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Lung cancer mortality in a cohort of English foundry workers

by Antony C Fletcher, MSc,¹ Anthony Ades, PhD²

FLETCHER AC, ADES A. Lung cancer mortality in a cohort of English foundry workers. *Scand j work environ health* 10 (1984) 7–16. A cohort of males who started work between 1946 and 1965 inclusive in nine English steel foundries and who worked in these foundries at least one year has been followed prospectively until 1978. Mortality from lung cancer was significantly raised among workers employed in the foundry and fettling shop areas (standardized mortality ratios 142 and 173, respectively). Most occupational categories in these two areas had more lung cancer deaths than expected, but the standardized mortality ratios were the largest for the furnace bricklayers, fettlers, and heat treatment furnacemen. There was some evidence of risk increasing with length of employment. There were marked differences in the standardized mortality ratio for lung cancer between study foundries. By year of entry the lung cancer risk was fairly constant, in contrast to the improvement in mortality from diseases of the respiratory system over the same period.

Key terms: foundry workers, lung cancer, mortality, retrospective cohort study, steel.

Since the earliest epidemiologic studies in the 1930s (38) a substantial body of epidemiologic evidence has accumulated which consistently suggests an increased risk of lung cancer associated with the foundry environment. Several reviews of the literature have been published (16, 30), the review by Tola (36) dealing with the largest selection of the literature. The studies considered in the reviews include four cohort investigations, several census-based and case-referent studies, and one proportional mortality study. In addition the following investigations have been published: A Danish study of cancer incidence among foundry workers reported a standardized incidence ratio of 143 (14), and Neuberger et al reported a standardized mortality ratio (SMR) of 173 for a cohort of Viennese foundry workers (26). Neither result was statistically significant. Blot et al's case-referent study (4) of lung cancer in the United States reported an odds ratio of 7.1 for foundry workers ($p < 0.05$), a figure higher than the moderate odds ratios reported by Decoufle et al, ie, 1.37 for furnacemen, melters, and pourers and 1.51 for metal molders, both groups

employed at least five years (8). Kunze reported a significant ($p < 0.01$) lung cancer odds ratio of 1.5 for "obtaining and working metal" in a case-referent study in Vienna (21).

The majority of previous studies did not distinguish type of foundry although iron foundries (the most common type) usually contributed the bulk of exposure. Where steel and other foundry employment could be distinguished, contradictory results emerged. Koskela et al reported an SMR of 151 for lung cancer in a cohort of foundry workers but an absence of lung cancer deaths in the steel foundry subcohort; however the numbers were very small (only 1.5 deaths expected in the group employed at least five years) (19). In Egan-Baum et al's proportional mortality study (proportional mortality ratio for lung cancer = 148, $p < 0.001$) a case-referent study of lung cancer cases yielded an odds ratio of 1.26 for iron foundry employment when compared to steel foundry employment (10). On the other hand the cohort studies of steel foundry workers yielded results comparable to the risk estimates for all foundry workers or iron foundry workers (15, 32). Blot et al's case-referent study (4) derived an even higher risk estimate for steel foundry workers. A further problem shared by most of these studies was the small population sizes, particularly for steel foundry workers, and thus low power. A large retrospective cohort of steel foundry workers was therefore established. The results of a preliminary analysis of the lung cancer mortality are presented.

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Subjects and methods

Subjects

The Steel Castings Research and Trade Association (SCRATA) represents most steel foundries in the United Kingdom, its membership being responsible for approximately 90 % of the volume of steel castings production. The foundries under investigation were drawn from SCRATA membership, and they comprised all those with sufficient personnel records and a willingness to cooperate with the study. This process yielded 10 foundries, substantially overrepresenting the larger foundries in the steel foundry industry of the United Kingdom. (They were all larger than the median size of the SCRATA foundries.) Further attempts to include smaller foundries to improve the representativeness of the sample were unsuccessful. Neither was the sample geographically representative, one-half of the study foundries being situated in Yorkshire, against 27 % of SCRATA member foundries. One of the foundries was in Scotland, and it has not been considered in the present report. Results are presented for a population of workers from nine English steel foundries.

