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**SUPPLEMENTARY FILE 3: QUESTIONS USED TO CAPTURE PARTICIPATION IN *WELL LONDON* AND SIMILAR ACTIVITIES IN THE INTERVENTION AND CONTROL AREAS**

**Intervention Area Questions**

**Have you heard of the Well London programme?**

- Yes
- No
- Not sure
- Prefers not to say

**Looking at this list of activities which have been happening in your local area over the last 3 years, for each one please can you tell me whether you have heard of the activity? [TICK ALL THAT APPLY]**

- Physical activity-'Activate London', sports (football, basketball);Relaxation(yoga, tai-chi);Walking; Cycling
- Healthy Eating-Eatwell (Cook & Eat; Cook and Taste; Cook, Grow and Eat); Community Feasts; Food Buying Schemes (Food Co-op; Mobile food stores or Food box scheme)
- Mental Wellbeing-DIY Happiness; Mental Wellbeing Impact Assessment; Changing Minds
- Arts-'Be Creative, Be Well'
- Healthy Spaces/Open Spaces-Community Garden/Allotments; Park Regeneration; Other (window-boxes)
- Training-'Training Communities', Youth Ambassadors/Activators; Personal Support Packages; Health Training for WLDT
- Volunteering Activities-Well London Delivery Team; Other volunteering
- Other Well London Activities-Video workshops; Community cafés; Wellnet shared learning workshops & website
- None of these

**Have you participated in any of the Well London activities?**

- Yes
- No
- Not sure
- Prefers not to say

**Looking at this list, in which Well London activities did you participate? [TICK ALL THAT APPLY]**

- Physical activity-'Activate London', sports (football, basketball);Relaxation(yoga, tai-chi);Walking; Cycling
- Healthy Eating-Eatwell (Cook & Eat; Cook and Taste; Cook, Grow and Eat); Community Feasts; Food Buying Schemes (Food Co-op; Mobile food stores or Food box scheme)
- Mental Wellbeing-DIY Happiness; Mental Wellbeing Impact Assessment; Changing Minds
- Arts-'Be Creative, Be Well'
- Healthy Spaces/Open Spaces-Community Garden/Allotments; Park Regeneration; Other (window-boxes)
- Training-'Training Communities', Youth Ambassadors/Activators; Personal Support Packages; Health Training for WLDT

- Volunteering Activities-Well London Delivery Team; Other volunteering
- Other Well London Activities-Video workshops; Community cafés; Wellnet shared learning workshops & website

**Please could you tell me how many sessions you attended?**

Physical activity-'Activate London', sports (football, basketball);Relaxation(yoga, tai-chi);Walking; Cycling	_____
Healthy Eating-Eatwell (Cook & Eat; Cook and Taste; Cook, Grow and Eat); Community Feasts; Food Buying Schemes (Food Co-op; Mobile food stores or Food box scheme)	_____
Mental Wellbeing-DIY Happiness; Mental Wellbeing Impact Assessment; Changing Minds	_____
Arts-'Be Creative, Be Well'	_____
Healthy Spaces/Open Spaces-Community Garden/Allotments; Park Regeneration; Other (window-boxes)	_____
Training-'Training Communities', Youth Ambassadors/Activators; Personal Support Packages; Health Training for WLDT	_____
Volunteering Activities-Well London Delivery Team; Other volunteering	_____
Other Well London Activities-Video workshops; Community cafés; Wellnet shared learning workshops & website	_____

**Has anyone else in your household participated in any of the Well London activities?**

- Yes
- No
- Don't know
- Prefers not to say

**Did you receive an Active Living Map?**

*This is a map, which shows health eating, physical activity and wellbeing facilities in your area.*

- Yes
- No
- Don't know

**Did you use the Active Living Map?**

- Yes

- No
- Prefers not to say

**During the last 4 years, have you participated in or volunteered in any other (other than Well London) local group or community activities? Tell me all activities you can remember.**

Details

**During the last 3 years did you participate in any activities with a Healthy Eating theme?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in any activities with a sport or physical exercise theme?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in any activities with mental health or wellbeing theme?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in any activities involving community gardening or outdoor spaces?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in Arts and crafts or other creative activities?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in any other local group or community activities?**

- Yes
- No
- Not sure
- Prefers not to say

Details



**Control Area Questions**

**Have you heard of the Well London programme?**

- Yes
- No
- Not sure
- Prefers not to say

**Have you participated in any of the Well London activities?**

- Yes
- No
- Not sure
- Prefers not to say

**This section is about your participation or volunteering in local community activities during the last 3 years. Tell me all activities you can remember.**

**During the last 3 years did you participate in any activities with a Healthy Eating theme?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in any activities with a sport or physical exercise theme?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in any activities with mental health or wellbeing theme?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in any activities involving community gardening or outdoor spaces?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in Arts and crafts or other creative activities?**

- Yes
- No
- Not sure
- Prefers not to say

Details

**During the last 3 years did you participate in any other local group or community activities?**

- Yes
- No



- Not sure
- Prefers not to say

Details