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Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)

Lim BX, Lim CHL, Lim DK, Evans JR, Bunce C, Wormald R


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Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery

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Editorial group: Cochrane Eyes and Vision Group.


ABSTRACT

Background

Macular oedema (MO) is the accumulation of extracellular fluid in the central retina (the macula). It may occur after cataract surgery and may give rise to poor visual outcome, with reduced visual acuity and distortion of the central vision. MO is often self-limiting with spontaneous resolution, but a small proportion of people with chronic persistent MO may be difficult to treat. Chronic oedema may lead to the formation of cystic spaces in the retina termed ‘cystoid macular oedema’ (CMO). Non-steroidal anti-inflammatory drugs (NSAIDs) are commonly used in cataract surgery and may reduce the chances of developing MO.

Objectives

The aim of this review is to answer the question: is there evidence to support the prophylactic use of topical NSAIDs either in addition to, or instead of, topical steroids postoperatively to reduce the incidence of macular oedema (MO) and associated visual morbidity.

Search methods

We searched a number of electronic databases including CENTRAL, MEDLINE and Embase. Date last searched 2 September 2016.

Selection criteria

We included randomised controlled trials (RCTs) in which adult participants had undergone surgery for age-related cataract. We included participants irrespective of their baseline risk of MO, in particular we included people with diabetes and uveitis. We included trials of preoperative and/or postoperative topical NSAIDs in conjunction with postoperative topical steroids. The comparator was postoperative topical steroids alone. A secondary comparison was preoperative and/or postoperative topical NSAIDs alone versus postoperative topical steroids alone.
Data collection and analysis

Two review authors independently selected studies for inclusion, assessed risk of bias and extracted data using standard methods expected by Cochrane. We pooled data using a random-effects model. We graded the certainty of the evidence using GRADE and considered the following: risk of bias of included studies, precision of the effect estimate, consistency of effects between studies, directness of the outcome measure and publication bias.

Main results

We identified 34 studies that were conducted in the Americas, Europe, the Eastern Mediterranean region and South-East Asia. Over 5000 people were randomised in these trials. The majority of studies enrolled one eye per participant; a small subset (4 trials) enrolled a proportion of people with bilateral surgery. Twenty-eight studies compared NSAIDs plus steroids with steroids alone. Six studies compared NSAIDs with steroids. A variety of NSAIDs were used, including ketorolac, diclofenac, nepafenac, indomethacin, bromfenac, flurbiprofen and panoplen. Follow-up ranged from one to 12 months. In general, the studies were poorly reported. We did not judge any of the studies at low risk of bias in all domains. Six studies were funded by industry, seven studies were funded from non-industry sources, and the rest of the studies did not report the source of funding.

There was low-certainty evidence that people receiving topical NSAIDs in combination with steroids may have a lower risk of poor vision due to MO at three months after cataract surgery compared with people receiving steroids alone (risk ratio (RR) 0.41, 95% confidence interval (CI) 0.23 to 0.76; eyes = 1360; studies = 5; I² = 5%). We judged this to be low-certainty evidence because of risk of bias in the included studies and indirectness, as the extent of visual loss was not always clear. Only one study reported poor vision due to MO at 12 months and we judged this to be very low-certainty evidence as there were only two events. Quality of life was only reported in one of the 34 studies comparing NSAIDs plus steroids versus steroids alone, and it was not fully reported, other than to comment on lack of differences between groups. There was evidence of a reduced risk of MO with NSAIDs at three months after surgery, but we judged this to be low-certainty due to risk of bias and publication bias (RR 0.40, 95% CI 0.32 to 0.49; eyes = 3638; studies = 21). There was inconsistent evidence on central retinal thickness at three months (I² = 87%). Results ranged from -30.9 µm in favour of NSAIDs plus steroids to 7.44 µm in favour of steroids alone. Similarly, data on best corrected visual acuity (BCVA) were inconsistent, but nine out of 10 trials reporting this outcome found between-group differences in visual acuity of less than 0.1 logMAR.

None of the six studies comparing NSAIDs alone with steroids reported on poor vision due to MO at three or 12 months. There was low-certainty evidence that central retinal thickness was lower in the NSAIDs group at three months (mean difference (MD) -22.64 µm, 95% CI -38.86 to -6.43; eyes = 121; studies = 2). Five studies reported on MO and showed a reduced risk with NSAIDs, but we judged this evidence to be of low-certainty (RR 0.27, 95% CI 0.18 to 0.41; eyes = 520). Three studies reported BCVA at three months and the results of these trials were inconsistent, but all three studies found differences of less than 0.1 logMAR between groups.

We did not note any major adverse events - the main consistent observation was burning or stinging sensation with the use of NSAIDs.

Authors’ conclusions

Using topical NSAIDs may reduce the risk of developing macular oedema after cataract surgery, although it is possible that current estimates as to the size of this reduction are exaggerated. It is unclear the extent to which this reduction has an impact on the visual function and quality of life of patients. There is little evidence to suggest any important effect on vision after surgery. The value of adding topical NSAIDs to steroids, or using them as an alternative to topical steroids, with a view to reducing the risk of poor visual outcome after cataract surgery is therefore uncertain. Future trials should address the remaining clinical uncertainty of whether prophylactic topical NSAIDs are of benefit, particularly with respect to longer-term follow-up (at least to 12 months), and should be large enough to detect reduction in the risk of the outcome of most interest to patients, which is chronic macular oedema leading to visual loss.

PLAIN LANGUAGE SUMMARY

Prophylactic non-steroidal anti-inflammatory drugs (NSAIDs) for the prevention of macular oedema after cataract surgery

What is the aim of this review?

The aim of this Cochrane Review was to find out if NSAID eye drops can prevent a sight-threatening complication of cataract surgery (swelling at the back of the eye, known as macular oedema). Cochrane researchers collected and analysed all relevant studies to answer this question and found 34 studies.

Key messages
There is only low-certainty evidence to support the use of NSAID eye drops to prevent macular oedema affecting vision after cataract surgery.

**What was studied in the review?**

There is a clear lens in the eye that focuses the light on the back of the eye. As people get older this lens can become cloudy. A cloudy lens is known as a cataract. Doctors can remove the cataract and replace it with an artificial lens. This is usually a very successful operation. Occasionally, people having cataract surgery can get swelling at the back of the eye after the operation. This swelling is known as macular oedema. It usually gets better on its own accord, but if it persists it can result in poor vision.

NSAIDs are a medication that can treat inflammation. They may be able to reduce the chances of this swelling happening. The NSAIDs studied in this review were eye drops.

**What are the main results of the review?**

The review authors found 34 relevant studies. These studies were conducted in all parts of the world including the Americas, Europe, the Eastern Mediterranean region and South-East Asia. Most (28) of these studies compared NSAIDs combined with steroids against steroids alone. Some of the studies (6) compared NSAIDs with steroids alone. A variety of NSAIDs were used, including ketorolac, diclofenac, nepafenac, indomethacin, bromfenac, pranopfen and flurbiprofen. People taking part in these trials were followed up from between one and 12 months. Most studies only followed up to two months or less. Six studies were funded by industry; seven studies were funded from non-industry sources and the rest of the studies did not report the source of funding.

There was low-certainty evidence that NSAIDs reduce the chance of poor vision due to macular oedema three months after cataract surgery. Only one study reported on poor vision due to macular oedema at 12 months and we judged this to have very low-certainty of evidence.

Using NSAIDs was associated with a reduced risk of macular oedema but the review authors judged this to be low-certainty.

Inconsistent results were seen for some measurements of macular oedema, such as the thickness of the tissue at the back of the eye (central retinal thickness) at three months after surgery. This measurement was not reported by any studies at 12 months after surgery. Similarly, inconsistent results were seen for vision measurement (visual acuity) but most studies found small differences between people given NSAIDs and people not given NSAIDs.

Only one study reported quality of life, and this suggested little impact of NSAIDs on quality of life.

**How up-to-date is this review?**

The review authors searched for studies that had been published up to 2 September 2016.
### Summary of Findings for the Main Comparison

**NSAIDs plus steroids compared with steroids for the prevention of macular oedema after cataract surgery**

**Patient or population:** people having cataract surgery  
**Setting:** eye hospital  
**Intervention:** NSAIDs plus steroids  
**Comparison:** steroids

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Anticipated absolute effects* (95% CI)</th>
<th>Relative effect (95% CI)</th>
<th>Of participants (studies)</th>
<th>Certainty of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poor vision due to MO at 3 months after surgery</td>
<td>74 per 1000 (17 to 56)</td>
<td>RR 0.41 (0.23 to 0.76)</td>
<td>1360 (5 RCTs)</td>
<td>⊕⊕⊕⊕ LOW 12</td>
<td>-</td>
</tr>
<tr>
<td>Poor vision due to MO at 12 months after surgery</td>
<td>20 per 1000 (2 to 407)</td>
<td>RR 1.32 (0.09 to 20.37)</td>
<td>88 (1 RCT)</td>
<td>⊕⊕⊕⊕ VERY LOW 13</td>
<td>-</td>
</tr>
<tr>
<td>Quality of life at 3 months after surgery</td>
<td>See comment</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Central retinal thickness at 3 months after surgery; assessed with OCT</td>
<td>See comment</td>
<td>-</td>
<td>1021 (8 RCTs)</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

*Reported in 1 study only using COMTOL questionnaire. Data not fully reported but no significant differences in terms of quality of life, compliance and satisfaction scores.

Trial results were inconsistent ($I^2 = 87\%$). Results ranged from -30.9 microns in favour of NSAIDs plus steroids to +7.44 microns in favour.
### Adverse effects

- See comment - (18 RCTs) -  
  In general, no major adverse effects were noted. The main consistent observation was burning or stinging sensation with use of NSAID drops.

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Risk (per 1000)</th>
<th>RR (CI)</th>
<th>Relative Effect</th>
<th>GRADE</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>MO at 3 months after cataract surgery, clinically symptomatic, assessed with OCT</td>
<td>130</td>
<td>0.40 (0.32 to 0.49)</td>
<td></td>
<td>LOW</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Risk (per 1000)</th>
<th>RR (CI)</th>
<th>Relative Effect</th>
<th>GRADE</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>BCVA at 3 months after surgery; assessed with logMAR scale from -1.3 to 1.3</td>
<td>1158</td>
<td>1.00 (0.96 to 1.04)</td>
<td></td>
<td>LOW</td>
<td></td>
</tr>
</tbody>
</table>

*The risk in the intervention group* (and its 95% CI) is based on the assumed risk in the comparison group and the *relative effect* of the intervention (and its 95% CI).

**BCVA**: best corrected visual acuity; **CI**: confidence interval; **MO**: macular oedema; **NSAID**: non-steroidal anti-inflammatory drug; **OCT**: optical coherence tomography; **RCT**: randomised controlled trial; **RR**: risk ratio.

**GRADE Working Group grades of evidence**

- **High certainty**: We are very confident that the true effect lies close to that of the estimate of the effect.
- **Moderate certainty**: We are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.
- **Low certainty**: Our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.
- **Very low certainty**: We have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

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1. Downgraded 1 level for risk of bias: studies at unclear or high risk of bias.
2. Downgraded 1 level for indirectness: extent of visual loss not always clearly defined.
3. Downgraded 2 levels for imprecision: Only 2 events.
4. Downgraded 1 level for publication bias: asymmetric funnel plot suggestive of publication bias.
We considered downgrading an additional 1 level for indirectness as the MO was not always OCT-verified and it was not always clear if the MO was clinically symptomatic. However, we did not do so partly because the size of the effect was quite strong.
BACKGROUND

Description of the condition

Cataract refers to the clouding of the natural crystalline lens of the eye. It is the leading cause of avoidable visual impairment and blindness in the world. The World Health Organization (WHO) estimates that unoperated cataract alone accounts for 33% of visual impairment, an estimated 94 million cases worldwide (Pascolini 2012). In many parts of the world, particularly higher-income countries, availability of cataract surgery at a relatively early stage of visual impairment in the disease process has led to this procedure being one of the most commonly performed surgical procedures worldwide.

Macular oedema (MO) is the accumulation of extracellular fluid in the central retina (the macula) which may present following cataract surgery with lens implantation (pseudophakic macular oedema) or without (aphakic macular oedema) and may give rise to poor visual outcome with reduced visual acuity and distortion of the central vision. The diagnosis of this condition is made both clinically using slit lamp biomicroscopic examination of the macula and with the aid of fundus fluorescein angiography or optical coherence tomography (OCT) (Choi 2005).

The incidence of MO varies with type of surgery, intraoperative complications and pre-existing risk factors. Reported risk of MO varies between 0.9% and 5% for modern uncomplicated phacoemulsification cataract surgery (Spaide 1993), but can be as high as 10% in the presence of surgical complications such as vitreous loss (Blomquist 2002). Vision is not always affected, and the incidence of MO with decrease in visual acuity is reported at 1% (Ahmed 2013), and is associated with increasing retinal thickness (Hee 1995). A multicentre audit of 55,567 cataract operations in the UK’s National Health Service (NHS) showed a risk of 1.62%, at a median postoperative review time of 31 days (Jaycock 2009). This was based on surgeons’ reports rather than systematic examination of the macula and was defined as poor visual outcome attributed to MO.

Other risk factors for MO include ocular inflammatory diseases such as uveitis, retinal ischaemic conditions such as central and branch retinal vein conditions, retinal vascular diseases and dystrophies, for example retinitis pigmentosa and retinal telangiectasia, as well as degenerative causes such as age related macular degeneration and diabetic retinopathy while the use of topical prostaglandin analogue therapy in glaucoma remains a theoretical risk (Nelson 2003). The use of topical adrenaline 2% (epinephrine) in aphakic patients has also been described to be associated with macular oedema. Other factors may include cerebrovascular and cardiovascular disease (Jain 2001) but the pathogenesis is unclear.

MO is often self-limiting with spontaneous resolution (Ahmed 2013). The small proportion of patients with chronic persistent MO may lead to the formation of cystic spaces in the retina, termed ‘cystoid macular oedema’ (CMO).

Description of the intervention

The intervention is the topical use of non-steroidal anti-inflammatory drugs (NSAIDs), in this case, eyedrops, in addition to topical steroid eyedrops after cataract surgery. They may also be used preoperatively, primarily to reduce the risk of pupil constriction during surgery, but this may potentially also reduce the risk of MO. Non-steroidal anti-inflammatory agents are a group of drugs which are in common use orally as over-the-counter treatments for the reduction of pain, redness and swelling associated with systemic inflammation. Some of these are also available in eyedrop form as prescription medicines for the reduction of ocular inflammation.

The comparative intervention is the use of topical steroids on the eye after cataract surgery, which is current standard therapy, and may in itself reduce the risk of MO. Steroids are a group of prescription-only drugs which are used systemically to suppress the symptoms, signs and sequelae of inflammation. They are also used in their topical eyedrop form for the reduction of ocular inflammation.

In the last decade or so, several clinical trials have examined the use of topical NSAIDs in the treatment and prevention of postoperative inflammation and pseudophakic macular oedema, without the adverse effects of topical corticosteroids (Ballonzoli 2010; Carnahan 2000; Heier 1999; Polanski 1992; Solomon 2001). NSAIDs such as ketorolac and indomethacin are cyclo-oxygenase inhibitors which suppress breakdown of the blood-aqueous barrier that may occur in the early postoperative period (Flach 1987; Flach 1988; Miyake 1984; Sanders 1984).

Jain 2001 recommended the use of prophylactic NSAIDs in patients with predisposing factors to developing postsurgical MO, irrespective of cause. Other clinical studies suggest that topical NSAIDs may be more effective than topical steroids in re-establishing the blood-aqueous barrier postoperatively, suggesting an important role in MO prevention (Flach 1989; Kraff 1990; Ursell 1999).

The meta-analysis conducted in Rossetti 1998 of the use of NSAIDs suggested possible beneficial effects of NSAIDs for both the prophylaxis and treatment of MO, but concluded that the overall quality of the evidence was insufficient to justify recommendation of its widespread use in prophylaxis. A Cochrane Review on treatment of MO following cataract surgery, found that two out of seven included randomised controlled trials (RCTs) showed a beneficial effect of NSAIDs on chronic MO (Sivaprasad 2004), although problems with trial quality and heterogeneity prevented valid meta-analysis.

A recent randomised, placebo-controlled trial looking at the adjunctive effect of topical NSAIDs in addition to intravitreal
steroids (triamcinolone) and intravitreal anti-vascular endothelial growth factor (bevacizumab) in chronic MO, found a statistically significant improvement with the use of topical nepafenac in reduction of retinal thickness and improvement in visual acuity at 16 weeks (Warren 2010). NSAIDs have also been used with good tolerance and efficacy, as an alternate treatment for patients with MO of mixed origin who are steroid responders, and therefore cannot be treated with steroids (Warren 2008).

**How the intervention might work**

NSAIDs are cyclo-oxygenase inhibitors and may work by reducing the production of pro-inflammatory prostaglandins. Inflammation within tissue is caused by the production of pro-inflammatory products by several pathways. NSAIDs act to suppress the cyclo-oxygenase pathway of inflammation, inhibiting production of prostaglandins (Eisenach 2010).

**Why it is important to do this review**

As cataract surgery is the second most commonly performed operation worldwide, and MO occurs in between 1% and 10% of all cataract surgeries (depending on risk and complications) and leads to poor visual outcome, there is a significant volume of visual morbidity which can be potentially prevented if it is found that NSAIDs are effective in its prophylaxis. NSAIDs are relatively inexpensive, easily obtainable and carry the potential to significantly improve the outcome of cataract surgery worldwide. Despite some evidence in favour of the beneficial effects of NSAIDs in MO, uncertainty remains about whether it has significant benefit in the prevention of MO when used perioperatively in addition to steroids. A recent editorial posed the question as to how prescribing NSAIDs for routine cataract surgery became so popular in the USA without compelling evidence of a visual benefit to patients (Kim 2016a). This uncertainty is reflected in widespread variation in clinical practice. For example, NSAIDs are much less frequently used in the UK for this indication. This review attempts either to resolve the persisting clinical uncertainty or to identify the need for further research to achieve such resolution.

This review is confined to addressing the use of NSAIDs in the prophylaxis of MO. A separate Cochrane Review on treatment of established cystoid macular oedema (CMO) has already been published (Sivaprasad 2004), but the effectiveness of NSAIDs in treatment remains uncertain. MO can lead to permanent structural damage in the central retina, therefore a prevention strategy may be more effective than treatment after the damage has been done.

**OBJECTIVES**

The aim of this review is to answer the question: is there evidence to support the prophylactic use of topical NSAIDs either in addition to, or instead of, topical steroids postoperatively to reduce the incidence of macular oedema (MO) and associated visual morbidity.

**METHODS**

**Criteria for considering studies for this review**

**Types of studies**

We included only randomised controlled trials (RCTs) in this review. We excluded within-person studies i.e. studies where eyes are randomly allocated to the intervention and comparator due to the possibility that the effect of non-steroidal anti-inflammatory drugs (NSAIDs) in one eye may affect the outcome in the other.

**Types of participants**

We included trials in which adult participants had undergone standard surgery for age-related cataract. We included participants irrespective of their baseline risk of MO, in particular, we included people with diabetes and uveitis.

**Types of interventions**

The primary comparison of this review was topical NSAIDs in addition to topical steroids versus topical steroids alone in cataract surgery. Surgery can include extracapsular cataract extraction (ECCE; large incision with sutures), manual small incision cataract surgery (MSICS; small incision without sutures), phacoemulsification cataract surgery (mechanised small incision extracapsular extraction) and intracapsular cataract extraction (ICCE; planned and unplanned intracapsular procedures). We included trials of preoperative and/or postoperative topical NSAIDs in conjunction with postoperative topical steroids. The comparator was postoperative topical steroids alone. A secondary comparison was preoperative and/or postoperative topical NSAIDs alone versus topical postoperative steroids alone. We included studies irrespective of whether incident MO was subsequently treated.

**Types of outcome measures**

**Primary outcomes**

- The proportion of people with a poor vision outcome due to MO in the study eye at three months after surgery.
We defined poor vision outcome as best corrected visual acuity (BCVA) not improving to 6/9 or better (or equivalent with other notations of vision) attributed to a diagnosis of MO (detected clinically, angiographically or on optical coherence tomography (OCT)). This included participants who developed MO and required and received treatment.

Our primary outcome was measured at three months after surgery, which we took as any observation between one month and six months after surgery. We also examined poor visual outcome due to MO at 12 months after surgery, which we took as any observation between six and 18 months after surgery.

Secondary outcomes
- Any quality of life or patient satisfaction measure relating to the patient’s experience of surgery on the study eye, at three months and 12 months after surgery
- Change in central retinal thickness from preoperative assessment in the study eye, at three months and 12 months after surgery, as measured by OCT scan. If change in central retinal thickness was not available we used the final value.

Adverse effects
We looked at known harms of NSAIDs including respiratory effects and gastrointestinal disturbance, in addition to intolerance of medication and allergic reactions. We recorded any other harms such as liver toxicity, as has been reported with some NSAIDs.

Resource use and costs
In our protocol (Abeyesiri 2011) we planned to look at economic evaluations of the cost-effectiveness and cost per quality-adjusted life year (QALY)/disability-adjusted life year (DALY) modelling. We amended this to look at resource use and costs more generally.

Additional outcomes (National Institute for Health and Care Excellence (NICE))
We collected data on the following additional outcomes as part of our collaboration with NICE.
- Macular oedema (MO) (clinically symptomatic, OCT-verified).
- Inflammation.
- BCVA.

Search methods for identification of studies

Electronic searches
We searched CENTRAL (which contains the Cochrane Eyes and Vision Trials Register) (2016, Issue 8), Ovid MEDLINE, Ovid MEDLINE In-Process and Other Non-Indexed Citations, Ovid MEDLINE Daily, Ovid OLDMEDLINE (January 1946 to September 2016), Embase (January 1980 to September 2016), Latin American and Caribbean Health Sciences Literature Database (LILACS) (1982 to September 2016), the ISRCTN registry (www.isrctn.com/editAdvancedSearch), ClinicalTrials.gov (www.clinicaltrials.gov), and the World Health Organization (WHO) International Clinical Trials Registry Platform (ICTRP) (www.who.int/ictrp/search/en). We did not use any date or language restrictions in the electronic searches for trials. We last searched the electronic databases on 2 September 2016.

See: Appendices for details of search strategies for CENTRAL (Appendix 1), MEDLINE (Appendix 2), Embase (Appendix 3), LILACS (Appendix 4), ISRCTN (Appendix 5), Clinical Trials.gov (Appendix 6), and the ICTRP.

Searching other resources
We searched the reference lists of the studies included in the review. We used the Science Citation Index to find studies that have cited the individual trials. We did not handsearch conference proceedings or journals specifically for the review.

Data collection and analysis

Selection of studies
Three review authors (CL, BL, DL) screened the titles and abstracts resulting from the searches independently. We obtained full copies of the potentially relevant trials. Three review authors (CL, BL, DL) independently assessed full copies for inclusion according to the ‘Criteria for considering studies for this review.’ We resolved disagreements by discussion.

We listed all excluded studies and provided a brief justification for exclusion (See Characteristics of excluded studies).

Data extraction and management
Four review authors (JE, CL, DL, BL) independently extracted data using a pre-piloted data extraction template in Covidence (Covidence 2016). A fifth review author (CB) generated a random sample of 20% of studies and checked data input for these. We resolved discrepancies by discussion.

We collected the following information on study characteristics (Appendix 8).
- Study design: parallel group RCT, one or both eyes included and/or reported.
- Participants: country, total number of participants, age, sex, inclusion and exclusion criteria.
- Intervention and comparator details: including number randomised to each.
We collected data on our predefined outcomes separately for intervention and comparator groups. If two groups contain relevant data (for example, if pre/postoperative application of NSAIDs) we combined groups using the RevMan calculator (RevMan 2014).

As far as possible, we extracted data for an intention-to-treat (ITT) analysis. We contacted trial investigators as needed. Data were imported directly from Covidence into Review Manager 5 by JE (RevMan 2014), and checked by the other review authors (CL, DL, BL). CB then conducted a final random assessment.

**Assessment of risk of bias in included studies**

We used Cochran's 'Risk of bias' tool for assessing risk of bias in each included study. Four review authors (JE, CL, DL, BL) independently assessed risk of bias according to methods set out in Chapter 8 of the Cochrane Handbook for Systematic Reviews of Interventions (Higgins 2011). We followed the specific rules as set out in Table 1 and resolved disagreements by discussion.

We contacted trial investigators for Miyake 2011 for clarification of random allocation.

**Measures of treatment effect**

We calculated the risk ratio for outcome measures reported as dichotomous data (for example, poor visual acuity attributed to MO within three months). We calculated the mean difference for measures of retinal thickness. We planned to analyse ordinal outcome data as dichotomous data if an established defensible cut-off point is available, such as quality of life measures. We did not plan to meta-analyse adverse effects.

**Unit of analysis issues**

Trials included may randomise one or both eyes to the intervention or comparator. If both eyes were allocated to the same treatment, we planned to analyse as 'clustered data' if data were available.

In the event four trials included data on both eyes, but this was generally a small proportion of the total participants. We have analysed as reported. We excluded studies which allocated different eyes to different treatments as there may be a confounding cross-over effect due to systemic absorption.

**Dealing with missing data**

We assessed all included trials for number of participants excluded or lost to follow-up. We documented reasons for loss to follow-up by treatment group, if reported. We aimed to do an ITT analysis for included trials using imputed data; if computed by the trialists we did not plan to impute missing data on their behalf.

**Assessment of heterogeneity**

Where heterogeneity was observed between individual study results we did not combine studies but present a tabulated summary of results. We did not rely on statistical significance of a Chi² test to indicate heterogeneity but examined the forest plot of the study results and the overall characteristics of the studies. We looked at the consistency between studies by examining the I² statistic value. We considered I² values over 50% to indicate substantial inconsistency, but we also considered the direction of effects.

**Assessment of reporting biases**

We considered selective outcome reporting under the risk of bias assessment (Table 1). We planned to look at funnel plots and consider tests for asymmetry for bias assessment in the event of 10 or more trials contributing data to a meta-analysis.

**Data synthesis**

We aimed to use a random-effects model provided we did not detect substantial inconsistency between individual study results. If there were fewer than three trials in a comparison we planned to use the fixed-effect model. Where heterogeneity was observed between studies (see Assessment of heterogeneity) we did not combine studies but presented a narrative summary of results.

**'Summary of findings' table**

We prepared a 'Summary of findings' table presenting relative and absolute risks. We graded the overall certainty of the evidence for each outcome using the GRADE classification (Atkins 2004). We considered the following: risk of bias of included studies, precision of the effect estimate, consistency of effects between studies, directness of the outcome measure and publication bias. JE did the assessment and this was checked by other authors. We included the following outcomes in the 'Summary of findings' tables.

1. Poor vision outcome due to MO at three months after surgery.
2. Poor vision outcome due to MO at 12 months after surgery.
3. Quality of life at three months after surgery.
4. Central retinal thickness at three months after surgery.
5. Adverse effects.
6. MO (clinically symptomatic, OCT-verified) at three months after surgery.
7. BCVA at three months after surgery.
**Subgroup analysis and investigation of heterogeneity**

We planned to conduct a subgroup analysis on the primary outcome comparing the effect of treatment on people with higher baseline risk of MO (diabetes/uveitis) with people with lower risk of MO (no diabetes/uveitis), but we did not do them as planned as there were not enough data on the primary outcome.

**Sensitivity analysis**

We planned to perform three sensitivity analyses on the primary outcome, but we did not do them as planned as there were not enough data on the primary outcome.

- Excluding studies at high risk of bias in one or more domains.
- Excluding industry-funded studies.
- Comparing fixed-effect and random-effects models (if three or more trials).

**RESULTS**

**Description of studies**

**Results of the search**

The electronic searches yielded a total of 928 references (Figure 1). The Cochrane Information Specialist removed 337 duplicate records and we screened the remaining 591 reports. We rejected 526 records after reading the abstracts and obtained the full-text reports of 65 references for further assessment. We identified 43 reports of 34 studies which met the inclusion criteria (see Characteristics of included studies for details), and excluded 18 reports of 18 studies (see Characteristics of excluded studies for details). One unpublished trial is currently awaiting assessment (CTRI/2009/091/001078). We identified three ongoing studies (NCT01694212; NCT01774474; NCT02646072).
Figure 1. Study flow diagram.

928 records identified through electronic database searching

591 records after duplicates removed

591 records screened

526 records excluded

65 full-text reports assessed for eligibility

18 excluded, with reasons

1 unpublished study awaiting assessment, 3 studies ongoing

43 reports of 34 studies included in qualitative synthesis

34 studies included in quantitative synthesis (meta-analysis)
Included studies

We have summarised the characteristics of the 34 included studies below. Details for individual studies can be found in the Characteristics of included studies. The information is also summarised in Table 2; Table 3; Table 4; Table 5; Table 6

Setting and conduct of Study

See Table 2.

The studies were conducted in Brazil (Tichy 2014; Tzelikis 2015), Canada (Almeida 2008; Almeida 2012; Solomon 1995), China (Li 2011; Wang 2013; Zhang 2008), Egypt (Elsawy 2013), Germany (Quentin 1989; Solomon 1995), Greece (Chatziralli 2011; Moschos 2012), Italy (Italian Diclofenac Study Group 1997; Rossetti 1996), Japan (Asano 2008; Endo 2010; Miyake 2007; Miyake 2011; Miyanaga 2009), Mexico (Cervantes-Coste 2009), South Korea (Jung 2015), Sweden (Zacek 2014), Switzerland (Umer-Bloch 1983), Turkey (Tunc 1999; Yavas 2007) and the USA (Brown 1996; Donnenfeld 2006; Kraff 1982; Mathys 2010; Singh 2012; Tauber 2006; Wittppenn 2008; Yannuzzi 1981; Young 2007).

They were all parallel group RCTs, i.e. participants were randomly allocated to intervention or comparator. Three of the studies were described as “open-label” (Almeida 2008; Endo 2010; Wang 2013).

Four studies were funded by industry alone (Brown 1996; Solomon 1995; Tauber 2006; Wittppenn 2008); seven studies reported only non-industry funding (Almeida 2008; Almeida 2012; Jung 2015; Kraff 1982; Mathys 2010; Wang 2013; Yannuzzi 1981); two studies had funding from both industry and non-industry sources (Donnenfeld 2006; Zacek 2014) and the rest of the studies did not report the source of funding.

Declarations of interest were not reported in 12 studies; 17 studies reported that they had no conflicts of interest and six studies reported conflicts of interest for one or more investigators (Donnenfeld 2006; Italian Diclofenac Study Group 1997; Miyake 2011; Singh 2012; Tauber 2006; Wittppenn 2008).

Six trials were registered on a publicly available database. For three of these trials the registration was probably prospective as the month of registration was the same, or before, the month the study started (Almeida 2008; Mathys 2010; Singh 2012). Three trials were registered retrospectively (Almeida 2012; Tzelikis 2015; Wittppenn 2008).

Two trials were registered in abstract form only (Tauber 2006; Young 2007). However, we contacted the first authors of Tauber 2006 and Young 2007 and we received additional information in the form of a poster from Young 2007.

Participants

See Table 3 and Table 4.

There were variations in the reporting of recruited and randomised participants. As such it is difficult to establish definitively the total number of people that were randomised in these trials. We estimate that there were 5532 people (5608 eyes) enrolled in these 34 studies and 4476 followed up. (Table 3).

Five studies did not report the number of people randomised (Brown 1996; Tauber 2006; Umer-Bloch 1983; Yannuzzi 1981; Zhang 2008). For four of these five studies we estimated the number of people in the trial from the number analysed. One study provided no information on the number of participants (Brown 1996).

For those studies that did not report follow-up clearly we have assumed the number randomised and number followed up was the same.