The cohort was defined as male employees who started work in the foundries between 1 January 1946 and 31 December 1965 and who were employed for at least one year. White-collar staff and management were excluded, as were the small number of women employed in the foundry manual jobs. For each individual who met the criteria, name, address, date of birth, national insurance number, and full occupational history were extracted from personnel or wages department records. Vital status was determined via the National Health Service Central Register for all those who were not still employed at the study foundries. For those untraced through the National Health Service records, information on vital status was sought from records of the Department of Health and Social Security. Table 1 shows the success of the tracing exercise as of 31 December 1978. Out of 10,250 cohort members, 2.3 % were not traced, and their vital status was unknown. Another 1.7 % had left the country. Of the 1,858 reported deaths, details of cause of death were unavailable for 14 at the time of the analysis. The analyses by length of employment and length of follow-up made use of the mor-

tality up to December 1980, by which time 2,105 of the cohort members had died and the proportion untraced had fallen to 1.8 %.

Methods

Expected deaths were calculated through the application of national (England and Wales) death rates to the person-years accumulated in five-year age and calendar periods; the Man Years Computer Language program was used (17). Person-years were accumulated from the end of the one-year qualification period up to the end of 1978 (or 1980) or until loss to follow-up. The total accumulated by the population up to 31 December 1978 was 203,070 person-years. Cause of death was coded according to the Eighth Revision of the International Classification of Diseases (ICD), and the death rates, adjusted (by the Medical Statistics Survey Unit of the Health and Safety Executive) to the Eighth Revision, were used as the basis for comparison. The SMRs were calculated, and they have been used as the summary statistic in this study. The statistical significance of the SMRs was evaluated by chi-squared tests, except where less than 20 deaths were observed, in which case the Poisson distribution was used (p-values refer to two-tailed tests). Chi-squared tests for trend and homogeneity were also carried out (31).

Observed and expected deaths were calculated and subdivided by foundry, occupational category, and five-year entry cohort. The occupational categories, as explained in the next section, conveniently aggregated into three work areas and provided sufficient numbers to allow analysis by length of employment and length of follow-up. The latter analyses were performed slightly later, and they allowed deaths occurring up to the end of 1980 to be used. However, for the 1,816 study members who were employed in 1978 and who were not sent for tracing, the subsequent status was unknown. They contributed to the person-years, and thus to the calculation of expected deaths, only up to 1978. Observed and expected deaths occurring in 1979 and 1980 and included in the analysis by length of employment were thus restricted to those who had already left foundry work. The average age was lower for those still employed than for the cohort as a whole, and expected deaths for the 1,816 individuals still employed in 1978, if followed for a further two years, would add less than 1 % to the lung cancer deaths already accumulated. Thus the bias introduced by only including deaths, in 1979 and 1980, of those who had left is small. The effect of the inclusion of 1979/1980 deaths was to raise the SMR slightly for the foundry group and lower it for the fettling shop group. (Compare tables 4 and 6 in the Results section.) SMRs by work area and length of employment were further analyzed with the Generalised Linear Interactive Modelling (GLIM) package (2) according to the method described by Berry (3).

Table 1. Status of the cohort on 31 December 1978.

Status	N
Traced and alive	7,988
Traced and dead	1,858
Emigrated	173
Untraced	231
Total	10,250

The method assumes additivity in the logarithms of relative risk. Essentially, various regression models are fitted by maximum likelihood estimation, the logarithm of observed/expected deaths in each group being predicted from the occupational category and median years employed.

Occupational categories

From discussions with personnel officers individual occupational titles were grouped into 25 occupational categories. These categories were then aggregated into the following three work areas: the foundry, the fettling shop, and work stations outside these two areas. In the foundry itself sand is prepared and formed into molds and cores. Steel is melted in a furnace and transferred by ladle to be cast into molds. After setting, the mold is "knocked-out" to reveal the casting. Whereupon it is transferred to the fettling shop, where, after shotblast cleaning, excess metal and any burnt-on sand are removed by cutting torches, pneumatic chisels, and high speed grinding. The casting may then be repaired by welders or subjected to heat treatment. The "other occupations" outside the foundry and fettling shop comprised mainly turners, millers and laborers in the machine shop, the pattern shop where wooden patterns are made for the molding operation, maintenance fitters and their mates, and various outside jobs such as truck driving. Although the maintenance workers may be exposed from time to time to fettling shop and foundry conditions, and most of the categories may face some hazardous occupational exposures, the "other" group may be considered largely nonexposed to conditions in the foundry and fettling shop.

