Declining child mortality in northern Malawi despite high rates of infection with HIV
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Objective To determine whether routine surveys, such as the Demographic and Health Surveys (DHS), have underestimated child mortality in Malawi.

Methods Rates and causes of child mortality were obtained from a continuous-registration demographic surveillance system (DSS) in Malawi for a population of 32 000. After initial census, births and deaths were reported by village informants and updated monthly by project enumerators. Cause of death was established by verbal autopsy whenever possible. The likely impact of human immunodeficiency virus (HIV) infection on child mortality was also estimated from antenatal clinic surveillance data. Overall and age-specific mortality rates were compared with those from the 2004 Malawi DHS.

Findings Between August 2002 and February 2006, 38 617 person–years of observation were recorded for 20 388 children aged <15 years. There were 342 deaths. Re-census data, follow-up visits at 12 months of age and the ratio of stillbirths to neonatal deaths suggested that death registration by the DSS was nearly complete. Infant mortality was 52.7 per 1000 live births, under-5 mortality was 84.8 per 1000 and under-15 mortality was 99.1 per 1000. One-fifth of deaths by age 15 were attributable to HIV infection. Child mortality rates estimated with the DSS were approximately 30% lower than those from national estimates as determined by routine surveys.

Conclusion The fact that child mortality rates based on the DSS were relatively low in the study population is encouraging and suggests that the low mortality rates estimated nationally are an accurate reflection of decreasing rates.

Introduction
Global child mortality rates declined by 2.5% annually between 1960 and 1990, but the decline was slowest in sub-Saharan Africa. 3 The fourth United Nations Millennium Development Goal (MDG4) is to reduce child mortality by two-thirds by 2015. 4 Although some countries have made dramatic gains in child survival, more improvement is needed, especially in the sub-Saharan region.

Malawi had the second highest under-5 mortality rate in southern and eastern Africa in 1990. In contrast to Kenya, Zambia and Zimbabwe, where rates have stabilized or increased, Malawi saw a substantial, steady decline, 5 from 221 per 1000 live births in 1990 to 120 per 1000 by 2006. 6, 7 However, to achieve MDG4 an increase in the annual rate of decline from 3.5% to 5.4% is needed. 7

Estimating child mortality levels and trends is difficult. 8 In the absence of vital registration systems in most developing countries, mortality is estimated indirectly, from censuses and surveys, 9–12 particularly Demographic and Health Surveys (DHS) and World Fertility Surveys. These estimates are subject to several errors, including omission of births and deaths, misreporting of age and omission of maternal orphans (since mothers are the source of information). 1

In Malawi under-5 mortality has decreased, but estimates have shown considerable variation, 4–6 so the actual rate, and therefore the likely future trajectory, are not clear. 10 Many of the problems in estimation occur because data are collected retrospectively. These problems can be overcome by using demographic surveillance data.
migrations. Project field staff followed up and recorded births and deaths monthly and migrations annually. To check completeness of infant death registration, all babies whose birth was recorded in the DSS and who were not known to have died or migrated out of the area were visited at 12 months of age. This follow-up visit detected only one extra infant death among 662 eligible babies. The total DSS population was re-censused after 2 years. This showed that the monthly and annual reporting system had registered 99% of deaths, 97% of births and 92% of migrations. This report includes data from the beginning of the DSS in August 2002 until February 2006.

Although the initial protocol was limited to live births, fetal deaths were also reported. To encourage reporting of early infant deaths, from March 2003 village informants were asked to report fetal deaths routinely, including miscarriages (fetal death before 7 months of gestation) and stillbirths (babies born dead after 7 months of gestation).

Causes of death

Verbal autopsy interviews were conducted, if consent was given, by a medical assistant in the local language (Chichewa) with the most immediate caregiver who could be traced. Interviewers used standard semistructured questionnaires developed for neonatal deaths (ages 0–28 days) or child deaths (ages 29 days–14 years). Both instruments were similar to the INDEPTH verbal autopsy tool, an adaptation of the World Health Organization (WHO) verbal autopsy questionnaire. Additionally, whenever available, patient-held health documents were reviewed together with any hospital records for children for whom the cause of death was unclear from other information.

