Appendix 1: Search strategies

RAPID RESPONSE SCHEMES

The search strategies were modified versions of those used by NICE in CG50 (2007). The searches were run on 21 October 2014 in Embase and MEDLINE, and limited to records added to the databases from December 2006 onwards.

**Medline**

1. exp Critical care/
2. Critical care$.tw.
3. exp *Intensive Care Units/
4. intensive care$.tw.
5. ((critical$ or acute$ or sever$ or sudden$ or unexpected$) adj2 ill$).tw.
7. (risk$ adj2 deterior$).tw.
8. critical illness/
10. Heart Arrest/ep, mo, pc [Epidemiology, Mortality, Prevention & Control]
11. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10
12. exp patient care team/
13. outreach.tw.
14. patient at risk$.tw.
15. patient care team$.tw.
16. hospital emergency team$.tw.
17. 12 or 13 or 14 or 15 or 16
18. 11 and 17
19. rapid response team$.tw.
20. medical emergency team$.tw.
21. Hospital Rapid Response Team/
22. rapid response system$.tw.
23. (outreach adj (service$ or team$)).tw.
24. 19 or 20 or 21 or 22 or 23
25. 18 or 24
26. 200612$.ed.
27. 2007$.ed.
EARLY WARNING SCORES

The search strategies were modified versions of those used by NICE in CG50 (2007). The searches were run on 21 October 2014 in Embase and MEDLINE and limited to records added to the databases from 31 October 2006 onwards.

Medline
1. *Health Status Indicators/
2. exp *Severity of Illness Index/
3. *Risk Assessment/
4. severity of illness ind$.tw.
5. health status ind$.tw.
6. risk assess$.tw.
7. early warning.tw.
8. (warning adj2 (scor$ or system$)).tw.
10. ((trigger or calling) adj5 criteria).tw.
11. *Point-of-care Systems/
12. point of care system$.tw.
13. serious$ ill$.tw.
14. or/1-13
15. exp *Critical Care/
16. critical care.tw.
17. intensive care.tw.
18. exp *Intensive Care Units/
19. Hospital Rapid Response Team/
20. rapid response system$\text{.tw.}$
21. rapid response team$\text{.tw.}$
22. medical emergency team$\text{.tw.}$
23. hospital emergency team$\text{.tw.}$
24. exp *Patient Care team/
25. patient care team$\text{.tw.}$
26. patient at risk$\text{.tw.}$
27. (outreach adj (service$\text{e}$ or team$\text{e}$)).tw.
28. shock team$\text{.tw.}$
29. *critical illness/
30. ((critical$\text{e}$ or acute$\text{e}$ or sever$\text{e}$ or sudden$\text{e}$ or unexpected$\text{e}$) adj2 ill$\text{e}$).tw.
31. (patient$\text{e}$ adj2 deterior$\text{e}$).tw.
32. (risk$\text{e}$ adj2 deterior$\text{e}$).tw.
33. Heart arrest/ep, mo, pc
34. or/15-33
35. 14 and 34
36. 200611$\text{.ed.}$
37. 200612$\text{.ed.}$
38. 2007$\text{.ed.}$
39. 2008$\text{.ed.}$
40. 2009$\text{.ed.}$
41. 2010$\text{.ed.}$
42. 2011$\text{.ed.}$
43. 2012$\text{.ed.}$
44. 2013$\text{.ed.}$
45. 2014$\text{.ed.}$
46. or/36-45
47. 35 and 46
48. limit 47 to english language
STANDARDISED HANDOVER TOOLS

Search strategy

The search strategies were modified versions of those used by Robertson et al (2014). The searches were run on 21 October 2014 and limited to records added to the databases from July 2012 onwards.

**Medline**

1. patient handoff/
2. handover?.tw.
3. hand-over?.tw.
4. handoff?.tw.
5. hand-off?.tw.
6. signout?.tw.
7. sign-out?.tw.
8. patient transfer/
9. patient transfer$.tw.
10. intrahospital transfer$.tw.
11. intra-hospital transfer$.tw.
12. intrahospital transport$.tw.
13. intra-hospital transport$.tw.
14. shift to shift.tw.
15. intershift.tw.
16. inter-shift.tw.
17. or/1-16
18. quality improvement/
19. intervention*.tw.
20. (improv* and quality).tw.
22. strateg*.tw.
23. tool$.tw.
24. training.tw.
25. instrument$.tw.
26. standardi*.tw.
27. mneumonic$.tw.
CONTINUING EDUCATION

The searches were run on 21 October 2014 and limited to records added to the databases from 1990 onwards.