The majority of the studies (n = 24) enrolled one eye/person in the trial, although this was not always clearly described. In six studies the number of eyes/people was not reported in enough detail to be confident how many eyes per person had been enrolled (Donnenfeld 2006; Kraff 1982; Tauber 2006; Umer-Bloch 1983; Wang 2013; Young 2007), although it is likely that they too largely performed unilateral surgery.

Four studies performed bilateral surgery on a subset of patients, and so had more eyes than people in the trial (Almeida 2008; Elsawy 2013; Yannuzzi 1981; Zhang 2008). The proportion of people with bilateral surgery was 1% (Yannuzzi 1981), 8% (Almeida 2008), 11% (Zhang 2008) and 23% (Elsawy 2013).

None of the studies adjusted for within-person correlation. We have analysed the data as reported.

For the studies that reported average age, the median average age of participants was 70 years (Table 4). Ages ranged from 37 to 100 years. For the studies that reported gender, the median percentage of women was 54%.

Fifteen studies reported that they excluded patients with diabetes or diabetic retinopathy, or were a “low risk population”. Nine studies did not report the diabetes status of their participants. Nine studies included people with diabetes and reported the percentage of the participants with diabetes. The percentage with diabetes was 10%/9% (Chatziralli 2011; Miyake 2011), 21%/20% (Almeida 2008; Cervantes-Coste 2009) and 26% (Jung 2015). Five studies only included people with diabetes (Elsawy 2013; Endo 2010; Li 2011; Singh 2012; Young 2007).

The majority of studies either excluded people with uveitis (n = 19) or had a “low risk population” (Almeida 2012), or very low proportion with uveitis (1/56 people) (Almeida 2008). Thirteen studies did not report uveitis and it was not included in the exclusion criteria.
Interventions
See Table 5

Type of surgery
Twenty-four of the 34 studies reported that only phacoemulsification was performed for cataract extraction (Table 5). In one study both extracapsular cataract extraction (ECCE) and phacoemulsification were performed (Kraff 1982). Four studies reported that they performed ECCE (Italian Diclofenac Study Group 1997; Rossetti 1996; Solomon 1995; Tauc 1999), two studies performed ICCE (Quentin 1989; Yannuzzi 1981) and one study performed a mixture of ECCE/intracapsular cataract extraction (ICCE) (Umer-Bloch 1983). In two studies that were reported in abstract form only there was no information on type of surgery but we have assumed that they used phacoemulsification because of the date published and location of the study (Tauber 2006; Yung 2007).

Comparison
Twenty-eight of the 34 studies compared non-steroidal anti-inflammatory drugs (NSAIDs) with steroids versus steroids. In 14 of these 28 studies, a placebo (for the NSAIDs) was used in the comparator group. This placebo was not specified in two trials (Quentin 1989; Rossetti 1996); was artificial tears in five trials (Ticly 2014; Tzelikis 2015; Wirtz 2008; Yung 2007; Zaczek 2014); a vehicle in six studies (Donnenfeld 2006; Kraff 1982; Singh 2012; Solomon 1995; Umer-Bloch 1983; Yannuzzi 1981); and sterile saline drops in Almeida 2012.

Six of the 34 studies compared NSAIDs (on their own) with steroids (Asano 2008; Brown 1996; Endo 2010; Italian Diclofenac Study Group 1997; Miyake 2007; Miyake 2011). Only one of these studies used a placebo in the steroid group; the contents of this placebo were not specified. (Italian Diclofenac Study Group 1997).

NSAIDs
The most frequently used NSAID was ketorolac (11 studies) followed by diclofenac (9 studies), nepafenac (7 studies), indomethacin (5 studies), bromfenac (4 studies), pranopfen (1 study) and flurbiprofen (1 study). Four studies had two different NSAID groups - ketorolac and nepafenac (Almeida 2012; Tzelikis 2015), ketorolac and bromfenac (Jung 2015) and flurbiprofen and indomethacin (Solomon 1995). We combined these groups for the analysis.

The ketorolac concentration was either 0.4% or 0.5%. Diclofenac was largely used at a concentration of 0.1% (7 studies) but also used at 1% in Li 2011 and concentration was not specified in one study (Rossetti 1996). Nepafenac was used at 0.1% in six studies and 1% in one study (Singh 2012). Indomethacin 1% was used in three studies (Solomon 1995; Umer-Bloch 1983; Yannuzzi 1981), 0.1% in Yavas 2007 while the concentration used was not specified in Kraff 1982. Bromfenac 0.1% was used in Miyanaga 2009, Jung 2015 and Wang 2013; it was not specified in Endo 2010. Flurbiprofen was used at 0.03% (Solomon 1995). Pranopfen concentration was not specified (Zhang 2008).

Steroids
Prednisolone was used in 13 studies, usually at 1%. Dexamethasone was used in 15 studies, at a concentration of 0.1% in eight studies and 1% in one study (Tauc 1999). The concentration used was not specified in 6 studies. It was combined with tobramycin in four studies (Cervantes-Coste 2009; Li 2011; Rossetti 1996; Zhang 2008) and other antibiotics (Kraff 1982; Moschos 2012; Umer-Bloch 1983).

Betamethasone was used at 0.1% in two studies (Asano 2008; Miyanaga 2009) and not specified in one study (Endo 2010). Flurometholone 0.1% was used as the sole topical corticosteroid therapy in three studies (Miyake 2007; Miyake 2011; Wang 2013) and used as part of a tapering regimen in one study (Kraff 1982). The type of steroids used in Yannuzzi 1981 were not specified.

Other medications
Most studies reported the use of additional antibiotics. See Characteristics of included studies.

Outcomes
Maximum follow-up ranged from one month (8 studies) to 12 months postoperatively (Kraff 1982; Yannuzzi 1981) (Table 6). The majority of trials followed up to two months or less (23 studies). Five studies followed up to three months (Elsway 2013; Singh 2012; Umer-Bloch 1983; Yavas 2007; Yung 2007) and six studies followed up longer: 140 days (Italian Diclofenac Study Group 1997), six months (Quentin 1989; Rossetti 1996; Solomon 1995) and 12 months (Kraff 1982; Yannuzzi 1981). Kraff 1982 had a low follow-up of 10% at 12 months.

Table 6 shows the outcomes reported in the studies.

Excluded studies
See Characteristics of excluded studies.

Risk of bias in included studies
See Figure 2
Figure 2. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.
Allocation

The majority of trialists did not report sufficient information to judge selection bias. These trials were marked as unclear for sequence generation and allocation concealment. Only two trials were judged at low risk of bias on both sequence generation and allocation concealment (Tzelikis 2015; Wittpenn 2008).

Eight trials reported a method of sequence generation judged to be likely to generate an unpredictable sequence. Some trials used random number tables (Kraff 1982; Rossetti 1996; Wang 2013), others referred to random numbers or randomly generated lists but did not specify how these were created (Donnenfeld 2006; Moschos 2012; Wittpenn 2008).

Four trials reported a convincing method of allocation concealment (Asano 2008; Tzelikis 2015; Wittpenn 2008; Zaczek 2014). In Asano 2008 the assignment code was kept secret by a named individual until the end of the study; in Tzelikis 2015 all investigators were masked to treatment group; Wittpenn 2008 used a central co-ordination centre for allocation and in Zaczek 2014 the allocation was prepared in such a way that neither investigators nor participants could identify the group.

In three studies, we judged that the allocation was probably not concealed adequately (Almeida 2008; Wang 2013; Yannuzzi 1981).

Blinding

Ten studies were not masked and we judged them to be at high risk of both performance and detection bias (Almeida 2008; Elsawy 2013; Endo 2010; Jung 2015; Li 2011; Miyanaga 2009; Moschos 2012; Tauber 2006; Wang 2013; Zhang 2008).

Eight studies were masked and we judged them to be at low risk of both performance and detection bias (Almeida 2012; Asano 2008; Kraff 1982; Singh 2012; Ticly 2014; Tzelikis 2015; Umer-Bloch 1983; Zaczek 2014).

Two studies that did not mask participants, stated explicitly that outcome assessors were masked (Mathys 2010; Wittpenn 2008). For six studies, there was not enough information to judge the risk of either performance or detection bias (Donnenfeld 2006; Miyake 2011; Quentin 1989; Rossetti 1996; Solomon 1995; Yung 2007).

Incomplete outcome data

We judged five studies to be at high risk of attrition bias. In Asano 2008, there was variable follow-up by outcome, and it was not clearly explained why. Some of the stated exclusion criteria for the study, such as inflammation after surgery, would have been related to the outcome. In Endo 2010, follow-up was unequal between study groups and reason for loss to follow-up was not clearly reported. In Umer-Bloch 1983, 35 people withdrew before the end of the study because of intraoperative complications or they had, as only later recognised, an exclusion criteria as defined as maculopathy, diabetic retinopathy, prior uveitis or a systemic steroid therapy. It was not reported to which groups these patients belonged. In Wittpenn 2008, there was very low follow-up at six weeks, with 77/546 (14%) people followed-up. In Yannuzzi 1981 there was a high loss to follow-up at 12 months: 38/100 (38%) in the NSAIDs group and 50/131 (38%) in the control group were followed-up.

We judged 11 studies to be at low risk of attrition bias. For the other studies there was not enough information to judge.

Selective reporting

For most studies there was little information to judge selective outcome reporting because we did not have access to a trial registry entry or study protocol. We judged three studies to be at low risk of selective outcome reporting on the basis that the trial was prospectively registered and all outcomes prespecified on the clinical trials registry entry were reported (Almeida 2008; Mathys 2010; Singh 2012). For three studies it was clear that some outcomes were not fully reported and so we judged them to be at high risk of selective outcome reporting bias (Asano 2008; Solomon 1995; Tauber 2006).

Effects of interventions

See: Summary of findings for the main comparison NSAIDS plus steroids compared with steroids for the prevention of macular oedema after cataract surgery; Summary of findings 2 NSAIDS compared with steroids for the prevention of macular oedema after cataract surgery.

Non-steroidal anti-inflammatory drugs plus steroids versus steroids

Primary outcome

Poor vision due to macular oedema

Five studies reported this outcome at three months (eyes = 1360) (Analysis 1.1). Follow-up ranged from four weeks to two months. Two studies reported optical coherence tomography (OCT)-confirmed macular oedema (MO) with visual acuity <6/9 in one study (Wittpenn 2008) but the level of visual impairment not defined.
in the other (Wang 2013). Solomon 1995 defined the presence of clinical MO as visual acuity ≤20/40 and angiographic evidence of CMO. Cervantes-Coste 2009 reported that none of the participants developed clinically significant macular oedema nor vision loss. Chatziralli 2011 reported that none of the participants developed clinically significant CMO as assessed via fundoscopy and the Amsler grid test. There was some evidence of selective reporting in Solomon 1995, which provided most of the information for the meta-analysis. Data were only reported for the earlier follow-up at days 21 to 60. Quote: "By day 121-240 the incidence of clinical CME [cystoid macular edema] was less than 2% in all three groups and no significant differences were seen.”

People receiving non-steroidal anti-inflammatory drugs (NSAIDs) combined with steroids had a lower risk of poor vision due to macular oedema (MO) at three months after surgery compared with people receiving steroids alone. The pooled risk ratio (RR) was 0.41, 95% confidence interval (CI) 0.23 to 0.76; eyes = 1360; studies = 5. There was no evidence of any major inconsistency (I² = 5%). We judged this to be low-certainty evidence (Summary of findings for the main comparison). We downgraded for risk of bias, as the trials were poorly reported and were largely at high or unclear risk of bias. We downgraded for indirectness, as the outcomes reported by the trials only approximated the outcome which we wished to collect, which was poor vision (best corrected visual acuity (BCVA) < 6/9) due to MO.

One study reported this outcome at 12 months (Yannuzzi 1981). There was high attrition in this study (only 38% of eyes followed up) and only two events (RR 1.32, 95% CI 0.09 to 20.37; eyes = 88). We judged this to be very low-certainty evidence, downgrading for risk of bias and imprecision (2 levels; Summary of findings for the main comparison).

Secondary outcomes

Quality of life/patient satisfaction

One study reported quality of life at 1 month after surgery using the Comparison of Ophthalmic Medications for Tolerability (COMTOL) questionnaire (Almeida 2012). No differences in the impact upon quality of life measures were identified between the treatment and control groups. The use of topical NSAIDs was also reported to have good tolerability and comparable side-effect profile to placebo. However, the data in this study were not fully reported and a response rate of only 60% was achieved with significant attrition with 65 out of 162 patients declining to answer the interview after surgery for “logistical reasons”.

Quote: “The global health-related quality of life HRQOL questions showed no difference in the extent to which quality of life was affected by medication side effects between "not at all" and any reported effect (question 6; P = 0.8476). Regarding the extent quality of life was affected by activity limitations, there was no difference between “not at all” and any reported limitations (question 9; P = 0.8584). According to the COMTOL questionnaire, there was no difference in compliance between the 3 study groups (question 10; P = 0.3801). Most patients in all 3 groups reported being satisfied with the medication, and there was no difference between satisfied responses and dissatisfied responses (question 11; P = 0.4777”).

Central retinal thickness

Nine studies reported this outcome (eyes = 1112) (Analysis 1.2). Follow-up ranged from one to two months. Six studies reported central retinal thickness at the end of the follow-up period, three studies reported change in thickness from baseline. Trial results were inconsistent (I² = 87%). Results ranged from -30.9 μm in favour of NSAIDs plus steroids to +7.44μm in favour of steroids alone (Summary of findings for the main comparison) Six studies reported change in macular volume (eyes = 570) (Analysis 1.3). The pooled mean difference (MD) was -0.14 mm² (95% CI -0.21 to -0.07). There was some inconsistency (I² = 50%), mainly attributable to Mathys 2010.

Adverse effects

See Table 7. In the studies that reported adverse effects, no evidence of serious adverse events were seen. The most notable adverse effect associated with NSAID use was burning or stinging sensation.

Resource use and costs

None of the studies commented on this.

Additional National Institute for Health and Care Excellence (NICE) outcomes

Macular oedema (MO) (clinically symptomatic, optical coherence tomography-verified)

Twenty-one studies reported this outcome (eyes = 3638) (Analysis 1.4). Follow-up ranged from two weeks to just less than six months. Most studies reported “cystoid” macular oedema but it was not always clearly defined nor was it clear that it was clinically significant. Nine studies used OCT, although it was not always clear if the OCT was used to verify the MO; nine studies used fluorescein angiography, often using the Miyake 1977 classification; clinical assessment for the presence of MO was made in two studies. There was an asymmetric funnel plot, suggesting that publication bias might be an issue (Figure 3).
People receiving NSAIDs combined with steroids had a lower risk of MO after surgery compared with people receiving steroids alone. The pooled RR was 0.40, 95% CI 0.32 to 0.49; I² = 0%. We judged this to be low-certainty evidence (Summary of findings for the main comparison). We downgraded one level for risk of bias, as the studies were at unclear or high risk of bias and we downgraded one level for publication bias as an asymmetric funnel plot was suggestive of publication bias. We considered downgrading one level for indirectness, as the MO was not always OCT-verified and it was not always clear if the MO was clinically significant but in the event did not as the size of the effect was strong.

Inflammation

Three studies reported inflammation as a dichotomous outcome (Analysis 1.5). In Cervantes-Coste 2009 there were no cases of "inflammatory cells greater than 1+ during first week of postoperative visits." In Chatziralli 2011, at day 28, inflammation, which was defined as corneal oedema or Tyndall reaction or conjunctival hyperemia was seen in two participants in the NSAIDs plus steroid group (RR 4.86, 95% CI 0.24 to 99.39); by day 35 this had disappeared. In Zhang 2008, 20 participants in the steroids group had inflammation defined as "Ty n granule +" compared to 0 participants in the NSAIDs plus steroids group at one month (RR 0.02, 95% CI 0.00 to 0.38). In view of such different results, we did not pool the data from these trials.

Two studies reported flare in photons/millisecond (eyes = 216) (Analysis 1.6). The MD was -1.41 photons/millisecond in favour of NSAIDs plus steroids (95% CI -2.30 to -0.52), but there was some inconsistency between the two studies (I² = 49%). There was some evidence of skew for the control group of Miyanaga 2009 (mean/standard deviation (SD) < 2).

Jung 2015 reported "summed ocular inflammation score" which was the sum of the scores of cells and flare, scored against a maximum total score of 9. The inflammatory score at one month was 0.21 ± 0.42 in the bromfenac group and 0.32 ± 0.48 in the ketorolac group (P = 0.853). The score in the control group was 0.84 ± 0.76.

Best corrected visual acuity

Ten studies reported BCVA (eyes = 1158) (Analysis 1.7). For Mathys 2010 change in BCVA was reported in letters. We converted this to logMAR score by multiplying by -0.02 and we estimated the SD from the P value. There was statistical heterogeneity (I² = 70%), and not all effect estimates were in the same direction, so we did not provide a pooled estimate. However, we note that most studies found differences...
clinically indistinguishable from no difference.

**Non-steroidal anti-inflammatory drugs versus steroids**

**Primary outcome**

**Poor vision due to macular oedema**
None of the studies reported this outcome.

**Secondary outcomes**

**Quality of life/patient satisfaction**
None of the studies reported this outcome.

**Central retinal thickness**
Two studies reported central retinal thickness (Analysis 2.1). The pooled MD was -22.64 µm (95% CI -38.86 to -6.43; $I^2 = 0\%$) in favour of NSAIDs. We judged this to be low-certainty evidence (Summary of findings 2). We downgraded one level for risk of bias, as the studies were at unclear or high risk of bias, and we downgraded one level for imprecision as the confidence intervals include a clinically unimportant effect.

**Adverse effects**
See Table 7. In the studies that reported adverse effects, no evidence of serious adverse events were seen. The most notable adverse effect associated with NSAID use was burning or stinging.

**Resource use and costs**
None of the studies commented on this.

**Additional NICE outcomes**

**Macular oedema (clinically symptomatic, optical coherence tomography-verified)**
Five studies reported this outcome (eyes = 520) (Analysis 2.2). All studies assessed MO using fluorescein angiography. The pooled RR was 0.27 (95% CI 0.18 to 0.41) in favour of NSAIDs. We note that for Asano 2008 there may have been selective reporting - data on MO were reported only at five weeks, but were not reported at the end of eight weeks follow-up in that study.

We judged this to be low-certainty evidence (Summary of findings 2). We downgraded one level for risk of bias, as the studies were at unclear or high risk of bias and we downgraded one level for publication bias because of an asymmetric funnel plot suggestive of publication bias (Figure 4). We would not usually do a funnel plot with so few studies, but as the funnel plot for this outcome, for the comparison NSAIDs plus steroids versus steroids alone was asymmetric (Figure 3), we felt that publication bias may be an issue here as well.
Figure 4. Funnel plot of comparison: 2 NSAIDs versus steroids, outcome: 2.2 Macular oedema.

**Inflammation**

Five studies reported aqueous flare (eyes = 346) (Analysis 2.3). There was substantial inconsistency ($I^2 = 68\%$) and some evidence of skewed data so we did not report a pooled value.

**Best corrected visual acuity**

Three studies reported BCVA (eyes = 220) (Analysis 2.4). There was statistical heterogeneity ($I^2 = 84\%$) so we did not report a pooled value, but we note that all three studies found between group differences that were clinically indistinguishable from no difference.
### ADDITIONAL SUMMARY OF FINDINGS

**NSAID**s compared with steroids for the prevention of macular oedema after cataract surgery

**Patient or population:** People having cataract surgery  
**Setting:** Eye hospital  
**Intervention:** NSAIDs  
**Comparison:** Steroids

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Anticipated absolute effects* (95% CI)</th>
<th>Relative effect (95% CI)</th>
<th>N of participants (studies)</th>
<th>Certainty of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poor vision outcome due to MO at 3 months after surgery</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>No data were available for this outcome.</td>
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<tr>
<td>Poor vision outcome due to MO at 12 months after surgery</td>
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<td>-</td>
<td>-</td>
<td>-</td>
<td>No data were available for this outcome.</td>
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<tr>
<td>Quality of life at 3 months after surgery</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>No data were available for this outcome.</td>
</tr>
<tr>
<td>Central retinal thickness at 3 months after surgery; assessed with OCT</td>
<td>The mean central retinal thickness at 3 months after surgery was 228 microns lower (38.86 lower to 6.43 lower)</td>
<td>-</td>
<td>121 (2 RCTs)</td>
<td>⊕⊕⊕⊕ LOW 14</td>
<td>-</td>
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<tr>
<td>Adverse effects</td>
<td>-</td>
<td>-</td>
<td>488 (4 RCTs)</td>
<td>-</td>
<td>1 study had 2 unspecified complications in 142 participants, 2 studies reported that no adverse events were noted in either group. 1 study (55 people) men-</td>
</tr>
</tbody>
</table>
MO at 3 months after cataract surgery; clinically symptomatic assessed with OCT

| MO at 3 months after cataract surgery; clinically symptomatic assessed with OCT | 130 per 1000 |
|---|
| RR 0.27 (0.18 to 0.41) |
| (5 RCTs) |

BCVA at 3 months after surgery; assessed with logMAR scale from -1.3 to 1.3

<p>| BCVA at 3 months after surgery; assessed with logMAR scale from -1.3 to 1.3 | See comment |</p>
<table>
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<td>(3 RCTs)</td>
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The risk in the intervention group (and its 95% CI) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).


**GRADE Working Group grades of evidence**

- **High certainty:** We are very confident that the true effect lies close to that of the estimate of the effect.
- **Moderate certainty:** We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.
- **Low certainty:** Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect.
- **Very certainty:** We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect.

---

1 Downgraded 1 level for risk of bias: studies at unclear or high risk of bias.
2 Downgraded 1 level for publication bias: asymmetric funnel plot suggestive of publication bias.
3 We considered downgrading 1 level for indirectness as the MO was not always OCT-verified and not always clear if it was clinically symptomatic however we did not do so, partly because the effect was strong.
4 Downgraded 1 level for imprecision: confidence intervals include clinically unimportant effect.
5 Downgraded 1 level for inconsistency.
DISCUSSION

Summary of main results

See Summary of findings for the main comparison; Summary of findings 2.

We identified 34 studies that were conducted in the Americas, Europe, the Eastern Mediterranean region and South-East Asia. Over 5000 people were randomised in these trials. The majority of studies probably enrolled one eye per participant, a small subset (4 trials) enrolled a proportion of people with bilateral surgery. Twenty-eight of these 34 studies compared non-steroidal anti-inflammatory drugs (NSAIDs) plus steroids with steroids alone. Six studies compared NSAIDs (on their own or with placebo) with steroids. A variety of NSAIDs were used, including ketorolac, diclofenac, nepafenac, indomethacin, bromfenac and pranopfen. Follow-up ranged from one month to 12 months. The majority of studies (n = 23) followed up to two months or less. In general, the studies were poorly reported. We did not judge any of the studies at low risk of bias in all domains.

There was low-certainty evidence that people receiving topical NSAIDs in combination with steroids may have a lower risk of poor vision due to macular oedema (MO) at three months after cataract surgery compared with people receiving steroids alone (risk ratio (RR) 0.40, 95% confidence interval (CI) 0.27 to 0.61; eyes = 1360; studies = 5; I² = 5%). There were very little data for 12 months (only one study reported poor vision due to MO at this time point) and we judged this to have very low-certainty evidence. Similarly, we judged the evidence on 'clinically symptomatic MO' to be low-certainty. There was evidence on central retinal thickness at three months, but this was inconsistent (I² = 87%). Results ranged from -30.9 microns in favour of NSAIDs plus steroids to 7.44 microns in favour of steroids alone. Similarly, data on best corrected visual acuity (BCVA) were inconsistent. Nine out of 10 trials reporting this outcome found between-group differences of less than 0.1 logMAR.

None of the six studies comparing NSAIDs alone with steroids reported on poor vision due to MO at three months or 12 months. We judged the evidence on MO to be low-certainty. There was low-certainty evidence that mean central retinal thickness was lower in the NSAIDs group at three months (mean difference (MD) -22.64 microns, 95% CI -38.86 to -6.43; eyes = 121; studies = 2; I² = 0%). Two studies reported BCVA at three months, and the results of these trials were inconsistent, but both found differences of less than 0.1 logMAR between groups. Quality of life was only reported in one of the 34 studies, and it was not fully reported other than to comment on lack of differences between groups. In general, no major adverse events were noted - the main consistent observation was burning or stinging.

Overall completeness and applicability of evidence

There were a relatively large number of trials, and these studies have a wide global range which means their results will be globally applicable.

The included studies compared NSAIDs and steroids in cataract surgery using phacoemulsification, extracapsular cataract extraction (ECCE) and intracapsular cataract extraction (ICCE) surgical techniques. However, the more recent trials exclusively used phacoemulsification, which may make their findings less applicable to parts of the world where resources are less available and ECCE is standard.

The aim of this review was to assess whether the use of NSAIDs had an impact on visual loss due to MO in the long-term. The evidence is very sparse with respect to that question, with only one study with high attrition, reporting on visual loss due to MO at 12 months after surgery. This is clearly an important gap in the evidence.

There are many trials looking at the short-term effects of NSAIDs, but there is considerable variation in terms of types, doses and regimens of NSAIDs and steroids used. One aspect that we have not highlighted in this review, but has been discussed elsewhere (Kim 2016a), is the potency of the steroid used in the comparison group. Use of low potency steroids, such as fluorometholone 0.1%, may lead to an overestimate of the relative effect of NSAIDs.

Certainty of the evidence

We graded the evidence as low- to very low-certainty. In general, the trials were poorly reported and it was difficult to judge the extent to which bias had been avoided. We did not judge any of the studies at low risk of bias for all domains. Many trials were not properly masked and, in a few studies, there were problems with attrition bias and selective outcome reporting. For outcomes that had more data we identified the possibility of publication bias with an asymmetric funnel plot. There were also problems with directness. For example, many studies reported "CMO" but were not clear whether or not this was 'clinically significant', or indeed what this meant in terms of whether it caused both symptoms and signs. And in many of the older studies this could not be verified by optical coherence tomography (OCT).

Potential biases in the review process

We have made several modifications to the original protocol (see Differences between protocol and review), but these were made before the data extraction and analysis phases of the review.

Agreements and disagreements with other studies or reviews

Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)
A recent systematic review and meta-analysis has been published (Wielders 2015). This review included 17 trials. The reason why they had fewer trials than the current review was because they only included studies of phacoemulsification cataract surgery and they excluded studies that did not report the incidence of cystoid macular oedema (CMO).

The review by Fielders 2015 reported effect measures in the same order of magnitude as that suggested by this review, but because they reported odds ratios (ORs), rather than risk ratios (RRs), these effect estimates are exaggerated (further away from null). The authors concluded that the odds of CMO were reduced in people who were given NSAIDs, but they did not incorporate a judgement on the overall certainty (or quality) of the evidence in their conclusions, even though they had assessed the risk of bias in the included trials using two different methods. It is also notable that, although the abstract highlights the fact that 17 trials were included in the review, it is less clearly pointed out that the effect estimates were based on a relatively small subset of these trials.

This review was subsequently criticised because it did not fully incorporate an assessment of visual loss due to CMO, because the conclusions were based on so few trials, and because of the likely exclusion of studies that did not report any events (Kim 2016).

A report by the American Academy of Ophthalmology, also published in 2015, was more conservative in its conclusions (Kim 2015). This was a narrative review of the literature with no meta-analysis, nor any assessment of the quality of the evidence. They concluded that NSAIDs reduced the incidence of CMO, and may increase visual recovery, depending on the treatment of the comparator group, however, they concluded that the use of NSAIDs did not alter long-term (3 months) visual outcomes, a finding which is supported by the current review.

One slightly older systematic review published in 2014, included 15 trials and did include an overall GRADE assessment of the certainty of the evidence, which they judged to be low- to moderate-certainty for inflammation, low-certainty for visual acuity and high-certainty for CMO (Kessel 2014). This review again focused on phacoemulsification. It was restricted to the comparison of NSAIDs (on their own or with placebo) versus steroids alone. They cited the previously published protocol of this review justifying theirs as being different for these two reasons. They evaluated inflammation within one week of surgery and MO at any time point. There are some differences between the current review and Kessel 2014 in terms of the included studies. This is because the searches for the current review were restricted to evidence relating to MO. However, the trials contributing data to the analysis of MO are similar in the two reviews. Kessel 2014 included one study that we judged was probably not a randomised controlled trial (RCT) (Miyake 2000), and one study that we have included in the NSAIDs plus steroids comparison (Wang 2013). The estimates of effect for MO reported in Kessel 2014 and reported in this review are of a similar order of magnitude, although Kessel 2014 reports a stronger effect. This can be attributed to the fact that, when extracting data from studies using the Miyake 1977 classification, Kessel 2014 considered Grades 2 to 3 as MO, whereas in the current review we considered Grades 1 to 3. The main differences between the reviews is in the grading of the certainty of the evidence. Kessel 2014 considered the evidence to be high-certainty. It is not clearly stated why, but the footnote refers to a RR of 6, which we understand to mean that it is a strong effect, therefore they have not downgraded. We have considered the evidence on MO to be low-certainty, downgrading for risk of bias and publication bias (Summary of findings 2).

Authors’ conclusions

Implications for practice

Using topical NSAIDs may reduce the risk of developing macular oedema after cataract surgery, although it is possible that current estimates as to the size of this reduction are exaggerated due to selective non-reporting of negative studies. It is unclear the extent to which this reduction has an impact on the visual function and quality of life of patients. There is little evidence to suggest any important effect on vision after surgery. The value of adding topical NSAIDs to steroids, or using them as an alternative to topical steroids with a view to reducing the risk of poor visual outcome after cataract surgery is uncertain. This is reflected in wide variations in modern practice. The role of the relative effectiveness and safety of NSAIDs as an alternative to steroids in the control of post operative inflammation is being addressed in another Cochrane Review (Gonzales 2013).

Implications for research

Future trials should address the remaining clinical uncertainty of whether prophylactic topical NSAIDs are of benefit, particularly with respect to longer-term follow-up (at least to 12 months), and should be large enough to detect to detect reduction in the risk of the outcome of most interest to patients, which is chronic macular oedema leading to visual loss. They should be rigorously conducted and double-masked.

Acknowledgements

This work was undertaken in collaboration with the National Institute for Health and Care Excellence (NICE). The views expressed in this publication are those of the authors and not necessarily those of NICE.

We thank:
• David Goh, Natasha Lim, Natalie Attreed and Poorna Abeyesiri for their contributions to earlier versions of the protocol and/or review;

• Tianjing Li, Jod Mehta and Gerry Clare for comments on versions of the protocol or review;

• Hsin-wen Wu for translating Chinese reports of trials;

• Iris Gordon for creating and executing the electronic searches and Anupa Shah for her assistance throughout the review process; and

• Professor Young and Professor Miyake for supplying further information on their trials.

References to studies included in this review

Almeida 2008 [published data only]

Almeida 2012 [published data only]


Asano 2008 [published data only]

Brown 1996 [published data only]

Cervantes-Castro 2009 [published data only]

Chatziralli 2011 [published data only]

Donnenfeld 2006 [published data only]

Elsawy 2013 [published data only]

Endo 2010 [published data only]


Italian Diclofenac Study Group 1997 [published data only]
Italian Diclofenac Study Group. Efficacy of diclofenac eyedrops in preventing postoperative inflammation and long-term cystoid macular edema. Italian Diclofenac Study
Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)

Umer-Bloch 1983 [published data only]

Zaczek 2014 [published data only]

References to studies excluded from this review
Abelson 1989 [published data only]

Carenini 1993 [published data only]

Chen 2015 [published data only]

Duong 2015 [published data only]

Hendrikse 1982 [published data only]
Hendrikse F, Yamaaki H, Deutman AF. Local administration of indomethacin to prevent postoperative cystoid macular edema. Nederlands Tijdschrift voor Geneeskunde 1982;126(3):134.