For the purpose of analysis each individual in the cohort was uniquely assigned to the occupational category which he occupied for the greatest proportion of time during his employment in the study foundries. While there was some movement between occupational categories, it occurred only for a small minority of the cohort and was largely within a particular work area.

Results

All causes of death

Table 2 gives the observed and expected number of deaths and the SMRs by the three work areas. Results are presented for all causes of death, all cancers, diseases of the respiratory system, and diseases of the circulatory system. The slight excesses of observed deaths in the foundry and fettling shop were more than accounted for by mortality from cancers and diseases of the respiratory system. Within the latter category much of the excess could be ascribed to high mortality from chronic bronchitis (foundry SMR 149, fettling shop SMR 185). Deaths from diseases of the circulatory system were close to the expected number.

It is not uncommon for industrial cohorts to exhibit SMRs that are below 100 because of the "healthy worker effect," whereby people who are unfit for work are excluded from the cohort yet are represented in the numerator of national mortality statistics against which comparisons are made (13). This selection process may be expected to have more effect where the work is physically strenuous, as is the case in many foundry and fettling shop occupations. Analysis of mortality by length of time from first employment confirmed that indeed this effect took place in the cohort included in our study. The SMRs for deaths (all causes) within five years of commencing employment were 81 for the foundry, 67 for the fettling shop, and 96 for the other jobs group.

Table 3 presents the mortality by age at death for the foundry and fettling shop groups combined. The excess for all causes was found to be the highest in the 50- to 59-year age group. Where total mortality was subdivided by individual occupational category, only two yielded significantly high SMRs, ie, the furnace repair men (SMR 140) and the fettlers (SMR 117).

The excess of mortality from cancer for the workers in the foundry and fettling shop (table 2) was more than accounted for by the excess deaths from lung and stomach cancer. Mortality from stomach cancer was slightly but not significantly raised for the fettling

Table 2. Mortality by work area — All deaths and deaths from cancer, diseases of the respiratory system, and diseases of the circulatory system. (Obs = observed deaths, Exp = expected deaths, SMR = standardized mortality ratio)

Work area	Cause of death ^a											
	All causes (000—999)			All cancers (140—239)			Diseases of the respiratory system (460—519)			Diseases of the circulatory system (390—458)		
	Obs	Exp	SMR	Obs	Exp	SMR	Obs	Exp	SMR	Obs	Exp	SMR
Foundry	815	766.2	106	244	195.1	125***	124	94.2	132**	342	362.1	95
Fettling shop	392	354.9	110.5	109	92.1	118	72	40.3	179***	161	166.5	97
Other jobs	643	634.4	101.4	154	159.3	97	101	81.3	124*	317	300.6	105.5

^a Code of the International Classification of Diseases in parentheses.

* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

shop group (13 observed, 10.2 expected) but was significantly raised for the foundry group (42 observed, 22.4 expected). Excess cancer mortality among the workers employed in the foundry and fettling areas

was, in the main, from lung cancer, the analysis of which forms the bulk of this report.

Lung cancer

Tables 4 and 5 present the mortality from malignant neoplasms of the trachea, bronchus, and lung (ICD code 162, hereafter referred to as lung cancer) subdivided by work area and those individual occupational categories yielding at least five lung cancer deaths. By work area, the SMRs were both highly significant for the foundry (SMR 142) and fettling shop (SMR 173). The SMRs for four individual occupations achieved statistical significance: furnace repairmen who remove, repair, and replace the refractory brick linings in the steel melting furnaces; fettlers and grinders of castings; heat treatment furnacemen; and, in the other jobs group, the maintenance fitters' mates. Within the foundry and fettling shop groups, there was a consistency between jobs, excess mor-

Table 3. Mortality by age from all causes and lung cancer for the foundry/fettling shop populations. (SMR = standardized mortality ratio, Obs = observed)

Age group	All causes		Lung cancer	
	SMR	Obs deaths	SMR	Obs deaths
15-39	83	61	87	2
40-49	106	175	166	24*
50-59	121	390***	171	73***
60-69	104	371	121	54
≥ 70	103	210	189	28***
All ages	108	1,207**	152	181***

* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

Table 4. Mortality from lung cancer by occupational category — Foundry and fettling shop occupations.

