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Heterogeneous and Dynamic Prevalence of Asymptomatic Influenza Virus Infections

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DOI: https://doi.org/10.3201/eid2405.160782

To the Editor: We read with interest the article by Furuya-Kanamori et al. on the proportion of influenza virus infections that are asymptomatic or subclinical (1), and we are troubled by a series of fundamental flaws and errors. We were concerned that the authors presented pooled estimates of the asymptomatic fraction, given the massive heterogeneity in estimates (I² values of 97%–98% in Table 1). It is not considered good practice to present pooled estimates in instances of massive heterogeneity (2). We were very surprised that the authors included volunteer challenge studies because it is well known that the severity of these infections can be modulated by the route of administration and possibly the infectious dose. We also were surprised that human infections with avian influenza viruses were included because the epidemiology of these infections differs markedly from that of human influenza viruses. These studies were mistakenly labeled as studies of pandemic influenza in online Technical Appendix 1 Table 1 (https://wwwnc.cdc.gov/EID/article/22/6/15-1080-Techapp1.pdf). When reviewing serologic studies, the authors did not define a specific antibody titer threshold but relied on the choices made in individual studies; studies that inferred influenza virus infections based on low postepidemic hemagglutination-inhibition titers, such as 10 or 20, may lack specificity because some persons could have preexisting antibodies (3). Measurement error can also be a concern. The authors probably should have excluded such studies.

In another systematic review of the asymptomatic fraction of influenza virus infections (4), we found that study designs could explain a great deal of heterogeneity in the asymptomatic fraction in studies such as outbreak investigations that used molecular testing to confirm influenza virus infections rather than serologic studies that used antibody titer measurements to indicate infections. Asymptomatic fractions were higher in general, and much more heterogeneous, in studies that followed the latter approach.

The authors received financial support from the Harvard Center for Communicable Disease Dynamics from the National Institute of General Medical Sciences (grant no. U54 GM088558), the Area of Excellence Scheme of the University Grants Committee of Hong Kong (grant no. AoE/M-12/06), and a commissioned grant from the Health and Medical Research Fund from the Government of the Hong Kong Special Administrative Region.

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DOI: https://doi.org/10.3201/eid2405.180075
In Response: We thank Leung and Cowling (1) for taking time to comment on our article (2). One problem with the random effects model is the rapid decline in performance of the model as the heterogeneity within studies increases. Extensive heterogeneity for asymptomatic (I² = 97%; T² = 0.31) and subclinical (I² = 97%; T² = 0.45) infection was identified. However, the model selected to pool the prevalence estimates—inverse variance heterogeneity—maintains its coverage at the nominal level, even when large heterogeneity is present (3).

Regarding inclusion criteria, we elected to review all publications detailing asymptomatic influenza prevalence in humans, as is made clear from the original article’s title onward. This method included experimental studies, as well as newly emerging zoonotic strains. We note further that the 2 experimental studies in our review had subclinical influenza infection levels within the range identified in the pooled estimate of the metaanalysis (43.4%, 95% CI 25.4%–61.8%). Also, because antibody titers can vary drastically with technique used and between laboratories, we used the antibody titer threshold defined by each individual study.

The results/conclusions from the study published by Leung et al. (4) cannot be compared with those reported in our meta-analysis (2) for 2 important reasons. First, the case definition for asymptomatic was different; Leung et al. grouped patients without signs and symptoms (asymptomatic in our metaanalysis) with patients that did not fulfill the criteria of influenza-like illness (subclinical in our meta-analysis). We explained in our article why pooling asymptomatic and subclinical cases is inappropriate and likely to provide spurious results. As an example of how the case definition can affect the results, Pascalis et al. found that in the same group of patients, 30.6% had subclinical infection (not fulfilling criteria for influenza-like illness) but only 1.6% had no symptoms at all (5). Second, the number of studies included in the 2 meta-analyses was different: our comprehensive review comprised 55 studies, whereas Leung et al. included a subset of only 30 studies pertaining specifically to seasonal influenza. The different studies included and different meta-analytical methods unsurprisingly yielded different outcomes.

References


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Mycobacterium lepromatosis
Lepromatous Leprosy in US Citizen Who Traveled to Disease-Endemic Areas

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DOI: https://doi.org/10.3201/eid2405.171972

To the Editor: The article by Virk et al. (1) highlighted that a person can acquire Mycobacterium lepromatosis infection without exposure to a person infected with leprosy or to known vectors during short stays (2 trips of 7 days each over 3 calendar years) in Mexico. The authors then concluded that M. lepromatosis lepromatous leprosy is a travel-related hazard for travelers to Mexico or other disease-endemic areas. We note that the exact source of acquiring the M. lepromatosis infection by the patient in this study was entirely uncertain, and experimental evidence was not enough to prove M. lepromatosis to be a travel-related hazard.

In contrast, Jessamine et al. (2) reported M. lepromatosis infection and leprosy-like illness in a patient in Canada who had no history of contact or travel to leprosy-endemic areas. Jessamine et al. indicated that transmission dynamics of M. lepromatosis infection is complex, and undiscovered mechanisms or unknown reservoir interactions may exist in such areas of nonendemic regions. Previous studies have also reported the roles of subclinical cases and environmental reservoirs in the transmission of leprosy (3,4). However, Virk et al. have not disentangled other possible sources (existence of unrecognized subclinical cases, contact with