Hollwich 1983 [published data only]

ISRCTN02628492 [published data only]

Miyake 2000 [published data only]
Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)

Nishino 2009 [published data only]

Riley 2006 [published data only]

Sanders 1982 [published data only]

Sellares 1992 [published data only]

Sholiton 1979 [published data only]

Tang 2015 [published data only]

Wolf 2007 [published data only]

Yamaaki 1984 [published data only]

Yilmaz 2012 [published data only]

References to studies awaiting assessment

CTRI/2009/091/001078 [unpublished data only]
CTRI/2009/091/001078. Randomised, triple blinded, placebo controlled, clinical trial to compare the effect of Ketorolac tromethamine 0.4% in prophylactically preventing cystoid macula edema following cataract surgery. ctri.nic.in/Clinicaltrials/pmaindet2.php?trialid=1207 (accessed 5 October 2016).

References to ongoing studies

NCT01694212 [published data only]

NCT01774474 [published data only]

NCT02646072 [published data only]
NCT02646072. The effect of preoperative topical ketorolac 0.45% on aqueous cytokine levels and macular thickness in diabetic and non diabetic patients undergoing cataract surgery. clinicaltrials.gov/ct2/show/NCT02646072 (accessed 5 October 2016).

Additional references

Ahmed 2013

Atkins 2004

Ballonzoli 2010

Blomquist 2002

Carnahan 2000

Choi 2005
Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)

Covidence 2016 [Computer program]

Eisenach 2010

Flach 1987

Flach 1988
Flach AJ, Kraff MC, Sanders DR, Tanenbaum L. The quantitative effect of 0.5% ketorolac tromethamine solution and 0.1% dexamethasone sodium phosphate solution on postsurgical blood-aqueous barrier. *Archives of Ophthalmology* 1988;106(4):480–3.

Flach 1989

Glanville 2006

Gonzales 2013

Hee 1999

Heier 1999

Higgins 2011

Jain 2001

Jaycock 2009

Kessel 2014

Kim 2015

Kim 2016

Kim 2016a

Kraff 1990

Miyake 1977

Miyake 1984

Nelson 2003

Pascolini 2012
Polanski 1992

RevMan 2014 [Computer program]

Rossetti 1998

Sanders 1984

Sivaprasad 2004

Solomon 2001

Spaide 1993

Ursell 1999

Warren 2008

Warren 2010

Wielders 2015

Yannuzzi 1995

References to other published versions of this review

Abeyesiri 2011

Goh 2007

* Indicates the major publication for the study
## CHARACTERISTICS OF STUDIES

### Characteristics of included studies  
*ordered by study ID*

**Almeida 2008**

| Methods | Study design: Parallel group RCT  
Open-label |
|---------|----------------------------------|
| Participants | Country: Canada  
Setting: Eye hospital  
**Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: NR (53)  
- Number (%) of people followed up: 38 (72%) eyes  
- Average age in years: 71  
- Age range in years: 45-92  
- Percentage women: 51%  
- Ethnic group: NR  
- Percentage with diabetes: 19%  
- Percentage with uveitis: 2%  
**Comparator:** Steroids alone  
- Number of people (eyes) randomised: NR (53)  
- Number (%) of people followed up: 42 (79%) eyes  
- Average age in years: 72  
- Age range in years: 45-92  
- Percentage women: 70%  
- Ethnic group: NR  
- Percentage with diabetes: 23%  
- Percentage with uveitis: 0%  
**Inclusion criteria:** Clinic patient having phacoemulsification with IOL implantation in their first eye; agreed to participate  
**Exclusion criteria:** Hypersensitivity to the NSAID drug class; aspirin/NSAID-induced asthma; pregnancy in the third trimester  
**Pretreatment:** More women in control group (70%) versus ketorolac group (51%), but unclear of importance of this difference  
**Eyes:** 106 eyes of 98 patients enrolled but clinical trials registry specifies first eye surgery only |
| Interventions | Intervention: NSAIDs plus steroids  
- ketorolac tromethamine 0.5% (Acular)  
  - Times per day: 4 times  
  - Duration preoperative: 2 days  
  - Duration postoperative: 28 days  
- prednisolone acetate 1% (brand name not reported)  
  - Times per day: 4 times a day for 7 days, twice a day for 7 days  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 14  
**Comparator:** Steroids alone  
- prednisolone acetate 1% (brand name not reported)  
  - Times per day: 4 times a day for 7 days, twice a day for 7 days |
Duration preoperative: days: 0  
Duration postoperative: days: 14  
All participants also received gatifloxacin 0.3% (Zymar) 4 times a day for 1 week  
**Type of surgery:** phacoemulsification

**Outcomes**

**Follow-up:** 1 month  
- Adverse effects  
- CMO (not defined but OCT used)  
- Change in total macular volume

**Contact details**

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**Address:** Department of Ophthalmology, Queen's University, Hotel Dieu Hospital, Brock Wing 230A, 166 Brock Street, Kingston, Ontario K7L 5G2, Canada

**Notes**

**Funding sources:** “Funded by a Queen’s University grant, Kingston, Ontario, Canada”  
**Declaration of interest:** “No author has a financial or proprietary interest in any material or method mentioned.”

**Date study conducted:** June 2006 to May 2007 (from clinical trials registry entry)  
**Trial registration number:** NCT00335439  
**Contacting study investigators:** Not contacted

**Risk of bias**

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated.</td>
</tr>
</tbody>
</table>
| Allocation concealment (selection bias)       | High risk          | Quote: “open-label non-masked.”  
Judgement comment: High risk of bias, given open-label nature of trial |
| Blinding of participants and personnel (performance bias)  
All outcomes | High risk          | Judgement comment: Open-label study. |
| Blinding of outcome assessment (detection bias)  
All outcomes | High risk          | Judgement comment: Open-label study. |
| Incomplete outcome data (attrition bias)   
All outcomes | Unclear risk       | Quote: “98 were assessed at 1 week and 80 at 1 month.”  
Judgement comment: 38/53 (72%) in ketorolac group seen at 1 month versus 42/ 53 (79%) of non-treated group. One case of CMO excluded in non-treated group; 3 ketorolac-related AEs excluded |
Selective reporting (reporting bias) | Low risk | Judgement comment: Only one outcome specified on clinical trials registry and this outcome was the main focus of the published report

**Almeida 2012**

<table>
<thead>
<tr>
<th>Methods</th>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
</table>
| **Participants** | **Country:** Canada  
**Setting:** Eye hospital  
**Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: NR  
- Number (%) of people followed up: 54 (NR but overall 84% follow-up)  
- Average age in years: NR (but overall average age was 72 years)  
- Age range in years: NR (but overall range was 50 to 88 years)  
- Percentage women: NR (but overall 54% were women)  
- Ethnic group: NR  
- Percentage with diabetes: NR (but “low risk” population)  
- Percentage with uveitis: NR (but “low risk” population)  
**Comparator:** Steroids plus placebo  
- Number of people (eyes) randomised: NR  
- Number (%) of people followed up: 54 (NR but overall 84% follow-up)  
- Average age in years: NR (but overall average age was 72 years)  
- Age range in years: NR (but overall range was 50 to 88 years)  
- Percentage women: NR (but overall 54% were women)  
- Ethnic group: NR  
- Percentage with diabetes: NR (but “low risk” population)  
- Percentage with uveitis: NR (but “low risk” population)  
**Inclusion criteria:** 18 years of age or older; cataract and were expected to have phacoemulsification with implantation of a posterior chamber IOL  
**Exclusion criteria:** Pre-existing retinal disease (e.g. diabetic retinopathy, vein occlusion, exudative macular degeneration); previous uveitis, previous intraocular surgery; allergy or hypersensitivity to NSAIDs. “Enrolled patients who had complicated cataract surgery (e.g. significant corneal edema, posterior capsule rupture, vitreous loss, dropped nuclear material, retained cortical material, or an IOL not placed in the capsular bag) were subsequently excluded.”  
**Pre-treatment:** “There were no differences in age, sex, or operative eye between the 3
Eyes: Probably one eye only included in the trial but not clearly reported and unclear how selected

### Interventions

#### Intervention 1: NSAIDs plus steroids
- ketorolac 0.5% (brand name not reported)
  - **Times per day**: 4 times
  - **Duration preoperative**: days: 1
  - **Duration postoperative**: days: 28
- prednisolone 1% (brand name not reported)
  - **Times per day**: 4 times a day for 7 days, 3 times a day for 7 days, twice a day for 7 days, once a day for 7 days
  - **Duration preoperative**: days: 0
  - **Duration postoperative**: days: 28

#### Intervention 2: NSAIDs plus steroids
- nepafenac 0.1% (brand name not reported)
  - **Times per day**: 4 times
  - **Duration preoperative**: days: 1
  - **Duration postoperative**: days: 28
- prednisolone 1% (brand name not reported)
  - **Times per day**: 4 times a day for 7 days, 3 times a day for 7 days, twice a day for 7 days, once a day for 7 days
  - **Duration preoperative**: days: 0
  - **Duration postoperative**: days: 28

#### Comparator: Steroids plus placebo
- sterile saline drops
  - **Times per day**: 4 times
  - **Duration preoperative**: days: 1
  - **Duration postoperative**: days: 28
- prednisolone 1% (brand name not reported)
  - **Times per day**: 4 times a day for 7 days, 3 times a day for 7 days, twice a day for 7 days, once a day for 7 days
  - **Duration preoperative**: days: 0
  - **Duration postoperative**: days: 28

All participants received gatifloxacin 0.3% drops 4 times a day starting 3 days before surgery and continued for 1 week after surgery.

**Type of surgery**: Phacoemulsification

### Outcomes

**Follow-up**: 1 month
- Quality of life (COMTOL questionnaire)
- Change in CRT (not used in the analysis because no SD reported)
- Change in BCVA logMAR
- Change in total macular volume
- Change in average macular cube thickness

### Contact details

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**Email**: dalmeida@evolution-medical.com
**Address**: Department of Ophthalmology, Queen's University, Hotel Dieu Hospital, 166...
### Risk of bias

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Quote: &quot;Patients were randomly assigned to receive a placebo (sterile saline drops), nepafenac 0.1%, or ketorolac 0.5%.” Judgement comment: Not reported how list was generated.</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Quote: “The placebo, nepafenac, and ketorolac suspensions were supplied in identical generic drop bottles that were individually made by the Kingston General Hospital Investigational Pharmacy division. Bottles concealed medication information and were labelled with study identification number, patient identification number, expiration date, and emergency contact information only.” Judgement comment: Unclear if investigators involved in the treatment allocation were masked</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>Low risk</td>
<td>Quote: &quot;The placebo, nepafenac, and ketorolac suspensions were supplied in identical generic drop bottles that were individually made by the Kingston General Hospital Investigational Pharmacy division. Bottles concealed medication information and were labelled with study identification number, patient identification number, expiration date, and emergency contact information only.” Judgement comment: Placebo-controlled study.</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>Low risk</td>
<td>Quote: “The placebo, nepafenac, and ketorolac suspensions were supplied in identical generic drop bottles that were individually made by the Kingston General Hospital Investigational Pharmacy division. Bottles concealed medication information and were labelled with study identification number, patient identification number, expiration date, and emergency contact information only.”</td>
</tr>
</tbody>
</table>

**Notes**

Funding sources: “Funded by an unrestricted Queen's University educational research grant.”

Declaration of interest: “No author has a financial or proprietary interest in any material or method mentioned.”

Date study conducted: March 2010 to May 2011

Trial registration number: NCT01395069

Contacting study investigators: Trial authors not contacted.
### Almeida 2012

(Continued)

<table>
<thead>
<tr>
<th>Incomplete outcome data (attrition bias)</th>
<th>Unclear risk</th>
<th>Judgement comment: Placebo-controlled study which probably means that the outcome assessors were masked</th>
</tr>
</thead>
<tbody>
<tr>
<td>All outcomes</td>
<td></td>
<td>Quote: “One hundred sixty-two patients, 54 in each arm, made up the intent-to-treat data set.” Quote: “Ninety-seven patients (35 placebo, 32 ketorolac, 30 nepafenac) completed the COMTOL interview questionnaire (60.0% response rate).” Judgement comment: 84% follow-up. Not clearly reported but no evidence for any differential drop out by intervention group. 31 patients out of 193 lost to follow-up (16%). However, only 97 patients (60%) completed the COMTOL interview questionnaire and no further breakdown of losses to follow-up in each group provided</td>
</tr>
</tbody>
</table>

| Selective reporting (reporting bias)    | Unclear risk | Judgement comment: Outcomes on clinical trial registry entry (NCT01395069) were reported but the trial was retrospectively registered |

### Asano 2008

#### Methods

<table>
<thead>
<tr>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
</table>

#### Participants

| Country: Japan |
| Setting: 5 Eye hospitals |
| Intervention: NSAIDs alone |
| Comparator: Steroids alone |
| Inclusion criteria: Age 55 to 75 years of age; nuclear hardness of Emery-Little grade IV or less; surgery in 1 eye only |
| Exclusion criteria: Acute infection or inflammation within 1 month after initiation of |
Asano 2008  (Continued)

the study; allergy to NSAIDs, steroids, or fluorescein; history of eye trauma or intraocular disease other than cataract; pseudoexfoliation syndrome; uveitis; glaucoma; diabetes and related complications; kidney disease; asthma or chronic airway disease; uncontrolled hypertension; severe heart failure; myocardial infarction or cerebrovascular disorders; intraoperative complications such as posterior capsule rupture, vitreous loss, retained lens nucleus, or lens fragments in the vitreous

Pretreatment: None noted. Compared age, gender, duration of surgery, ultrasound time, irrigating solution and hardness of crystalline lens

Eyes: One eye, unclear how selected.

Interventions

Intervention: NSAIDs alone

- diclofenac sodium 0.1% (brand name not reported)
  - Times per day: 4 times on day of surgery; 3 times a day postoperative
  - Duration preoperative: days: 3 hours, 2 hours, 1 hour, and 30 minutes before surgery
  - Duration postoperative: days: 56

Comparator: Steroids alone

- betamethasone sodium 0.1% (brand name not reported)
  - Times per day: 4 times on day of surgery; 3 times a day postoperative
  - Duration preoperative: days: 3 hours, 2 hours, 1 hour, and 30 minutes before surgery
  - Duration postoperative: days: 56

Concomitant mydriatic and antibiotic agents were permitted.

Type of surgery: Phacoemulsification

Outcomes

Follow-up: 8 weeks

- Adverse effects
- CMO reported at 5 weeks only (fluorescein angiography using Miyake 1977 classification, grades I-III taken as CMO)
- Laser flare-cell photometry (mean value of anterior chamber flare reported)
- BCVA logMAR (final value)

Contact details

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Notes

Funding sources: NR
Declaration of interest: “No author has a financial or proprietary interest in any material or method mentioned.”

Date study conducted: April 2004 to September 2005
Trial registration number: NR
Contacting study investigators: Trial authors not contacted.

Risk of bias

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<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
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Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)
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</thead>
<tbody>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Low risk</td>
<td>Quote: “The controller kept the assignment code until completion of the study.” Judgment comment: This probably means that the allocation was concealed from the investigators although it was not clearly reported who the controller was exactly</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>Low risk</td>
<td>Quote: “The test drugs were assigned to patients at random after the controller validated that the assigned therapy was indistinguishable from the alternative therapy. The controller kept the assignment code until completion of the study. The controller created an emergency code, which was given to the principal investigator in an envelope. The investigator could open the envelope if severe adverse effects developed. The test drugs were administered to each patient 3 hours, 2 hours, 1 hour, and 30 minutes before surgery and 3 times a day for 8 weeks after surgery.” Judgment comment: Although not clearly stated that participants and personnel were unaware of which treatment received, the study was placebo-controlled and efforts made to keep the allocation away from investigators so we assume that masking was done</td>
</tr>
</tbody>
</table>
| Blinding of outcome assessment (detection bias) All outcomes | Low risk     | Quote: “The test drugs were assigned to patients at random after the controller validated that the assigned therapy was indistinguishable from the alternative therapy. The controller kept the assignment code until completion of the study. The controller created an emergency code, which was given to the principal investigator in an envelope. The investigator could open the envelope if severe adverse effects developed. The test drugs were administered to each patient 3 hours, 2 hours, 1 hour, and 30 minutes before surgery and 3 times a day for 8 weeks after surgery.” Judgment comment: Although not clearly stated that outcome assessors were unaware of which treatment received, the study was placebo-control-
### Asano 2008 (Continued)

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</tr>
<tr>
<td></td>
<td>Quote: “Of the 150 eyes initially included in this study, 75 were assigned to the diclofenac group and 75 to the betamethasone group. Four patients in each group dropped out of the study: 1 in each group due to complications; 3 in the diclofenac group and 2 in the betamethasone group due to a discontinuation proposal (there were patients who withdrew their consent during the course of this study); 1 in the betamethasone group for not returning to the hospital 2 weeks after surgery. Seventy-one eyes in each group completed the study.”</td>
</tr>
</tbody>
</table>

### Brown 1996

<table>
<thead>
<tr>
<th>Methods</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study design: Parallel group RCT</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Country: USA</td>
</tr>
<tr>
<td>Setting: Eye hospital</td>
</tr>
<tr>
<td>Intervention group: NSAIDs alone</td>
</tr>
<tr>
<td>Number of people (eyes) randomised: NR</td>
</tr>
<tr>
<td>Number (%) of people followed up: NR</td>
</tr>
<tr>
<td>Average age in years: NR</td>
</tr>
<tr>
<td>Age range in years: NR</td>
</tr>
<tr>
<td>Percentage women: NR</td>
</tr>
<tr>
<td>Ethnic group: NR</td>
</tr>
<tr>
<td>Percentage with diabetes: NR (but people with DR excluded)</td>
</tr>
</tbody>
</table>
Brown 1996  (Continued)

| Percentage with uveitis: 0 (people with uveitis excluded) |
| Comparator: Steroids alone |
| Number of people (eyes) randomised: NR |
| Number (%) of people followed up: NR |
| Average age in years: NR |
| Age range in years: NR |
| Percentage women: NR |
| Ethnic group: NR |
| Percentage with diabetes: NR (but people with DR excluded) |
| Percentage with uveitis: 0 (people with uveitis excluded) |

**Inclusion criteria:** Undergoing phacoemulsification with posterior capsular opacification after lens (PCOL) implantation

**Exclusion criteria:** History of systemic or ocular inflammation (iritis, uveitis); taking oral or ophthalmic steroids or NSAIDs; other ocular diseases such as glaucoma, corneal disease, or diabetic retinopathy

**Pretreatment:** Group differences not reported.

**Eyes:** Unclear if one or both eyes included.

### Interventions

<table>
<thead>
<tr>
<th>Intervention group: NSAIDs alone</th>
</tr>
</thead>
<tbody>
<tr>
<td>• diclofenac sodium 0.1% (Voltaren Ophthalmic, Ciba Vision Ophthalmics Duluth, Ga)</td>
</tr>
<tr>
<td>○ Times per day: 4 times a day for 7 days; twice a day for 21 days</td>
</tr>
<tr>
<td>○ Duration preoperative: days: 0</td>
</tr>
<tr>
<td>○ Duration postoperative: days: 28</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Comparator: Steroids alone</th>
</tr>
</thead>
<tbody>
<tr>
<td>• prednisolone acetate 1% (Pred Forte, Allergan)</td>
</tr>
<tr>
<td>○ Times per day: 4 times a day for 7 days; twice a day for 21 days</td>
</tr>
<tr>
<td>○ Duration preoperative: days: 0</td>
</tr>
<tr>
<td>○ Duration postoperative: days: 28</td>
</tr>
</tbody>
</table>

All patients had gentamicin drops for 7 days postoperative.

**Type of surgery:** Phacoemulsification

### Outcomes

**Follow-up:** 1 month

- Laser flare-cell photometry (mean value of anterior chamber flare reported, photons) but was not possible to calculate SD so not used in the analysis.

### Contact details

| Authors name: Rose Marie Brown |
| Institution: New York Hospital - Cornell Medical Center |
| Email: NR |
| Address: Cornell University Medical College, 520 E. 70th St, Starr 817, New York, NY 10021 |

### Notes

- **Funding sources:** “Supported in part from a grant from Ciba Vision Ophthalmics, Duluth, Ga.”
- **Declaration of interest:** NR
- **Date study conducted:** 1991
- **Trial registration number:** NR
- **Contacting study investigators:** Trial authors not contacted.
### Risk of bias

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors’ judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Quote &quot;We conducted a prospective, randomised study.&quot; “The patients were randomly assigned to receive...” Judgement comment: Not reported how list was generated. Study was described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Study was described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this, patients and personnel were not masked</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: For measurement of inflammation - Quote: “Neither examiner knew which of the study groups the patient was enrolled in.” But for other outcomes, masking not mentioned</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Follow-up not reported. Unclear how many people seen at 1 month</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trials registry entry</td>
</tr>
</tbody>
</table>

### Cervantes-Coste 2009

**Methods**

<table>
<thead>
<tr>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
</table>

**Participants**

- **Country:** Mexico  
- **Setting:** Eye hospital  
- **Intervention:** NSAIDs plus steroids  
  - Number of people (eyes) randomised: 30 (30)  
  - Number (%) of people followed up: 30 (100%)  
  - Average age in years: 73  
  - Age range in years: 52 to 88  
  - Percentage women: 67%  
  - Ethnic group: NR  
  - Percentage with diabetes: 17%  
  - Percentage with uveitis: 0 (excluded)  
- **Comparator:** Steroids alone  
  - Number of people (eyes) randomised: 30 (30)  
  - Number (%) of people followed up: 30 (100%)
### Inclusion criteria
Adult patients 40 years of age or older; diagnosed with senile and/or metabolic cataract (according to the Lens Opacities Classification System LOCS III, with classification NO and NC 2-3); scheduled for surgery by phacoemulsification and IOL implantation inside the capsular bag; normal fundoscopy exam (if observance was possible)

### Exclusion criteria
- Pregnancy or breastfeeding
- History of ocular inflammatory or infectious eye disease
- Treatment for eye infection within 30 days prior to inclusion in the study
- Alterations on the eye surface (including dry eye); history of ocular surgery and/or trauma; knowledge or suspicion of allergy or hypersensitivity to the preservatives, steroids, topical NSAIDs, or any other component of the study medication; use of eye medications, including prostaglandin analogues; use of topical or systemic steroids within 30 days prior to inclusion in the study; use of topical or systemic NSAIDs within 14 days prior to inclusion in the study; non-controlled diabetes mellitus, based on clinical history and blood glucose level (126 mg); proliferative diabetic retinopathy, and/or macular oedema; preoperative mydriasis less than 6 mm prior to the study; synechiae; ocular alteration preventing adequate mydriasis such as iris atrophy; macular alteration documented by OCT, including macular oedema of any etiology, macular holes, epiretinal membrane, macular degeneration related to age, and central serous chorioretinopathy; the use of contact lens in the eye involved during the study

### Pretreatment
No differences noted; compared age, gender, operated eye, ocular and systemic pathology

### Eyes
One eye, unclear how selected.

### Interventions
#### Intervention: NSAIDs plus steroids
- nepafenac 0.1% (brand name not reported)
  - Times per day: 1 drop every 15 minutes (4 doses) 1 hour prior to surgery; 3 times a day otherwise
  - Duration preoperative: days: 1
  - Duration postoperative: days: 42
- dexamethasone (combined with tobramycin) (brand name not reported)
  - Times per day: 4 times
  - Duration preoperative: days: 0
  - Duration postoperative: days: 10

#### Comparator: Steroids alone
- dexamethasone (combined with tobramycin) (brand name not reported)
  - Times per day: 4 times
  - Duration preoperative: days: 0
  - Duration postoperative: days: 10

### Type of surgery
Phacoemulsification

### Outcomes
#### Follow-up: 6 weeks
- Poor vision outcome due to MO (“None of the patients developed clinically significant macular oedema associated with vision loss”)
Cervantes-Coste 2009  (Continued)

- CRT at follow-up (final value)
- Adverse effects
- Inflammation ("inflammatory cells greater than 1+ during first week of postoperative visits")
- Total macular volume

Subgroup analysis by diabetes reported.

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Quote: “This was a prospective, randomised, single-masked, single-center, longitudinal, experimental and comparative study in patients undergoing phacoemulsification cataract surgery.” Judgement comment: Not reported how list was generated. Trial described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered.</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>Unclear risk</td>
<td>Quote: “The identity of patients receiving preoperative mydriatic or preoperative mydriatic and nepafenac was concealed from the surgeons.” Judgement comment: Only the surgeons appeared to be masked.</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>High risk</td>
<td>Judgement Comment: The study compared nepafenac versus no treatment so is essentially open-label. No information was provided on masking. We assume that in absence of reporting on this outcome, assessors were not masked</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Low risk</td>
<td>Quote: “All patients completed the follow-up visits over a 6-week period.” Judgement comment: No patients appeared to have been excluded or lost to follow-up</td>
</tr>
</tbody>
</table>

Contact details

Authors name: Guadalupe Cervantes-Coste
Institution: Asociación Para Evitar la Ceguera en México I.A.P. Hospital
Email: gpecervantes@hotmail.com
Address: Av. México 85-5, México City, 06100 México

Notes

Funding sources: NR
Declaration of interest: The authors have no conflicts of interest to disclose.
Date study conducted: NR
Trial registration number: NR
Contacting study investigators: Trial authors not contacted.
Selective reporting (reporting bias) | Unclear risk | Judgement comment: No access to protocol or trial registry entry

Chatziralli 2011

Methods

Study design: Parallel group RCT

Participants

Country: Greece
Setting: Eye hospital

Intervention: NSAIDs plus steroids
- Number of people (eyes) randomised: 73 (NR)
- Number (%) of people followed up: 70 (96%)
- Average age in years: 74
- Age range in years: NR
- Percentage women: 39%
- Ethnic group: NR
- Percentage with diabetes: 9%
- Percentage with uveitis: 0 (excluded)

Comparator: Steroids alone
- Number of people (eyes) randomised: 72 (NR)
- Number (%) of people followed up: 68 (94%)
- Average age in years: 74
- Age range in years: NR
- Percentage women: 41%
- Ethnic group: NR
- Percentage with diabetes: 10%
- Percentage with uveitis: 0 (excluded)

Inclusion criteria: NR

Exclusion criteria: History of intraocular surgery on the eye to be operated; any previous episode of uveitis in the eye to be operated; severe systemic disease (heart failure of the New York Heart Association stage III of IV, endstage renal failure, pulmonary failure, receiving chemotherapy); regular, systemic use of steroid or NSAIDs during the last 3 months

Pretreatment: None noted; compared age, gender, baseline visual acuity, education, marital status, smoking, and various systemic ocular factors

Eyes: Probably one eye only included in the trial but not clearly reported and unclear how selected

Interventions

Intervention: NSAIDs plus steroids
- ketorolac tromethamine 0.5% (Acular, Allergan)
  - Times per day: 3 times
  - Duration preoperative: days: 3
  - Duration postoperative: days: 28
- dexamethasone 0.1% (in combination with tobramycin 0.3%) (Tobradex, Alcon)
  - Times per day: 5 times a day preoperative, 4 times a day postoperative
  - Duration preoperative: days: 3
  - Duration postoperative: days: 28

Comparator: Steroids alone
• dexamethasone 0.1% (in combination with tobramycin 0.3%) (Tobradex, Alcon)
  ◦ Times per day: 5 times a day preoperative, 4 times a day postoperative
  ◦ Duration preoperative: days: 3
  ◦ Duration postoperative: days: 28

**Type of surgery:** phacoemulsification

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Follow-up: 6 weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Poor vision outcome due to MO</td>
</tr>
<tr>
<td></td>
<td>• Adverse effects, pain and ocular discomfort (itching or foreign-body sensation) on a 0-10 visual analogue scale CMO (fundoscopy plus Amsler grid)</td>
</tr>
<tr>
<td></td>
<td>• Inflammation (presence of corneal oedema, Tyndall reaction or conjunctival hyperemia)</td>
</tr>
<tr>
<td></td>
<td>• BCVA logMAR (final value)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contact details</th>
<th>Authors name: Irini Chatziralli</th>
</tr>
</thead>
<tbody>
<tr>
<td>Institution:</td>
<td>Department of Ophthalmology, Veroia General Hospital</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:eirchat@yahoo.gr">eirchat@yahoo.gr</a></td>
</tr>
<tr>
<td>Address:</td>
<td>Department of Ophthalmology, Veroia General Hospital, 28, Papanastasiou Street, GR-17342 Athens (Greece)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Notes</th>
<th>Funding sources: NR</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Declaration of interest: NR</td>
</tr>
<tr>
<td></td>
<td>Date study conducted: October 2009 to January 2010</td>
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<tr>
<td></td>
<td>Trial registration number: NR</td>
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<tr>
<td></td>
<td>Contacting study investigators: Trial authors not contacted.</td>
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</tbody>
</table>

### Risk of bias

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Quote: “The patients were randomised to 1 of the 2 postoperative treatment arms.” Judgement comment: Not reported how list was generated.</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered.</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>Low risk</td>
<td>Quote: “The study was masked to the patients, i.e. they received unmarked bottles so as to be unaware of which treatment they received.”</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>High risk</td>
<td>Judgement comment: No information on masking of outcome assessors. We assume that in absence of reporting on this outcome, assessors were not masked</td>
</tr>
</tbody>
</table>
### Chatziralli 2011 (Continued)

<table>
<thead>
<tr>
<th>Incomplete outcome data (attrition bias) All outcomes</th>
<th>Low risk</th>
<th>Judgement comment: Follow-up high and reasonably equal between groups: 70/73 (96%) in NSAIDs group versus 68/72 (94%) in steroid group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>

### Donnenfeld 2006

#### Study design:
Parallel group RCT

<table>
<thead>
<tr>
<th>Methods</th>
<th>Participants</th>
</tr>
</thead>
</table>
| **Country:** USA | **Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: 25 (NR)  
- Number (%) of people followed up: NR  
- Average age in years: NR (age overall was 73 years)  
- Age range in years: NR  
- Percentage women: NR (overall 55% women)  
- Ethnic group: NR  
- Percentage with diabetes: 0 (excluded)  
- Percentage with uveitis: 0 (excluded) |
| **Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: 25 (NR)  
- Number (%) of people followed up: NR  
- Average age in years: NR (age overall was 73 years)  
- Age range in years: NR  
- Percentage women: NR (overall 55% women)  
- Ethnic group: NR  
- Percentage with diabetes: 0 (excluded)  
- Percentage with uveitis: 0 (excluded) |
| **Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: 25 (NR)  
- Number (%) of people followed up: NR  
- Average age in years: NR (age overall was 73 years)  
- Age range in years: NR  
- Percentage women: NR (overall 55% women)  
- Ethnic group: NR  
- Percentage with diabetes: 0 (excluded)  
- Percentage with uveitis: 0 (excluded) |
| **Comparator:** Steroids plus placebo  
- Number of people (eyes) randomised: 25 (NR)  
- Number (%) of people followed up: NR  
- Average age in years: NR (age overall was 73 years)  
- Age range in years: NR  
- Percentage women: NR (overall 55% women) |
Ethnic group: NR  
Percentage with diabetes: 0 (excluded)  
Percentage with uveitis: 0 (excluded)

Inclusion criteria: Scheduled for phacoemulsification.  
Exclusion criteria: Known sensitivity to any ingredient in the study medications; monocular status; a history of previous intraocular surgery; diabetes mellitus; a history of uveitis, iritis, or intraocular inflammation; use of a systemic NSAID during the study or the week before surgery; or pupils that did not dilate to more than 5.0 mm before surgery or requiring mechanical pupil stretching; pregnant, nursing an infant, or planning a pregnancy.  

Pretreatment: “There were no significant between-group differences in any demographic variable or baseline value.”  

Eyes: Unclear if one or both eyes included.