Three individuals (physicians or experienced clinical officers) independently reviewed each verbal autopsy to assign the likely underlying cause of death. Any information on maternal HIV infection status from other research studies was made available to the reviewers. In accordance with WHO verbal autopsy standards, HIV/AIDS was assigned as a cause of death if symptoms suggested immunosuppression in the absence of other obvious causes, taking into account any available information on maternal HIV infection or AIDS death and any prior diagnoses of suspected HIV infection. Discrepancy-coded cases were discussed and resolved if possible, or coded as “nonspecific” if consensus could not be reached.

HIV exposure

HIV status was not routinely determined during the study. We estimated the number of children born to HIV-infected mothers in the study population and applied the probabilities of death in this group found in other studies without antiretroviral therapy (ART) or cotrimoxazole. Unlinked anonymous HIV serosurveillance was done at two antenatal care clinics within the DSS area. Birth registration in the DSS included information on antenatal clinic attendance; this information allowed us to estimate the proportion of mothers who attended these two clinics. Antenatal clinic registers showed that the rates of attendance varied little with time, so we assumed the pattern of antenatal clinic access was the same before the start of demographic surveillance. Maternal HIV infection rates were estimated from the age-specific HIV infection prevalence at the two antenatal clinics, applied to the mother’s age group at the time of giving birth. Maternal HIV prevalence was approximately 11% at the larger clinic and approximately 7% at the smaller, more rural clinic.

Prophylaxis to prevent mother-to-child transmission was not generally available during the study period, but 44 HIV+ women identified at one of the antenatal clinics in another study received the maternal and paediatric dose of nevirapine. The free national ART programme started in June 2004, with the first clinic opening in Karonga district in June 2005, 80 km from the study area. At that time children were only treated at specialized facilities. No pregnant women were started on ART during this period, making it unlikely that vertical transmission and HIV-related infant mortality were reduced by ART roll-out. Cotrimoxazole prophylaxis became available in ART clinics in late 2005, but it is unlikely that any children in the study population had received this by February 2006.

Statistical analysis

Overall and cause-specific mortality rates were calculated. Observation time for each child began when the child was first seen in the baseline census, at birth or at the time of migration into the area after the baseline census. Observation time ended at the time of death (if the child was still a member in a household in the area at the time of death) or at the time of migration out of the surveillance area. Multiple episodes of observation and gaps were allowed if the child moved out of the surveillance area and later returned. All analyses were done with Stata 10.0 software (Stata Corporation, College Station, United States of America).

To estimate AIDS mortality, the failure event was death from AIDS or “tuberculosis or AIDS”. Deaths from all other known or unknown causes were censored. To estimate non-AIDS mortality, the failure event was death from causes other than AIDS or “tuberculosis or AIDS”. Deaths from AIDS or from “tuberculosis or AIDS” were censored, along with deaths from unknown causes.

Standard child mortality indicators were calculated from the Kaplan–Meier function as the cumulative risks of death at the age of 28 days, 12 months, 24 months, 5 years and 15 years. The probability of dying between ages x and x+n (known as $q_x$) was calculated from the Kaplan–Meier survival function as

\[
1 - \frac{\text{proportion surviving at age } x+n}{\text{proportion surviving at age } x}
\]

This yielded the risk of death before the age of $x+n$, conditional on having survived to age $x$.

The completeness of ascertainment of deaths was assessed from the distribution of age at death. Stillbirths were included, since stillbirths and early infant deaths were more likely to be missed than deaths of older children and the number of stillbirths was expected to exceed the number of neonatal deaths in the population.

Overall and age-specific mortality rates were compared with those estimated by the 2004 Malawi DHS.