**Medline**

1. exp Critical care/
2. Critical care$.tw.
3. ((critical$ or acute$ or sever$ or sudden$ or unexpected$) adj2 ill$).tw.
5. (risk$ adj2 deterior$).tw.
7. critical illness/
8. or/1-7
9. *education, continuing/ or *education, medical, continuing/ or *education, nursing, continuing/ or *education, professional, retraining/ or *education, medical/ or *education, nursing/
10. medical education.tw.
11. nurs$ education.tw.
12. exp *teaching/
13. exp *inservice training/
14. or/9-13
15. immediate life support$.tw.
16. Life Support Care/ed
17. Advanced Cardiac Life Support/ed
18. or/15-17
19. Heart arrest/ep, mo, pc
20. 8 or 19
21. 20 and 14
22. 21 or 18
23. limit 22 to yr="1990 -Current"
24. limit 23 to english language
Appendix 2: High quality review papers used as foundation for the search strategy

<table>
<thead>
<tr>
<th>Topic</th>
<th>Original systematic review</th>
<th>Original search start/end</th>
<th>Our search start date</th>
<th>Our search end date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early warning scores</td>
<td>NICE Clinical Guideline 50</td>
<td>Nov 2004-October 2006</td>
<td>October 2006</td>
<td>October 21 2014</td>
</tr>
<tr>
<td>Continuing education</td>
<td>None found</td>
<td></td>
<td>January 1990</td>
<td>October 21 2014</td>
</tr>
</tbody>
</table>
### Appendix 3: NICE CG50 quality levels of evidence

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1++</td>
<td>High-quality meta-analyses, systematic reviews of RCTs, or RCTs with a very low risk of bias</td>
</tr>
<tr>
<td>1+</td>
<td>Well-conducted meta-analyses, systematic reviews of RCTs, or RCTs with a low risk of bias</td>
</tr>
<tr>
<td>1-</td>
<td>Meta-analyses, systematic reviews of RCTs, or RCTs with a high risk of bias</td>
</tr>
</tbody>
</table>
| 2++   | High-quality systematic reviews of case–control or cohort studies  
High-quality case–control or cohort studies with a very low risk of confounding, bias or chance and a high probability that the relationship is causal |
| 2+    | Well-conducted case–control or cohort studies with a low risk of confounding, bias or chance and a moderate probability that the relationship is causal |
| 2-    | Case–control or cohort studies with a high risk of confounding, bias, or chance and a significant risk that the relationship is not causal |
| 3     | Non-analytic studies (for example, case reports, case series) |
| 4     | Expert opinion, formal consensus |
Appendix 4: Data items extracted from papers

Study Type
- Study design
- Data collection method
- Study duration (observation, intervention and follow-up)

Population
- Number of participants
- Setting
- Age
- Gender
- Inclusion and exclusion criteria

Risk of bias
- Selection bias
- Performance bias
- Attrition bias
- Detection bias
- Other concerns about bias

Intervention type
- Aim, intervention and control details

Outcomes

Funding source
### Appendix 5: Exclusion criteria

<table>
<thead>
<tr>
<th>Rapid response schemes</th>
<th>Early warning scores</th>
<th>Standardised handover tools</th>
<th>Continuing education</th>
</tr>
</thead>
<tbody>
<tr>
<td>▶ 50% or more of patients included were: under 18; dying patients receiving palliative care; not on general adult wards (e.g. primary care, CCU, ICU, A&amp;E, catheterization labs, theatre).</td>
<td>▶ 50% or more of patients included were: under 18; dying patients receiving palliative care; not on general adult wards (e.g. primary care, CCU, ICU, A&amp;E, catheterization labs, theatre).</td>
<td>▶ Handover setting focused outside of general adult wards (e.g. primary care, paediatric, mental health, CCU, ICU, A&amp;E, catheterization labs, theatre).</td>
<td>▶ Fewer than 50% of the subjects were practicing doctors or nurses working on adult general in-patient wards.</td>
</tr>
<tr>
<td>▶ Non-systematic reviews</td>
<td>▶ Non-systematic reviews</td>
<td>▶ Non-systematic reviews</td>
<td>▶ Intervention targets continuing medical education in a specialty specific context (e.g. paediatrics or critical care).</td>
</tr>
<tr>
<td>▶ Limited to single parameter systems</td>
<td></td>
<td></td>
<td>▶ Intervention focused on teaching response to full arrest scenarios</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>▶ Asked participants after the intervention, to state how they thought their pre/post intervention knowledge compared.</td>
</tr>
</tbody>
</table>
## Appendix 6: Population, Intervention, Comparison, Outcome

