## SUPPLEMENTARY MATERIAL

## Ambient particulate air pollution and blood pressure in peri-urban India

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Figure S1 APCAPS flow chart.


* Children born in 1987-1990 and included in a trial of antenatal nutrition supplementation.
** These were the children who were successfully linked to historical records.
*** Number of invited index children increased because APCAPS team kept trying to track them.
**** i.e. excluding temporary or permanent migrants and permanently locked households.

Figure S2 Directed acyclic graph (DAG) of the relationship between ambient air pollution (AAP) and blood pressure (BP).


BMI: Body mass index; SLI: Standard Living Index; ETS: Environmental tobacco smoke; HTN medication: antihypertensive medication.

Legend:
exposure
ancestor of exposure
ancestor of outcome
ancestor of exposure
and outcome

Table S1 Coefficients ( $\beta$ ) and confidence intervals (CI) according to sex in sensitivity analyses (S1-S5) compared to the fully-adjusted model.

|  | MEN |  |  |  | WOMEN |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | SBP |  | DBP |  | SBP |  | DBP |
| Model | $\beta$ | 95\%CI | $\beta$ | 95\%CI | $\beta$ | 95\%CI | $\beta$ | 95\%CI |
| $\mathbf{P M}_{2.5}$ |  |  |  |  |  |  |  |  |
| 3 | 0.52 | -0.82 to 1.85 | 0.41 | -0.69 to 1.52 | 1.43 | 0.12 to 2.74 | 0.87 | -0.18 to 1.91 |
| S1 | 0.57 | -0.76 to 1.90 | 0.42 | -0.68 to 1.52 | 1.43 | 0.13 to 2.73 | 0.79 | -0.26 to 1.83 |
| S2 | 0.54 | -0.81 to 1.89 | 0.49 | -0.64 to 1.61 | 1.44 | 0.12 to 2.77 | 0.97 | -0.09 to 2.03 |
| S3 | 0.45 | -0.90 to 1.81 | 0.36 | -0.75 to 1.47 | 1.34 | -0.01 to 2.68 | 0.82 | -0.23 to 1.88 |
| S4 | 0.52 | -0.82 to 1.85 | 0.41 | -0.68 to 1.50 | 1.45 | 0.14 to 2.76 | 0.89 | -0.14 to 1.93 |
| BC |  |  |  |  |  |  |  |  |
| 3 | -0.20 | -0.86 to 0.47 | -0.04 | -0.59 to 0.51 | 0.15 | -0.52 to 0.81 | 0.11 | -0.41 to 0.64 |
| S1 | -0.13 | -0.79 to 0.54 | 0.02 | -0.53 to 0.57 | 0.17 | -0.49 to 0.83 | 0.09 | -0.44 to 0.62 |
| S2 | -0.20 | -0.88 to 0.47 | -0.09 | -0.65 to 0.47 | 0.24 | -0.43 to 0.91 | 0.21 | -0.32 to 0.75 |
| S3 | -0.36 | -1.41 to 0.69 | -0.09 | -0.95 to 0.77 | 0.12 | -0.93 to 1.18 | 0.13 | -0.70 to 0.96 |
| S4 | -0.20 | -0.86 to 0.47 | -0.04 | -0.58 to 0.50 | 0.15 | -0.52 to 0.81 | 0.12 | -0.41 to 0.64 |

PM 2.5: particles less than $2.5 \mu \mathrm{~m}$; BC: black carbon; SBP: systolic blood pressure; DBP:
diastolic blood pressure

Model 3 (main): age, antihypertensive medication, mean village concentration, cooking fuel, education attainment, standard living index, physical activity, environmental tobacco smoke, active smoking (only in men), alcohol, room temperature, and salt intake

Model S1: model 3, averaging the last two BP readings rather than the three
Model S2: model 3, excluding those 195 participants taking medication (2872 men / 2464 women)

Model S3: treating village as a fixed effect removing mean village concentration and keeping random effect for household (IQR for $\mathrm{BC}=0.2 \mu \mathrm{~g} / \mathrm{m}^{3}$ )

Model S4: model 3, adding a natural spline with 3 degrees of freedom in age

Table S2 Coefficients $(\beta)$ and confidence intervals (CI) according to age.