Results

Between August 2002 and February 2006, 20 388 children under 15 years of age were observed in the study population, and a total of 38 617 person–years of observation were obtained. Of these children, 13 450 (66.0%) were seen in the baseline census, 3251 (16.0%) migrated into the study area and 3687 (18.1%) were born during the observation period. The
Table 1. Kaplan–Meier mortality risk by age group, per 1000 live births, in Karonga district, Malawi, 2002–2006

<table>
<thead>
<tr>
<th>Age group</th>
<th>Death between ages</th>
<th>Boys and girls, all causesa</th>
<th>Boys and girls, AIDSa</th>
<th>Boys and girls, non-AIDSa</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Deaths</td>
<td>Risk</td>
<td>95% CI</td>
<td>Deaths</td>
</tr>
<tr>
<td>Neonatal</td>
<td>0–28 d</td>
<td>83</td>
<td>22.4</td>
<td>18.1–27.7</td>
</tr>
<tr>
<td>Postneonatal</td>
<td>29 days–12 mo</td>
<td>112</td>
<td>31.0</td>
<td>28.4–33.6</td>
</tr>
<tr>
<td>Infant</td>
<td>0–12 mo</td>
<td>196</td>
<td>52.7</td>
<td>46.0–60.4</td>
</tr>
<tr>
<td>24-mo</td>
<td>0–24 mo</td>
<td>256</td>
<td>70.0</td>
<td>62.2–78.7</td>
</tr>
<tr>
<td>Child 1–4 yr</td>
<td>1–5 yr</td>
<td>109</td>
<td>34.0</td>
<td>31.7–36.4</td>
</tr>
<tr>
<td>Under 5 yr</td>
<td>0–5 yr</td>
<td>304</td>
<td>84.8</td>
<td>76.2–94.6</td>
</tr>
<tr>
<td>Child 5–14 yr</td>
<td>5–15 yr</td>
<td>38</td>
<td>15.5</td>
<td>14.4–16.7</td>
</tr>
<tr>
<td>Child &lt; 15 yr</td>
<td>0–15 yr</td>
<td>342</td>
<td>99.1</td>
<td>89.5–109.7</td>
</tr>
</tbody>
</table>

AIDS, acquired immunodeficiency syndrome; CI, confidence interval.

* Eleven deaths from unknown causes were censored, so non-AIDS and AIDS-specific mortality risks do not total the all-cause mortality risk.

median observation time was 2.0 years (range: 1 day to 3.5 years).

By the end of February 2006, 15 591 (76.5%) children under 15 years were alive in the study area, 1764 (8.7%) had reached their 15th birthday, 2691 (13.2%) had migrated out and 342 (1.7%) had died. Of those who died, 197 were born during the observation period, 124 had been seen in the baseline census and 21 were in-migrants. There were 197 deaths among boys and 145 among girls. Death occurred at a health centre or hospital in 11 (3.2%) and at the household of a relative in 10 (2.9%); 22 (6.4%) children had seen in the baseline census. In 320 (93.6%) cases the informant was a parent, in 259 (75.7%) and a grandparent in 78 (22.8%) cases. In 320 (93.6%) cases the informant was a parent, in 259 (75.7%) and a grandparent in 78 (22.8%) cases. In 320 (93.6%) cases the informant was a parent, in 259 (75.7%) and a grandparent in 78 (22.8%) cases. In 320 (93.6%) cases the informant was a parent, in 259 (75.7%) and a grandparent in 78 (22.8%) cases.

Verbal autopsies

Of 342 verbal autopsy interviews, 174 (50.9%) were conducted within 30 days of death and 274 (80.1%) within 60 days. The informant was a parent in 259 (75.7%) and a grandparent in 78 (22.8%) cases. In 320 (93.6%) cases the informant had cared for the child on the day of death or for most of the terminal illness.

The availability of patient-held documents that might help to assign cause of death was analysed for the 149 verbal autopsies obtained between February 2005 and February 2006. Documents were available for 48 (32.2%) cases. In other cases documents were missing because they had never been issued (46, 30.9%), had been destroyed after the death (29, 19.5%) or had been misplaced (26, 17.4%).

Recent information on maternal HIV status was available for 67 (19.5%) of the 342 child deaths. In 24 cases the mother was known to have HIV infection, although AIDS was not automatically assigned as a cause of death. In 43 cases there was a negative test result from within 2 years of the child’s death.