### Interventions

**Intervention: NSAIDs plus steroids**  
- ketorolac tromethamine 0.4% (brand name not reported)  
  - Times per day: 4 times a day for 3 days preoperative; 3 times every 15 minutes before surgery; 4 times a day for 21 days postoperative  
  - Duration preoperative: days: 3  
  - Duration postoperative: days: 21

- prednisolone acetate 1% (brand name not reported)  
  - Times per day: 4 times a day for 14 days; twice a day for 7 days  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 21

**Intervention: NSAIDs plus steroids**  
- ketorolac tromethamine 0.4% (brand name not reported)  
  - Times per day: 4 times a day for 1 day preoperative; every 15 mins in hour before surgery; 4 times a day for 21 days postoperative  
  - Duration preoperative: days: 1  
  - Duration postoperative: days: 21

- prednisolone acetate 1% (brand name not reported)  
  - Times per day: 4 times a day for 14 days; twice a day for 7 days  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 21

**Intervention: NSAIDs plus steroids**  
- ketorolac tromethamine 0.4% (brand name not reported)  
  - Times per day: every 15 mins in hour before surgery; 4 times a day for 21 days postoperative  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 21

- prednisolone acetate 1% (brand name not reported)  
  - Times per day: 4 times a day for 14 days; twice a day for 7 days  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 21

**Comparator: Steroids plus placebo**  
- prednisolone acetate 1% (brand name not reported)  
  - Times per day: 4 times a day for 14 days; twice a day for 7 days  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 21
Donnenfeld 2006  (Continued)

- placebo (vehicle)
  - $\textit{Times per day}$: every 15 mins in the hour before surgery. 4 times a day postoperatively
  - $\textit{Duration preoperative: days}$: 0
  - $\textit{Duration postoperative: days}$: 21

All participants received topical gatifloxacin 0.3% 4 times a day for 3 days before cataract surgery and for 1 week after surgery.

**Type of surgery**: Phacoemulsification

### Outcomes

**Follow-up**: 3 months
- Adverse effects (patient discomfort on a 1 to 5 scale and need for analgesia)
- CMO (at 2 weeks only, "clinically significant CME" but otherwise not defined, no OCT)
- Inflammation ("Mean inflammation score" but was not possible to calculate SD)
- BCVA logMAR (final value)

### Notes

**Authors name**: Eric D. Donnenfeld  
**Institution**: Ophthalmic Consultants of Long Island  
**Email**: eddoph@aol.com  
**Address**: Ophthalmic Consultants of Long Island, Ryan Medical Arts Building, 2000 North Village Avenue, Suite 402, Rockville Centre, New York 11570, USA

**Funding sources**: “Supported in part by an unrestricted grant from Allergan Inc., Irvine, California, and the Lions Eye Bank for Long Island, Long Island, New York, USA”  
**Declaration of interest**: “Drs. Donnenfeld, Perry, and Wittppenn are consultants to Allergan Pharmaceuticals. No other author has a financial or proprietary interest in any material or method mentioned.”  
**Date study conducted**: NR  
**Trial registration number**: NR  
**Contacting study investigators**: Trial authors not contacted.

### Risk of bias

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors’ judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Low risk</td>
<td>Quote: “Group assignment was based on a random-number-generated protocol that was created before initiation of the study.”</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered.</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Placebo-controlled, but not clear if masking was successful - some of the groups had different schedules</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Placebo-controlled but not clear if masking was successful - some of the groups had different schedules. Corneal endothelial cell</td>
</tr>
</tbody>
</table>
Donnenfeld 2006 (Continued)

Counts and OCT scans were evaluated by masked specialists. It was unclear whether assessors of other outcomes were aware of the treatment allocation, or if only the specialists were affected.

Incomplete outcome data (attrition bias)
All outcomes
Unclear risk
Judgement comment: Follow-up not reported.

Selective reporting (reporting bias)
Unclear risk
Judgement comment: No access to protocol or trial registry entry.

Elsawy 2013

Methods
Study design: Parallel group RCT

Participants
Country: Egypt
Setting: Eye hospital
Intervention: NSAIDs plus steroids
- Number of people (eyes) randomised: 35 (43)
- Number (%) of people followed up: NR
- Average age in years: NR
- Age range in years: NR
- Percentage women: 34%
- Ethnic group: NR
- Percentage with diabetes: 100%
- Percentage with uveitis: NR
Comparator: Steroids alone
- Number of people (eyes) randomised: 35 (43)
- Number (%) of people followed up: NR
- Average age in years: NR
- Age range in years: NR
- Percentage women: 40%
- Ethnic group: NR
- Percentage with diabetes: 100%
- Percentage with uveitis: NR

Some inconsistencies in the data. Not clearly stated exactly number of people (eyes) randomly allocated to each group and followed up.

Inclusion criteria: High risk characteristics for the postoperative development of CME, one of the risk factors for CME (beside diabetic retinopathy). History of retinal vein occlusion or presence of epiretinal membrane or preoperative use of prostaglandin analogues eye drops
Exclusion criteria: NR
Pretreatment: Compared age, gender, type of diabetes, duration of diabetes, retinal vein occlusion, epiretinal membrane and prostaglandin drops. Some imbalances, e.g. more prostaglandin eye drop use in control group
Eyes: 86 eyes of 70 people.
Type of surgery: Phacoemulsification
Interventions

**Intervention: NSAIDs plus steroids**
- ketorolac tromethamine 0.4% (brand name not reported)
  - Times per day: twice a day
  - Duration preoperative: days: 0
  - Duration postoperative: days: 84
- dexamethasone 0.1% (brand name not reported)
  - Times per day: 4 times
  - Duration preoperative: days: 0
  - Duration postoperative: days: 84

**Comparator: Steroids alone**
- dexamethasone 0.1% (brand name not reported)
  - Times per day: 4 times
  - Duration preoperative: days: 0
  - Duration postoperative: days: 84

**Type of surgery**: Phacoemulsification

Outcomes

**Follow-up**: 12 weeks
- CMO (clinical examination, unclear if OCT-verified)

Contact details

**Authors name**: Moataz F Elsawy
**Institution**: Menoufia University Hospital
**Email**: mfelsawy@yahoo.co.uk
**Address**: Ophthalmology Department, Menoufia University Hospital, Menoufia, 53211, Egypt

Notes

**Funding sources**: NR
**Declaration of interest**: “The authors report no conflicts of interest in this work.”
**Date study conducted**: January 2011 to March 2012
**Trial registration number**: NR
**Contacting study investigators**: Trial authors not contacted.

### Risk of bias

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Quote: “The randomisation process used four opaque envelopes in two containers. The first container had (1) for dexamethasone drops only, and (2) for combined drops, and the second container had the name of patients listed for cataract surgery on that day. Patients were randomised to one of the regimes by asking an independent person to choose one envelope from each container.” Judgement comment: Unusual random allocation process.</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Quote: “The randomisation process used four opaque envelopes in two containers. The first con-</td>
</tr>
</tbody>
</table>
Elsawy 2013  (Continued)

- The study used an unusual allocation process, as patients were randomised to one of the regimes by asking an independent person to choose one envelope from each container. All patients underwent phacoemulsification (divide and conquer).

Blinding of participants and personnel (performance bias)
- All outcomes: High risk
  - Judgement comment: Unusual allocation process.

Blinding of outcome assessment (detection bias)
- All outcomes: High risk
  - Judgement comment: No information on masking. We assume that in absence of reporting on this, patients and personnel were not masked.

Incomplete outcome data (attrition bias)
- All outcomes: Unclear risk
  - Judgement comment: Follow-up not reported.

Selective reporting (reporting bias)
- Unclear risk
  - Judgement comment: No access to protocol or trial registry entry.

Endo 2010

Methods
- Study design: Parallel group RCT
- Open-label

Participants
- Country: Japan
- Setting: Eye hospital

**Intervention: NSAIDs alone**
- Number of people (eyes) randomised: 40 (40)
- Number (%) of people followed up: 31 (78%)
- Average age in years: 68
- Age range in years: NR (overall age range 37-84 years)
- Percentage women: 48%
- Ethnic group: NR
- Percentage with diabetes: 100%
- Percentage with uveitis: 0 (excluded)

**Comparator: Steroids alone**
- Number of people (eyes) randomised: 35 (35)
- Number (%) of people followed up: 31 (89%)
- Average age in years: 69
- Age range in years: NR
- Percentage women: 42%
- Ethnic group: NR
- Percentage with diabetes: 100%
Endo 2010  (Continued)

- Percentage with uveitis: 0 (excluded)

**Inclusion criteria:** Patients with diabetes undergoing small incision phacoemulsification with IOL implantation

**Exclusion criteria:** foveal thickness of 250 microns or more; severe diabetic retinopathy for which ocular surgery (including photocoagulation) indicated; use of topical medications for glaucoma, uveitis and other diseases that cause CMO; ocular allergies to bromfenac or steroids (steroid group); use of systemic steroids or NSAIDs; serious cardiac, cerebral or renal disease

**Pretreatment:** No major imbalances; compared age, gender, hypertension, blood urea nitrogen. HbA1c slightly higher in NSAIDs group

**Eyes:** One eye, unclear how selected.

### Interventions

**Intervention:** NSAIDs alone

- bromfenac sodium (Bronuck, Senju, Pharmaceutical Company Ltd, Osaka, Japan)
  - Times per day: twice a day
  - Duration preoperative: days: 0
  - Duration postoperative: days: 42

**Comparator:** Steroids alone

- betamethasone sodium phosphate (with fradiomycin sulfate) followed by fluorometholone 0.1% (Rinderon-A, Shionogi, Osaka, Japan and Flumetholon 0.1%, Santen)
  - Times per day: 4 times a day for 7 days (betamethasone); 4 times a day for 35 days (fluorometholone)
  - Duration preoperative: days: 0
  - Duration postoperative: days: 42

Preoperatively, all participants received gatifloxacin (four times daily for 1 day preoperatively; on the day of surgery, they received 0.5% tropicamide, 0.5% phenylephrine hydrochloride every 30 mins 2 hours preoperatively. Postoperatively, gatifloxacin four times daily until week 6, and 0.5% tropicamide and 0.5% phenylephrine hydrochloride once daily for 1 week

**Type of surgery:** Phacoemulsification

### Outcomes

**Follow-up:** 6 weeks

- CRT at follow-up (final value)
- Adverse effects
- Inflammation (anterior chamber flare values, photon count per millisecond)
- BCVA logMAR (final value)

### Contact details

**Authors name:** Naoko Endo
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**Address:** Tokyo Women’s Medical University Diabetes Centre, 8-1 Kawada-cho, Shinjuku-ku, Tokyo 162-0054, Japan

### Notes

**Funding sources:** NR

**Declaration of interest:** “The authors have no financial interest in any aspect of this article.”

**Date study conducted:** March 2005 to May 2007

**Trial registration number:** NR
**Contacting study investigators:** Trial authors not contacted.

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<td>Quote: &quot;A prospective open-label trial was conducted using the envelope method.&quot; Judgement comment: Not reported how list was generated.</td>
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<td>Blinding of outcome assessment (detection bias)</td>
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<tr>
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<td>High risk</td>
<td>Judgement comment: 17% (13/75) of patients were excluded. Vague reasons were provided. Three were excluded because of difficulty with the OCT measurement. Ten people (10 eyes) dropped out of the study for the following reasons: poor health (8), posterior capsular rupture (1) and epidemic keratoconjunctivitis (1). No details were provided about the 'difficulties with OCT measurements' and 'poor health'. 31/40 (78%) in NSAIDs group and 31/35 (89%) in steroids group were followed-up but reasons for dropout by group were not clearly reported</td>
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<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry.</td>
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</table>
### Italian Diclofenac Study Group 1997

<table>
<thead>
<tr>
<th>Methods</th>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
</table>
| Participants | Country: Italy  
Setting: Eye hospital  
**Intervention: NSAIDs alone**  
- Number of people (eyes) randomised: 141 (141)  
- Number (%) of people followed up: 118 (84%)  
- Average age in years: 68  
- Age range in years: NR  
- Percentage women: 51%  
- Ethnic group: NR  
- Percentage with diabetes: NR  
- Percentage with uveitis: NR  
**Comparator: Steroids plus placebo**  
- Number of people (eyes) randomised: 140 (140)  
- Number (%) of people followed up: 111 (79%)  
- Average age in years: 68  
- Age range in years: NR  
- Percentage women: 53%  
- Ethnic group: NR  
- Percentage with diabetes: NR  
- Percentage with uveitis: NR |
| | Inclusion criteria: 45 to 75 years of age; age-related cataract.  
Exclusion criteria: Ocular malformations; dry-eye syndrome (Schirmer I < 5 mm); glaucoma or ocular hypertension (IOP > 22 mmHg); vitreoretinal pathology; surgical complications (posterior capsule rupture, Descemet's membrane detachment, vitreous loss, significant intraocular haemorrhage, IOL dislocation); severe systemic affections; ocular surgery in the previous 2 months or had had bilateral surgery; hypersensitive to one or more of the study compounds; pregnant or nursing woman  
Pretreatment: No major imbalances in age, sex, IOP and operated eye  
Eyes: One eye, unclear how selected. |
| Interventions | **Intervention: NSAIDs alone**  
- diclofenac 0.1% (Voltaren Ophthalmic)  
  - Times per day: 5 drops in 3 hours before surgery; 5 times a day on days 1 to 5; 3 times a day on days 6 to 140  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 140  
**Comparator: Steroids plus placebo**  
- dexamethasone 0.1% (brand name not reported)  
  - Times per day: 5 times  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 5  
- placebo (not specified)  
  - Times per day: 5 drops in 3 hours before surgery; 3 times a day days 6 to 140  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 140  
**Type of surgery:** ECCE |
**Italian Diclofenac Study Group 1997**

(Continued)

| Outcomes | Follow-up: 140 days  
|-----------|------------------|  
| • Adverse effects  
| • CMO ("angiographic CME" using Miyake 1977)  
|  
| Contact details | Authors name: Lucio Lobefalo  
| Institution: NR  
| Email: NR  
| Address: via Gran Sasso 100, 1-66100 Chieti, Italy  
|  
| Notes | Funding sources: NR  
| Declaration of interest: "S. Bianco, MD, is a Ciba Vision Ophthalmics officer. None of the other authors has a proprietary or financial interest in diclofenac."  
| Date study conducted: October 1992 to February 1994  
| Trial registration number: NR  
| Contacting study investigators: Trial authors not contacted.  
|  
| Risk of bias | Risk of bias  
| Bias | Authors' judgement | Support for judgement  
| Random sequence generation (selection bias) | Unclear risk | Judgement comment: Not reported how list was generated. Trial was described as “randomised” but with no further details  
| Allocation concealment (selection bias) | Unclear risk | Judgement comment: Not reported how allocation administered. Trial was described as “randomised” but with no further details  
| Blinding of participants and personnel (performance bias)  
| All outcomes | Unclear risk | Judgement comment: Placebo-controlled but masking of participants not described specifically  
| Blinding of outcome assessment (detection bias)  
| All outcomes | Low risk | Quote: "In each center, all patients were observed by the same examiner; surgeons and examiners were masked at all postoperative visits.”  
| Incomplete outcome data (attrition bias)  
| All outcomes | Low risk | Judgement comment: Follow-up: 118/140 (84%) in diclofenac group and 111/141 (79%) in dexamethasone group followed up. Follow-up reasonably high and not very different between the two groups  
| Selective reporting (reporting bias) | Unclear risk | Judgement comment: No access to protocol or trials registry entry  

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Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)

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Jung 2015

Methods

Study design: Parallel group RCT

Participants

Country: South Korea
Setting: Eye hospital

Intervention: NSAIDs plus steroids
- Number of people (eyes) randomised: 28 (28)
- Number (%) of people followed up: NR
- Average age in years: 67
- Age range in years: NR
- Percentage women: 54%
- Ethnic group: NR
- Percentage with diabetes: 25%
- Percentage with uveitis: NR

Intervention: NSAIDs plus steroids
- Number of people (eyes) randomised: 32 (32)
- Number (%) of people followed up: NR
- Average age in years: 68
- Age range in years: NR
- Percentage women: 53%
- Ethnic group: NR
- Percentage with diabetes: 28%
- Percentage with uveitis: NR

Comparator: Steroids
- Number of people (eyes) randomised: 31 (31)
- Number (%) of people followed up: NR
- Average age in years: 67
- Age range in years: NR
- Percentage women: 58%
- Ethnic group: NR
- Percentage with diabetes: 26%
- Percentage with uveitis: NR

Inclusion criteria: Males or non-pregnant females aged between 20- to 80-years-old
Exclusion criteria: Poor general condition, including high blood pressure, poor blood glucose control, or renal failure; history of ocular trauma or disease; history of intraocular surgery; systemic or topical NSAIDs or corticosteroids use within 4 weeks of enrolment; known hypersensitivity to salicylates or other NSAIDs; and use of alpha-1 adrenergic antagonist or other analogous systemic medications that may increase the tendency for miosis during the operation (intraoperative floppy iris syndrome)

Pretreatment: No major imbalances, age, sex, hypertension, diabetes, macular thickness and volume and ocular surface status compared

Eyes: One eye, unclear how selected.

Interventions

Intervention: NSAIDs plus steroids
- bromfenac sodium 0.1% (Bronuck, Senju Pharmaceutical co Ltd, Osaka, Japan)
  - Times per day: twice a day plus 2 drops at 20-min intervals 2 hrs before surgery
  - Duration preoperative: days: 3
  - Duration postoperative: days: 28
- prednisolone acetate 1% (brand name not reported)
Jung 2015 (Continued)

Intervention: NSAIDs plus steroids
- ketorolac 0.45% (Acuvail, Allergan Inc, CA, USA)
  - Times per day: twice a day plus 2 drops at 20-min intervals 2 hrs before surgery
  - Duration preoperative: days: 1
  - Duration postoperative: days: 14
- prednisolone acetate 1% (brand name not reported)
  - Times per day: 4 times
  - Duration preoperative: days: 0
  - Duration postoperative: days: 28

Comparator: Steroids alone
- prednisolone acetate 1% (brand name not reported)
  - Times per day: 4 times
  - Duration preoperative: days: 0
  - Duration postoperative: days: 28

All patients received topical gatifloxacin 0.3% 4 times a day for 28 days

Type of surgery: Phacoemulsification

Outcomes
- Follow-up: 1 month
  - Change in macular thickness
  - Change in macular volume
  - Adverse effects
  - Inflammation (flare)

Contact details
- Authors name: Dr. Tae-im Kim
- Institution: Yonsei University College of Medicine
- Email: tikim@yuhs.ac
- Address: Department of Ophthalmology, Yonsei University College of Medicine, 50-1 Yonsei-ro, Seodaemun-gu, Seoul 03722, Korea

Notes
- Funding sources: “This research was supported by Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Education, Science and Technology 2013R1A1A2058907).”
- Declaration of interest: “The authors have no financial conflicts of interest.”
- Date study conducted: November 2013 to June 2014
- Trial registration number: NR
- Contacting study investigators: Trial authors not contacted.

Risk of bias

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<tr>
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<th>Authors’ judgement</th>
<th>Support for judgement</th>
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<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Trial was described as “randomised” but with no further details</td>
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### Jung 2015  (Continued)

<table>
<thead>
<tr>
<th><strong>Allocation concealment (selection bias)</strong></th>
<th>Unclear risk</th>
<th>Judgement comment: Not reported how allocation administered. Trial was described as “randomised” but with no further details</th>
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</thead>
<tbody>
<tr>
<td><strong>Blinding of participants and personnel (performance bias)</strong></td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this patients and personnel were not masked</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Blinding of outcome assessment (detection bias)</strong></td>
<td>High risk</td>
<td>Judgement comment: Open-label or no information on masking. We assume that in absence of reporting on this outcome assessors were not masked</td>
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<tr>
<td>All outcomes</td>
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<tr>
<td><strong>Incomplete outcome data (attrition bias)</strong></td>
<td>Unclear risk</td>
<td>Judgement comment: Follow-up not reported.</td>
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<tr>
<td>All outcomes</td>
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<tr>
<td><strong>Selective reporting (reporting bias)</strong></td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>

### Kraff 1982

<table>
<thead>
<tr>
<th><strong>Methods</strong></th>
<th><strong>Study design:</strong> Parallel group RCT</th>
</tr>
</thead>
</table>
| **Participants** | **Country:** USA  
**Setting:** Eye hospital  
**Intervention:** NSAIDs plus steroids  
- *Number of people (eyes) randomised:* 330 (NR)  
- *Number (%)* of people followed up: 323 (98%)  
- *Average age in years:* 69  
- *Age range in years:* 37-91  
- *Percentage women:* 60%  
- *Ethnic group:* NR  
- *Percentage with diabetes:* NR  
- *Percentage with uveitis:* NR  
**Comparator:** Steroids plus placebo  
- *Number of people (eyes) randomised:* 170 (NR)  
- *Number (%)* of people followed up: 169 (99%)  
- *Average age in years:* 68  
- *Age range in years:* 45-97  
- *Percentage women:* 54%  
- *Ethnic group:* NR  
- *Percentage with diabetes:* NR  
- *Percentage with uveitis:* NR  
**Included criteria:** Eligible for extracapsular cataract extraction with implantation of a Shearing posterior chamber lens  
**Excluded criteria:** NR  
**Pretreatment:** None noted; age, gender, follow-up and endothelial cell density preoperative compared  
**Eyes:** Unclear if one or both eyes included. |
### Interventions

**Intervention: NSAIDs plus steroids**
- indomethacin (brand name not reported)
  - **Times per day:** 5 times every 10 to 15 mins 18 hrs before surgery; 1 x 12 hrs before surgery; 1 x at bedtime; 1 x 2 hrs before surgery; 1 x 1.5 hrs before surgery; 1 x 30 mins before surgery; 4 times a day postoperative
  - **Duration preoperative: days:** 1
  - **Duration postoperative: days:** 274
- dexamethasone (in combination with neomycin sulfate, polymyxin B sulfate) for 4 days followed by dexamethasone alone for 4 weeks followed by fluorometholone for at least 6 months (Maxitrol and Maxidex)
  - **Times per day:** 4 times a day (dexamethasone) and 3 times a day (fluorometholone)
  - **Duration preoperative: days:** 1
  - **Duration postoperative: days:** 274

**Comparator: Steroids plus placebo**
- dexamethasone (in combination with neomycin sulfate, polymyxin B sulfate) for 4 days followed by dexamethasone alone for 4 weeks followed by fluorometholone for at least 6 months (Maxitrol and Maxidex)
  - **Times per day:** 4 times a day (dexamethasone) and 3 times a day (fluorometholone)
  - **Duration preoperative: days:** 1
  - **Duration postoperative: days:** 274
- placebo (vehicle)
  - **Times per day:** 5 times every 10 to 15 mins 18 hrs before surgery; 1 x 12 hrs before surgery; 1 x at bedtime; 1 x 2 hrs before surgery; 1 x 1.5 hrs before surgery; 1 x 30 mins before surgery; 4 times a day postoperative
  - **Duration preoperative: days:** 1
  - **Duration postoperative: days:** 274

**Type of surgery:** ECCE and phacoemulsification (unplanned ICCE n = 19 were excluded)

### Outcomes

**Follow-up:** between 2.5 and 12 months. Quote: “The mean interval between surgery and angiography was 4.1 months, with a range of 2.5 to 12 months. Ninety percent of the angiograms were performed between 2.5 and 5 months after surgery, and 10% between 6 and 12 months after surgery.”
- Adverse effects
- CMO (fluorescein angiography using Miyake 1977)
- Snellen acuity only (not included in the analyses).

### Contact details

**Authors name:** Manus C Kraff  
**Institution:** Abraham Lincoln School of Medicine, University of Illinois  
**Email:** NR  
**Address:** 5600 W. Addison Street, Chicago, IL 60634

### Notes

**Funding sources:** Core Grant EY 1792 NEI Bethesda Maryland  
**Declaration of interest:** NR  
**Date study conducted:** NR  
**Trial registration number:** NR  
**Contacting study investigators:** Trial authors not contacted.
### Kraff 1982 (Continued)

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<th>Support for judgement</th>
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<tr>
<td>Random sequence generation (selection bias)</td>
<td>Low risk</td>
<td>Judgement comment: Randomisation was using a table of random numbers</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered.</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>Low risk</td>
<td>Judgement comment: Quote: “The study was double-masked; neither the physician nor the patient knew what drops the patient was receiving.”</td>
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<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
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<td>Judgement comment: Quote: “The study was double-masked; neither the physician nor the patient knew what drops the patient was receiving.” Quote: “The angiograms were read in a masked fashion by a retired specialist (LMJ) who had no knowledge of either the drug regimen or the type of surgical procedure.”</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Some patients were excluded (n = 19) and not reported: two with vitreous loss, two with vitreous pressure and a shallow anterior chamber and 15 with possible rupture of the posterior capsule. Unclear which groups these were in. Follow-up high for visual acuity (&gt; 95%) but lower for CMO (60% in indomethacin group versus 64% in placebo)</td>
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<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
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</table>

### Li 2011

**Methods**

**Study design:** Parallel group RCT

**Participants**

**Country:** China  
**Setting:** Eye hospital  
**Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: 104 (104)  
- Number (%) of people followed up: NR  
- Average age in years: 72  
- Age range in years: NR  
- Percentage women: 66%  
- Ethnic group: Chinese  
- Percentage with diabetes: 100%
**Li 2011** (Continued)

<table>
<thead>
<tr>
<th>Interventions</th>
<th>Comparator: Steroids alone</th>
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<tbody>
<tr>
<td><strong>Intervention:</strong> NSAIDs plus steroids</td>
<td><strong>Intervention:</strong> NSAIDs plus steroids</td>
</tr>
<tr>
<td>• diclofenac 1% (brand name not reported)</td>
<td>• dexamethasone (combined with tobramycin) (brand name not reported)</td>
</tr>
<tr>
<td>○ <strong>Brand name:</strong> NR</td>
<td>○ <strong>Times per day:</strong> 4 times</td>
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<tr>
<td>○ <strong>Duration preoperative:</strong> days: 1</td>
<td>○ <strong>Duration postoperative:</strong> days: 28</td>
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<td></td>
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<tr>
<td>• dexamethasone (combined with tobramycin) (brand name not reported)</td>
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<td>○ <strong>Times per day:</strong> 4 times</td>
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<tr>
<td>○ <strong>Duration preoperative:</strong> days: 1</td>
<td></td>
</tr>
<tr>
<td>○ <strong>Duration postoperative:</strong> days: 28</td>
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</tbody>
</table>

**Comparator: Steroids alone**

- *Number of people (eye) randomised: 113 (113)*
- *Number (%) of people followed up: NR*
- *Average age in years: 72*
- *Age range in years: NR*
- *Percentage women: 59%*
- *Ethnic group: Chinese*
- *Percentage with diabetes: 100%*
- *Percentage with uveitis: NR*

**Included criteria:** Diabetes mellitus type 2 patients who received phacoemulsification together with artificial lens implants intervention

**Excluded criteria:** Diabetic retinopathy, age-related macular degeneration, epiretinal membrane and retinal vascular disorders

**Pretreatment:** Unclear if group differences.
**Eyes:** One eye, unclear how selected.

**Type of surgery:** Phacoemulsification

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Follow-up: 1 month</th>
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<tbody>
<tr>
<td>• CRT at follow-up (final value)</td>
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<tr>
<td>• CMO (&quot;clinically apparent&quot;, OCT used)</td>
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<tr>
<td>• Snellen acuity only (not included in analyses)</td>
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<table>
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<tr>
<th>Contact details</th>
<th>Authors name: Min-Chao Li</th>
</tr>
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<tr>
<td><strong>Institution:</strong> Department of Ophthalmology, Affiliated Nanhai Hospital of Southern Medical University, Foshan</td>
<td></td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:liminchao@126.com">liminchao@126.com</a></td>
<td></td>
</tr>
<tr>
<td><strong>Address:</strong> Department of Ophthalmology, Affiliated Nanhai Hospital of Southern Medical University, Foshan 528200, Guangdong Province, China</td>
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<td><strong>Date study conducted:</strong> January 2009 to December 2010</td>
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### Li 2011 (Continued)

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<th>Support for judgement</th>
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<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Trial was described as “randomised” but with no further details</td>
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<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial was described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this patients and personnel were not masked</td>
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<td>Blinding of outcome assessment (detection bias)</td>
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<td>Judgement comment: No information on masking. We assume that in absence of reporting on this patients and personnel were not masked</td>
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<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: As per translation: “Unclear, not specified if there was any participant withdrawal or lost during the study period.”</td>
</tr>
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<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
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</table>

### Mathys 2010

**Methods**

| Study design: | Parallel group RCT |

**Participants**

| Country: USA  |
| Setting: Eye hospital  |

**Intervention: NSAIDs plus steroids**

- Number of people (eyes) randomised: 42 (42)
- Number (%) of people followed up: 39 (93%)
- Average age in years: 74
- Age range in years: 51-90
- Percentage women: 54%
- Ethnic group: NR
- Percentage with diabetes: 0 (excluded)
- Percentage with uveitis: 0 (excluded)

**Comparator: Steroids alone**

- Number of people (eyes) randomised: 42 (42)
- Number (%) of people followed up: 40 (95%)
Mathys 2010  (Continued)

- *Average age in years*: 70
- *Age range in years*: 44-88
- *Percentage women*: 53%
- *Ethnic group*: NR
- *Percentage with diabetes*: 0 (excluded)
- *Percentage with uveitis*: 0 (excluded)

**Inclusion criteria**: Planning to have cataract surgery by KLC at the Ambulatory Care Center, the University of North Carolina Hospitals

**Exclusion criteria**: Medically treated diabetes mellitus; history of uveitis; use of topical prostaglandin analogues for glaucoma; history of earlier intraocular surgery in the same eye; retinal vascular disease; macular degeneration; abnormal preoperative OCT measurements

**Pretreatment**: Nepafenac group were slightly older, similar gender, preoperative VA, follow-up time, slightly longer phaco time

**Eyes**: One eye, unclear how selected.

### Interventions

**Intervention: NSAIDs plus steroids**

- **nepafenac 0.1%** (brand name not reported)
  - *Times per day*: 3 times
  - *Duration preoperative*: days: 0
  - *Duration postoperative*: days: 28

- **prednisolone acetate 1%** (brand name not reported)
  - *Times per day*: 4 times
  - *Duration preoperative*: days: 0
  - *Duration postoperative*: days: 28

**Comparator: Steroids alone**

- **prednisolone acetate 1%** (brand name not reported)
  - *Times per day*: 4 times
  - *Duration preoperative*: days: 0
  - *Duration postoperative*: days: 28

All participants received nepafenac 0.01% drops in the operated eye thrice, 5 mins apart, immediately before surgery to maintain pupillary dilation and postoperatively, moxifloxacin 0.5% four times a day for 10 days

**Type of surgery**: Phacoemulsification

### Outcomes

**Follow-up**: 2 months

- Change in CRT
- Adverse effects
- BCVA logMAR (final value)

### Contact details

**Authors name**: KL Cohen

**Institution**: School of Medicine, University of North Carolina

**Email**: klc@med.unc.edu

**Address**: Department of Ophthalmology, School of Medicine, University of North Carolina at Chapel Hill, 5100 Bioinformatics Building, 130 Mason Farm Road, CB no. 7040, Chapel Hill, NC 27599-7040, USA

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Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)  
Copyright © 2016 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.
Mathys 2010  (Continued)

Notes

Funding sources: “This work was supported in part by Research to Prevent Blindness, Inc., New York, NY.”

Declaration of interest: “Kenneth C Mathys and Kenneth L Cohen have no financial interest.”

Date study conducted: June 2007 to April 2008

Trial registration number: NCT00494494

Contacting study investigators: Trial authors not contacted.

