

CASE REPORT

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Ocular rhinosporidiosis mimicking conjunctival squamous papilloma in Kenya – a case report

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Abstract

Background: Ocular rhinosporidiosis is a chronic granulomatous infection caused by a newly classified organism that is neither a fungus nor bacterium. It often presents as a benign conjunctival tumour but may mimic other ocular conditions. It is most often described in India. In Africa cases have been reported from South Africa, Kenya, Tanzania, Malawi, Uganda, Congo and Ivory Coast.

Case presentation: A 54 year old man was seen in Kenya with a lesion that resembled a conjunctival papilloma. We report resemblance to conjunctival papilloma and the result of vital staining with 0.05% Toluidine Blue.

Conclusion: Ocular rhinosporidiosis occurs in East Africa. It may resemble conjunctival squamous papilloma. Vital staining with 0.05% Toluidine blue dye did not distinguish the two lesions well.

Keywords: Ocular rhinosporidiosis, *Rhinosporidium seeberi*, Conjunctival papilloma, Toluidine-blue, Africa

Background

Rhinosporidiosis is a chronic granulomatous infection of the mucous membranes (nasal, oral, ocular and rectal) caused by *Rhinosporidium seeberi* [1]. This is an unusual unicellular pathogen that is difficult to culture and whose taxonomic classification has been controversial. It has been variously hypothesized to be a cyanobacterium (prokaryote), a eukaryotic Mesomycetozoa or a fungus [2]. Currently it is domiciled in the Mesomycetozoa class (also known as the DRIP clade, or Ichthyosporea). The term Mesomycetozoa derives from “Meso-” (in the middle of), “-myceto-” (fungi) and “-zoa” (animals). This is a heterogeneous group of microorganisms at the animal-fungal boundary. The Mesomycetozoa are a small group of protists, which are mostly parasites of fish and other animals.

Rhinosporidiosis affects both adults and children and is commonly seen in otolaryngology. The largest reported case series of rhinosporidiosis consisting of 462 cases in India found that the disease mainly occurs in the nose and nasopharynx (81.1%) while the eye was affected in 14.2% [3]. Another series of 34 cases from

India also found nasal and nasopharyngeal involvement in 85% while the eye was affected in 9% of cases [4]. A case involving multiple parts of the body; the nares, multiple areas of the skin, the external urethral meatus, glans of penis and the perineum has been reported in India [5].

Ocular rhinosporidiosis affecting the conjunctiva was first described in India in 1912 [6]. Currently most published reports on rhinosporidiosis of the eye have been reported from Asia mainly from India, Sri Lanka, Nepal and Bangladesh. In Africa it has been reported in South Africa, Malawi, Zambia, Kenya, Uganda, Tanzania, Congo, Ivory Coast, and Cameroon [7-13]. None of the cases in Africa were initially diagnosed as ocular rhinosporidiosis, perhaps a sign of its rarity.

How the disease is acquired remains an enigma. Rhinosporidiosis has been associated with migrants from endemic areas [14-16]. Although it is an infectious disease, as lesions are always associated with the presence of the pathogen, there is limited data on how it might be transmitted [15]. It is presumed to be acquired through traumatized nasal mucosa and spread to other sites by autoinoculation. As most rhinosporidiosis lesions arise from the nose, it is feasible that ocular involvement may occur by spreading from the nose through the lacrimal

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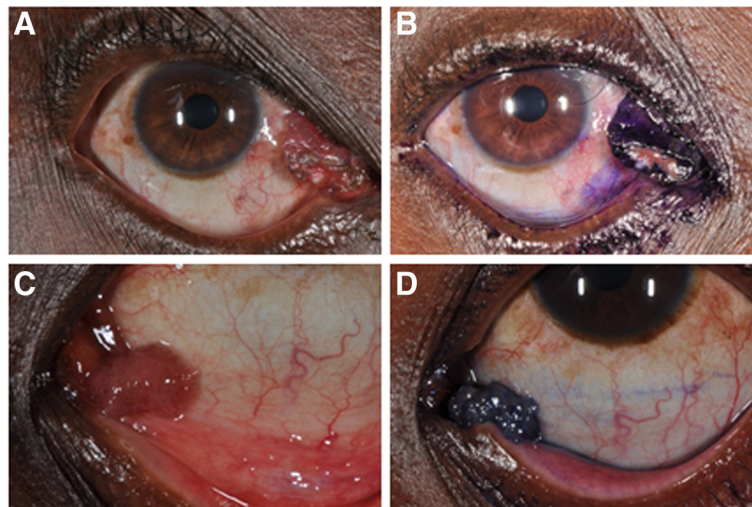


Figure 1 Pre-operative clinical photographs. A & B – shows the ocular rhinosporidiosis lesion in the region of the right medial canthus. C & D - shows squamous papilloma in the left medial canthus area from another patient for comparison. Both lesions are shown before and after vital staining with 0.05% Toluidine Blue.

sac to the plica of the conjunctiva. This hypothesis is however unproven.