All-cause mortality

Of the 304 deaths in children aged less than 5 years, 83 (27.3%) occurred in the neonatal period (45 in the first week), 112 (36.8%) in the postneonatal period and 109 (35.9%) in children aged 1–4 years.

Fig. 1. Age- and sex-specific all-cause mortality among children according to the demographic surveillance system,a Malawi, 2002–2006.

Table 1 shows child mortality rates by age group. The infant and under-5 mortality rates were 52.7 and 84.8 per 1000 live births, respectively. The cumulative risk of death by age 15 years was 99.1 (95% confidence interval, CI: 89.5–109.7) per 1000 births. Postneonatal mortality was 31.0 (28.4–33.6) per 1000 infants surviving the first month of life and mortality in children 1 to 4 years of age was 34.0 (31.7–36.4) per 1000 children who survived the first year of life.

Fig. 1 shows the age- and sex-specific mortality rates from all causes. During infancy mortality was relatively high. Mortality was lower for girls than boys in the postneonatal period (relative risk, RR: 0.68; 95% CI: 0.46–0.99) and between the ages of 5 and 14 years (RR: 0.51; 95% CI: 0.26–0.99).

After the change in March 2003 to include routine reporting of miscarriages and stillbirths, a total of 68 miscarriages
and 86 stillbirths were recorded, as well as 3678 live births and 83 neonatal deaths. The resulting ratio of stillbirths to neonatal deaths was 1.04 and the stillbirth rate was 22.8 per 1000 deliveries. Fig. 2 compares the distribution of stillbirths and ages at death estimated with the DSS and the 2004 Malawi DHS.\(^ {20} \)

### Causes of death

Table 2 shows causes of death by age and sex. The greater infant mortality among boys was attributed to both communicable (77 boys, 52 girls) and noncommunicable diseases (33 boys, 21 girls). “Likely AIDS” (AIDS and “tuberculosis or AIDS”) was the single most common cause, accounting for 50 of 304 (16.4%) deaths in children under 5 and for 63 of 342 (18.4%) deaths in children under 15. The proportion of deaths occurring at hospitals or health centres was similar for likely AIDS deaths (52.4%) and non-AIDS deaths (58.2%).

In the neonatal period, 23 (28.4%) of 81 deaths were attributed to prematurity or low birth weight, 20 (24.7%) to neonatal sepsis and 15 (18.5%) to asphyxia or birth injury. In the postneonatal period, 25 (21.9%) of 114 deaths were attributed to pneumonia, 22 (19.3%) to AIDS, 22 (19.3%) to diarrhoea, 15 (13.2%) to non-specifiable acute febrile illness and 9 (7.9%) to malaria. In children aged 1–4 years, 28 of 109 deaths (25.7%) were attributed to AIDS, and in those aged 5–14 years, 12 of 38 deaths (31.6%) were attributed to AIDS. Table 1 shows the cumulative mortality risks from AIDS and non-AIDS causes. The infant risk of death from non-AIDS causes was 7.3-fold higher than the risk of death from AIDS. The mortality risk ratio (non-AIDS versus AIDS) was 2.7 for children aged 1–4 years and 1.9 for children aged 5–14 years. Assuming unchanged mortality and infection rates, the cumulative probability of death from AIDS was 15.0 per 1000 by age 5 years and 20.3 per 1000 by age 15 years. The probability of death from non-AIDS causes was 67.9 per 1000 by age 5 years and 77.4 per 1000 by age 15 years.

### HIV exposure and mortality

Information on antenatal clinic attendance was available for all but one of the 3687 births registered in the DSS. Among these mothers, 3638 (98.7%) reported having attended an antenatal clinic during pregnancy, and 80.8% of them attended one of the two clinics that recorded HIV serosurveillance data. This allowed us to estimate that 298 (10.7%) of 2786 children whose mothers attended these two clinics were exposed to HIV infection. If we assume that the nevirapine prophylaxis given to the 44 mothers and infants reduced HIV transmission by half, then approximately 10% of babies in the DSS were exposed to HIV. And if we assume a cumulative risk of HIV infection of 30% by 24 months of age and an excess risk of death of approximately 50% in infants with HIV infection by this age, the estimated risk of HIV-related death by 24 months is 15 per 1000 births, compared with 11 per 1000 estimated by verbal autopsy.

