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# Vaccination uptake and health service access amongst Polish and Romanian communities in England: a qualitative interview study – research summary

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**ABSTRACT**

At the London School of Hygiene and Tropical Medicine, we are conducting a study to explore vaccination uptake and health service access amongst Polish and Romanian communities in England. In this summary, we provide the rationale for conducting this research and an overview of the study design.

**KEY WORDS:** vaccination, qualitative methods, health service access, UK, Polish migrants, Romanian migrants.

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**INTRODUCTION**

At the London School of Hygiene and Tropical Medicine, we are conducting a study to explore the health service experiences of Polish and Romanian immigrants in England, with a specific focus on the uptake of recommended vaccinations.

The study has three aims: 1. Investigate the acceptability and uptake of vaccinations amongst Polish and Romanian communities; 2. Explore perceptions and the experiences of Polish and Romanian communities in accessing health services; 3. Identify potential interventions to improve vaccination uptake and health service acceptability amongst Polish and Romanian communities.

**WHY IS RESEARCH NEEDED?**

In 2015, Poland and Romania were among the top five most common countries of nationality amongst non-British UK citizens; Poles constituted 15.7% of non-British UK citizens and Romanians 4.0% [1]. Despite large Polish and Romanian communities in the UK, there is currently limited research on vaccination uptake and experiences of health services amongst these groups. A barrier to researching these topics is that nationality and country of birth data are largely unre-

corded e.g. for general practice registrants, and Poles and Romanians are often included within the broad ethnic category of ‘white – other’. Research exploring immunisation uptake by ethnicity, a concept often linked to migrant status [2] has largely included broad ethnic categories, not looking at specific nationalities or countries of birth [3-5].

As vaccination programmes vary between countries, and given the recent vaccine-preventable disease outbreaks across Europe, this is a particularly important research area. The study will produce recommendations to enhance services for Polish and Romanian communities. These will be used to directly inform service improvements.

**WHAT METHODS ARE WE USING?**

We are conducting semi-structured interviews with men and women from Poland and Romania (living in the UK since these countries joined the EU in 2004 and 2007 respectively) that are able to discuss vaccinations in relation to their children or themselves (e.g. if they are eligible for the flu vaccine). During the interviews, participants are asked to share their experiences of vaccination and health services in the UK.

We are also interviewing healthcare professionals involved in vaccination delivery (e.g. general practitioners, practice nurses and health visitors) in areas of England with large Polish and Romanian communities. In these interviews, we are asking participants to share their experiences in delivering health services to these communities, particularly focusing on the vaccination programme.

We plan to interview 30 Polish and Romanian participants and 30 healthcare professionals. Recruitment is targeted to areas of England with high proportions of Polish and Romanian residents. We are recruiting Polish and Romanian participants using social media (e.g. *via* Facebook and Twitter), through advertisement in shops, Polish and Romanian organisations and local groups, and via other community settings (e.g. churches, nurseries, libraries). Healthcare professionals are being recruited through general practices and other healthcare providers. We are currently recruiting to the study and intend to disseminate the study findings from March 2018.

#### ACKNOWLEDGEMENT

The study has been granted ethical approval by the Observational Research Ethics Committee at the London School of Hygiene & Tropical Medicine, NHS Health Research Authority approval (IRAS project ID: 224734), and site-specific NHS Research and Development department approvals.

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#### DISCLOSURE

Authors report no conflict of interest.

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#### AUTHORS' CONTRIBUTIONS

SB wrote the first full draft of the article. SB, MZ, SMJ prepared the final version of the article.

#### FROM THE EDITOR

Poles constitute the largest foreign-born group in the United Kingdom, and the number of Polish nationals resident in the UK reached 1 million in 2016 [1]. Since 2004, when Britain opened its job market to Polish immigrants, a number of studies have been conducted looking into the health behaviours of Poles in the UK. This has included research into the issue of tobacco dependence in the Polish community in the UK, with a focus on pregnant women in England [2], and on breast screening uptake in Polish women in Scotland [3].

The present study, conducted by researchers at the London School of Hygiene and Tropical Medicine, focuses on the uptake of recommended vaccinations amongst Polish and Romanian communities in the UK. This research is particularly topical in context of the spread of anti-vaccination sentiments in Polish mass media and society [4], and the lack of qualitative studies investigating the causes of this phenomenon. We hope that this summary, and the study findings and recommendations that will be disseminated next year, will provide an impulse for more research

in this area, both in Poland and in the extensive Polish diaspora.

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