<table>
<thead>
<tr>
<th>Topic</th>
<th>Population</th>
<th>Intervention</th>
<th>Comparison</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rapid response schemes</td>
<td><img src="image" alt="Adult in-patients on general medical or surgical wards." /></td>
<td><img src="image" alt="Introduction of a rapid response scheme (team that responds to calls for help managing deteriorating patients)." /></td>
<td><img src="image" alt="Current or historic comparison group." /></td>
<td><img src="image" alt="Any that evaluate effectiveness of the intervention." /></td>
</tr>
<tr>
<td>Early warning scores</td>
<td><img src="image" alt="Adult in-patients on general medical or surgical wards." /></td>
<td><img src="image" alt="Introduction of a track and trigger system (recording of patient observations with a defined threshold which triggers a response)." /></td>
<td><img src="image" alt="Current or historic comparison group." /></td>
<td><img src="image" alt="Any that evaluate effectiveness of the intervention." /></td>
</tr>
<tr>
<td>Standardised handover tool</td>
<td><img src="image" alt="Qualified doctors and nurses working on adult general medical or surgical wards in hospitals." /></td>
<td><img src="image" alt="Introduction of a standardised tool to structure communication during intra-hospital handover of patient information e.g. standardised handover sheets." /></td>
<td><img src="image" alt="Current or historic comparison group." /></td>
<td><img src="image" alt="Any that evaluate effectiveness of the intervention." /></td>
</tr>
<tr>
<td>Continuing education</td>
<td><img src="image" alt="Qualified doctors and nurses working on adult general medical or surgical wards in hospitals." /></td>
<td><img src="image" alt="Implementation of an educational intervention aimed at improving the subject’s identification and management of deteriorating adult inpatients not being managed in critical care areas." /></td>
<td><img src="image" alt="Current or historic comparison group." /></td>
<td><img src="image" alt="Any that evaluate effectiveness of the intervention." /></td>
</tr>
</tbody>
</table>
Appendix 7: PRISMA flow diagrams

Rapid response schemes

Identification

Records identified through Embase (n = 1989)

Records identified through MEDLINE (n = 2129)

NICE guideline (n = 1)

Records after duplicates removed (n = 3093)

Records screened (n = 3093)

Records excluded (n = 3065)

Full-text articles assessed for eligibility (n = 28)

Studies included in qualitative synthesis (n = 9)

Full-text articles excluded, with reasons (n = 19)

*Articles already in an included systematic review article (n=11)
*No statistical analysis (n=2)
*No comparison group (n=1)
*Retrospective (n=4)
*Non-systematic review (n=1)
Early warning scores

Identification
- Records identified through Embase (n = 2064)
- Records identified through MEDLINE (n = 2086)
- NICE guideline (n = 1)

Records after duplicates removed (n = 3267)

Screening
- Records screened (n = 3267)
- Records excluded (n = 3247)

Eligibility
- Full-text articles assessed for eligibility (n = 20)
- Full-text articles excluded, with reasons (n = 12)
  - Validation not implementation (n=2)
  - Descriptive (n=2)
  - Abstract only (n=1)
  - Non-systematic review (n=3)
  - Retrospective audit (n=1)
  - Single parameter system (n=1)
  - Included in existing systematic review (n=2)

Included
- Studies included in qualitative synthesis (n = 8)
Standardised handover tools

Records identified through Embase
(n = 1689)

Records identified through MEDLINE
(n = 730)

Records after duplicates removed
(n = 1876)

Records screened
(n = 1876)

Records excluded
(n = 1845)

Full-text articles assessed for eligibility
(n = 31)

Full-text articles excluded, with reasons
(n = 19)

*Handover not on ward (n=3)
*No statistical tests (n=1)
*Sample size unclear (n=1)
*No control group (n=2)
*Non-systematic review (n=6)
*Descriptive only (n=1)
*Paediatrics focus (n=1)
*Handover minor (n=1)
*No intervention (n=2)
*Retrospective (n=1)

Studies included in qualitative synthesis
(n = 12)
Continuing education

Records identified through Embase
(n = 1470)

Records identified through MEDLINE
(n = 1475)

Records after duplicates removed
(n = 2180)

Records screened
(n = 2180)

Records excluded
(n = 2161)

Full-text articles assessed for eligibility
(n = 19)

Full-text articles excluded, with reasons
(n = 16)
  * Teaching topic not relevant (n=5)
  * No statistical tests (n=1)
  * Results not reported numerically (n=1)
  * Descriptive (n=4)
  * Articles already in an included systematic review (n=3)
  * No comparison group (n=2)

Studies included in qualitative synthesis
(n = 3)