### Discussion

Infant and under-5 mortality in Malawi during the period from 2002 to 2006 were 53 and 85 per 1000 births, respectively, in the study population covered by the DSS. Such figures are considerably lower than estimates from the 2004 DHS (76 per 1000 and 133 per 1000, respectively)\(^ {30} \) or from World health statistics for 2006 (76 per 1000 and 120 per 1000 respectively).\(^ {3} \)

Separate estimates for Karonga district were not available for 2004, but in the 2000 DHS, this district had the lowest child mortality rates in the country: infant mortality and under-5 mortality were 13% and 28% below the national average, respectively.\(^ {31} \) If we assume that the relative survival by district was the same in 2000 as in 2004 infant mortality would be 66 per 1000 and under-5 mortality would be 96 per 1000. In addition, based on whole population survey data from the 1980s, the mortality rates in the southern part of Karonga district, where the DSS area was located, were 23% lower than in the northern part of the district.\(^ {32} \) In the 1980s the district-wide estimate of infant mortality was 120 per 1000, and under-5 mortality was 190 per 1000,\(^ {33} \) which were also lower than contemporary national estimates.

The 2004 DHS estimates were probably influenced by misclassification. Some stillbirths were probably reported as neonatal deaths, since the ratio of stillbirths to neonatal deaths was 37% and there was evidence of inaccurate age reporting, with “heaping” at 12 months (Fig. 2).\(^ {34} \) When child mortality rates decline, period averages derived from birth histories are known to conceal the pattern and degree of change,\(^ {35} \) leading to overestimation of child mortality from the DHS. For example, in the United Republic of Tanzania the 2005 DHS estimate for under-5 mortality was 112 per 1000 for the period from 2000 to 2004, whereas the recalculated estimate for the year 2004 was 83 per 1000.\(^ {33} \)

HIV infection had a considerable impact on child mortality, with approximately 11, 15 and 20 out of every 1000 children born dying from AIDS (according to verbal autopsies) by age 2, 5 and 15 years. The sensitivity of child verbal autopsies for HIV infection and AIDS

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**Fig. 2.** Proportion\(^ {a} \) of stillbirths and deaths in children under 2 years of age according to the demographic surveillance system (DSS), 2002–2006, and the 2004 Malawi Demographic and Health Survey (MDHS).\(^ {b} \) Malawi

\(^ {a} \) Proportions are shown using all stillbirths and deaths in children under 2 years of age as the denominator.

\(^ {b} \) For the period 0–4 years before the demographic surveillance survey.

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### Table 2

<table>
<thead>
<tr>
<th>Cause</th>
<th>0–1 year</th>
<th>1–4 year</th>
<th>5–14 year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stillbirths</td>
<td>142 (46)</td>
<td>211 (69)</td>
<td>383 (122)</td>
</tr>
<tr>
<td>Deaths</td>
<td>85 (27)</td>
<td>152 (49)</td>
<td>356 (112)</td>
</tr>
<tr>
<td>Communicable causes</td>
<td>23 (7)</td>
<td>41 (13)</td>
<td>73 (23)</td>
</tr>
<tr>
<td>Infectious diseases and measles</td>
<td>27 (8)</td>
<td>44 (14)</td>
<td>79 (26)</td>
</tr>
<tr>
<td>Malaria</td>
<td>11 (3)</td>
<td>18 (6)</td>
<td>41 (13)</td>
</tr>
<tr>
<td>Congenital causes</td>
<td>15 (5)</td>
<td>23 (7)</td>
<td>23 (7)</td>
</tr>
<tr>
<td>Prematurity</td>
<td>31 (10)</td>
<td>46 (15)</td>
<td>73 (23)</td>
</tr>
<tr>
<td>Low birth weight</td>
<td>21 (7)</td>
<td>34 (11)</td>
<td>69 (22)</td>
</tr>
<tr>
<td>Other</td>
<td>14 (4)</td>
<td>21 (7)</td>
<td>26 (8)</td>
</tr>
</tbody>
</table>