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<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
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<tr>
<td>Random sequence generation (selection bias)</td>
<td>Low risk</td>
<td>Quote: “Subjects were randomised according to the even/odd subject identification number, using computer-generated random numbers, to the control group (standard of care only) or the treatment group (standard of care plus nepafenac).”</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered.</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>High risk</td>
<td>Quote: “were consecutively enrolled in this randomised, non-masked, parallel-group clinical trial.”</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>Low risk</td>
<td>Judgement comment: Experienced ophthalmic photographers, who were masked to treatment, obtained Stratus OCT (Carl Zeiss Meditec, Inc., San Francisco, CA, USA) scans using the fast macular thickness protocol</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Low risk</td>
<td>Quote: “The mean time to follow-up was 73.31 days (± 21.58 SD, range 55-146) in the treatment group and 68.98 days (± 13.98, range 50-120) in the standard-of-care group.”</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Judgement comment: 39/42 (93%) of intervention group and 40/42 (95%) of comparator group followed-up. Missing data less than 20% (i.e. more than 80% follow-up) and equal follow-up in both groups and no obvious reason why loss to follow-up should be related to outcome</td>
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**Mathys 2010**  (Continued)

<table>
<thead>
<tr>
<th>Selective reporting (reporting bias)</th>
<th>Low risk</th>
<th>Judgement comment: Outcomes on trial registry entry were reported</th>
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**Miyake 2007**

<table>
<thead>
<tr>
<th>Methods</th>
<th>Study design: Randomised control trial</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Participants</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Country:</strong> Japan</td>
<td></td>
</tr>
<tr>
<td><strong>Setting:</strong> Eye hospital</td>
<td></td>
</tr>
<tr>
<td><strong>Intervention:</strong> NSAIDs alone</td>
<td></td>
</tr>
<tr>
<td>• Number of people (eyes) randomised: 31 (31)</td>
<td></td>
</tr>
<tr>
<td>Number (% of people followed up: 25 (81%)</td>
<td></td>
</tr>
<tr>
<td>Average age in years: 65</td>
<td></td>
</tr>
<tr>
<td>Age range in years: NR</td>
<td></td>
</tr>
<tr>
<td>Percentage women: 48%</td>
<td></td>
</tr>
<tr>
<td>Ethnic group: NR</td>
<td></td>
</tr>
<tr>
<td>Percentage with diabetes: 0 (excluded)</td>
<td></td>
</tr>
<tr>
<td>Percentage with uveitis: 0 (excluded)</td>
<td></td>
</tr>
<tr>
<td><strong>Comparator:</strong> Steroids alone</td>
<td></td>
</tr>
<tr>
<td>• Number of people (eyes) randomised: 31 (31)</td>
<td></td>
</tr>
<tr>
<td>Number (% of people followed up: 25 (81%)</td>
<td></td>
</tr>
<tr>
<td>Average age in years: 66</td>
<td></td>
</tr>
<tr>
<td>Age range in years: NR</td>
<td></td>
</tr>
<tr>
<td>Percentage women: 60%</td>
<td></td>
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<td>Ethnic group: NR</td>
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<tr>
<td>Percentage with diabetes: 0 (excluded)</td>
<td></td>
</tr>
<tr>
<td>Percentage with uveitis: 0 (excluded)</td>
<td></td>
</tr>
<tr>
<td><strong>Inclusion criteria:</strong> Age 50 to 70 years; subjected for unilateral surgery or to have 6 months’ span between surgeries in patients with bilateral cataract</td>
<td></td>
</tr>
<tr>
<td><strong>Exclusion criteria:</strong> Eyes encountering acute ocular infection or inflammation during the first month of the study; eyes showing sensitivity to diclofenac or fluorometholone; eyes showing sensitivity to fluorescein sodium; eyes with insufficient dilation, (pupil diameter 4 mm) and with hazy media affecting laser Doppler flowmetry (LDF); eyes with history of other ocular surgeries; eyes with pseudoxeflophilia syndrome; history of trauma; uveitis, glaucoma or other disorders; complication of diabetes and kidney disorders; heart failure, cardiac infarction, and cerebrovascular disease; uncontrollable hypertension; rupture of the posterior capsule, vitreous loss, and other complications during a cataract/IOL implantation procedure</td>
<td></td>
</tr>
<tr>
<td><strong>Pretreatment:</strong> No major imbalances; compared age and sex</td>
<td></td>
</tr>
<tr>
<td><strong>Eyes:</strong> One eye, unclear how selected</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Interventions</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Intervention: NSAIDs alone</strong></td>
<td></td>
</tr>
<tr>
<td>• diclofenac 0.1% (Diclod, Wakamoto, Tokyo, Japan)</td>
<td></td>
</tr>
<tr>
<td>• Times per day: 4 times on day of surgery (3, 2, 1, 0.5 hrs before surgery); 3 times a day postoperatively</td>
<td></td>
</tr>
<tr>
<td>• Duration preoperative: days: 0</td>
<td></td>
</tr>
<tr>
<td>• Duration postoperative: days: 35</td>
<td></td>
</tr>
<tr>
<td><strong>Comparator: Steroids alone</strong></td>
<td></td>
</tr>
</tbody>
</table>
Miyake 2007 (Continued)

- fluorometholone 0.1% (Flumethrone, Santen, Osaka, Japan)
  - Times per day: 4 times on day of surgery (3, 2, 1, 0.5 hrs before surgery); 3 times a day postoperative
  - Duration preoperative: days: on day of surgery
  - Duration postoperative: days: 35

Quote “Other topical drugs used before and after surgery included mydriatics and antibiotics only.”

Type of surgery: Phacoemulsification

Outcomes

Follow-up: 5 weeks
- CMO (fluorescein angiography using Miyake 1977 classification)
- Inflammation (mean aqueous flare, ?units)
- Snellen acuity only, not included in the analysis

Contact details

Authors name: Kensaku Miyake
Institution: Shohzankai Medical Foundation, Miyake Eye Hospital
Email: miyake@spice.or.jp
Address: Miyake Eye Hospital, 3-15-68, Ozone, Kita-ku, Nagoya 462-0825, Japan

Notes

Funding sources: NR
Declaration of interest: Reported none for all authors.
Date study conducted: NR
Trial registration number: NR
Contacting study investigators: Trial authors not contacted.

Risk of bias

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
</table>
| Random sequence generation (selection bias) | Unclear risk       | Quote: “Each patient was randomly assigned to one of the two groups by one of the authors (SA), using the envelope method.”
Judgement comment: Not reported how list was generated. |
| Allocation concealment (selection bias) | Unclear risk       | Quote: “Each patient was randomly assigned to one of the two groups by one of the authors (SA), using the envelope method.”
Judgement comment: Reported that envelopes used but unclear if they were sequentially numbered, sealed, opaque envelopes |
| Blinding of participants and personnel (performance bias) All outcomes | Unclear risk       | Judgement comment: Study described as being “conducted in a prospective, double-masked, randomised manner.” Patients probably masked not clearly described |
Miyake 2007  (Continued)

<table>
<thead>
<tr>
<th>Blinding of outcome assessment (detection bias)</th>
<th>Low risk</th>
<th>Judgement comment: Fluorescein angiography and laser flarimetry assessed by masked observers and analysis was masked</th>
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</thead>
<tbody>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Low risk</td>
<td>Judgement comment: 25/31 (80%) of eyes in both groups were followed up and reasons for loss to follow-up did not appear to be related to outcome</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>

Miyake 2011

Methods  
Study design: Parallel group RCT

Participants

| Country: Japan  
Setting: Eye hospital  
Intervention: NSAIDs alone |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of people (eyes) randomised: 30 (30)</td>
<td></td>
</tr>
<tr>
<td>Number (%) of people followed up: 28 (93%)</td>
<td></td>
</tr>
<tr>
<td>Average age in years: 64</td>
<td></td>
</tr>
<tr>
<td>Age range in years: 48-82</td>
<td></td>
</tr>
<tr>
<td>Percentage women: 47%</td>
<td></td>
</tr>
<tr>
<td>Ethnic group: NR</td>
<td></td>
</tr>
<tr>
<td>Percentage with diabetes: 7%</td>
<td></td>
</tr>
<tr>
<td>Percentage with uveitis: 0% (excluded)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Comparator: Steroids alone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of people (eyes) randomised: 30 (30)</td>
</tr>
<tr>
<td>Number (%) of people followed up: 27 (90%)</td>
</tr>
<tr>
<td>Average age in years: 66</td>
</tr>
<tr>
<td>Age range in years: 37-83</td>
</tr>
<tr>
<td>Percentage women: 45%</td>
</tr>
<tr>
<td>Ethnic group: NR</td>
</tr>
<tr>
<td>Percentage with diabetes: 10%</td>
</tr>
<tr>
<td>Percentage with uveitis: 0% (excluded)</td>
</tr>
</tbody>
</table>

Inclusion criteria: Aged over 20 years; phacoemulsification cataract extraction and IOL implantation between October 2007 and April 2008 at Shohzankai Medical Foundation, Miyake Eye Hospital

Exclusion criteria: Systemic, topical, or ointment steroidal agents within 14 days of surgery; had had an intraocular or periocular injection of steroidal agents within 90 days of surgery; had taken systemic or topical NSAIDs within 7 days of surgery; had a history of ophthalmic surgery (including laser surgery) or of ocular trauma that could affect the study results; had pseudoexfoliation syndrome; had a history of chronic or recurring ocular inflammation (e.g. uveitis or scleritis); had diabetic retinopathy; had an ocular anomaly (e.g. aniridia, congenital cataract); had iris atrophy; had disorders that would preclude improvement in visual function; had macular oedema; had severe...
corneal epithelial disorder (e.g. corneal ulcer); had no visual function in the contralateral eye; were scheduled to have other ocular surgery from baseline to 5 weeks after cataract surgery; had secondary IOL implantation, were allergic to or might have been sensitive to NSAIDs, amfenac, or fluorometholone; had a positive skin reaction to fluorescein; had a tendency to bleed or were currently on anticoagulants; had had prostaglandin-type treatment for glaucoma within 4 days of surgery; had been included in a previous study of prostaglandin type antiglaucoma drugs; had joined another clinical study within 30 days of the study; had ocular infection, had uncontrollable diabetes mellitus; had severe liver, kidney, or heart disorder; might have been pregnant or were currently breastfeeding; had other factors determined to be unsuitable for the study

**Pretreatment:** No major imbalances.

**Eyes:** One eye, unclear how selected.

### Interventions

**Intervention:** NSAIDs alone
- nepafenac 0.1% (Nevanec)
  - *Times per day:* 3 times a day except for day of surgery 4 times
  - *Duration preoperative:* days: 1
  - *Duration postoperative:* days: 35

**Comparator:** Steroids alone
- fluorometholone 0.1% (Flucon)
  - *Times per day:* 3 times a day except for day of surgery 4 times
  - *Duration preoperative:* days: 1
  - *Duration postoperative:* days: 35

Levofoxcacin ophthalmic solution 0.5% (Cravit) was applied to each eye 5 times before surgery and 3 times a day after surgery for 2 weeks

**Type of surgery:** Phacoemulsification

### Outcomes

**Follow-up:** 5 weeks
- Change in CRT
- Adverse effects
- CMO (fluorescein angiography using Miyake 1977 classification)
- Inflammation (mean flare, photons/millisecond)

### Contact details

**Authors name:** K Miyake

**Institution:** Shohzankai Medical Foundation, Miyake Eye Hospital (K.Miyake, Ota, G. Miyake), Nagoya, and Tokyo Metropolitan Geriatric Hospital (Numaga), Tokyo, Japan

**Email:** miyake@spice.or.jp

**Address:** Shohzankai Medical Foundation, Miyake Eye Hospital, 3-15-68, Ozone, Kita-ku, Nagoya, 462-0825, Japan

### Notes

**Funding sources:** NR

**Declaration of interest:** "Drs. Miyake and Numaga are consultants to Alcon Japan Ltd.

**Date study conducted:** October 2007 to April 2008

**Trial registration number:** NR

**Contacting study investigators:** Primary investigator emailed to confirm how patients allocated
**Miyake 2011**  (Continued)

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
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<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Trial was described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Quote: “The 2 drugs had identical outer appearances and could not be differentiated. The same physician (J.N.) served as the medical monitor and assigned 1 of the drugs to each patient.” Judgement comment: Unclear if allocation concealed from person recruiting participants</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Described as “double-blind” with no information on who was masked</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Described as “double-blind” with no information on who was masked</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias) All outcomes</td>
<td>Low risk</td>
<td>Judgement comment: Missing data less than 20% (i.e. more than 80% follow-up) and equal follow-up in both groups and no obvious reason why loss to follow-up should be related to outcome: 28/30 (93%) in nepafenac group and 27/30 (90%) in the fluorometholone group</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>

**Miyanaga 2009**

**Methods**

**Study design:** Parallel group RCT

**Participants**

**Country:** Japan  
**Setting:** Eye hospital  
**Intervention: NSAIDs plus steroids**  
- Number of people (eyes) randomised: 24 (NR)  
- Number (%) of people followed up: NR  
- Average age in years: 71  
- Age range in years: 46-86  
- Percentage women: 71%  
- Ethnic group: NR  
- Percentage with diabetes: 0 (excluded)  
- Percentage with uveitis: 0 (excluded)  
**Intervention: NSAIDs alone**  
- Number of people (eyes) randomised: 25 (NR)
• Number (%) of people followed up: NR
• Average age in years: 74
• Age range in years: 48-86
• Percentage women: 68%
• Ethnic group: NR
• Percentage with diabetes: 0 (excluded)
• Percentage with uveitis: 0 (excluded)

Comparator: Steroids alone
• Number of people (eyes) randomised: 23 (NR)
• Number (%) of people followed up: NR
• Average age in years: 70
• Age range in years: 41-83
• Percentage women: 74%
• Ethnic group: NR
• Percentage with diabetes: 0 (excluded)
• Percentage with uveitis: 0 (excluded)

Inclusion criteria: Scheduled to undergo routine phacoemulsification combined with IOL
Exclusion criteria: Corneal disease; glaucoma; uveitis; pseudoexfoliation syndrome; diabetes; other pathologies that might affect treatment responses or evaluations; systemic or topical anti-inflammatory therapy within 1 month prior to surgery

Pretreatment: Quote: “There were no significant differences between groups in gender or age.”

Eyes: Probably one eye only included in the trial but not clearly reported and unclear how selected

Interventions

Intervention: NSAIDs plus steroids
• bromfenac 0.1% (Bronuck; Senju Pharmaceutical Co., Osaka, Japan)
  ○ Times per day: twice a day
  ○ Duration preoperative: days: 0
  ○ Duration postoperative: days: 56
• betamethasone 0.1% for 28 days and fluorometholone for 28 days (Rinderon, Shionogi Pharmaceutical, Japan, and Flumetholon, Santen Pharmaceutical Co)
  ○ Times per day: 4 times
  ○ Duration preoperative: days: 0
  ○ Duration postoperative: days: 56

Intervention: NSAIDs alone
• bromfenac 0.1% (Bronuck; Senju Pharmaceutical Co., Osaka, Japan)
  ○ Times per day: twice a day
  ○ Duration preoperative: days: 0
  ○ Duration postoperative: days: 56

Comparator: Steroids alone
• betamethasone 0.1% for 28 days and fluorometholone for 28 days (Rinderon, Shionogi Pharmaceutical Co., Osaka, Japan, and Flumetholon, Santen Pharmaceutical Co)
  ○ Times per day: 4 times
  ○ Duration preoperative: days: 0
  ○ Duration postoperative: days: 56

All participants received 0.5% levofloxacin eyedrops four times daily until 2 months
after surgery, and 0.5% tropicamide and 0.5% phenylephrinehydrochloride once daily for 2 weeks

**Type of surgery:** Phacoemulsification

### Outcomes

**Follow-up:** 2 months  
- Adverse effects  
- CMO ("obvious CMO confirmed by OCT")  
- Inflammation (aqueous flare, photons/millisecond)

### Contact details

**Authors name:** Masaru Miyanaga  
**Institution:** Miyata Eye Hospital  
**Email:** miyanaga@miyata-med.ne.jp  
**Address:** Miyata Eye Hospital, 6-3 Kurahara, Miyakonojo, Miyazaki 885-0051, Japan

### Notes

**Funding sources:** NR  
**Declaration of interest:** NR  
**Date study conducted:** February 2006 to August 2006  
**Trial registration number:** NR  
**Contacting study investigators:** Trial authors not contacted.

### Risk of bias

<table>
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<th>Support for judgement</th>
</tr>
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<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Trial was described as &quot;randomised&quot; but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Trial was described as &quot;randomised&quot; but with no further details</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this patients and personnel were not masked</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this outcome assessors were not masked</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Only 1 patient was withdrawn from the study from the steroid only group due to CMO 1 month postop. Otherwise follow-up not reported</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>
### Methods

| Study design: Parallel group RCT |

#### Participants

- **Country:** Greece  
- **Setting:** Eye hospital
- **Intervention:** NSAIDs plus steroids  
  - Number of people (eyes) randomised: 38 (38)  
  - Number (%) of people followed up: NR  
  - Average age in years: 77  
  - Age range in years: NR  
  - Percentage women: 68%  
  - Ethnic group: NR  
  - Percentage with diabetes: 0 (excluded)  
  - Percentage with uveitis: 0 (excluded)
- **Comparator:** Steroids alone  
  - Number of people (eyes) randomised: 41 (41)  
  - Number (%) of people followed up: NR  
  - Average age in years: 77  
  - Age range in years: NR  
  - Percentage women: 63%  
  - Ethnic group: NR  
  - Percentage with diabetes: 0 (excluded)  
  - Percentage with uveitis: 0 (excluded)
- **Inclusion criteria:** Patients requiring phacoemulsification cataract surgery.
- **Exclusion criteria:** Presence of corneal abnormalities; history of intraocular surgery; preoperative ECC < 1500 cells/mm$^2$; history of uveitis, diabetes, and age-related macular degeneration; regular, systemic use of steroid or NSAIDs during the previous 3 months; and intraoperative complications, such as posterior capsule rupture, vitreous loss, lost nucleus, zonule dehiscence, and wound leak
- **Pretreatment:** No major imbalances noted.
- **Eyes:** One eye, unclear how selected.

#### Interventions

- **Intervention:** NSAIDs plus steroids  
  - Diclofenac sodium 0.1% (Denaclof, Novartis Hellas, Athens, Greece)  
    - Times per day: 3 times  
    - Duration preoperative: days: 3  
    - Duration postoperative: days: 28  
  - Dexamethasone sodium phosphate 0.1% (combined with chloramphenicol 0.5%) (Dispersadron, Novartis Hellas, Athens, Greece)  
    - Times per day: 4 times  
    - Duration preoperative: days: 0  
    - Duration postoperative: days: 28
- **Comparator:** Steroids alone  
  - Dexamethasone sodium phosphate 0.1% (combined with chloramphenicol 0.5%) (Dispersadron, Novartis Hellas, Athens, Greece)  
    - Times per day: 4 times  
    - Duration preoperative: days: 0  
    - Duration postoperative: days: 28
- **Type of surgery:** Phacoemulsification
Outcomes

Follow-up: 1 month
- CRT at follow-up (final value)
- BCVA logMAR (final value)

Contact details

Authors name: Irini P. Chatziralli
Institution: Department of Ophthalmology University of Athens
Email: eirchat@yahoo.gr
Address: Department of Ophthalmology, University of Athens, 28 Papanastasiou street 17342 Athens, Greece

Notes

Funding sources: NR
Declaration of interest: "No competing financial interests exist."
Date study conducted: NR
Trial registration number: NR
Contacting study investigators: Trial authors not contacted.

Risk of bias

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Low risk</td>
<td>Quote: &quot;Patients were randomised (through random number generation) to 1 of the 2 postoperative treatment arms.&quot;</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial described as &quot;randomised&quot; but with no further details</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this patients and personnel were not masked</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this patients and personnel were not masked</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Follow-up not reported.</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>
### Quentin 1989

<table>
<thead>
<tr>
<th>Methods</th>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
</table>
| **Participants** | **Country:** Germany  
**Setting:** Eye hospital  
**Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: 90 (90)  
- Number (%) of people followed up: 57 (63%)  
- Average age in years: 73 (median)  
- Age range in years: NR  
- Percentage women: 53%  
- Ethnic group: NR  
- Percentage with diabetes: NR (diabetic retinopathy excluded)  
- Percentage with uveitis: 0 (excluded)  
**Comparator:** Steroids plus placebo  
- Number of people (eyes) randomised: 89 (89)  
- Number (%) of people followed up: 55 (62%)  
- Average age in years: 73 (median)  
- Age range in years: NR  
- Percentage women: 57%  
- Ethnic group: NR  
- Percentage with diabetes: NR (diabetic retinopathy excluded)  
- Percentage with uveitis: 0 (excluded)  
**Inclusion criteria:** No complication during surgery; fluorescein angiography can be done; compliance of the patient is very probable  
**Exclusion criteria:** Exudative maculopathy; diabetic retinopathy; prior uveitis; glaucoma; allergic reaction on fluorescein angiography; systemic steroid treatment; therapy with non-steroid antiphlogistics; treatment with anticoagulation  
**Pretreatment:** Age and gender comparable  
**Eyes:** One eye, unclear how selected. |

| Interventions | **Intervention:** NSAIDs plus steroids  
- diclofenac 0.1% (Voltaren ophtha, Civa-Geigy AG and Naclof Dispersa AG)  
  - Times per day: 5 times 2 drops preoperative and 3 x 1 drop postoperative; then 5 times a day and after discharge 3 times a day.  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 180  
- dexamethasone (brand name not reported)  
  - Brand name: NR  
  - Times per day: 4 times a day; 5 times a day; 3 times a day after discharge  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 42  
**Comparator:** Steroids plus placebo  
- dexamethasone (brand name not reported)  
  - Times per day: 4 times a day; 5 times a day; 3 times a day after discharge  
  - Duration preoperative: days: 0  
  - Duration postoperative: days: 42  
- placebo (not specified)  
  - Times per day: 5 x 2 drops preoperative and 3 x 1 drop postoperative; then 5 times a day and after discharge 3 times a day. |
All participants received antibiotic eye drops for the first 4 days after surgery

**Type of surgery:** ICCE

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Follow-up: not reported, assume 180 days as this is duration of treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Adverse effects</td>
</tr>
<tr>
<td></td>
<td>• CMO (fluorescein angiography using Miyake 1977 classification)</td>
</tr>
<tr>
<td></td>
<td>• BCVA Snellen only, not included in the analyses</td>
</tr>
</tbody>
</table>

### Contact details

**Authors name:** CD Quentin  
**Institution:** Uni Augenklinik Göttingen  
**Email:** NR  
**Address:** Uni Augenklinik GöttingenRobert-Koch-Straße 40, D-3400 Göttingen, Germany

### Notes

**Funding sources:** NR  
**Declaration of interest:** NR  
**Date study conducted:** NR  
**Trial registration number:** NR  
**Contacting study investigators:** Not contacted

**Risk of bias**

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Trial was described as &quot;randomised&quot; but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial was described as &quot;randomised&quot; but with no further details</td>
</tr>
</tbody>
</table>
| Blinding of participants and personnel (performance bias)  
All outcomes | Unclear risk | Judgement comment: Described as "double-blind" with no information on who was masked |
| Blinding of outcome assessment (detection bias)  
All outcomes | Unclear risk | Judgement comment: Described as "double-blind" with no information on who was masked |
| Incomplete outcome data (attrition bias)  
All outcomes | Unclear risk | Judgement comment: Follow-up missing data > 20% but follow-up equal in both groups: 57/90 (63%) followed up in diclofenac group and 55/89 (62%) in the placebo group |
### Quentin 1989 (Continued)

<table>
<thead>
<tr>
<th>Selective reporting (reporting bias)</th>
<th>Unclear risk</th>
<th>Judgement comment: No access to protocol or trial registry entry</th>
</tr>
</thead>
</table>

### Rossetti 1996

<table>
<thead>
<tr>
<th>Methods</th>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
</table>

| Participants | Country: Italy  
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Setting: Eye hospital</td>
<td></td>
</tr>
</tbody>
</table>

**Intervention: NSAIDs plus steroids**
- Number of people (eyes) randomised: 42
- Number (%) of people followed up: NR
- Average age in years: 74
- Age range in years: NR
- Percentage women: 71
- Ethnic group: NR
- Percentage with diabetes: 0
- Percentage with uveitis: NR

**Comparator: Steroids plus placebo**
- Number of people (eyes) randomised: 46
- Number (%) of people followed up: NR
- Average age in years: 73
- Age range in years: NR
- Percentage women: 57
- Ethnic group: NR
- Percentage with diabetes: 0
- Percentage with uveitis: NR

**Inclusion criteria:** Extracapsular cataract extraction (ECCE) with implantation of an IOL

**Exclusion criteria:** Diabetes; glaucoma; maculopathy; on systemic steroids, acetazolamide, or NSAIDs

**Pretreatment:** Age, gender and preoperative visual acuity were compared. Higher proportion of women in the diclofenac group (71%) compared with the placebo group (57%). Otherwise groups were similar

**Eyes:** Probably one eye only included in the trial but not clearly reported and unclear how selected

| Interventions | Intervention: NSAIDs plus steroids  
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>--------------</td>
<td>--------------------------------------------------</td>
</tr>
</tbody>
</table>

- diclofenac sodium (Voltaren®)
  - Times per day: 4 times
  - Duration preoperative: days: 3
  - Duration postoperative: days: 90

- dexamethasone (combined with tobramycin) (brand name not reported)
  - Times per day: 4 times
  - Duration preoperative: days: 0
  - Duration postoperative: days: 21

**Comparator: Steroids plus placebo**
- dexamethasone (combined with tobramycin) (brand name not reported)
Rossetti 1996  (Continued)  

- Times per day: 4 times  
- Duration preoperative: days: 0  
- Duration postoperative: days: 21  
  - placebo (unspecified)  
    - Times per day: 4 times  
    - Duration preoperative: days: 3  
    - Duration postoperative: days: 90  

Type of surgery: ECCE

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Follow-up: 6 months</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Adverse effects</td>
</tr>
<tr>
<td></td>
<td>CMO (fluorescein angiography using Miyake 1977 classification)</td>
</tr>
<tr>
<td></td>
<td>Snellen acuity only, not included in analyses</td>
</tr>
</tbody>
</table>

Contact details

- Authors name: Nicola Orzalesi  
- Institution: Clinica Oculistica Universiti di Milano, Istituto di Scienze Biomediche, Ospedale San Paolo  
- Email: NR  
- Address: Clinica Oculistica Universiti di Milano, Istituto di Scienze Biomediche, Ospedale San Paolo, Via di Rudini 8,20142 Milano, Italy

Notes

- Funding sources: NR  
- Declaration of interest: None of the authors has a proprietary interest in the instruments or materials mentioned  
- Date study conducted: NR  
- Trial registration number: NR  
- Contacting study investigators: Trial authors not contacted.

<table>
<thead>
<tr>
<th>Risk of bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Low risk</td>
<td>Judgement comment: Randomisation was obtained using a table of random numbers</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial described as “double-masked” but with no further details</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: anterior chamber cell and flare and fluorescein angiography was performed by masked evaluations. No indication if the rest of the exam (visual acuity assessment (Snellen chart), slit-lamp biomicroscopy, IOP measurement by applanation tonometry, and ophthalmoscopic eval-</td>
</tr>
</tbody>
</table>
Rossetti 1996  (Continued)

Incomplete outcome data (attrition bias) was performed by masked evaluators

All outcomes  Low risk
Judgement comment: Follow-up not explicitly reported. However, demonstrated in several tables (such as in Table 5 (% of patients in the calculation of mean (SD) postoperative VA)). None of these were < 80%

Selective reporting (reporting bias) Unclear risk
Judgement comment: No access to protocol or trial registry entry

Singh 2012

Methods

Study design: Parallel group RCT

Participants

Country: USA
Setting: Eye hospital

Intervention: NSAIDs plus steroids
- Number of people (eyes) randomised: 133 (133)
- Number (%) of people followed up: 125 (94%)
- Average age in years: 67
- Age range in years: 39-87
- Percentage women: 66%
- Ethnic group: white 78%; black 17%
- Percentage with diabetes: 100%
- Percentage with uveitis: 0 (excluded)

Comparator: Steroids plus placebo
- Number of people (eyes) randomised: 130 (130)
- Number (%) of people followed up: 126 (97%)
- Average age in years: 66
- Age range in years: 32-84
- Percentage women: 60%
- Ethnic group: white 86%; black 10%
- Percentage with diabetes: 100%
- Percentage with uveitis: 0 (excluded)

Inclusion criteria: Diabetic (type 1 or type 2); 18 years and older; existing diagnosis of nonproliferative diabetic retinopathy that required cataract extraction with planned implantation of a posterior chamber IOL; at least 50% of all enrolled patients were required to have moderate to severe nonproliferative diabetic retinopathy, as defined by the International Clinical Diabetic Retinopathy Disease Severity Scale 2

Exclusion criteria: Significant corneal staining scores at baseline; history of dry eye syndrome; other conditions that may have caused macular oedema, including pre-existing histories of retinal vein occlusions, ocular surgeries, inflammatory eye diseases, ocular infections, congenital ocular anomalies, and ocular traumas; central subfield macular thickness 250 microns or more; baseline cysts, and the presence of macular traction and epiretinal membranes; use of concomitant medications such as topical or systemic NSAIDs and steroids

Pretreatment: No major group differences. Compared age, gender, ethnic group, iris...
Singh 2012  (Continued)

colour, NPDR classification, visual acuity

Eyes: One eye, unclear how selected.