Occupation	Observed deaths	Expected deaths	Standardized mortality ratio	95 % confidence interval
<i>Foundry</i>				
Sand millers	6	4.1	147	54-321
Molders and coremakers	17	13.5	126	85-220
Furnacemen and casters	17	13.7	124	72-199
Furnace repair	19	9.4	203**	122-317
Laborers	41	29.6	139	100-188
Knock out	5	2.9	174	56-405
Crane drivers	7	5.6	124	50-256
Remainder	3	2.2	139	29-406
All foundry occupations	115	80.8	142***	118-172
<i>Fettling shop</i>				
Shot blasters	6	3.2	191	70-415
Fettlers and grinders	32	16.4	195***	134-276
Welders	8	5.5	146	62-288
Heat treatment	8	2.3	356*	154-701
Laborers	5	6.5	78	25-181
Remainder	7	4.3	163	65-335
All fettling shop occupations	66	38.2	173***	134-221
All foundry/fettling occupations	181	119.0	152***	131-176

* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

Table 5. Mortality from lung cancer by occupational category — Occupations outside the foundry and the fettling shop.

Occupation	Observed deaths	Expected deaths	Standardized mortality ratio	95 % confidence interval
Machinists	19	12.0	158	95-247
Machine shop laborers	19	16.6	115	69-179
Maintenance fitters	7	10.6	66	27-136
Maintenance fitters' mates	17	7.6	225**	131-360
Remainder	10	19.0	53	24-221
All nonfoundry/fettling	72	65.7	110	86-139

** $p < 0.01$.

tality being found in virtually all the occupational categories ($p > 0.1$, χ^2 test of homogeneity for both groups). The hypothesis of homogeneity was rejected for the other jobs group ($p < 0.001$).

These and the other analyses were carried out on data from the nine foundries aggregated together. There were however marked differences for lung cancer mortality between foundries ($p < 0.01$, $\chi^2 = 22.6$). One foundry population had a significantly low lung cancer mortality (one observed death, 8.2 expected), and among the rest the SMRs were in the range of 84 to 182, though the three SMRs less than 100 were all in the smaller foundries and thus contributed relatively little to the aggregate data. Correcting for region had very little impact on the degree of variation.

The data for lung cancer mortality subdivided by age at death are presented in table 3, and the SMRs show a bimodal distribution with most of the excess deaths occurring in the 40- to 59-year age group, but a further excess in the ≥ 70 -year age group.

Figure 1 presents SMRs (and their confidence intervals) for lung cancer by cohort of entry for the

foundry and fettling areas combined. The results show that the SMR appears to be independent of the date of starting work in the foundry in spite of the shorter period of follow-up for later entrants. The findings are in marked contrast with the data for mortality from diseases of the respiratory system, presented in figure 2 (χ^2 for trend = 10.6, $p < 0.001$).

Table 6 presents the SMRs (and the observed number of deaths on which they were based) for lung cancer deaths in each work area, subdivided by years since employment commenced in the study foundries. The mortality in the first 10 years of follow-up was lower than subsequently for the other jobs group though not so consistently for the foundry and fettling shop groups. Because lung cancer deaths less than 10 years since employment commenced would almost certainly be independent of that employment, analysis by length of employment was restricted to deaths after 10 years' follow-up.

Observed and expected deaths by length of employment are presented in table 7, and the relationships between the SMR and length of employment are illustrated in figure 3, as SMRs for lung cancer with

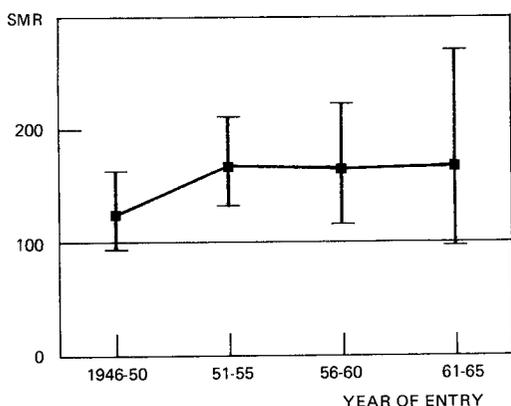


Figure 1. Standardized mortality ratio and 95 % confidence interval for lung cancer by year of commencing employment, in five-year periods, for the foundry and fettling shop workers combined.