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**Research**

Declining child mortality in Malawi despite HIV

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Table 2. Probable causes of death in 342 children under 15 years of age in Karonga district, Malawi, according to the demographic surveillance system, 2002–2006

<table>
<thead>
<tr>
<th>Probable cause of death</th>
<th>Boys</th>
<th>Girls</th>
<th>Boys and girls</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0–11 mo</td>
<td>1–4 yr</td>
<td>5–14 yr</td>
</tr>
<tr>
<td></td>
<td>No.</td>
<td>%</td>
<td>No.</td>
</tr>
<tr>
<td>Communicable diseases</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIV/AIDS</td>
<td>12</td>
<td>10.3</td>
<td>8</td>
</tr>
<tr>
<td>Tuberculosis or HIV/AIDS</td>
<td>0</td>
<td>0.0</td>
<td>4</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>1</td>
<td>0.9</td>
<td>0</td>
</tr>
<tr>
<td>Pneumonia</td>
<td>15</td>
<td>12.9</td>
<td>4</td>
</tr>
<tr>
<td>Malaria</td>
<td>7</td>
<td>6.0</td>
<td>7</td>
</tr>
<tr>
<td>Diarrhoea</td>
<td>16</td>
<td>13.8</td>
<td>5</td>
</tr>
<tr>
<td>Neonatal sepsis</td>
<td>12</td>
<td>10.3</td>
<td>0</td>
</tr>
<tr>
<td>Acute febrile disease,</td>
<td>11</td>
<td>9.5</td>
<td>10</td>
</tr>
<tr>
<td>nonspecific</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>3</td>
<td>2.6</td>
<td>3</td>
</tr>
<tr>
<td>Subtotal</td>
<td>77</td>
<td>66.4</td>
<td>41</td>
</tr>
<tr>
<td>Noncommunicable diseases</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prematurity/low birth</td>
<td>12</td>
<td>10.3</td>
<td>0</td>
</tr>
<tr>
<td>weight</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Asphyxia/birth injury</td>
<td>10</td>
<td>8.6</td>
<td>0</td>
</tr>
<tr>
<td>Congenital disorders</td>
<td>4</td>
<td>3.4</td>
<td>1</td>
</tr>
<tr>
<td>Cardiovascular</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
</tr>
<tr>
<td>Respiratory</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
</tr>
<tr>
<td>Cancer</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
</tr>
<tr>
<td>Other</td>
<td>7</td>
<td>6.0</td>
<td>6</td>
</tr>
<tr>
<td>Subtotal</td>
<td>33</td>
<td>28.4</td>
<td>7</td>
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<tr>
<td>External causes</td>
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<tr>
<td>Accidental</td>
<td>1</td>
<td>0.9</td>
<td>4</td>
</tr>
<tr>
<td>Unknown infects</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
</tr>
<tr>
<td>Subtotal</td>
<td>1</td>
<td>0.9</td>
<td>4</td>
</tr>
<tr>
<td>Unknown</td>
<td>5</td>
<td>4.3</td>
<td>4</td>
</tr>
<tr>
<td>Total</td>
<td>116</td>
<td>100</td>
<td>56</td>
</tr>
</tbody>
</table>

AIDS, acquired immunodeficiency syndrome; HIV, human immunodeficiency virus.
is estimated from 37% to 60%, and their specificity is estimated to range from 69% to 87%, but short follow-up intervals, as are used in the DSS, improve the accuracy of verbal autopsy diagnoses, and maternal HIV status was known for 20% of child deaths. Triangulation of the verbal autopsy results with expected HIV-related mortality based on the estimated prevalence of maternal HIV infection suggested that about 73% of the expected AIDS deaths among children under 2 years of age were identified through verbal autopsy.