Ocular rhinosporidium most often presents as a polypoid mass of the palpebral conjunctiva [17]. It may also present as a lacrimal sac diverticulum [18], recurrent chalazion [19], conjunctival cyst [20], chronic follicular conjunctivitis in contact lens wearers [21], peripheral keratitis [22], scleral melting [23], ciliary staphyloma [24] or simulate a tumour of the eyelid [25] or periorbital skin [26]. Large conjunctival lesions may cause mechanical ectropion [27]. Lacrimal sac disease may present with bloody tears [16].

In a series of 63 cases from India that included nasal, nasopharyngeal and ocular disease, routine haematology tests did not show any abnormality and while cytology

of smears obtained via fine needle aspiration or cytology has a role in diagnosis, the mainstay remains histology [28]. Vital staining with Toluidine blue has been described for diagnosis of conjunctival tumours but not for rhinosporidiosis [29].

The treatment is surgical excision with or without cautery at the base and recurrence is described as rare [30]. Scleral melting may be treated with a tectonic corneal graft [31]. There are reports that the following agents are effective in vivo: imidocarb dipropionate, diminazine aceturate, cycloserine, dapsone, trimethoprim-suphadiazine, ketoconazole, sodium stibogluconate, and amphotericin B [32]. Dapsone is the most commonly reported drug and combination therapy to prevent drug resistance is recommended. A laboratory study in India found that biocides

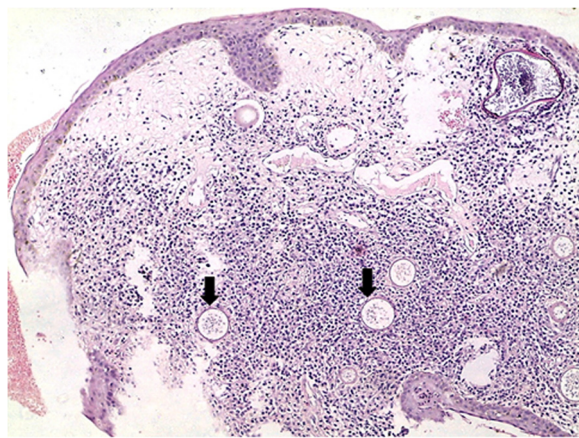


Figure 2 Photomicrograph of ocular rhinosporidiosis stained with Haematoxylin & Eosin (H & E $\times 10$) showing multiple sporangia within the conjunctival stroma (block arrows).

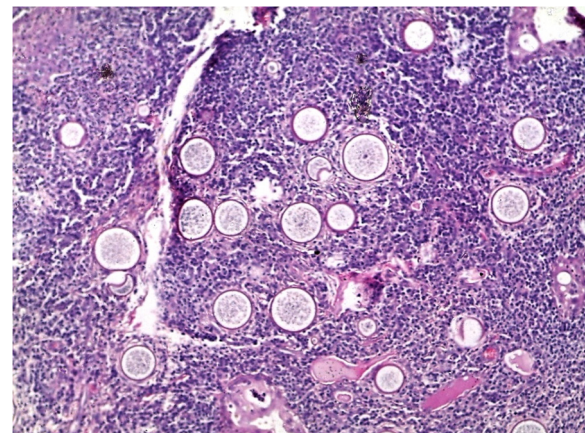


Figure 3 Multiple sporangia with a reactive mixed inflammatory cell infiltrate (H & E $\times 20$).

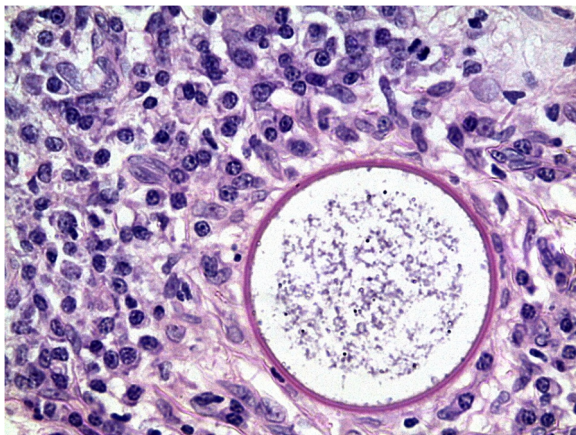


Figure 4 Sporangium at higher magnification filled with endoconidia and surrounded by plasma cells and lymphocytes (H & E $\times 40$).

