CORRECTION



## Correction to: A brief intervention for weight control based on habitformation theory delivered through primary care: results from a randomised controlled trial

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Published online: 7 June 2021 © The Author(s) 2021. This article is published with open access

Correction to: International Journal of Obesity https://doi.org/10.1038/ijo.2016.206

The original version of this article unfortunately contained a mistake in Table 1. In the paper the authors report cholesterol as mg dl-1 (Table 1) however, the correct unit should be mmol/l. Glucose should be the same. The authors apologize for the error. The correct Table 1 can be found below.

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## Table 1 Baseline characteristics.

|   | Usual care $(n = 270)^a$   |                  | 10TT $(n = 267)^{a}$       |                  | Total $(n = 537)^{a}$      |                  |
|---|----------------------------|------------------|----------------------------|------------------|----------------------------|------------------|
|   | <i>N</i><br>Mean<br>Median | %<br>S.d.<br>IQR | <i>N</i><br>Mean<br>Median | %<br>S.d.<br>IQR | <i>N</i><br>Mean<br>Median | %<br>S.d.<br>IQR |
|   |                            |                  |                            |                  |                            |                  |
|   |                            |                  |                            |                  |                            |                  |
| Socio-demographics                      |                            |                  |                            |                  |                            |                  |
| Age (years)                             |                            |                  |                            |                  |                            |                  |
| Median (IQR)                            | 60                         | 48.9-67.1        | 59.1                       | 48.1-66.1        | 59.4                       | 48.7-66.8        |
| Gender                                  |                            |                  |                            |                  |                            |                  |
| Male                                    | 95                         | 35.20%           | 89                         | 33.30%           | 184                        | 34.30%           |
| Female                                  | 175                        | 64.80%           | 178                        | 66.70%           | 353                        | 65.70%           |
| Ethnic origin $(n = 534)$               |                            |                  |                            |                  |                            |                  |
| White                                   | 255                        | 95.20%           | 252                        | 94.70%           | 507                        | 94.90%           |
| Black/Mixed                             | 5                          | 1.90%            | 5                          | 1.90%            | 10                         | 1.90%            |
| Asian/Mixed                             | 6                          | 2.20%            | 6                          | 2.30%            | 12                         | 2.20%            |
| Other                                   | 2                          | 0.80%            | 3                          | 1.10%            | 5                          | 0.90%            |
| Highest level of education $(n = 505)$  |                            |                  |                            |                  |                            |                  |
| No qualification/GCSE                   | 88                         | 34.70%           | 88                         | 35.10%           | 176                        | 34.80%           |
| Vocational qualification/A-Level        | 69                         | 27.20%           | 86                         | 34.30%           | 155                        | 30.70%           |
| Degree or higher                        | 91                         | 35.80%           | 75                         | 29.90%           | 166                        | 32.90%           |
| Other                                   | 6                          | 2.40%            | 2                          | 0.80%            | 8                          | 1.60%            |
| Deprivation (IMD) quintiles $(n = 526)$ | )                          |                  |                            |                  |                            |                  |
| 1—Most deprived                         | 18                         | 6.70%            | 11                         | 4.30%            | 29                         | 5.50%            |
| 2                                       | 54                         | 20.20%           | 45                         | 17.40%           | 99                         | 18.80%           |
| 3                                       | 77                         | 28.80%           | 83                         | 32.10%           | 160                        | 30.40%           |
| 4                                       | 66                         | 24.70%           | 49                         | 18.90%           | 115                        | 21.90%           |
| 5—Least deprived                        | 52                         | 19.50%           | 71                         | 27.40%           | 123                        | 23.40%           |
| Clinical                                |                            |                  |                            |                  |                            |                  |
| Weight ( $n = 536$ ) (kg)               |                            |                  |                            |                  |                            |                  |
| Mean (S.d.)                             | 101.2                      | -17.5            | 100.4                      | -17              | 100.8                      | -17.2            |
| Median (IQR)                            | 98.6                       | 88.4-110.7       | 97.6                       | 88.4-108.3       | 98.4                       | 88.4-109.7       |
| BMI ( $n = 536$ ), kg/m <sup>2</sup>    |                            |                  |                            |                  |                            |                  |
| Median (IQR)                            | 34.8                       | 32.6-39.4        | 35                         | 32.6-38.7        | 35                         | 32.6-39.2        |
| Waist ( $n = 534$ ), cm                 |                            |                  |                            |                  |                            |                  |
| Median (IQR)                            | 112                        | 104-118          | 111.3                      | 103-120          | 111.5                      | 104–119          |
| Blood pressure (mmHg)                   |                            |                  |                            |                  |                            |                  |
| Systolic ( $n = 532$ ), mean (s.d.)     | 136.6                      | -16.4            | 136.5                      | -17.5            | 136.5                      | -17              |
| Diastolic $(n = 532)$ , mean (s.d.)     | 81.4                       | -10.1            | 81                         | -10              | 81.2                       | -10.1            |
| Cholesterol, mmol/l                     |                            |                  |                            |                  |                            |                  |
| Total $(n = 473)$ , mean (s.d.)         | 5.2                        | -1.1             | 5.2                        | -1.2             | 5.2                        | -1.2             |
| LDL $(n = 282)$ , mean (s.d.)           | 2.9                        | -1               | 2.9                        | -0.9             | 2.9                        | -1               |
| Glucose ( $n = 470$ ), mmol/l           |                            |                  |                            |                  |                            |                  |
| Mean (s.d.)                             | 5.9                        | -2.4             | 5.8                        | -2.1             | 5.8                        | -2.2             |

BMI Body Mass Index, GCSE General Certificate of Secondary Education, IMD Index of Multiple Deprivation, IQR interquartile range, LDL Lowdensity lipoprotein.

<sup>a</sup>Unless otherwise stated.