<table>
<thead>
<tr>
<th>Interventions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Intervention: NSAIDs plus steroids</strong></td>
</tr>
<tr>
<td>• nepafenac 1% (Nevanac®; Alcon Research Ltd, Fort Worth, TX)</td>
</tr>
<tr>
<td>◦ Times per day: 3 times</td>
</tr>
<tr>
<td>◦ <strong>Duration preoperative</strong>: days: 1</td>
</tr>
<tr>
<td>◦ <strong>Duration postoperative</strong>: days: 90</td>
</tr>
<tr>
<td>• prednisolone acetate (Omnipred, Alcon)</td>
</tr>
<tr>
<td>◦ Times per day: 4 times</td>
</tr>
<tr>
<td>◦ <strong>Duration preoperative</strong>: days: 0</td>
</tr>
<tr>
<td>◦ <strong>Duration postoperative</strong>: days: 14</td>
</tr>
</tbody>
</table>

**Comparator: Steroids plus placebo**

• prednisolone acetate (Omnipred, Alcon)
  ◦ Times per day: 4 times
  ◦ **Duration preoperative**: days: 0
  ◦ **Duration postoperative**: days: 14

• placebo (vehicle)
  ◦ Times per day: 3 times; one drop prior to surgery
  ◦ **Duration preoperative**: days: 1
  ◦ **Duration postoperative**: days: 90

Interventions
Approximately one-third of the patients were instructed, based on the opinion of the investigator, to use steroids for more than 2 weeks postsurgery

**Type of surgery:** NR but presumably was phacoemulsification as USA study conducted 2008

<table>
<thead>
<tr>
<th>Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Follow-up:</strong> 90 days</td>
</tr>
<tr>
<td>• Change in CRT (Quote: “Mean maximum change in central subfield macular thickness measurement”)</td>
</tr>
<tr>
<td>• Adverse effects</td>
</tr>
<tr>
<td>• CMO (Quote “&gt;= 30% increase in central subfield macular thickness from baseline” using OCT)</td>
</tr>
<tr>
<td>• Inflammation (flare mentioned but data not reported)</td>
</tr>
<tr>
<td>• BCVA (loss of more than 5 letters from day 7 postoperative)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contact details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Authors name:</strong> Rishi Singh</td>
</tr>
<tr>
<td><strong>Institution:</strong> Cole Eye Institute, Cleveland Clinic Foundation,</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:drrishisingh@gmail.com">drrishisingh@gmail.com</a></td>
</tr>
<tr>
<td><strong>Address:</strong> Cole Eye Institute, Cleveland Clinic Foundation, 9500 Euclid Avenue, i-32 Cleveland, OH 44195, USA</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Funding sources:</strong> NR</td>
</tr>
<tr>
<td><strong>Declaration of interest:</strong> &quot;RS, LA, GJJ, RPL, JL, HJR, KS, and TW are paid consultants for Alcon Research Ltd (Fort Worth, TX). DS is an employee of Alcon Research, Ltd. Medical writing support, which was funded by Alcon Research Ltd, was provided by Cullen T Vogelson and Usha Sivaprasad, of Illuminated Research LLC (Fort Worth, TX) ”</td>
</tr>
<tr>
<td><strong>Date study conducted:</strong> November 2008 and July 2010</td>
</tr>
</tbody>
</table>
Singh 2012  *(Continued)*  

**Trial registration number:** NCT00782717  
**Contacting study investigators:** Trial authors not contacted.

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors’ judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
</table>
| Random sequence generation (selection bias) | Unclear risk       | Quote: “This was a multicenter, randomised, double-masked, vehicle-controlled, parallel-group study”  
Judgement comment: Not reported how list was generated. |
| Allocation concealment (selection bias) | Unclear risk       | Judgement comment: Not reported how allocation administered. Trial described as “randomised” but with no further details |
| Blinding of participants and personnel (performance bias) All outcomes | Low risk           | Judgement comment: Study was double-masked with a placebo consisting of vehicle only. It was not clearly stated whether the masking was likely to have been effective but we have assumed that it was |
| Blinding of outcome assessment (detection bias) All outcomes | Low risk           | Judgement comment: Study was double-masked with a placebo consisting of vehicle only. It was not clearly stated whether the masking was likely to have been effective but we have assumed that it was  
Quote: “Total macular volume was determined from a 6 mm diameter circle centered on the foveal center. Morphological features, including intraretinal cysts, were analyzed by the reading center in a masked fashion.” |
| Incomplete outcome data (attrition bias) All outcomes | Low risk           | Judgement comment: 125/133 (94%) in Nepafenac group included in the analysis compared with 126/130 (97%) in control group. Missing data less than 20%. 95%-96% of patients enrolled included in final analysis. However, 8 patients in the Nepafenac group and 4 patients in the Vehicle group excluded from final analysis. Reasons not clearly explained |
| Selective reporting (reporting bias) | Low risk           | Judgement comment: Outcomes on trial registry entry were reported |
### Solomon 1995

<table>
<thead>
<tr>
<th>Methods</th>
<th><strong>Study design:</strong> Parallel group RCT</th>
</tr>
</thead>
</table>
| **Participants** | **Country:** Canada (8 sites) and Germany (2 sites)  
**Setting:** Eye hospital  
**Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: 226 (226)  
- Number (%) of people followed up at days 21 to 60: 118 (52%)  
- Number (%) of people followed up at days: 126 (56%)  
- Average age in years: 67  
- Age range in years: 39-99  
- Percentage women: 50%  
- Ethnic group: 95% white  
- Percentage with diabetes: NR  
- Percentage with uveitis: NR |
| **Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: 234 (234)  
- Number (%) of people followed up at days 21 to 60: 134 (57%)  
- Number (%) of people followed up at days 121 to 240: 144 (62%)  
- Average age in years: 69  
- Age range in years: 40-100  
- Percentage women: 53%  
- Ethnic group 94% white  
- Percentage with diabetes: NR  
- Percentage with uveitis: NR |
| **Comparator:** Steroids plus placebo  
- Number of people (eyes) randomised: 221 (221)  
- Number (%) of people followed up at days 21 to 60: 112 (51%)  
- Number (%) of people followed up at days 121 to 240: 114 (52%)  
- Number (%) of people followed up: See below  
- Average age in years: 68  
- Age range in years: 26-99  
- Percentage women: 56  
- Ethnic group 92% white  
- Percentage with diabetes: NR  
- Percentage with uveitis: NR |
| **Inclusion criteria:** Unilateral extracapsular cataract extraction (by manual nuclear expression) with posterior chamber lens implantation  
**Exclusion criteria:** Taking aspirin, topical epinephrine, systemic or topical cyclo-oxygenase inhibitors, or oral corticosteroid; allergic to cyclo-oxygenase inhibitors; history of chronic intraocular inflammation; pre-existing macular pathology; history of herpetic keratitis; corneal or vitreous opacity; non-compliant patients  
**Pretreatment:** No major imbalances in age, gender, ethnic group.  
**Eyes:** One eye, this was the eye scheduled for unilateral extracapsular cataract extraction |
| **Interventions** | **Intervention:** NSAIDs plus steroids  
- Flurbiprofen 0.03% (Ocufen, Ocufur)  
  - Times per day: 4 times a day and 4 drops before surgery  
  - Duration preoperative: days: 2  
  - Duration postoperative: days: 90  
- Prednisolone acetate 1% or dexamethasone sodium phosphate 0.1% (brand |
### Solomon 1995 (Continued)

<table>
<thead>
<tr>
<th>Name not reported</th>
<th>Times per day: NR</th>
<th>Duration preoperative: days: NR</th>
<th>Duration postoperative: days: NR</th>
</tr>
</thead>
</table>

**Intervention: NSAIDs plus steroids**

- indomethacin 1% (Indocid)
  - Times per day: 4 times a day and 4 drops before surgery
  - Duration preoperative: days: 2
  - Duration postoperative: days: 90

- prednisolone acetate 1% or dexamethasone sodium phosphate 0.1% (brand name not reported)
  - Times per day: NR
  - Duration preoperative: days: NR
  - Duration postoperative: days: NR

**Comparator: Steroids plus placebo**

- prednisolone acetate 1% or dexamethasone sodium phosphate 0.1% (brand name not reported)
  - Times per day: NR
  - Duration preoperative: days: NR
  - Duration postoperative: days: NR

- placebo (flurbiprofen vehicle)
  - Times per day: 4 times a day and 4 drops before surgery
  - Duration preoperative: days: 2
  - Duration postoperative: days: 90

Duration postoperative: days - the investigator had the option of extending the treatment for an additional 3 months. This option was chosen for 10.9% (25/230) of vehicle-treated patients, 8.4% (20/238) of flurbiprofen-treated patients, and 9.7% (22/227) of indomethacin-treated patients. Concomitant medications included aminoglycoside antibiotics (100% of patients) and topical corticosteroids (prednisolone acetate 1% or dexamethasone sodium phosphate 0.1%) in 88.7% (204/230) of vehicle treated patients, 87.8% (209/238) of flurbiprofen treated patients, and 88.1% (200/227) of indomethacin-treated patients.

**Type of surgery:** ECCE

### Outcomes

**Follow-up:** 6 months

- Poor vision outcome due to MO (angiographic CME plus visual acuity <=20/40)
- Adverse effects
  - CMO (fluorescein angiography 0 = no visible macular edema; 1 = edema without clear cut cystoid spaces; 2 = edema with clearly evident cystoid spaces; 3 = florid edema with cystoid spaces; CME = grades 1 to 3)
  - BCVA (Snellen acuity but not reported by treatment group)

### Contact details

**Authors name:** Leon D Solomon  
**Institution:** NR  
**Email:** NR  
**Address:** NR

### Notes

**Funding sources:** Supported by Allergan, Inc., Irvine California  
**Declaration of interest:** None of the Flurbiprofen-CME Study Group members has a
### Solomon 1995  *(Continued)*

<table>
<thead>
<tr>
<th>Risk of bias</th>
<th>Authors’ judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Not reported how list was generated. Trial was described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial was described as “randomised, double-masked” but with no further details</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Described as “double-masked”. Medications were masked and fluorescein angiograms were read in a masked fashion by 2 retinal specialists. Uncertain if the operating surgeons or clinicians involved in follow-up were masked to the allocation</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Each fluorescein angiogram was read in a masked fashion by two retinal specialists. Unclear if treating ophthalmologists involved in other aspects of patient care were also masked</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Follow-up: 177/226 (78%) in flurbiprofen group, 177/234 (76%) in indomethacin group, 160/221 (72%) in placebo group. Reasons for loss to follow-up not described</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>High risk</td>
<td>Judgement comment: No access to protocol or trials registry entry. Not all follow-up points were reported fully</td>
</tr>
</tbody>
</table>

### Tauber 2006

<table>
<thead>
<tr>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Methods</strong></td>
</tr>
<tr>
<td><strong>Participants</strong></td>
</tr>
<tr>
<td><strong>Country:</strong> USA</td>
</tr>
<tr>
<td><strong>Setting:</strong> Eye hospital</td>
</tr>
<tr>
<td><strong>Intervention:</strong> NSAIDs plus steroids</td>
</tr>
<tr>
<td>- Number of people (eyes) randomised: NR</td>
</tr>
<tr>
<td>- Number (%) of people followed up: 16 (NR)</td>
</tr>
<tr>
<td>- Average age in years: NR</td>
</tr>
</tbody>
</table>

---

*Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)*

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Tauber 2006  (Continued)

<table>
<thead>
<tr>
<th>Interventions</th>
<th>Intervention: NSAIDs plus steroids</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• ketorolac tromethamine 0.4% (Acular LS)</td>
</tr>
<tr>
<td></td>
<td>◦ Times per day: 4 times</td>
</tr>
<tr>
<td></td>
<td>◦ Duration preoperative: days: 1</td>
</tr>
<tr>
<td></td>
<td>◦ Duration postoperative: days: 30</td>
</tr>
<tr>
<td></td>
<td>• prednisolone acetate 1% (ECONOPRED PLUS®)</td>
</tr>
<tr>
<td></td>
<td>◦ Times per day: 4 times</td>
</tr>
<tr>
<td></td>
<td>◦ Duration preoperative: days: 0</td>
</tr>
<tr>
<td></td>
<td>◦ Duration postoperative: days: 7 plus taper</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Comparator: Steroids alone</th>
</tr>
</thead>
<tbody>
<tr>
<td>• prednisolone acetate 1% (ECONOPRED PLUS®)</td>
</tr>
<tr>
<td>◦ Times per day: 4 times</td>
</tr>
<tr>
<td>◦ Duration preoperative: days: 0</td>
</tr>
<tr>
<td>◦ Duration postoperative: days: 7 plus taper</td>
</tr>
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</table>

Type of surgery: NR

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Follow-up: 30 days (3 month follow-up mentioned but not reported)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Change in CRT (but mean/SD not reported)</td>
</tr>
<tr>
<td></td>
<td>• Proportion with &gt; 10% increase in retinal thickness</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Contact details</th>
<th>Authors name: S Tauber</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Institution: Ophthalmology, St. John's Hospital and Clinics, Springfield, MO</td>
</tr>
<tr>
<td></td>
<td>Email: NR</td>
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<tr>
<td></td>
<td>Address: Ophthalmology, St. John's Hospital and Clinics, Springfield, MO</td>
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<tr>
<th>Notes</th>
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<td>Declaration of interest:</td>
<td>“Commercial Relationships S. Tauber, Alcon, F; Alcon, R; J. Gessler, None; W. Scott, None; C. Peterson, None; P. Hamlet, None.”</td>
</tr>
<tr>
<td>Date study conducted:</td>
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<td>Trial registration number:</td>
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</table>
Contacting study investigators: Abstract only, authors contacted by email regarding publication of full study results but no reply

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<tr>
<th>Risk of bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
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<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Trial was described as “randomised” but with no further details</td>
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<tr>
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<td>Judgement comment: Not reported how allocation administered. Trial was described as “randomised” but with no further details</td>
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<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this patients and personnel were not masked</td>
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<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this outcome assessors were not masked</td>
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<tr>
<td>Incomplete outcome data (attrition bias)</td>
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<td>Judgement comment: Follow-up not reported.</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>High risk</td>
<td>Judgement comment: Some outcomes not reported including 3-month OCT outcomes</td>
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</tbody>
</table>

Ticly 2014

Methods

| Study design: Parallel group RCT |

Participants

<table>
<thead>
<tr>
<th>Country: Brazil</th>
</tr>
</thead>
<tbody>
<tr>
<td>Setting: Eye hospital</td>
</tr>
<tr>
<td>Intervention: NSAIDs plus steroids</td>
</tr>
<tr>
<td>• Number of people (eyes) randomised: 42 (42)</td>
</tr>
<tr>
<td>• Number (%) of people followed up: 37 (88)</td>
</tr>
<tr>
<td>• Average age in years: 67</td>
</tr>
<tr>
<td>• Age range in years: NR</td>
</tr>
<tr>
<td>• Percentage women: 43</td>
</tr>
<tr>
<td>• Ethnic group: NR</td>
</tr>
<tr>
<td>• Percentage with diabetes: 0 (excluded)</td>
</tr>
<tr>
<td>• Percentage with uveitis: 0 (excluded)</td>
</tr>
<tr>
<td>Comparator: Steroids plus placebo</td>
</tr>
<tr>
<td>• Number of people (eyes) randomised: 49 (49)</td>
</tr>
<tr>
<td>• Number (%) of people followed up: 44 (90)</td>
</tr>
<tr>
<td>• Average age in years: 66</td>
</tr>
</tbody>
</table>

Included criteria: Nuclear cataract density of 2 and 3 determined by LOCS II; (>50 years old); indication for cataract surgery with IOL implantation under local anaesthesia

Excluded criteria: Diabetes; NSAID use; use of topical eye drops (including antiglaucoma drugs); uveitis; macular disease; pseudoexfoliation syndrome; congenital ocular abnormalities; cataract density of 1 and 4 determined by LOCS II; previous intraocular surgery; previous injections; complications during cataract surgery (e.g., posterior capsule rupture, vitreous loss, retained cortical material, or an IOL not placed in the capsular bag); not follow instructions or if they did not show up for appointments

Pretreatment: No major imbalances in age, gender and visual acuity.

Eyes: Probably one eye only included in the trial but not clearly reported and unclear how selected

Interventions

Intervention: NSAIDs plus steroids
- ketorolac tromethamine 0.4% (Acular LS, Allergan, Inc)
  - Times per day: 4 times
  - Duration preoperative: days: 3
  - Duration postoperative: days: 35
- prednisolone acetate 1% (Pred Forte; Allergan, Inc)
  - Times per day: 4 times
  - Duration preoperative: days: 3
  - Duration postoperative: days: 35

Comparator: Steroids plus placebo
- prednisolone acetate 1% (Pred Forte; Allergan, Inc)
  - Times per day: 4 times
  - Duration preoperative: days: 3
  - Duration postoperative: days: 35
- placebo (dextran 70/hypromellose, Lacribell, Latinofarmas Industrias Farmaceuticas Ltda)
  - Times per day: 4 times
  - Duration preoperative: days: 3
  - Duration postoperative: days: 35

Type of surgery: Phacoemulsification

Outcomes

Follow-up: 5 weeks
- CRT at follow-up (final value)
- Adverse effects
- CMO (fluorescein angiography using Miyake 1977 classification)
- BCVA logMAR (final value)

Contact details

Authors name: Dr. Flavia G. Ticly
Institution: Department of Ophthalmology, University of Campinas (UNICAMP), Campinas, Sao Paulo, Brazil
Email: flaviaticly@gmail.com
Address: Department of Ophthalmology University of Campinas (UNICAMP) P.O. Box
### Notes

**Funding sources:** NR  
**Declaration of interest:** Reported no competing financial interests exist.  
**Date study conducted:** February 2011 to March 2012  
**Trial registration number:** NCT01542190  
**Contacting study investigators:** Trial authors not contacted.

### Risk of bias

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<tr>
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<th>Authors’ judgement</th>
<th>Support for judgement</th>
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<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Each of the 2 intervention groups received 50 different numbers from a random number table. These numbers were transferred to small individual envelopes and also affixed to one of the relabeled eye drop bottles. Unclear how this would work</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Numbers were transferred to small individual envelopes and also affixed to one of the relabeled eye drop bottles. Unclear how this concealed the allocation</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>Low risk</td>
<td>Judgement comment: Placebo-controlled study. We assume the masking was effective</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>Low risk</td>
<td>Judgement comment: Placebo-controlled study. We assume the masking was effective. It was stated that the surgeon and the ophthalmologist who collected the data were not aware of the group assignment of the patients</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Low risk</td>
<td>Judgement comment: 89% follow-up. Five patients (10%) did not complete the trial in the placebo group while five patients (11%) did not complete the study in the ketorolac group</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>
Methods

<table>
<thead>
<tr>
<th>Study design:</th>
<th>Parallel group RCT</th>
</tr>
</thead>
</table>

Participants

| Country: | Turkey |
| Setting: | Eye hospital |
| Intervention: NSAIDs plus steroids |
| Number of people (eyes) randomised: | 50 (50) |
| Number (%) of people followed up: | 50 (100%) |
| Average age in years: | 61 |
| Age range in years: | NR |
| Percentage women: | 38% |
| Ethnic group: | NR |
| Percentage with diabetes: | 0 (excluded) |
| Percentage with uveitis: | 0 (excluded) |

Comparator: Steroids alone

| Number of people (eyes) randomised: | 25 (25) |
| Number (%) of people followed up: | 25 (100%) |
| Average age in years: | 65 |
| Age range in years: | NR |
| Percentage women: | 40% |
| Ethnic group: | NR |
| Percentage with diabetes: | 0 (excluded) |
| Percentage with uveitis: | 0 (excluded) |

Inclusion criteria:
- Patients with unilateral cataracts.

Exclusion criteria:
- Diabetes; rheumatoid disease; immunological disease; uveitis; glaucoma; ARMD; retinitis pigmentosa; retinal detachment; NSAIDs use; corticosteroid use; diuretic use; antihistaminics; previous eye surgery; surgical complications (e.g., posterior capsular tear, vitreous loss, iatrogenic iridodialysis); combined surgery; postoperative complications (e.g., iris capture, retinal detachment, choroidal detachment); noncompliance with medications; use of systemic steroids or NSAIDs during the follow-up period; definite posterior capsule opacification

Pretreatment: No differences in age sex, and hypertension.

Eyes: One eye, people with unilateral cataracts recruited.

Interventions

| Intervention: NSAIDs plus steroids |
| diclofenac sodium 0.1% (brand name not reported) |
| Times per day: | 4 times |
| Duration preoperative: | days: 1 |
| Duration postoperative: | days: 56 |
| dexamethasone sodium phosphate 1% (brand name not reported) |
| Times per day: | 4 times a day for 21 days; 3 times a day from day 22 to 56 |
| Duration preoperative: | days: 0 |
| Duration postoperative: | days: 56 |

Comparator: Steroids alone

| dexamethasone sodium 1% (brand name not reported) |
| Times per day: | 4 times a day for 21 days; 3 times a day from day 22 to 56 |
| Duration preoperative: | days: 0 |
| Duration postoperative: | days: 56 |

At the end of surgery all participants had subconjunctival injection of dexamethasone and gentamicin. All participants used 0.03% tobramycin eye drops postoperatively 4
**Outcomes**

| Type of surgery: | ECCE |

**Follow-up:** 2 months
- **CMO (fluorescein angiography:** no leakage (CME absent), 1 oedema less than perifoveal, 2 mild perifoveal oedema, 3 moderate perifoveal oedema (approx 1 disc diameter), 4 severe perifoveal oedema plus drop of 1 line of Snellen acuity since second postoperative week defined as "clinically significant")

**Contact details**

| Authors name: | Murat Tunc |
| Institution: | Dokuz Eylül University Medical School |
| Email: | NR |
| Address: | Dokuz Eylül University Cumhuriyet Biv No:144, 35210 Alsancak/ İzmir, Turkey |

**Notes**

| Funding sources: | NR |
| Declaration of interest: | NR |
| Date study conducted: | NR |
| Trial registration number: | NR |
| Contacting study investigators: | Trial authors not contacted. |

### Risk of bias

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors' judgement</th>
<th>Support for judgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Trial was described as &quot;randomised&quot; but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial was described as &quot;randomised&quot; but with no further details</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>High risk</td>
<td>No information on masking. We assume that in absence of reporting on this participants and personnel were not masked</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>Unclear risk</td>
<td>Quote: &quot;The angiograms were read by the retina unit (Dr Saatchi); the patients’ names and treatment protocols were kept hidden. Judgement quote: No other information on other outcomes.</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Unclear risk</td>
<td>Judgement Comment: Follow-up not reported.</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement Comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>
## Methods

### Study design: Parallel group RCT

### Participants

- **Country:** Brazil
- **Setting:** Eye hospital
- **Intervention: NSAIDs plus steroids**
  - *Number of people (eyes) randomised:* not reported by group
  - *Number (%) of people followed up:* 45 (45 eyes)
  - *Average age in years:* 65 (reported for whole cohort only)
  - *Age range in years:* 50 to 90 (reported for whole cohort only)
  - *Percentage women:* 56% (reported for whole cohort only)
  - *Ethnic group:* NR
  - *Percentage with diabetes:* NR
  - *Percentage with uveitis:* NR

- **Comparator: Steroids plus placebo**
  - *Number of people (eyes) randomised:* not reported by group
  - *Number (%) of people followed up:* 40 (40 eyes)
  - *Average age in years:* 65 (reported for whole cohort only)
  - *Age range in years:* 50 to 90 (reported for whole cohort only)
  - *Percentage women:* 56% (reported for whole cohort only)
  - *Ethnic group:* NR
  - *Percentage with diabetes:* NR
  - *Percentage with uveitis:* NR

#### Inclusion criteria:
Older than 40 years; age-related cataract; normal ophthalmological exam

#### Exclusion criteria:
Previous ocular surgery; central endothelial cell count < 2000 cells/mm²; glaucoma or IOP > 21 mmHg; amblyopia; retinal abnormalities; steroid or immunosuppressive treatment; connective tissue diseases; allergy or hypersensitivity to NSAIDs; enrolled patients with complicated cataract surgery (e.g. posterior capsule rupture, vitreous loss or an IOL not placed in the capsular bag)

#### Pretreatment:
Group differences at baseline not reported.

#### Eyes:
One eye, unclear how selected.

### Interventions

- **Intervention: NSAIDs plus steroids**
  - ketorolac tromethamine 0.4% (Acular LS, Allergan)
    - *Times per day:* 4 times
    - *Duration preoperative:* days: 2
    - *Duration postoperative:* days: 28
  - prednisolone 1% (brand name not reported)
    - *Times per day:* 4 times a day for 7 days, 3 times a day for 7 days, twice a day for 7 days, once a day for 7 days
    - *Duration preoperative:* days: 0
Intervention: NSAIDs plus steroids
- nepafenac 0.1% (Nevanec, Alcon)
  - Times per day: 3 times
  - Duration preoperative: days: 2
  - Duration postoperative: days: 28
- prednisolone 1% (brand name not reported)
  - Times per day: 4 times a day for 7 days, 3 times a day for 7 days, twice a day for 7 days, once a day for 7 days
  - Duration preoperative: days: 2
  - Duration postoperative: days: 28

Comparator: Steroids plus placebo
- prednisolone 1% (brand name not reported)
  - Times per day: 4 times a day for 7 days, 3 times a day for 7 days, twice a day for 7 days, once a day for 7 days
  - Duration preoperative: days: 2
  - Duration postoperative: days: 28
- placebo (artificial tears)
  - Times per day: 4 times
  - Duration preoperative: days: 2
  - Duration postoperative: days: 28

All participants received moxifloxacin 0.5% 4 times a day 2 days before surgery and 7 days postoperatively

Type of surgery: Phacoemulsification

Outcomes
- Follow-up: 12 weeks for some outcomes, 30 days for others
  - CRT at follow-up (final value)
  - Adverse effects
  - BCVA logMAR (final value)

Contact details
- Authors name: Patrick F Tzelikis
- Institution: Brasilia Ophthalmologic Hospital
- Email: tzelikis@gmail.com
- Address: Brasilia Ophthalmologic Hospital, HOB, SQN 203, bloco K, apart 502, Brasilia, DF 70833-110, Brazil

Notes
- Funding sources: NR
- Declaration of interest: Reported no competing interests
- Date study conducted: June 2013 to October 2013
- Trial registration number: NCT02084576.
- Contacting study investigators: Trial authors not contacted.

Risk of bias
<table>
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<tr>
<th>Bias</th>
<th>Authors’ judgement</th>
<th>Support for judgement</th>
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<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Low risk</td>
<td>Quote: “Patients were assigned in a 1:1:1 ratio to one of three treatment groups using a computer-generated randomisation list.”</td>
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### Tzelikis 2015 (Continued)

<table>
<thead>
<tr>
<th>Bias Type</th>
<th>Risk Assessment</th>
<th>Details</th>
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<tbody>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Low risk</td>
<td>Quote: “All investigators were masked with regard to treatment group.”</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>Low risk</td>
<td>Judgement comment: Placebo-controlled.</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>Low risk</td>
<td>Quote: “All investigators were masked with regard to treatment group.” Judgement comment: Placebo-controlled.</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias) All outcomes</td>
<td>Unclear risk</td>
<td>Follow-up by intervention group not reported.</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Trial study protocol registered at NCT02084576 but does not clearly define outcomes</td>
</tr>
</tbody>
</table>

### Umer-Bloch 1983

**Methods**

**Study design:** Parallel group RCT

**Participants**

- **Country:** Switzerland
- **Setting:** Eye hospital
- **Intervention:** NSAIDs plus steroids
  - Number of people (eyes) randomised: NR
  - Number (%) of people followed up: 35 (NR)
  - Average age in years: 68
  - Age range in years: NR
  - Percentage women: 51%
  - Ethnic group: NR
  - Percentage with diabetes: NR (but people with diabetic retinopathy were excluded)
  - Percentage with uveitis: 0 (excluded)
- **Comparator:** Steroids plus placebo
  - Number of people (eyes) randomised: NR
  - Number (%) of people followed up: 38 (NR)
  - Average age in years: 70
  - Age range in years: NR
  - Percentage women: 53%
  - Ethnic group: NR
  - Percentage with diabetes: NR (but people with diabetic retinopathy were excluded)
  - Percentage with uveitis: 0 (excluded)
- **Included criteria:** Intracapsular cataract extraction (124 persons); 40 patients with IOL implantation after cataract extraction
- **Excluded criteria:** Maculopathy; diabetic retinopathy; prior uveitis; systemic steroid therapy
- **Pretreatment:** Unclear if groups comparable.
- **Eyes:** Unclear if one or both eyes included.
### Interventions

**Intervention: NSAIDs plus steroids**
- indomethacin 1% (Indoptic, Merck, Sharp and Dohme-Chibret)
  - **Times per day:** 4 times
  - **Duration preoperative:** days: 1
  - **Duration postoperative:** days: 84

**Comparator: Steroids plus placebo**
- dexamethasone (combined with either chloramphenicol (Spersadex) or neomycin (Maxitrol))
  - **Times per day:** NR
  - **Duration preoperative:** days: NR
  - **Duration postoperative:** days: NR
- placebo (vehicle)
  - **Times per day:** 4 times
  - **Duration preoperative:** days: 1
  - **Duration postoperative:** days: 84

Additional for all participants: cycloplegics (atropine 1%); if necessary timoptic or di-amox to lower eye pressure

**Type of surgery:** ECCE (40) ICCE (124)

### Outcomes

**Follow-up:** 12 weeks
- **Adverse effects**
- CMO (fluorescein angiography using Miyake 1977 classification)
- BCVA (Snellen only, not included in the analyses)

### Contact details

**Authors name:** U Umer-Bloch
**Institution:** University Augenklink Zurich
**Email:** NR
**Address:** University Augenklinik, Ramistrasse 100, CH-8091 Zurich

### Notes

**Funding sources:** NR
**Declaration of interest:** NR
**Date study conducted:** NR
**Trial registration number:** NR
**Contacting study investigators:** Trial authors not contacted.

### Risk of bias

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<th>Support for judgement</th>
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</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation was administered. Trial was described as “randomised” but with no further details</td>
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### Umer-Bloch 1983  (Continued)

<table>
<thead>
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<th>Quality Assessment</th>
<th>Risk Level</th>
<th>Judgement Comment</th>
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</thead>
<tbody>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>Low risk</td>
<td>Medication placed by nurses in a bottle with suspension: one with indomethacin another with vehicle. Neither the examiner nor the patient knew the contents of the bottle</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>Low risk</td>
<td>Placebo-controlled using vehicle only. Patients, nurses, physician analysing fluorescein angiography were masked</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias) All outcomes</td>
<td>High risk</td>
<td>For 35 patients the study was stopped before the end of the study because of intra-operative complications or they had, as only later recognized, an exclusion criteria as defined as maculopathy, diabetic retinopathy, prior uveitis or a systemic steroid therapy. Not reported to which groups these patients belonged</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>

### Wang 2013

#### Methods

**Study design:** Parallel group RCT  
**Open label**

#### Participants

**Country:** China  
**Setting:** Eye hospital  
**Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: 120 (NR)  
- Number (%) of people followed up: 83 (69%)  
- Average age in years: 73 (reported for whole cohort only)  
- Age range in years: 46-92 (reported for whole cohort only)  
- Percentage women: 54% (reported for whole cohort only)  
- Ethnic group: 100% Han Chinese  
- Percentage with diabetes: 0 (excluded)  
- Percentage with uveitis: 0 (excluded)  

**Comparator:** Steroids alone  
- Number of people (eyes) randomised: 120 (NR)  
- Number (%) of people followed up: 84 (70%)  
- Average age in years: 73 (reported for whole cohort only)  
- Age range in years: 46-92 (reported for whole cohort only)  
- Percentage women: 54% (reported for whole cohort only)  
- Ethnic group: 100% Han Chinese  
- Percentage with diabetes: 0 (excluded)  
- Percentage with uveitis: 0 (excluded)  

**Inclusion criteria:** Age-related cataract patients undergoing phacoemulsification with
posterior chamber IOL implantation

**Exclusion criteria:** Any ocular diseases that might affect treatment responses or evaluations, such as corneal disease, glaucoma, uveitis, retinal detachment, optic neuropathy or amblyopia; any systemic diseases that might affect treatment responses or evaluations, such as diabetes mellitus; potentially pregnant women; systemic or topical anti-inflammatory therapy within 1 month prior to surgery and contraindication of oral steroids, such as patients with peptic ulcer, cancer and tuberculosis; surgical complications, such as posterior capsule rupture or hyphema; special diseases which might affect surgery in the eyes, such as limitation of pupil dilation

**Pretreatment:** Groups were not compared.

**Eyes:** Not clearly reported but probably one eye per person, unclear how selected

---

### Pretreatment

**Interventions**

**Intervention: NSAIDs plus (oral) steroids**
- bromfenac sodium 0.1% (brand name not reported, Senju Pharmaceutical Co., Ltd)
  - **Times per day:** twice a day
  - **Duration preoperative:** days: 0
  - **Duration postoperative:** days: 30 and 60
- prednisolone 15 mg PO (brand name not reported)
  - **Times per day:** once
  - **Duration preoperative:** days: 0
  - **Duration postoperative:** days: 7

**Comparator: Steroids alone**
- flurometholone 0.1% and dexamethasone 0.1% (brand name not reported, Santen Pharmaceutical Co. Ltd. and Wujing Pharmaceutical Co. Ltd)
  - **Times per day:** 3 times
  - **Duration preoperative:** days: 0
  - **Duration postoperative:** days: 30
- prednisolone 15 mg PO (brand name not reported)
  - **Times per day:** once
  - **Duration preoperative:** days: 0
  - **Duration postoperative:** days: 7

All participants received levofloxacin eye drops (Santen Pharmaceutical Co., Ltd) 4 times a day for 1 day preoperatively and 7 days postoperatively.

**Type of surgery:** Phacoemulsification

---

### Outcomes

**Follow-up:** 2 months
- Poor vision outcome due to MO (unclear what vision cutpoint used)
- CRT at follow-up (final value)
- Adverse effects
- CMO (Quote “CME was defined as central retinal thickness $> 250 \mu m$ and the presence of intraretinal cystoid space
- beneath the fovea, with the diagnosis confirmed by the same retinal specialist.”)
- Inflammation (mean photon count values)
- BCVA LogMAR
Contact details

Authors name: Ke Yao  
Institution: Medical College of Zhejiang University  
Email: xlren@zju.edu.cn  
Address: Eye Center, 2nd Affiliated Hospital Medical College of Zhejiang University  
Hangzhou 310009 (China)

Notes

Funding sources: “This study was supported by grants from Zhejiang Key Innovation Team Project of China (grant no. 009R50039) and Zhejiang Key Laboratory Fund of China (No.2011E10006).”