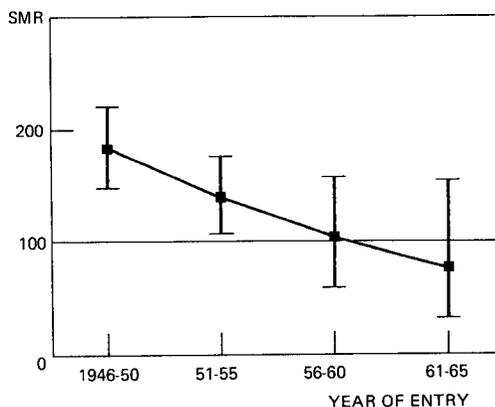


Figure 2. Standardized mortality ratio and 95 % confidence interval for diseases of the respiratory system by year of commencing employment, in five-year periods, for the foundry and fettling shop workers combined.

Table 6. Lung cancer mortality by length of follow-up from entering study. (SMR = standardized mortality ratio, Obs = observed)

Work area	Years since commencement of employment												Total	
	1-4		5-9		10-14		15-19		20-24		≥ 25		SMR	Obs deaths
	SMR	Obs deaths	SMR	Obs deaths	SMR	Obs deaths	SMR	Obs deaths	SMR	Obs deaths	SMR	Obs deaths		
Foundry	123	7	162	18	128	21	166	33	133	26	155	30	147	135
Fettling shop	176	4	42	2	262	20	197	15	163	16	137	13	161	70
Foundry & fettling shop	138	11	125	20	171	41	163	48	143	42	149	43	151	205
Other jobs	72	4	105	11	131	19	112	18	104	15	103	14	109	81

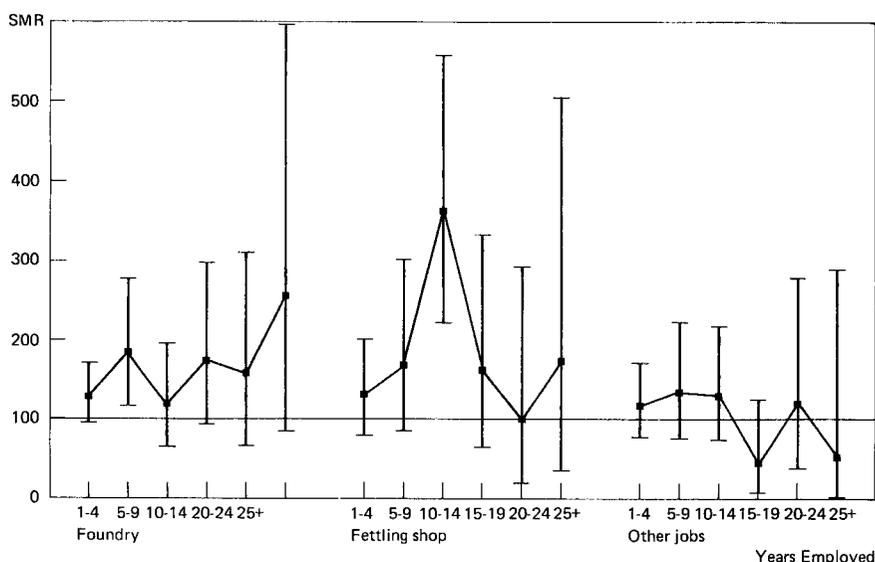


Figure 3. Standardized mortality ratio and 95 % confidence interval for lung cancer by years of employment and work area (from data in table 7).

Table 7. Lung cancer mortality by length of employment and work area — Observed (Obs) and expected (Exp) deaths more than 10 years after the commencement of employment.