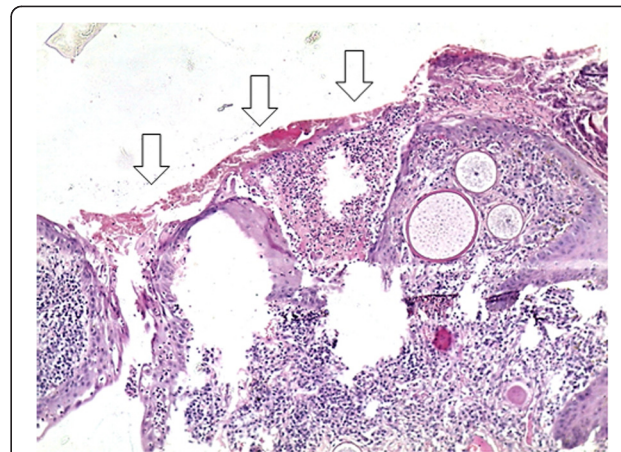


Figure 6 Ulcerated surface epithelium (open arrows) with a fibrin plaque and granulation tissue on the basal side of the ulcer (H & E $\times 20$).

including hydrogen peroxide, glutaraldehyde, chloroxyleneol, chlorhexidine, cetrimide, thimerosal, 70% ethanol, iodine in 70% ethanol, 10% formalin, povidone-iodine, sodium azide and silver nitrate caused metabolic inactivation with or without altered structural integrity of the endoconidia of *Rhinosporidium seeberii* but no human trials have been reported [33]. Human anti-rhinosporidial antibody is not directly protective against the endoconidia [34].

Case presentation

A 54-year-old male presented to the eye clinic at the PCEA Kikuyu Hospital on the outskirts of Nairobi with a 16 month history of a painless lump on the surface of the right eye. Concerned about the appearance, he attributed the lesion to a foreign body that entered that eye while he was trimming a hedge.

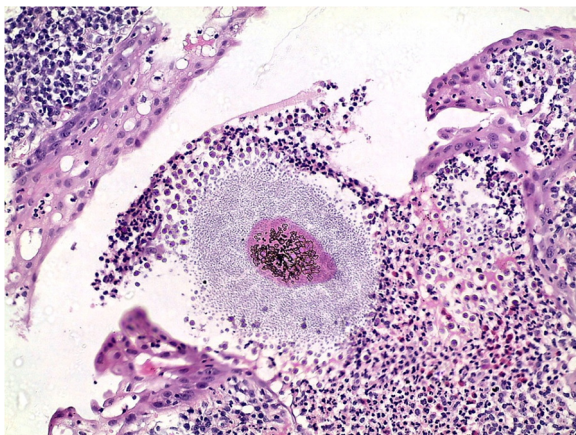


Figure 5 Burst sporangium with discharged microsporangia surrounded by an inflammatory cell infiltrate (H & E $\times 40$).

No other family member or neighbour had a similar disease. Social history included living in Homa Bay district on the shores of Lake Victoria from birth to 18 years age, then Kapsabet, a highland area in the Rift Valley until the age of 26 years, followed by Nairobi. He had resided in a low-income area of Nairobi for the past 11 years. Occupational history included working as a gardener for the last 10 years and a cook for 5 years prior to that. Although he grew up in a lakeside area, he had not dived or swum in stagnant water in the recent past.

On examination he had a pedunculated 6 \times 11 mm wide fleshy mass at the medial canthus of the right eye (Figure 1), which was pink with some intrinsic pigmentation. It had a papilliform surface with vascular tufts and some epithelial ulceration. There was no discharge or conjunctival injection. The mass was not attached to the lid but arose from the plica semilunaris. On vital staining with 0.05% Toluidine Blue it was coloured deep blue except at the ulcerated surface, similar to the staining of a papilloma. The clinical diagnosis was of conjunctival papilloma and surgical excision under local anaesthetic was undertaken.

Histological analysis revealed multiple sporangia in the conjunctival stroma, an ulcerated squamous epithelium covered by a fibrin plaque whose underlying tissue showed granulomatous tissue, mixed inflammatory cells

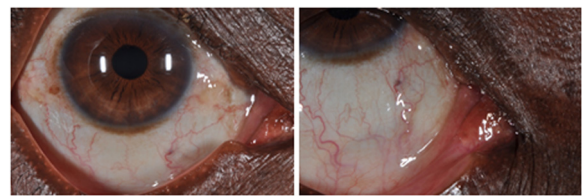


Figure 7 Post-operative photographs showing no recurrence 6 months after excision of ocular rhinosporidiosis.

with lymphocytes showing a maturation spectrum and numerous thick walled sporangia filled with nucleated basophilic endoconidia (Figures 2, 3, 4, 5 and 6). A diagnosis of ocular rhinosporidiosis was made.

There was no recurrence 6 months after excision was performed (Figure 7).

Conclusions

Ocular rhinosporidiosis occurs in East Africa. It may resemble conjunctival squamous papilloma. Although toluidine blue has been used as a vital stain of conjunctival lesions, in this case, it was unable to distinguish between an infective and neoplastic cause.

Consent

Written informed consent was obtained from the patient for publication of this case report and any accompanying images. A copy of the written consent is available for review by the Editor of this journal.

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

SG first evaluated the case, took clinical photographs and conceived the report idea. EM performed the excision surgery. TO performed the histopathological assessment and made the diagnosis. JK reviewed the case on follow up. AMZ coordinated patient and institutional consent for publication of this clinical material. MSS and MJB evaluated the clinical and histopathology photographs. All authors read and approved the final manuscript.

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