Declaration of interest: NR

Date study conducted: October 2010 to December 2011

Trial registration number: NR

Contacting study investigators: Trial authors not contacted

<table>
<thead>
<tr>
<th>Bias</th>
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<th>Support for judgement</th>
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<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Low risk</td>
<td>Quote: “The patients were randomly and prospectively assigned into four groups (OBS1, OBS2, OFM and ODM) by a random-numbers table.”</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>High risk</td>
<td>Judgement comment: The drugs were applied topically to the assigned patients open-label. The same physician served as the medical monitor and assigned one of the drugs to each patient</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>High risk</td>
<td>Judgement comment: The drugs were applied topically to the assigned patients open-label. The same physician served as the medical monitor and assigned one of the drugs to each patient</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias) All outcomes</td>
<td>High risk</td>
<td>Judgement comment: The drugs were applied topically to the assigned patients open-label. The same physician served as the medical monitor and assigned one of the drugs to each patient</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias) All outcomes</td>
<td>Unclear risk</td>
<td>Judgement comment: Follow-up was 83/120 (69%) in NSAIDs group and 84/120 (70%) in the steroid group. Significant loss to follow-up but similar in both groups</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>
**Wittpenn 2008**

<table>
<thead>
<tr>
<th>Methods</th>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
</table>
| Participants | **Country:** USA  
  **Setting:** Eye hospital  
  **Intervention:** NSAIDs plus steroids  
  - Number of people (eye) randomised: 268 (268)  
  - Number (%) of people followed up: 227 (85%) given OCT at 4 weeks; 35 (13%) at 6 weeks  
  - Average age in years: 70  
  - Age range in years: NR  
  - Percentage women: 53% (only reported for whole cohort)  
  - Ethnic group: 82% white (only reported for whole cohort)  
  - Percentage with diabetes: NR  
  - Percentage with uveitis: NR  
  **Comparator:** Steroids plus placebo  
  - Number of people (eye) randomised: 278 (278)  
  - Number (%) of people followed up: 251 (90%) given OCT at 4 weeks; 42 (15%) at 6 weeks  
  - Average age in years: 70  
  - Age range in years: NR  
  - Percentage women: 53% (only reported for whole cohort)  
  - Ethnic group: 82% white (only reported for whole cohort)  
  - Percentage with diabetes: NR  
  - Percentage with uveitis: NR  
  **Inclusion criteria:** Scheduled to undergo cataract surgery; 20/20 BCVA potential without any evidence of macular abnormality, including age-related macular changes, epiretinal membranes, or other retinal-vascular anomalies  
  **Exclusion criteria:** Systemic diseases with ocular manifestations of the disease (e.g. diabetic patients with normal retinal exams were not excluded); vitreous loss or capsular disruption/rupture occurred during surgery; postoperative day 1, the surgeon felt the amount of inflammation was greater than expected and, in his best clinical judgment, more aggressive anti-inflammatory treatment was indicated  
  **Pretreatment:** Quote: “There were no statistically significant between-group differences in any demographic variable.” But no data reported  
  **Eyes:** One eye, unclear how selected. |
| Interventions | **Intervention:** NSAIDs plus steroids  
  - ketorolac 0.4% (Acular LS, Allergan Inc, Irvine, California, USA)  
    - Times per day: 4 times a day, 4 doses every 15 minutes one hour preoperative  
    - Duration preoperative: days: 3  
    - Duration postoperative: days: 28 to 42  
  - prednisolone acetate 1% (Pred Forte, Allergan Inc)  
    - Times per day: 4 times  
    - Duration preoperative: days: 0  
    - Duration postoperative: days: “until one 5 ml bottle was empty”  
  **Comparator:** Steroids plus placebo  
  - prednisolone acetate 1% (Pred Forte, Allergan Inc)  
    - Times per day: 4 times  
    - Duration preoperative: days: 0  

Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)  
Copyright © 2016 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.
Duration postoperative: days: “until they exited the study”

- Placebo (artificial tears)
  - Brand name: NR
  - Times per day: 4 times
  - Duration preoperative: days: 3
  - Duration postoperative: days: “until one 5 ml bottle was empty”

The comparator group: “...also received four drops of ketorolac 0.4% one hour prior to cataract surgery.”

Type of surgery: Phacoemulsification

Outcomes

Follow-up: 4 weeks
- Poor vision outcome due to MO (OCT-confirmed CMO with visual acuity < 6/9.)
- Adverse effects
  - CMO (Quote: “Definite CME: Presence of cystoid changes associated with substantial (> 40µm) retinal thickening evident on OCT. 2. Probable CME: Presence of changes in retinal contour and increased macular thickness relative to preoperative baseline, but without definite cystoid changes. 3. Possible CME: Mild to moderate changes in retinal thickness or contour without cystoid changes”)

Contact details

Authors name: John R. Wittpenn
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Email: jrwittpenn@aol.com
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Notes

Funding sources: “This study was supported by an unrestricted education grant from Allergan Inc, Irvine, California.”
Declaration of interest: “The authors indicate no financial conflict of interest.”
Date study conducted: June 2005 to August 2006
Trial registration number: NCT00348244
Contacting study investigators: Trial authors not contacted.

Risk of bias

<table>
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<tr>
<th>Bias</th>
<th>Authors’ judgement</th>
<th>Support for judgement</th>
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<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Low risk</td>
<td>Quote: “Patients were randomised in a 1:1 ratio using a randomly generated list of patient identification numbers.”</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Low risk</td>
<td>Quote: “A central coordination center (IMEDS Inc, Riverside, California, USA; [M.E.]) generated the allocation sequence, enrolled participants, and assigned participants to their treatment groups.”</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias) All outcomes</td>
<td>High risk</td>
<td>Quote: “The patients and technical staff were unmasked because regulations prevented the medications from being repackaged into similar, un-</td>
</tr>
</tbody>
</table>
### Wittpenn 2008

Continued

marked bottles. The labels were covered but the technicians were capable of recognizing the bottle color and shape. Patients, however, would only have been unmasked if they researched the type and shape of the different bottles.

<table>
<thead>
<tr>
<th>Blinding of outcome assessment (detection bias)</th>
<th>Low risk</th>
<th>Quote: “All investigators were masked with regard to treatment group.”</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>High risk</td>
<td>Judgement comment: Very low follow-up at 6 weeks. “Of the 546 patients who entered the study, 77 patients also returned for the week-6 visit, 35 in the ketorolac/steroid group and 42 in the steroid group.”</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol and trial registry entry did not include outcomes</td>
</tr>
</tbody>
</table>

### Yannuzzi 1981

**Methods**

- **Study design:** Parallel group RCT

**Participants**

- **Country:** USA
- **Setting:** Eye hospital
- **Intervention:** NSAIDs plus steroids
  - Number of people (eyes) randomised: NR (100)
  - Number (% of people followed up: 59 eyes (59%)
  - Average age in years: NR
  - Age range in years: NR
  - Percentage women: NR
  - Ethnic group: NR
  - Percentage with diabetes: NR
  - Percentage with uveitis: NR
- **Comparator:** Steroids plus placebo
  - Number of people (eyes) randomised: NR (131)
  - Number (% of people followed up: 77 eyes (59%)
  - Average age in years: NR
  - Age range in years: NR
  - Percentage women: NR
  - Ethnic group: NR
  - Percentage with diabetes: NR
  - Percentage with uveitis: NR

**Included criteria:** Patients undergoing intracapsular cataract extraction.

**Excluded criteria:** Undergone procedures other than conventional ICCE; pre-existing macular disease predisposing to macular oedema, such as neovascular age-related macular degeneration

**Pretreatment:** Baseline comparisons not reported.
Eyes: 21 people had bilateral cataract surgery - the second eye was randomised separately

Interventions

**Intervention: NSAIDs plus steroids**
- indomethacin 1% (brand name not reported, Merck Sharp & Dohme)
  - **Times per day**: Three drops prior to surgery and 4 times a day after
  - **Duration preoperative**: days: 0
  - **Duration postoperative**: days: 28-42
- steroids given as part of standard care, not specified exactly what

**Comparator: Steroids plus placebo**
- steroids given as part of standard care, not specified exactly what
- placebo (vehicle)
  - **Times per day**: Three drops prior to surgery and 4 times a day after
  - **Duration preoperative**: days: 0
  - **Duration postoperative**: days: 28-42

Quote: "Routine postoperative drops such as cycloplegics, antibiotics and steroids were also given as was the custom of the operating ophthalmologist."

**Type of surgery**: ICCE

Outcomes

**Follow-up**: 1 year
- Poor vision outcome due to MO (BCVA 6/60 or worse)
- Adverse effects
- CMO (fluorescein angiography, CMO not defined, reported at 5 and 10 weeks)

Contact details

**Authors name**: Lawrence A Yannuzzi
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**Email**: NR
**Address**: Manhattan Eye, Ear and Throat Hospital 210 E 64th St, New York, NY 10021, United States

Notes

**Funding sources**: LuEster Mertz Retinal Research Fund of the Eye, Ear and Throat Hospital
**Declaration of interest**: NR
**Date study conducted**: NR
**Trial registration number**: NR
**Contacting study investigators**: Trial authors not contacted.

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<th>Bias</th>
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<th>Support for judgement</th>
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<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Allocation was described as being done “in a random fashion” but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>High risk</td>
<td>Judgement comment: Pharmacist involved in giving treatment did not appear to be masked to treatment</td>
</tr>
</tbody>
</table>
### Yannuzzi 1981

<table>
<thead>
<tr>
<th>Blinding of participants and personnel (performance bias)</th>
<th>Low risk</th>
<th>Judgement comment: Placebo-controlled study described as &quot;double-masked&quot;</th>
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</thead>
<tbody>
<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Placebo-controlled study described as &quot;double-masked&quot;</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>High risk</td>
<td>Judgement comment: Follow-up 59% in both groups. High loss to follow-up at 1 year 38/100 (38%) in NSAIDs group and 50/131 (38%) in the control group</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>

### Yavas 2007

**Methods**

<table>
<thead>
<tr>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
</table>

**Participants**

- **Country:** Turkey
- **Setting:** Eye hospital
- **Intervention:** NSAIDs plus steroids
  - Number of people (eyes) randomised: 126 (126)
  - Number (%) of people followed up: 121 (96%)
  - Average age in years: 64
  - Age range in years: NR
  - Percentage women: 43%
  - Ethnic group: NR
  - Percentage with diabetes: 0 (excluded)
  - Percentage with uveitis: 0 (excluded)
- **Comparator:** Steroids alone
  - Number of people (eyes) randomised: 63 (63)
  - Number (%) of people followed up: 58 (92%)
  - Average age in years: 65
  - Age range in years: NR
  - Percentage women: 36%
  - Ethnic group: NR
  - Percentage with diabetes: 0 (excluded)
  - Percentage with uveitis: 0 (excluded)
- **Inclusion criteria:** NR
- **Exclusion criteria:** History of intraocular surgery; any complication during cataract surgery; glaucoma; uveitis; vitreoretinal pathology; history of diabetes mellitus, hypertension, or cardiac disease; or topical or systemic drug use
- **Pretreatment:** Some imbalances in age and sex but unclear if important.
- **Eyes:** Right eye only included.
### Interventions

**Intervention:** NSAIDs plus steroids  
- indomethacin 0.1% (brand name not reported)  
  - *Times per day:* 4 times a day preoperatively; 3 times a day postoperatively. Half received postoperatively only.  
    - *Duration preoperative:* days: 3  
    - *Duration postoperative:* days: 30  
- prednisolone acetate 1% (brand name not reported)  
  - *Times per day:* 4 times  
  - *Duration preoperative:* days: 0  
  - *Duration postoperative:* days: 30  

**Comparator:** Steroids alone  
- prednisolone acetate 1% (brand name not reported)  
  - *Times per day:* 4 times  
  - *Duration preoperative:* days: 0  
  - *Duration postoperative:* days: 30  

All participants received 1 drop of topical antibiotic (ofloxacin 0.3%) 4 times a day daily for 1 week.  
**Type of surgery:** Phacoemulsification

### Outcomes

**Follow-up:** 3 months  
- CMO (Quote: “Slight fluorescein leakage into the cystic space without enclosing the entire central fovea or complete fluorescein accumulation in the cystic space was diagnosed as angiographic CME.”)  
- BCVA (final value)

### Contact details

**Authors name:** Guliz Yavas  
**Institution:** Afyon Kocatepe University  
**Email:** gkumbar@ttnet.net.tr  
**Address:** P.K. 25, 06502 Bahcelievler, Ankara, Turkey

### Notes

**Funding sources:** NR  
**Declaration of interest:** “No author has a financial or proprietary interest in any material or method mentioned.”  
**Date study conducted:** NR  
**Trial registration number:** NR  
**Contacting study investigators:** Trial authors not contacted.

### Risk of bias

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<th>Support for judgement</th>
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<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Quote: “Patients were randomised into 3 groups.” Judgement comment: Not reported how list was generated. Trial was described as “randomised” but with no further details</td>
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<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial was described as “randomised”</td>
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</table>
Yavas 2007  (Continued)

<table>
<thead>
<tr>
<th>Bias Type</th>
<th>Risk</th>
<th>Comment</th>
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<tbody>
<tr>
<td>Blinding of participants and personnel</td>
<td>High</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this patients and personnel were not masked</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection</td>
<td>Unclear</td>
<td>Quote: “Fluorescein angiography was performed in all patients, and fluorescein leakage to diagnose angiographic CME was evaluated by a masked observer.” Judgement comment: Unclear if other outcomes were masked.</td>
</tr>
<tr>
<td>bias)</td>
<td></td>
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</tr>
<tr>
<td>All outcomes</td>
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<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Unclear</td>
<td>Judgement comment: Follow-up not reported.</td>
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<tr>
<td>All outcomes</td>
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<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
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<tr>
<td>All outcomes</td>
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</table>

Yung 2007

Methods

<table>
<thead>
<tr>
<th>Study design: Parallel group RCT</th>
</tr>
</thead>
</table>

Participants

<table>
<thead>
<tr>
<th>Country: USA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Setting: Eye hospital</td>
</tr>
<tr>
<td>Intervention: NSAIDs plus steroids</td>
</tr>
<tr>
<td>- Number of people (eyes) randomised: 19 (NR)</td>
</tr>
<tr>
<td>- Number (%) of people followed up: NR</td>
</tr>
<tr>
<td>- Average age in years: NR</td>
</tr>
<tr>
<td>- Age range in years: NR</td>
</tr>
<tr>
<td>- Percentage women: NR</td>
</tr>
<tr>
<td>- Ethnic group: NR</td>
</tr>
<tr>
<td>- Percentage with diabetes: 100%</td>
</tr>
<tr>
<td>- Percentage with uveitis: NR</td>
</tr>
<tr>
<td>Comparator: Steroids plus placebo</td>
</tr>
<tr>
<td>- Number of people (eyes) randomised: 18 (NR)</td>
</tr>
<tr>
<td>- Number (%) of people followed up: NR</td>
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<td>- Average age in years: NR</td>
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<td>- Age range in years: NR</td>
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<tr>
<td>- Percentage women: NR</td>
</tr>
<tr>
<td>- Ethnic group: NR</td>
</tr>
<tr>
<td>- Percentage with diabetes: 100%</td>
</tr>
<tr>
<td>- Percentage with uveitis: NR</td>
</tr>
<tr>
<td>Inclusion criteria: Diabetic patients having cataract surgery.</td>
</tr>
<tr>
<td>Exclusion criteria: NR</td>
</tr>
<tr>
<td>Pretreatment: Group differences not reported.</td>
</tr>
<tr>
<td>Eyes: Unclear if one or both eyes included.</td>
</tr>
</tbody>
</table>
### Interventions

**Intervention: NSAIDs plus steroids**
- ketorolac 0.5% (brand name not reported)
  - Times per day: NR
  - Duration preoperative: days: 0
  - Duration postoperative: days: 28
- steroid (not specified)
  - Times per day: NR
  - Duration preoperative: days: 0
  - Duration postoperative: days: 28

**Comparator: Steroids plus placebo**
- steroid (not specified)
  - Times per day: NR
  - Duration preoperative: days: 0
  - Duration postoperative: days: 28
- placebo (not specified)
  - Times per day: NR
  - Duration preoperative: days: 0
  - Duration postoperative: days: 28

**Type of surgery:** NR

### Outcomes

**Follow-up:** 12 weeks
- Change in CRT (reported statistical significance only, no data)

### Contact details

**Authors name:** C Yung
**Institution:** Indiana University
**Email:** NR
**Address:** Indiana University107 S Indiana Ave, Bloomington, IN 47405, United States

### Notes

**Funding sources:** NR
**Declaration of interest:** NR
**Date study conducted:** NR
**Trial registration number:** NR
**Contacting study investigators:** Abstract only, tried to contact authors but could not find email address

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<td>Judgement comment: Not reported how list was generated. Trial was described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial was described as “randomised” but with no further details</td>
</tr>
</tbody>
</table>
### Yung 2007 (Continued)

<table>
<thead>
<tr>
<th>Blinding of participants and personnel</th>
<th>Unclear risk</th>
<th>Judgement comment: Placebo-controlled but no information on who was masked</th>
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</thead>
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<tr>
<td>(performance bias)</td>
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<td></td>
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<tr>
<td>All outcomes</td>
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<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Placebo-controlled but no information on who was masked</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Follow-up not reported.</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
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<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
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<td></td>
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</tr>
</tbody>
</table>

### Zaczek 2014

**Methods**

**Study design:** Parallel group RCT

**Participants**

- **Country:** Sweden
- **Setting:** Eye hospital
- **Intervention:** NSAIDs plus steroids
  - *Number of people (eyes) randomised:* 80 (80)
  - *Number (%)* of people followed up: 75 (94%)
  - *Average age in years:* 70
  - *Age range in years:* NR
  - *Percentage women:* 64%
  - *Ethnic group:* NR
  - *Percentage with diabetes:* NR
  - *Percentage with uveitis:* NR
- **Comparator:** Steroids plus placebo
  - *Number of people (eyes) randomised:* 80 (80)
  - *Number (%)* of people followed up: 77 (96%)
  - *Average age in years:* 68
  - *Age range in years:* NR
  - *Percentage women:* 65%
  - *Ethnic group:* NR
  - *Percentage with diabetes:* NR
  - *Percentage with uveitis:* NR
- **Inclusion criteria:** 45 and 85 years of age; cataract surgery under local anaesthesia; translucent cataract for good-quality OCT scans of the macular at baseline
- **Exclusion criteria:** Small pupils (< 5.0 mm after pharmacologic dilation); dark brown irides; exfoliation syndrome, history of uveitis; glaucoma; macular degeneration; vision impairing eye disorder except cataract; diabetic patients; pregnant women; patients using topical or systemic anti-inflammatory treatment; hypersensitivity to any of the given study treatments; intraoperative difficulties (e.g. loose zonular fibres, extended operating time, residual cortical material); intraoperative complications (e.g. posterior capsule rupture and vitreous loss)
- **Pretreatment:** No major imbalances, age, gender and operated eye compared.
### Interventions

#### Intervention: NSAIDs plus steroids
- nepafenac 0.1% (brand name not reported)
  - **Times per day:** 3 times
  - **Duration preoperative:** days: 2
  - **Duration postoperative:** days: 21
- dexamethasone 0.1% (Isopto-Maxidex)
  - **Times per day:** 3 times
  - **Duration preoperative:** days: 0
  - **Duration postoperative:** days: 21

#### Comparator: Steroids plus placebo
- dexamethasone 0.1% (Isopto-Maxidex)
  - **Times per day:** 3 times
  - **Duration preoperative:** days: 0
  - **Duration postoperative:** days: 21
- placebo (Tears Naturale II Polyquad)
  - **Times per day:** thrice before surgery 5 minutes apart/3 times a day
  - **Duration preoperative:** days: 2
  - **Duration postoperative:** days: 21

### Outcomes

**Follow-up:** 6 weeks
- Adverse effects
- CMO (OCT-verified but not defined)
- Inflammation (mean anterior chamber reported in figure but no SD could be calculated)
- BCVA logMAR (final value)
- Change in total macular volume

### Contact details

**Authors name:** Anna Zaczek  
**Institution:** Scanloc Healthcare AB  
**Email:** anna.zaczek@scanloc.se  
**Address:** Scanloc Healthcare AB, Lilla Bommen 6, 411 04 Gothenburg, Sweden

### Notes

**Funding sources:** Supported by Alcon Research Ltd, Fort Worth, Texas, USA, and S. A. Alcon-Couvreur N.V. Puurs, Belgium, which produced and provided the masked eyedrop bottles. Partially supported by Alcon, Inc. Sweden. Financial support was also provided through the regional agreement on Medical training and Clinical research (ALF) between Stockholm County Council and Karolinska Institutet (20120623)

**Declaration of interest:** “No author has a financial or proprietary interest in any material or method mentioned.”

**Date study conducted:** NR

**Trial registration number:** NR

**Contacting study investigators:** Trial authors not contacted.

### Risk of bias

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<th>Support for judgement</th>
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**Zaczełk 2014**  
(Continued)

<table>
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<th>Judgement comment: Not reported how list was generated. Trial described as “randomised” but with no further details</th>
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<tbody>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Low risk</td>
<td>Quote: “All products used in this clinical trial were produced, labelled, packaged, and released by S.A. Alcon-Couvreur N.V. Puurs, Belgium. Nepafenac and placebo suspensions were supplied in identical bottles labelled with a protocol and a patient number so neither the investigators nor the patients were able to identify their contents.”</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>Low risk</td>
<td>Quote: “All products used in this clinical trial were produced, labelled, packaged, and released by S.A. Alcon-Couvreur N.V. Puurs, Belgium. Nepafenac and placebo suspensions were supplied in identical bottles labelled with a protocol and a patient number so neither the investigators nor the patients were able to identify their contents.”</td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>Low risk</td>
<td>Quote: “All products used in this clinical trial were produced, labelled, packaged, and released by S.A. Alcon-Couvreur N.V. Puurs, Belgium. Nepafenac and placebo suspensions were supplied in identical bottles labelled with a protocol and a patient number so neither the investigators nor the patients were able to identify their contents.”</td>
</tr>
<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Low risk</td>
<td>Judgement comment: Missing data less than 20% (i.e. more than 80% follow-up) and equal follow-up in both groups and no obvious reason why loss to follow-up should be related to outcome</td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>

**Zhang 2008**

**Methods**

**Study design:** Parallel group RCT

**Participants**

**Country:** China  
**Setting:** Eye hospital  
**Intervention:** NSAIDs plus steroids  
- Number of people (eyes) randomised: NR (110)  
- Number (%) of people followed up: 110 eyes (100%)  
- Average age in years: NR  
- Age range in years: 55-87 (reported for whole cohort only)  
- Percentage women: 55% (reported for whole cohort only)
**Interventions**

**Intervention: NSAIDs plus steroids**
- pranoprofen (brand name not reported)
  - *Times per day: NR*
  - *Duration preoperative: days: NR*
  - *Duration postoperative: days: 28*
- dexamethasone (combined with tobramycin)
  - *Times per day: 4 times a day for 2 weeks 3 times a day for 2 weeks*
  - *Duration preoperative: days: 0*
  - *Duration postoperative: days: 28*

**Comparator: Steroids alone**
- dexamethasone (combined with tobramycin)
  - *Times per day: 4 times a day for 2 weeks 3 times a day for 2 weeks*
  - *Duration preoperative: days: 0*
  - *Duration postoperative: days: 28*

**Type of surgery:** Phacoemulsification

**Outcomes**

**Follow-up:** 1 month
- CMO (OCT-verified but not defined)
- Inflammation (Tyndall reaction, categorical)

**Contact details**

**Authors name:** Zhang HY  
**Institution:** Beijing Tongren Eye Center  
**Email:** NR  
**Address:** Beijing Tongren Eye Centre, Beijing Tongren Hospital, Capital Medical University; Beijing Ophthalmology and Visual Science Key Laboratory, Beijing 100730, China

**Notes**

**Funding source:** NR  
**Declaration of interest:** NR  
**Date study conducted:** NR  
**Trial registration number:** NR  
**Contacting study investigators:** Trial authors not contacted.
### Risk of bias

<table>
<thead>
<tr>
<th>Bias</th>
<th>Authors’ judgement</th>
<th>Support for judgement</th>
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</thead>
<tbody>
<tr>
<td>Random sequence generation (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how list was generated. Trial described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Allocation concealment (selection bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: Not reported how allocation administered. Trial described as “randomised” but with no further details</td>
</tr>
<tr>
<td>Blinding of participants and personnel (performance bias)</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this patients and personnel were not masked</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blinding of outcome assessment (detection bias)</td>
<td>High risk</td>
<td>Judgement comment: No information on masking. We assume that in absence of reporting on this outcome assessors were not masked</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
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<tr>
<td>Incomplete outcome data (attrition bias)</td>
<td>Low risk</td>
<td>Judgement comment: Missing data less than 20% (i.e. more than 80% follow-up) and equal follow-up in both groups and no obvious reason why loss to follow-up should be related to outcome</td>
</tr>
<tr>
<td>All outcomes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Selective reporting (reporting bias)</td>
<td>Unclear risk</td>
<td>Judgement comment: No access to protocol or trial registry entry</td>
</tr>
</tbody>
</table>

AE: adverse events  
BCVA: best corrected visual acuity  
CMO: cystoid macular oedema  
CRT: corneal retinal thickness  
DR: diabetic retinopathy  
ECCE: extracapsular cataract extraction  
IOL: intraocular lens  
IOP: intraocular pressure  
NR: not reported  
NSAID: non-steroidal anti-inflammatory drug  
OCT: optical coherence tomography  
RCT: randomised controlled trial  
SD: standard deviation
### Characteristics of excluded studies  [ordered by study ID]

<table>
<thead>
<tr>
<th>Study</th>
<th>Reason for exclusion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carenini 1993</td>
<td>Not RCT</td>
</tr>
<tr>
<td>Chen 2015</td>
<td>Study only performed follow-up for 2 weeks in total.</td>
</tr>
<tr>
<td>Dehgan 1992</td>
<td>Not able to source paper.</td>
</tr>
<tr>
<td>Duong 2015</td>
<td>Not RCT</td>
</tr>
<tr>
<td>Hendrikse 1982</td>
<td>Not able to source paper.</td>
</tr>
<tr>
<td>Hollwich 1983</td>
<td>Not relevant comparator.</td>
</tr>
<tr>
<td>ISRCTN02628492</td>
<td>Study was terminated due to lack of funding.</td>
</tr>
<tr>
<td>Miyake 2000</td>
<td>Probably not random allocation, unclear response from study author</td>
</tr>
<tr>
<td>Nishino 2009</td>
<td>Not relevant intervention.</td>
</tr>
<tr>
<td>Riley 2006</td>
<td>Not relevant intervention.</td>
</tr>
<tr>
<td>Sanders 1982</td>
<td>Not able to source paper.</td>
</tr>
<tr>
<td>Sellares 1992</td>
<td>Not able to source paper.</td>
</tr>
<tr>
<td>Tang 2015</td>
<td>Not relevant intervention.</td>
</tr>
<tr>
<td>Wolf 2007</td>
<td>Not RCT</td>
</tr>
<tr>
<td>Yamaaki 1984</td>
<td>Not RCT</td>
</tr>
<tr>
<td>Yilmaz 2012</td>
<td>Not RCT</td>
</tr>
</tbody>
</table>

RCT: randomised controlled trial
### Characteristics of studies awaiting assessment  *[ordered by study ID]*

**CTRI/2009/091/001078**

<table>
<thead>
<tr>
<th>Methods</th>
<th>Parallel group RCT</th>
</tr>
</thead>
</table>
| Participants | Country: India  
704 people aged 50 to 70 years within 40 kms of Vellore town  
Exclusion criteria:  
Inability to visualise the macula preoperatively in the eye to be operated. Ocular disease that can affect macular function. Uncontrolled diabetics defined by RBS/PP Sugars > 200 mg/dl. Diabetic maculopathy with oedema in eye to be operated. Past history of intraocular surgery in the eye under consideration. History of use of topical steroid drops or NSAID drops within the past 30 days prior to enrolment. Current use of Oral steroids. Known NSAIDs allergy |
| Interventions | Intervention: ketorolac tromethamine  
Comparator: polyvinyl Alcohol |
| Outcomes | Primary outcome:  
• Acute pseudophakic cystoid macular oedema |
| Notes | September 2016: Study investigator confirms that this study is unpublished. We are awaiting a response to request for unpublished data |

NSAID: non-steroidal anti-inflammatory drug

### Characteristics of ongoing studies  *[ordered by study ID]*

**NCT01694212**

<table>
<thead>
<tr>
<th>Trial name or title</th>
<th>Preoperative topic diclofenac as a prevention of postoperative macular edema in patients with diabetic retinopathy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Methods</td>
<td>Parallel group RCT</td>
</tr>
</tbody>
</table>
| Participants | Country: Croatia  
120 people aged 60 to 90 years  
Inclusion criteria:  
• presence of nonproliferative diabetic retinopathy  
• presence of the cataract (LOCS 2-3)  
Exclusion criteria:  
• other chronic or acute eye diseases  
• hypersensitivity to any component of the diclofenac eye-drops patients on oral anticoagulant therapy  
• allergy to salicylates |
| Interventions | Intervention: diclofenac  
Comparator: placebo |
NCT01694212 (Continued)

Outcomes

Primary Outcome:
- change of central macular thickness at -7, 0, 1, 7, 30, 90 days after the cataract surgery measured with OCT

Secondary Outcome:
- progression of diabetic retinopathy 7 and 90 days after cataract surgery assessed on fundus photography (ETDRS) according to ETDRS criteria
- IL-12 concentration immediately before cataract surgery measured in the sample of humour aqueous taken at the beginning of cataract surgery

Starting date
October 2012
End date: December 2016

Contact information
Ljubo Znaor, MD PhD, Clinical Hospital Center, Split

Notes

NCT01774474

Trial name or title
PRevention of Macular EDEma After Cataract Surgery (PREMED)

Methods
Parallel group RCT

Participants
Country: Netherlands
1135 people aged 21 years and older
Inclusion criteria:
- all patients undergoing routine phacoemulsification (one eye per patient)
- willing and/or able to comply with the scheduled visits and other study procedures
- able to communicate properly and understand instructions
- accepting possible off-label use of intravitreal bevacizumab and/or subconjunctival preservative-free TA
Exclusion criteria will be different for non-diabetic and diabetic patients. All ophthalmic exclusion criteria are applicable to the study eye only, unless stated otherwise
General exclusion criteria for participation in this study are:
1. age below 21 years old;
2. participation in another clinical study;
3. post-traumatic cataract;
4. combined surgery;
5. functional monoculus;
6. previous ocular surgery;
7. progressive glaucoma with severe visual field defects, use of anti-glaucomatous medication or steroid-induced IOP elevation that required IOP-lowering treatment;
8. IOP ≥ 25 mmHg;
9. history of any intraocular inflammation or uveitis;
10. history of pseudoexfoliation syndrome, which is expected to cause preoperative complications;
11. history of Fuchs' endothelial dystrophy or cornea guttata 3+;
12. history of retinal vein occlusion;
13. any macular pathology that might influence visual acuity, other than diabetic macular oedema;
14. use of intravitreal bevacizumab or ranibizumab in the previous 6 weeks or intravitreal aflibercept in the previous 10 weeks;
15. use of intra- or periocular corticosteroid injection in the previous 4 months;
16. current use of topical NSAIDs or corticosteroids;
17. use of systemic corticosteroids (\geq 20 mg prednisolone or equivalence);
18. history of relevant adverse events, including serious adverse events, occurring after administration of NSAIDs, acetylsalicylic acid, sodium sulphite, corticosteroids or bevacizumab;
19. contraindications for use of topical NSAIDs, topical or subconjunctival corticosteroids or intravitreal bevacizumab or related drugs.