Work area	Years employed												Total	
	1—4		5—9		10—14		15—19		20—24		≥ 25			
	Obs	Exp	Obs	Exp	Obs	Exp	Obs	Exp	Obs	Exp	Obs	Exp	Obs	Exp
Foundry	46	35.7	23	12.5	15	12.6	13	7.4	8	5.1	5	2	110	75.2
Fettleing shop	20	15.3	11	6.6	20	5.5	7	4.3	3	3.0	3	1.7	64	36.5
Other jobs	27	22.9	15	11.1	15	11.3	3	7.1	5	4.2	1	1.9	66	58.5

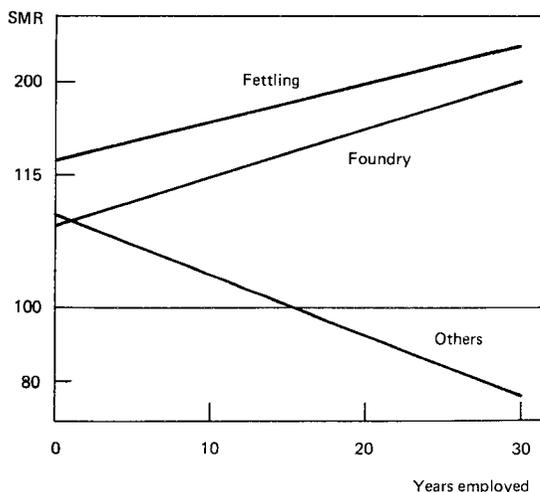


Figure 4. Regression of the standardized mortality ratio for lung cancer (log scale) for each work area on years of employment.

confidence intervals for each work area. The SMRs for foundry and fettleing shop workers employed less than five years was lower than for those employed five years or more, and this comparison was statistically significant when the two groups were combined. However, as figure 3 shows, the pattern of SMRs by length of employment was not clear; to investigate underlying trends, we analyzed the observed and expected deaths in table 7 using GLIM.

Figure 4 shows the regression of the SMR (log scale) against years employed for each work area, on the assumption of a model in which each occupational group can have a different slope and intercept. The foundry and fettleing shop groups appear to have increasing risk with length of service, while the other jobs group has a decreasing risk. However none of these three slopes was statistically different from zero at the 5 % level. [The standard normal deviates (SNDs) were foundry 1.14, fettleing 0.79, others 1.05.] Furthermore, with this model, there was no evidence

that the three groups had different risks at zero year's employment ($\chi^2 = 0.59$). This finding suggests that such differences as there were between occupational groups did not exist prior to work in the study foundries.

Rather than compare each slope in figure 4 with zero, it is instructive for one to take the "other jobs" category as a reference group and test for differences between it and the two exposed groups. In a model specifying equal risks "at entry", the differences in slopes between the exposed and nonexposed groups were statistically large (foundry—other jobs $SND = 2.23$, $p < 0.05$; fettling—other jobs $SND = 2.27$, $p < 0.01$). If different risks "at entry" are allowed in the model, the differences in slope are not statistically significant (foundry—other jobs $SND = 1.52$; fettling—other jobs $SND = 1.31$).

Discussion

The elevated lung cancer mortality in the foundry and fettling shop occupations does not appear to be associated with any particular occupational category. Several SMRs for particular occupations were somewhat higher than the total SMR for each work area and some of the occupations in question were particularly dusty — fettling, shotblasting, knock out, and furnace repair. The finding for heat treatment furnacemen (SMR 356) has not been previously reported and is not regarded as a foundry occupation with any exceptional environmental exposure. Maintenance fitters' mates may spend some time in the foundry and fettling areas but then so do the maintenance fitters themselves, who had low lung cancer mortality. The relative homogeneity of risk across the job categories suggests common factors for the etiology of these foundry workers' lung cancer.

The lung cancer SMR of 152 for the foundry and fettling shop groups combined is broadly consistent with the findings of several other cohort studies of foundry workers. SMRs in two cohorts of steel foundry workers in Canada (15) and the United States (32) were 250 and 201, respectively. Foundry cohort studies in America (9), Austria (26), and Finland (19) have reported lung cancer SMRs in the range of 126 to 173. In addition, England and Wales census-based mortality ratios have consistently been in the range of 140 to 200 for foundry occupations (28, 33) even though the studies are not strictly comparable because of differences in cohort definition and period of follow-up, as well as foundry type and period studied. The narrowness of the range of most of the risk estimates, approximately 1.5 to 2.5, is striking, as is the fact that, of 12 investigations from which relative risks for lung cancer might be estimated for foundry workers, none of the risk estimates were close to or less than unity (though several were not significantly elevated). Several cohort studies provided analysis by occupational categories. Aside perhaps from Gibson

et al's data for crane drivers in a steel foundry (SMR 714, four observed deaths) the risk estimates by occupational category from previous studies (15, 22, 37) are generally consistent (if only because they all have fairly wide confidence intervals) with our findings.

