
250 regulon of *Mtb* is associated with latency, nutrient starvation, hypoxia and low nitric oxide or  
251 pH.<sup>22-27</sup> Despite the diagnostic potential of this antigen, it did not discriminate between TB  
252 and non TB with high sensitivity and specificity and failed to differentiate LTBI from  
253 uninfected controls. The evaluation of this antigen in combination with other antigens in  
254 previous study did not improve its accuracy.<sup>16</sup> Rv0081 elicited tPA responses that were  
255 significantly higher in TB cases, in comparison to the non TB group. In contrast to our  
256 previous studies, which were conducted in household contacts (HHC) of TB cases, the  
257 present study did not recruit contacts as the control group. DosR regulon antigens might be  
258 recognised more frequently by people with recent exposure and infection.<sup>23, 28-30</sup> IFN- $\gamma$   
259 elicited by ESAT-6/CFP-10 is a commonly used marker for TB infection and although it does  
260 not discriminate between active TB and LTBI on its own, it was included most frequently in  
261 the GDA models. This classical antigen also elicited SAA, CRP and ferritin responses.  
262 These acute phase proteins are mainly produced in the liver as a result of inflammation and  
263 it is not a surprise that these markers, particularly the unstimulated levels, were included in  
264 the top analyte models. SAA and CRP are also produced by macrophages and peripheral  
265 blood mononuclear cells (PBMCs), respectively,<sup>31,32</sup> are being extensively employed as  
266 biomarkers in many disease conditions including pulmonary infections.<sup>33,34</sup> The potential  
267 usefulness of SAA and CRP in serum in the diagnosis of TB has been shown in previous  
268 studies<sup>46</sup> although no current TB diagnostic tests use these markers.<sup>35,36</sup> IP-10 is a  
269 chemokine secreted by monocytes with direct interaction with antigen specific T-cells and  
270 has been widely researched as an alternative TB immunodiagnostic biomarker.<sup>37,38</sup> The

271 levels of stimulated IP-10 was higher in TB disease in our study compared to non TB and  
272 this is in agreement with other studies where IP-10 differentiated better between active TB  
273 cases and unexposed individuals than IFN- $\gamma$  release assays (IGRA).<sup>39,40</sup> Several studies  
274 have shown that the combination of both IFN- $\gamma$  and IP-10 could significantly enhance  
275 diagnostic performance.<sup>41-44</sup>

276 The main limitation of our study was the evaluation of fewer antigens than in our previous  
277 studies as the down selection of the number of antigens from our pilot work demonstrates  
278 the risk for false discovery when a large number of antigens are evaluated in a relatively  
279 small number of samples. Antigens can be falsely included or excluded due to insufficient  
280 power of the pilot studies. Alternatively, however, the use of shorter term assay here as  
281 opposed to the use of long term assays in our previous study might have biased towards  
282 responses to a subset of the originally identified antigens only, possibly due to differences in  
283 response kinetics. Our results furthermore highlight the fact that multi-marker biosignatures  
284 hold promise above the use of single markers. Finally, the results suggest that *ex vivo*  
285 samples like plasma and serum may hold promise for the discovery of such biosignatures,  
286 as no added accuracy was obtained through stimulation with *Mtb* antigens. We conclude that  
287 large future studies should focus on *ex vivo* markers.

## 288 **Conclusion**

289 We identified a biosignature of six unstimulated and mycobacteria-specific host markers in  
290 antigen-stimulated overnight WBAs that showed potential in the diagnosis of TB disease with  
291 an accurate prediction of 77% TB cases and 84% non TB cases. The sensitivity and  
292 specificity of this 6-analyte model was better in HIV uninfected patients but as a large  
293 percentage of African TB patients have HIV co-infection, this approach has limited future  
294 potential. These markers could, however, be adjunctive markers in the diagnosis of TB  
295 disease where sputum is difficult to obtain or where extrapulmonary TB is presumed. Future  
296 studies in children and extrapulmonary TB patients should evaluate additional novel *Mtb*  
297 antigens, *ex-vivo* unstimulated markers such as in serum and plasma, and host markers

298 possibly using non-biased approaches such as proteomics to improve sensitivity before field-  
299 friendly versions of the stimulation assays are developed.

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332

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