In eight other African countries, HIV infection was estimated to have caused a recent net increase in all-cause child mortality. Given the high stable prevalence of HIV infection since the late 1990s in Malawi, the sustained decrease in mortality can only be explained by an accelerated decline in mortality from other causes. Is that plausible?

Vaccination documents of children under 5 years old during the baseline census showed delayed vaccination but high eventual coverage, and no cases of measles or acute flaccid paralysis had been recorded in the district for several years. In the study population almost 80% of children had access to safe water sources (bore holes or piped water). Between the early 1980s and the time of the DSS in 2002, the proportion of the population in the area who lived in burnt brick houses had increased from 25% to 64%, and the proportion of adults with some secondary education had increased from 6% to 24% (Karonga Prevention Study, unpublished data, 2009). Malawi has implemented an integrated management of childhood illness programme, and in the study area we have run a small paediatric clinic at the rural hospital since 2002.

The relatively low mortality rates measured in the DSS are likely to be accurate: re-census and follow-up checks at 12 months revealed very few missed deaths (and these were included), and the ratio of stillbirths to neonatal deaths was greater than 1. Dates were known with reasonable accuracy, and most verbal autopsies were conducted soon after death, with close relatives and often with documented information. The finding that the mortality rates based on the DSS were lower than the national estimates may be largely explained by regional differences. The decreases are encouraging and support a real, dramatic improvement in child mortality rates despite the epidemic of HIV infection. However, when 1980s data are used as the baseline, it becomes clear that this area of Malawi still needs to achieve further reductions in child mortality to meet its MDG4 target.

Acknowledgements

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Résumé

Baisse de la mortalité infantile dans le Nord du Malawi malgré les taux élevés d’infection par le VIH

Objectif: Déterminer si les études de routine, telles que les Études démographiques et sanitaires (Demographic and Health Surveys, DHS), ont sous-estimé la mortalité infantile au Malawi.

Méthodes: Au Malawi, les taux et les causes de mortalité infantile ont été obtenus par un système de surveillance démographique (SSD) à enregistrement continu, sur une population de 32 000 habitants. Après un recensement initial, les naissances et les décès étaient notifiés par les informateurs des villages, puis mis à jour chaque mois par les agents recenseurs. La cause du décès était établie par autopsie verbale aussi souvent que possible. L’effet probable de l’infection par le virus de l’immunodéficience humaine (VIH) sur la mortalité infantile était également estimé à partir des données de surveillance provenant des cliniques prénatales. Les taux de mortalité globale et par âge et étaient comparés avec ceux de la DHS du Malawi de l’année 2004.


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Research

Declining child mortality in Malawi despite HIV
Resumen

Reducción de las tasas de mortalidad en el Norte de Malawi a pesar de las elevadas tasas de infección por VIH

Objetivo Determinar si las encuestas habituales, tales como las encuestas demográficas y de la salud (EDS), han infravalorado la mortalidad infantil en Malawi.

Métodos Se obtuvieron las tasas y las causas de mortalidad infantil a partir de un sistema de vigilancia demográfica (SVD) con un registro continuo en Malawi para una población de 32 000 habitantes. Tras el censo inicial, los informadores locales comunicaron los nacimientos y las defunciones y los enumeradores del proyecto actualizaron mensualmente los datos. Siempre que fue posible, la causa de la muerte se determinó mediante autopsia oral. Se estimó también el impacto probable de la infección por el virus de la inmunodeficiencia humana (VIH) sobre la mortalidad infantil, a partir de los datos de vigilancia clínica prenatal. Las tasas de mortalidad global y por edad se compararon con las tasas obtenidas de las EDS de Malawi de 2004.

Resultados Entre agosto de 2002 y febrero de 2006 se registraron 38 617 años-persona de observación correspondientes a 20 388 niños < 15 años. Se produjeron 342 muertes. Los datos de actualización del

infantile estimados por el SSD eran un reflejo exacto de la reducción gradual de dichas tasas.

Referencias

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