The risk of dying from respiratory disease, briefly referred to in this paper, was found to drop sharply over time in the analysis by entry cohort shown in figure 3. (The gradient was in fact steepest for fettling shop workers.) This phenomenon would be expected, as the period covered by the present study was the period when efforts were being made to reduce siliceous dust exposure in foundries. By contrast, the risk of dying of lung cancer was fairly constant over the five-year entry cohorts. The same period has been one of great technological development in the foundry industry. Traditionally, the sand in molds was bound by a mixture involving clay and organic additives (such as pitch, flour, or coal dust). These materials have been increasingly replaced over the last 30 years with chemical systems making use of phenol, formaldehyde, isocyanates, furfuryl alcohol, amine catalysts, and many other materials. None of the published epidemiologic studies have attempted to correlate binder usage with mortality patterns, though such a correlation is being undertaken in the update of the current study.

In our attempt to establish a dose-response relationship, length of employment had to be used as a surrogate of dose because no hygiene measurements were available from the foundries during the period of study. (However, it is not clear exactly what hygiene measurements would be appropriate.) Length of employment is a poor surrogate for dose because rates of exposure may have fallen as ventilation and personal protective equipment usage increased and the nature of the exposure underwent qualitative changes. Furthermore there are a number of factors which serve to obscure any positive association with length of employment.

While ignoring the first 10 years' follow-up serves to avoid the effects of initial health selection, selective withdrawal of sick people, leaving a healthier "survivor population" still employed, can depress the mortality of those who work the longest. Fox & Collier (12) reported this effect as being more marked for lung cancer than circulatory or respiratory diseases in their study of polyvinyl chloride workers. In addition the heterogeneity of the foundry and fettling shop groups could potentially lead to the same pattern; the occupations with the higher mortality ratios also had smaller mean lengths of employment and were thus underrepresented in the longer employment categories. For example 26 % of the fettling shop population worked at least 15 years, yet only 16 % of the heat treatment workers were employed this long. Koskela et al (20), in their study of turnover among foundry workers, reported higher turnover rates for

workers in dustier occupations. It is processes such as these that may explain the negative slope with length of employment in the occupations outside the foundry and fettling areas (figure 4). If one assumes that this mechanism is operating to a similar degree in the foundry and fettling shop groups, then the difference in gradients from that of the other jobs category would estimate the underlying association with length of employment and would therefore control for such a selection mechanism. These steeper gradients were however only significant in the model where all the difference in risk between the three groups was explained by the relationships with length of employment. The comparison of more than five years' employment with less than five years' employment to some extent avoids the problems outlined because the bulk of the population worked less than 15 years, and a positive association with length of employment was indicated.

It is likely that a substantial fraction of this population will have been employed at other times in their work lives in other foundries, and thus the length of employment as reported is a poor measure of true duration of foundry employment. The elevated lung cancer risk reported may thus be in part due to previous employment. Further work is seeking to evaluate the importance of previous employment and the selective factors already discussed.

Potential confounding factors

Expected deaths were derived from the application of death rates for England and Wales to the person-years at risk for the cohort; however, five of the nine foundries were located in Yorkshire, a region of slightly higher than average lung cancer mortality. To give some estimate of the bias introduced by the use of national death rates, mortality ratios for each foundry were recalculated through the adjustment of the number of expected deaths. In each case the number of expected deaths was multiplied by the appropriate regional mortality ratio (for ages 15–64 years) for the years 1970–1972. This procedure should have given a reasonable estimate because 1970–1972 was coincident with the median of the calendar distribution of observed deaths and the age structure of the lung cancer deaths below age 65 approximated the national distribution. The application of these adjustments reduced the SMR for lung cancer for the entire cohort from 139 to 131, a fairly minimal change.