|  | $\leq 40$ years ( $\mathrm{n}=2918$ ) |  |  |  | >40 years ( $\mathrm{n}=2552$ ) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | SBP |  | DBP |  | SBP |  | DBP |  |
| Model | $\beta$ | 95\% CI | $\beta$ | 95\% CI | $\beta$ | 95\% CI | $\beta$ | 95\% CI |
| $\mathbf{P M}_{2.5}$ |  |  |  |  |  |  |  |  |
| 3 | 0.91 | -0.01 to 1.83 | 0.75 | -0.15 to 1.66 | 1.21 | -0.48 to 2.89 | 0.59 | -0.64 to 1.82 |
| 4 | 0.89 | 0.03 to 1.74 | 0.73 | -0.11 to 1.57 | 1.21 | -0.56 to 2.77 | 0.59 | -0.58 to 1.77 |
| BC |  |  |  |  |  |  |  |  |
| 3 | -0.16 | -0.64 to 0.31 | -0.21 | -0.67 to 0.25 | 0.14 | -0.68 to 0.96 | 0.27 | -0.33 to 0.87 |
| 4 | -0.24 | -0.68 to 0.20 | -0.28 | -0.71 to 0.15 | -0.03 | -0.83 to 0.77 | 0.12 | -0.45 to 0.69 |

Model 3 (main): age, sex, antihypertensive medication, mean village concentration, cooking fuel, education attainment, standard living index, physical activity, environmental tobacco smoke, active smoking, alcohol, room temperature, and salt intake

Model 4 (including potential mediators): model $3+$ body mass index and diabetes

Table S3 Associations between residential exposure to particles and blood pressure according to primary cooking fuel among women. Changes in SBP and DBP are expressed as a unit increase (in mm Hg ) per $1 \mu \mathrm{~g} / \mathrm{m}^{3}$ increase in within-village $\mathrm{PM}_{2.5}$ and per IQR increase in within-village $\mathrm{BC}\left(=0.1 \mu \mathrm{~g} / \mathrm{m}^{3}\right)$.

|  | SBP |  |  |  | DBP |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Clean fuel (n=955) |  |  | Biomass (n=1424) |  |  | Clean fuel (n=955) |  |  | Biomass (n=1424) |  |
|  | $\beta$ | $95 \% C I$ | $\beta$ | $95 \% C I$ | $\beta$ | $95 \% C I$ | $\beta$ | $95 \% C I$ |  |  |  |
| $\mathbf{P M}_{\mathbf{2} .5}$ | 0.90 | -1.01 to 2.81 | 1.64 | -0.05 to 3.33 | 0.83 | -0.72 to 2.38 | 0.81 | -0.51 to 2.12 |  |  |  |
| BC | -0.21 | -1.16 to 0.75 | 0.14 | -0.71 to 1.00 | -0.28 | -1.05 to 0.49 | 0.10 | -0.56 to 0.77 |  |  |  |

PM 2.5: particles less than $2.5 \mu \mathrm{~m}$ in diameter; BC: black carbon; SBP: systolic blood pressure; DBP: diastolic blood pressure; IQR: inter-quartile range; CI: Confidence Interval. Clean fuel refers to gas or electricity

Figure S3 Regression coefficients for the association between fine particulate matter $\left(\mathrm{PM}_{2.5}\right)$ and blood pressure in men after the leave-one-village-out approach.


Error bars represent 95\% Confidence Interval. Dashed black line corresponds to the zero level. Red dashed line corresponds to the systolic blood pressure (SBP) coefficient from the model considering all villages (showed for reference), whereas blue dashed line corresponds to diastolic blood pressure (DBP) coefficient

Table S4 Comparison of demographic characteristics between general adult ( $\geq 18$ years)
residents of the villages $(\mathrm{n}=63128)$ and our study participants $(\mathrm{n}=5531)$.

|  | ALL |  | MEN |  | WOMEN |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | General residents | Study participants | General residents | Study participants | General residents | Study participants |
| Sex, n(\%) |  |  |  |  |  |  |
| Men | 32161 (51.0) | 2979 (53.9) | 32161 (100) | 2979 (100) | - | - |
| Women | 32161 (49.0) | 2552 (46.1) | - | - | 32161 (100) | 2552 (100) |
| Age, mean $\pm$ SD | $38 \pm 16$ | $38 \pm 13$ | $38 \pm 16$ | $37 \pm 15$ | $38 \pm 15$ | $38 \pm 11$ |
| Formal education, n(\%) |  |  |  |  |  |  |
| With any kind | 33561 (53.2) | 2596 (46.9) | 20629 (64.2) | 1839 (61.8) | 12932 (41.8) | 757 (29.7) |
| Without (either illiterate or literate) | 29550 (46.8) | 2934 (53.1) | 11523 (35.8) | 1139 (38.2) | 18027 (58.2) | 1795 (70.3) |