Smoking is a potent cause of lung cancer, but no data on the smoking habits of the cohort were collected; thus the contribution of smoking to the excess lung cancer mortality could not be evaluated. If smoking were to account for the raised SMRs reported, then the smoking habits of the foundry workers would have had to differ markedly from the national

rates. Axelson (1) estimated that, compared to a reference population of whom 50 % were smokers, to account for risk ratios of 1.4 and 1.8, the proportion of smokers in the study group would have to be 70 and 90 %, respectively. The average prevalence of cigarette smoking among males in Britain during the period of this study was higher than 50 %, dropping from approximately 70 % in 1946 to 50 % in 1974 (5). To account for the SMRs found in this study, virtually all the study population would have had to smoke cigarettes; yet there was no evidence to suggest that this may have been the case. Furthermore the smoking habits hardly differed across social class in the 1950s, unlike today when manual workers smoke more than nonmanual workers (34).

Three studies have reported prevalences of cigarette smoking among foundry workers. A random sample of 156 foundry workers in a Derbyshire town in 1957 contained, in the 25- to 34-year age group, 67 % smokers, against 73 % for other men in the town, and for the 55- to 64-year age group there were 65 % smokers against 59 % for other men (6, 7). At that time tobacco industry surveys estimated that 60 % of adult males smoked manufactured cigarettes, excluding hand-rolled cigarettes (5). In 1964 a random sample of 1,997 foundry workers aged 35–64 years were compared to 1,777 engineering workers in nearby factories (23). The prevalences for smoking were 73.9 and 70.4 %, respectively. These figures compare with those of two national surveys reporting prevalences of 68 and 71 % for adult male smokers in 1965 (25, 27). A national survey in 1972 included 103 men classified as furnace, forge, foundry, and rolling mill workers, of whom 62 % smoked against 54 % for the survey as a whole (28). Gibson et al (15) in Canada and Koskela et al (19) in Finland both reported no significant difference in smoking habits between current foundry workers and nonfoundry worker referents in the cohorts they studied. In summary, there is no evidence that foundry workers' smoking habits differ markedly from the general population. The best estimate of past smoking habits derives from the 1964 sample of foundry workers, in which about 3 % more than the average were smokers.

Neuberger's cohort study (26) of dust-exposed workers, of which foundry workers were the largest subgroup, had an SMR of 173 for lung cancer in comparison to 113 for the reference group, which was matched for smoking habits. Three lung cancer case-referent studies adjusted for smoking in the analysis. Kunze's study in Vienna (21) reported a smoking-adjusted odds ratio of 1.5 for metal workers, and, in Decoufle et al's study (8), adjustment for smoking decreased the odds ratio slightly for furnacemen and increased it for molders. In Blot et al's recent study (4), adjustment for smoking reduced the odds ratio for steelworkers from 2.2 to 1.9.

In the present study, observed lung cancer deaths were overall fairly close to the expected number for

the occupations outside the fettling and foundry areas. These people were from the same geographic areas (and social class categories) as the foundry and fettling shop workers and may be expected to have had similar smoking habits. In addition, deaths from ischemic heart disease, another consequence of cigarette smoking, were about 10 % below expected for the foundry and fettling shop workers. The evidence from other studies suggests that there are no strong grounds for asserting that foundry and fettling shop workers smoke sufficiently more than the national average to account for the raised lung cancer mortality reported, though in the absence of smoking data this cannot be entirely ruled out.

Conclusion

The present study has confirmed earlier reports that foundry work is associated with an increased risk of lung cancer. There is some evidence of a relationship with length of employment for the workers employed in the fettling shop area and to a lesser extent the foundry itself. The excess is unlikely to be due to smoking.

Recent studies have identified known carcinogens in the foundry environment (11, 29, 35, 37, 39) and mutagenic activity of foundry fumes (16, 18, 24), though it is not known whether the levels of exposures reported would have been sufficient to result in the risk of lung cancer reported in the present communication. It would however be prudent to strengthen efforts to reduce exposure to all fumes and dusts in the foundry, particularly where binder pyrolysis products may be present.

Currently the mortality of the cohort described is being updated and further analyzed. Other causes of death, including stomach cancer, will be considered in detail. Attempts are being made to quantify the role of smoking and previous occupation as potential confounders, and past exposures in these foundries are being estimated. Drs Levy and Martin of this Department are currently carrying out a bioassay of foundry fumes by intrabronchial implantation in rats.

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