Non-diabetic patients with a history of CME will be excluded from participation in the study. Additionally, diabetic patients will be excluded from participation in case of:
1. macular oedema with a CSMT \geq 450 \mu m;
2. very severe non-proliferative diabetic retinopathy or proliferative diabetic retinopathy requiring panretinal photocoagulation or vitrectomy;
3. vitreous haemorrhage present during preoperative visit(s);
4. cerebrovascular accident, myocardial infarction or other thromboembolic events in the previous 3 months;
5. a history of recurrent thromboembolic events;
6. a history of severe systemic bleeding in the previous 3 months;
7. major surgery in the previous 3 months;
8. history of glaucoma.

### Interventions
- **Intervention**: bromfenac
- **Intervention**: bromfenac and dexamethasone
- **Comparator**: dexamethasone

### Outcomes
- **Primary outcome**: change in central subfield mean macular thickness at 6 weeks postoperatively
- **Secondary outcomes**: Clinically significant macular oedema at 12 weeks postoperatively
- Other outcome measures at 6 and 12 weeks see clinicaltrials.gov/ct2/show/NCT01774474

### Starting date
- **July 2013**
- **End date**: October 2016

### Contact information
- Prof. Rudy MM Nuijts, MD, PhD rudy.nuijts@mumc.nl
- Laura HP Wielders, MD laura.wielders@mumc.nl

### Notes
- NCT02646072
- **Trial name or title**: Effect of preoperative topical ketorolac on aqueous cytokine levels and macular thickness in cataract surgery patients
- **Methods**: Parallel group RCT
- **Participants**: Country: Malaysia
  - 80 participants aged 18 to 90 years
  - Inclusion criteria:
    - Diabetic patient group
1. Type 2 diabetes mellitus with no diabetic retinopathy
2. If with comorbid, controlled hypertension with no hypertensive crisis in recent six months
3. Listed for phacoemulsification cataract surgery

Non-diabetic patient group
1. No history of diabetes
2. If with comorbid, controlled hypertension with no hypertensive crisis in recent six months
3. Listed for phacoemulsification cataract surgery

Exclusion criteria
1. Smoker
2. Presence of immune disease, local or systemic inflammation
3. Presence of retinal diseases, glaucoma
4. Previous surgical procedure on the eye
5. Intraoperative complications

Interventions
Intervention: ketorolac tromethamine
Comparator: no intervention

Outcomes
Primary outcome:
- Level of aqueous inflammatory cytokines post treatment as assessed using Bio-plex Pro Assays, 9 months

Secondary outcome:
- Changes from baseline in central subfield retinal thickness as assessed by OCT, 9 months

Starting date
August 2014
End date: June 2015

Contact information
Yin Peng Lai, University of Malaya

Notes
CME: cystoid macular oedema (edema)
DR: diabetic retinopathy
ETDRS: early treatment diabetic retinopathy study
IOP: intraocular pressure
NSAID: non-steroidal anti-inflammatory drug
OCT: optical coherence tomography
RCT: randomised controlled trial
## DATA AND ANALYSES

### Comparison 1. NSAIDs plus steroids versus steroids

<table>
<thead>
<tr>
<th>Outcome or subgroup title</th>
<th>No. of studies</th>
<th>No. of participants</th>
<th>Statistical method</th>
<th>Effect size</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Poor vision due to MO</td>
<td>6</td>
<td></td>
<td>Risk Ratio (M-H, Random, 95% CI)</td>
<td>Subtotals only</td>
</tr>
<tr>
<td>1.1 3 months</td>
<td>5</td>
<td>1360</td>
<td>Risk Ratio (M-H, Random, 95% CI)</td>
<td>0.41 [0.23, 0.76]</td>
</tr>
<tr>
<td>1.2 12 months</td>
<td>1</td>
<td>88</td>
<td>Risk Ratio (M-H, Random, 95% CI)</td>
<td>1.32 [0.09, 20.37]</td>
</tr>
<tr>
<td>2 Central retinal thickness</td>
<td>9</td>
<td></td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>Totals not selected</td>
</tr>
<tr>
<td>2.1 Change from baseline</td>
<td>3</td>
<td></td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>0.0 [0.0, 0.0]</td>
</tr>
<tr>
<td>2.2 Final value</td>
<td>6</td>
<td></td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>0.0 [0.0, 0.0]</td>
</tr>
<tr>
<td>3 Total macular volume</td>
<td>6</td>
<td>570</td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>-0.14 [-0.21, -0.07]</td>
</tr>
<tr>
<td>4 Macular oedema</td>
<td>21</td>
<td>3638</td>
<td>Risk Ratio (M-H, Random, 95% CI)</td>
<td>0.40 [0.32, 0.49]</td>
</tr>
<tr>
<td>5 Inflammation</td>
<td>3</td>
<td></td>
<td>Risk Ratio (M-H, Random, 95% CI)</td>
<td>Totals not selected</td>
</tr>
<tr>
<td>6 Inflammation (flare)</td>
<td>2</td>
<td>216</td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>-1.41 [-2.30, -0.52]</td>
</tr>
<tr>
<td>7 BCVA</td>
<td>10</td>
<td></td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>Totals not selected</td>
</tr>
<tr>
<td>7.1 Final value</td>
<td>7</td>
<td></td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>0.0 [0.0, 0.0]</td>
</tr>
<tr>
<td>7.2 Change from baseline</td>
<td>3</td>
<td></td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>0.0 [0.0, 0.0]</td>
</tr>
</tbody>
</table>

### Comparison 2. NSAIDs versus steroids

<table>
<thead>
<tr>
<th>Outcome or subgroup title</th>
<th>No. of studies</th>
<th>No. of participants</th>
<th>Statistical method</th>
<th>Effect size</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Central retinal thickness</td>
<td>2</td>
<td>121</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>-22.64 [-38.86, -6.43]</td>
</tr>
<tr>
<td>2 Macular oedema</td>
<td>5</td>
<td>520</td>
<td>Risk Ratio (M-H, Random, 95% CI)</td>
<td>0.27 [0.18, 0.41]</td>
</tr>
<tr>
<td>3 Inflammation (flare)</td>
<td>5</td>
<td></td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>Totals not selected</td>
</tr>
<tr>
<td>4 BCVA</td>
<td>3</td>
<td></td>
<td>Mean Difference (IV, Random, 95% CI)</td>
<td>Totals not selected</td>
</tr>
</tbody>
</table>

### ADDITIONAL TABLES

#### Table 1. 'Risk of bias' assessment

<table>
<thead>
<tr>
<th>Domain</th>
<th>Risk of bias</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low</td>
<td>Unclear</td>
</tr>
<tr>
<td>High</td>
<td>Alternate allocation, date of birth, records (these RCTs should be excluded)</td>
</tr>
</tbody>
</table>

---

Prophylactic non-steroidal anti-inflammatory drugs for the prevention of macular oedema after cataract surgery (Review)

Copyright © 2016 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.
Table 1. ‘Risk of bias’ assessment *(Continued)*

<table>
<thead>
<tr>
<th>Allocation concealment</th>
<th>Central centre (web/telephone access), sealed opaque envelopes</th>
<th>Not reported how allocation administered. Trial may be described as “randomised” but with no further details</th>
<th>Investigator involved in treatment allocation or treatment allocation clearly not masked</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blinding of participants and personnel</td>
<td>Clearly stated that participants and personnel not aware of which treatment received</td>
<td>Described as “double-blind” with no information on who was masked</td>
<td>Open-label or no information on masking. We assume that in absence of reporting on this outcome, patients and personnel were not masked</td>
</tr>
<tr>
<td>Blinding of outcome assessors</td>
<td>Clearly stated that outcome assessors were masked.</td>
<td>Described as “double-blind” with no information on who was masked</td>
<td>Open-label or no information on masking. We assume that in absence of reporting on this outcome, assessors were not masked</td>
</tr>
<tr>
<td>Incomplete outcome data</td>
<td>Missing data less than 20% (i.e. more than 80% follow-up) and equal follow-up in both groups and no obvious reason why loss to follow-up should be related to outcome</td>
<td>Follow-up not reported or missing data &gt; 20% (i.e. follow-up &lt; 80%) but follow-up equal in both groups</td>
<td>Follow-up different in each group and/or related to outcome.</td>
</tr>
<tr>
<td>Selective outcome reporting</td>
<td>All outcomes in protocol and/or trial registry entry are reported</td>
<td>No access to protocol or trial registry entry.</td>
<td>Outcomes in protocol and/or trial registry entry selectively reported</td>
</tr>
<tr>
<td>Other sources of bias</td>
<td>No other source of bias.</td>
<td>Trial stopped early due to poor recruitment. Baseline imbalance, but not clear that it is important.</td>
<td>Trial stopped early because of outcome. Important baseline imbalance that might have an effect on the results</td>
</tr>
</tbody>
</table>

Table 2. Studies

<table>
<thead>
<tr>
<th>Study</th>
<th>Country</th>
<th>Open-label</th>
<th>Funding sources</th>
<th>Declaration of interest</th>
<th>Trial registration</th>
<th>Abstract only</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Almeida 2008</td>
<td>Canada</td>
<td>Yes</td>
<td>Non-industry</td>
<td>Reported; no Col</td>
<td>NCT00335439</td>
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<tr>
<td>2</td>
<td>Almeida 2012</td>
<td>Canada</td>
<td>No</td>
<td>Non-industry</td>
<td>Reported; no Col</td>
<td>NCT01395069</td>
</tr>
<tr>
<td>3</td>
<td>Asano 2008</td>
<td>Japan</td>
<td>No</td>
<td>Not reported</td>
<td>Reported; no Col</td>
<td>Not registered</td>
</tr>
<tr>
<td>Study ID</td>
<td>Publication Year</td>
<td>Country</td>
<td>Funding</td>
<td>Conflict of Interest</td>
<td>Registration Status</td>
<td>Trial Registration Number</td>
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<td>---------</td>
<td>---------</td>
<td>----------------------</td>
<td>---------------------</td>
<td>--------------------------</td>
</tr>
<tr>
<td>4</td>
<td>Brown 1996</td>
<td>USA</td>
<td>Industry</td>
<td>Not reported</td>
<td>Not registered</td>
<td>No</td>
</tr>
<tr>
<td>5</td>
<td>Cervantes-Coste 2009</td>
<td>Mexico</td>
<td>No</td>
<td>Not reported</td>
<td>Reported; no CoI</td>
<td>Not registered</td>
</tr>
<tr>
<td>6</td>
<td>Chatziralli 2011</td>
<td>Greece</td>
<td>No</td>
<td>Not reported</td>
<td>Not reported</td>
<td>Not registered</td>
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<tr>
<td>7</td>
<td>Donnenfeld 2006</td>
<td>USA</td>
<td>Industry/Non-Industry</td>
<td>Col</td>
<td>Not registered</td>
<td>No</td>
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<tr>
<td>8</td>
<td>Elsawy 2013</td>
<td>Egypt</td>
<td>No</td>
<td>Not reported</td>
<td>Reported; no CoI</td>
<td>Not registered</td>
</tr>
<tr>
<td>9</td>
<td>Endo 2010</td>
<td>Japan</td>
<td>Yes</td>
<td>Not reported</td>
<td>Reported; no CoI</td>
<td>Not registered</td>
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<tr>
<td>10</td>
<td>Italian Diclofenac Study Group 1997</td>
<td>Italy</td>
<td>No</td>
<td>Not reported</td>
<td>Col</td>
<td>Not registered</td>
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<tr>
<td>11</td>
<td>Jung 2015</td>
<td>South Korea</td>
<td>No</td>
<td>Non-industry</td>
<td>Reported; no CoI</td>
<td>Not registered</td>
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<tr>
<td>12</td>
<td>Kraff 1982</td>
<td>USA</td>
<td>No</td>
<td>Non-industry</td>
<td>Not reported</td>
<td>Not registered</td>
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<tr>
<td>13</td>
<td>Li 2011</td>
<td>China</td>
<td>No</td>
<td>Not reported</td>
<td>Not reported</td>
<td>Not registered</td>
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<tr>
<td>14</td>
<td>Mathys 2010</td>
<td>USA</td>
<td>No</td>
<td>Non-industry</td>
<td>Reported; no CoI</td>
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CoI: conflict of interest

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*For studies that did not report the number randomised, we have estimated this from the number followed up. For studies that did not report the number followed up, we have estimated this from the numbers randomised. Number of eyes estimated assuming one eye per person, if not clearly stated otherwise.

Table 4. Participant characteristics

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DR: diabetic retinopathy
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<th>Type of cataract surgery</th>
<th>Comparison</th>
<th>NSAIDs</th>
<th>Steroid</th>
<th>Placebo in comparator group</th>
<th>Placebo type of placebo</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Almeida 2008</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Ketorolac 0.5%, Prednisolone 1%</td>
<td>No</td>
<td>-</td>
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</tr>
<tr>
<td>2 Almeida 2012</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus 5%, Nepafenac 0.1% versus steroids</td>
<td>Ketorolac 0.5%, Prednisolone 1%</td>
<td>Yes</td>
<td>Sterile saline drops</td>
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<tr>
<td>3 Asano 2008</td>
<td>Phacoemulsification</td>
<td>NSAIDs versus steroids</td>
<td>Diclofenac 0.1%, Betamethasone 0.1%</td>
<td>No</td>
<td>-</td>
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<tr>
<td>4 Brown 1996</td>
<td>Phacoemulsification</td>
<td>NSAIDs versus steroids</td>
<td>Diclofenac 0.1%, Prednisolone 1%</td>
<td>No</td>
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<tr>
<td>5 Cervantes-Coste 2009</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Nepafenac 0.1%, Dexamethasone (combined with tobramycin)</td>
<td>No</td>
<td>-</td>
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<tr>
<td>6 Chatziralli 2011</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Ketorolac 0.5%, Dexamethasone 0.1% (combined with tobramycin 0.3%)</td>
<td>No</td>
<td>-</td>
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<tr>
<td>7 Donnenfeld 2006</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Ketorolac 0.4%, Prednisolone 1%</td>
<td>Yes</td>
<td>Vehicle</td>
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<tr>
<td>8 Elsawy 2013</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Ketorolac 0.4%, Dexamethasone 0.1%,</td>
<td>No</td>
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<td>9 Endo 2010</td>
<td>Phacoemulsification</td>
<td>NSAIDs versus steroids</td>
<td>Bromfenac Betamethasone (with fradiomycin sulfate) followed by fluoroetholone</td>
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<td>10 Italian Diclofenac Study Group 1997</td>
<td>ECCE</td>
<td>NSAIDs versus steroids</td>
<td>Diclofenac 0.1%, Dexamethasone 0.1%</td>
<td>Yes</td>
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<tr>
<td></td>
<td>Study Year</td>
<td>Procedure</td>
<td>Treatment</td>
<td>Comparator</td>
<td>Adjuvant</td>
<td>Outcome</td>
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<tr>
<td>11</td>
<td>Jung 2015</td>
<td>Phacoemulsification</td>
<td>NSAIDs versus steroids</td>
<td>Bromfenac 0.1%, Ketorolac 0.4%</td>
<td>Prednisolone acetate 1%</td>
<td>No</td>
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<tr>
<td>12</td>
<td>Kraff 1982</td>
<td>ECCE and phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Indomethacin</td>
<td>Dexamethasone (in combination with neomycin sulfate, polymyxin B sulfate) for 4 days followed by dexamethasone alone for 4 weeks followed by fluorometholone for at least 6 months</td>
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<td>13</td>
<td>Li 2011</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Diclofenac 1%</td>
<td>Dexamethasone (combined with tobramycin)</td>
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<td>14</td>
<td>Mathys 2010</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Nepafenac 0.1%</td>
<td>Prednisolone 1%</td>
<td>No</td>
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<tr>
<td>15</td>
<td>Miyake 2007</td>
<td>Phacoemulsification</td>
<td>NSAIDs versus steroids</td>
<td>Diclofenac 0.1%</td>
<td>Fluorometholone 0.1%</td>
<td>No</td>
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<tr>
<td>16</td>
<td>Miyake 2011</td>
<td>Phacoemulsification</td>
<td>NSAIDs versus steroids</td>
<td>Nepafenac 0.1%</td>
<td>Fluorometholone 0.1%</td>
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<td>17</td>
<td>Miyanaga 2009</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Bromfenac 0.1%</td>
<td>Betamethasone 0.1%, fluorometholone</td>
<td>No</td>
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<tr>
<td>18</td>
<td>Moschos 2012</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Diclofenac 0.1%</td>
<td>Dexamethasone 0.1% (combined with chloramphenicol 0.5%)</td>
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<td>19</td>
<td>Quentin 1989</td>
<td>ICCE</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Diclofenac 0.1%</td>
<td>Dexamethasone</td>
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Table 5. Interventions  (Continued)

<table>
<thead>
<tr>
<th>No.</th>
<th>Author Year</th>
<th>Procedure</th>
<th>Interventions</th>
<th>Steroids</th>
<th>Prednisolone</th>
<th>Vehicle</th>
<th>Other Treatments</th>
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<tbody>
<tr>
<td>20</td>
<td>Rossetti 1996</td>
<td>ECCE</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Diclofenac</td>
<td>Dexamethasone (combined with tobramycin)</td>
<td>Yes</td>
<td>Not specified</td>
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<td>21</td>
<td>Singh 2012</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Nepafenac 1%</td>
<td>Prednisolone</td>
<td>Yes</td>
<td>Vehicle</td>
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<td>22</td>
<td>Solomon 1995</td>
<td>ECCE</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Flurbiprofen 0.03%, Indomethacin 1%</td>
<td>Prednisolone</td>
<td>Yes</td>
<td>Vehicle</td>
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<tr>
<td>23</td>
<td>Tauber 2006</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Ketorolac 0.4%</td>
<td>Prednisolone 1%</td>
<td>No</td>
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<td>24</td>
<td>Ticly 2014</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Ketorolac 0.4%</td>
<td>Prednisolone 1%</td>
<td>Yes</td>
<td>Dextran 70/hypromellose</td>
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<td>25</td>
<td>Tunc 1999</td>
<td>ECCE</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Diclofenac 0.1%</td>
<td>Dexamethasone 1%</td>
<td>No</td>
<td>-</td>
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<td>26</td>
<td>Tzelikis 2015</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Ketorolac 0.4%, Nepafenac 0.1%</td>
<td>Prednisolone 1%</td>
<td>Yes</td>
<td>Artificial tears</td>
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<td>27</td>
<td>Umer-Bloch 1983</td>
<td>ECCE/ICCE</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Indomethacin 1%</td>
<td>Dexamethasone (combined with either chloramphenicol or neomycin)</td>
<td>Yes</td>
<td>Vehicle</td>
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<td>28</td>
<td>Wang 2013</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Bromfenac 0.1%</td>
<td>flurorometholone 0.1% and dexamethasone 0.1%</td>
<td>No</td>
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<td>29</td>
<td>Wittppen 2008</td>
<td>Phacoemulsification</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Ketorolac 0.4%</td>
<td>Prednisolone 1%</td>
<td>Yes</td>
<td>Artificial tears</td>
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<td>30</td>
<td>Yannuzzi 1981</td>
<td>ICCE</td>
<td>NSAIDs plus steroids versus steroids</td>
<td>Indomethacin 1%</td>
<td>Steroids given as part of standard care, not specified exactly</td>
<td>Yes</td>
<td>Vehicle</td>
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</table>
Table 5. Interventions  
(Continued)

<table>
<thead>
<tr>
<th>Study</th>
<th>Follow-up</th>
<th>Interventions</th>
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<tbody>
<tr>
<td>Yavaş 2007</td>
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<td>Phacoemulsification</td>
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<td>Yung 2007</td>
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<td>Phacoemulsification</td>
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<tr>
<td>Zacze 2014</td>
<td></td>
<td>Phacoemulsification</td>
</tr>
<tr>
<td>Zhang 2008</td>
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<td>Phacoemulsification</td>
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</tbody>
</table>

ECCE: extracapsular cataract extraction  
ICCE: intracapsular cataract extraction  
NSAIDs: non-steroidal anti-inflammatory drugs

Table 6. Outcomes

<table>
<thead>
<tr>
<th>Study</th>
<th>Follow-up</th>
<th>Poor vision outcome due to MO</th>
<th>Quality of life/patient satisfaction</th>
<th>Central retinal thickness</th>
<th>Adverse effects reported</th>
<th>CMO</th>
<th>Inflammation</th>
<th>BCVA</th>
<th>Additional outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Analysis 1.1</td>
<td>No analysis; only one study reported this</td>
<td>Analysis 1.2; Analysis 2.1</td>
<td>Analysis 1.4; Analysis 2.2</td>
<td>Analysis 1.5; Analysis 2.3</td>
<td>Analysis 1.7; Analysis 2.4</td>
<td>Analysis 1.3</td>
<td></td>
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<tr>
<td>Almeida 2008</td>
<td>1 month</td>
<td>Yes</td>
<td>OCT used but CMO not defined</td>
<td>Change in total macular volume</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Almeida 2012</td>
<td>1 month</td>
<td>COMTOL questionnaire</td>
<td>Mean change reported but not possible to calculate SD</td>
<td>LogMAR</td>
<td>Change in total macular volume; change in average macular cube thickness</td>
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<tr>
<td>Study</td>
<td>Follow-up</td>
<td>Outcome</td>
<td>Methodology</td>
<td>Vision Loss</td>
<td>CME Type</td>
<td>CME Outcome</td>
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<tr>
<td>Asano 2008</td>
<td>8 weeks</td>
<td>Yes</td>
<td>Fluorescein angiography using Miyake 1977 classification (at 5 weeks only)</td>
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<td>Laser flare-cell photometry, mean value of anterior chamber flare (photons/millisecond)</td>
<td>LogMAR, final value</td>
<td></td>
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<tr>
<td>Brown 1996</td>
<td>1 month</td>
<td></td>
<td>Laser flare-cell photometry, mean value of anterior chamber flare (photons/millisecond)</td>
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<tr>
<td>Cervantes-Coste 2009</td>
<td>6 weeks</td>
<td>Final value</td>
<td>Only reported CMO associated with vision loss</td>
<td>Yes</td>
<td>&quot;Inflammatory cells greater than 1+ during first week of postoperative visits&quot;</td>
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<tr>
<td>Chatziralli 2011</td>
<td>6 weeks</td>
<td>Yes</td>
<td>&quot;No evidence of clinically significant CME was detected in any patient via fundoscopy and</td>
<td></td>
<td></td>
<td>&quot;No evidence of clinically significant CME&quot;</td>
<td>Corneal oedema or Tyndall reaction or conjunctival hyperaemia</td>
<td>LogMAR, final value</td>
<td></td>
</tr>
<tr>
<td>Study</td>
<td>Follow-up</td>
<td>Outcome</td>
<td>Measure/Score</td>
<td>Notes</td>
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<tr>
<td>Donnenfeld 2006</td>
<td>3 months</td>
<td>Yes</td>
<td>&quot;Clinically significant CME&quot; but otherwise not defined, at 2 weeks only</td>
<td>&quot;Mean inflammation score&quot; but was not possible to calculate SD</td>
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<tr>
<td>Elsawy 2013</td>
<td>12 weeks</td>
<td></td>
<td>Clinical examination, unclear if OCT-verified</td>
<td>LogMAR, final value but could not extract data on SD</td>
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<td>Endo 2010</td>
<td>6 weeks</td>
<td>Final value Yes</td>
<td>Anterior chamber flare values, photon count per millisecond</td>
<td>LogMAR, final value</td>
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<tr>
<td>Italian Diclofenac Study Group 1997</td>
<td>140 days</td>
<td>Yes</td>
<td>Fluorescein angiography using Miyake 1977 classification</td>
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<tr>
<td>Jung 2015</td>
<td>1 month</td>
<td>Change  Yes</td>
<td>&quot;Inflammatory score&quot; (sum of anterior chamber cells and flare grade)</td>
<td>Change in macular volume</td>
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<tr>
<td>Kraff 1982</td>
<td>Between 2, 5 and 12 months</td>
<td>Yes</td>
<td>Fluorescein angiography using Miyake 1977 classification</td>
<td>Snellen acuity only, not included in analyses</td>
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<tr>
<td>Study</td>
<td>Time</td>
<td>Endpoint</td>
<td>Method</td>
<td>Unit of measurement</td>
<td>Outcome Measures</td>
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<tr>
<td>Li 2011</td>
<td>1 month</td>
<td>Final</td>
<td>OCT, “clinically apparent” CME otherwise not defined</td>
<td>Snellen acuity only, not included in analyses</td>
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<tr>
<td>Mathys 2010</td>
<td>2 months</td>
<td>Change from baseline</td>
<td>LogMAR</td>
<td>Change in foveal thickness, change in macular volume</td>
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<tr>
<td>Miyake 2007</td>
<td>5 weeks</td>
<td>Final</td>
<td>Flourescein angiography using Miyake 1977 classification</td>
<td>Unit of measurement unclear</td>
<td>Snellen acuity only, not included in analyses</td>
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<tr>
<td>Miyake 2011</td>
<td>5 weeks</td>
<td>Final</td>
<td>Flourescein angiography using Miyake 1977 classification</td>
<td>Flare (photons/millisecond), final value</td>
<td>Change in logMAR BCVA, categorical 3+, 2, 1 lines increase and no change</td>
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<td>Miyanaga 2009</td>
<td>2 months</td>
<td>Yes</td>
<td>“Obvious CMO confirmed by OCT”</td>
<td>Aqueous flare (photons/millisecond)</td>
<td>LogMAR, final value</td>
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<td>Moschos 2012</td>
<td>1 month</td>
<td>Final</td>
<td></td>
<td></td>
<td>LogMAR, final value</td>
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<td>Quentin 1989</td>
<td>180 days</td>
<td>Yes</td>
<td>Flourescein angiography using Miyake 1977 classification</td>
<td>Snellen acuity only, not included in analyses</td>
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<td>Study</td>
<td>Assessment Period</td>
<td>Outcome Measure</td>
<td>Methodology</td>
<td>Visual Acuity Outcome</td>
<td>Fluorescein Angiography Classification</td>
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<td>Rossetti 1996</td>
<td>6 months</td>
<td>Yes</td>
<td>Fluorescein angiography using Miyake 1977 classification</td>
<td>Snellen acuity only, not included in analyses</td>
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<td>Singh 2012</td>
<td>90 days</td>
<td>Change from baseline</td>
<td>&quot;&gt;= 30% increase in central subfield macular thickness from baseline&quot;</td>
<td>Flare mentioned but data not reported</td>
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<tr>
<td>Solomon 1995</td>
<td>6 months</td>
<td>Days 21 to 60, MO = positive angiography and visual acuity &lt;= 20/40</td>
<td>Fluorescein angiography using classification***</td>
<td>Snellen acuity but not reported by treatment group</td>
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<tr>
<td>Tauber 2006</td>
<td>30 days (3 months mentioned but not reported)</td>
<td>Reported but no mean/SD</td>
<td>Fluorescein angiography using Miyake 1977 classification</td>
<td>Proportion with &gt; 10% increase in retinal thickness</td>
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<td>Ticly 2014</td>
<td>5 weeks</td>
<td>Final value</td>
<td>Fluorescein angiography using Miyake 1977 classification</td>
<td>LogMAR</td>
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<tr>
<td>Tunc 1999</td>
<td>2 months</td>
<td></td>
<td>Fluorescein angiography 0 no leakage (CME absent), 1 oedema less than</td>
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<td>Study</td>
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<td>Methodology</td>
<td>Final Value</td>
<td>Assessment</td>
<td>Outcome Criteria</td>
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<tr>
<td>Tzelikis 2015</td>
<td>12 weeks</td>
<td>Final value</td>
<td>Yes</td>
<td>LogMAR,</td>
<td>Final value (at 30 days only)</td>
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<tr>
<td>Umer-Bloch 1983</td>
<td>12 weeks</td>
<td>Final value</td>
<td>Yes</td>
<td>Fluo-</td>
<td>Fluorescein angiography using Miyake 1977 classification</td>
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<td>rescein</td>
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</tr>
<tr>
<td>Wang 2015</td>
<td>2 months</td>
<td>OCT-confirmed CMO with “visual impairment” (not specified cutpoint)</td>
<td>Final value</td>
<td>Yes</td>
<td>“CME was defined as central retinal thickness &gt; 250 µm and the presence of intraretinal cystoid</td>
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</tr>
</tbody>
</table>

Table 6. Outcomes (Continued)
<table>
<thead>
<tr>
<th>Study</th>
<th>Follow-up</th>
<th>Methodology</th>
<th>Confirmation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wittpenn 2008</td>
<td>4 weeks</td>
<td>OCT-confirmed CMO with visual acuity &lt; 6/9</td>
<td>Yes</td>
<td>Clinical and OCT-based</td>
</tr>
<tr>
<td>Yannuzzi 1981</td>
<td>1 year</td>
<td>CMO on fluorescein angiography with visual acuity &lt; 6/60</td>
<td>Yes</td>
<td>Fluorescein angiography, evidence but not defined</td>
</tr>
<tr>
<td>Yavas 2007</td>
<td>3 months</td>
<td>“Slight fluorescein leakage into the cystic space without enclosing the entire central fovea or complete fluorescein accumulation in the cystic space was diagnosed as angiographic CME”</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yung 2007</td>
<td>12 weeks</td>
<td></td>
<td></td>
<td>LogMAR, final value</td>
</tr>
</tbody>
</table>
Table 6. Outcomes  (Continued)

<table>
<thead>
<tr>
<th>Study</th>
<th>Follow-up</th>
<th>Number of people followed up</th>
<th>Yes</th>
<th>OCT-verified but not defined</th>
<th>Mean anterior chamber flare reported in figure but no SD</th>
<th>LogMAR, final value</th>
<th>Change in total macular volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zaczek 2014</td>
<td>6 weeks</td>
<td></td>
<td>Yes</td>
<td>OCT-verified but not defined</td>
<td>Mean anterior chamber flare reported in figure but no SD</td>
<td>LogMAR, final value</td>
<td>Change in total macular volume</td>
</tr>
<tr>
<td>Zhang 2008</td>
<td>1 month</td>
<td></td>
<td></td>
<td>OCT-verified but not defined</td>
<td>Tyn granule +</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

BCVA: best corrected visual acuity  
CME: cystoid macular oedema (edema)  
CMO: cystoid macular oedema  
COMTOL: Comparison of Ophthalmic Medications for Tolerability (questionnaire)  
MO: macular oedema  
OCT: ocular coherence tomography  
SD: standard deviation

Table 7. Adverse effects

<table>
<thead>
<tr>
<th>Study</th>
<th>Follow-up</th>
<th>Number of people followed up</th>
<th>Adverse effects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Almeida 2008</td>
<td>1 month</td>
<td>74</td>
<td>Quote: “There were 3 dropouts in the treatment group related to ketorolac corneal toxicity, most notably pain attributed to the drops.”</td>
</tr>
<tr>
<td>Almeida 2012</td>
<td>1 month</td>
<td>162</td>
<td>Quote: “One patient in the ketorolac group was hospitalized with a cardiovascular event and could not complete the follow-up. Finally, 1 patient on nepafenac had side effects of ocular redness and irritation and could not continue with the study.”</td>
</tr>
<tr>
<td>Asano 2008</td>
<td>8 weeks</td>
<td>142</td>
<td>2 &quot;complications” not specified.</td>
</tr>
<tr>
<td>Brown 1996</td>
<td>1 month</td>
<td>NR</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Study</td>
<td>Duration</td>
<td>N</td>
<td>Quote</td>
</tr>
<tr>
<td>-------------------------------------------</td>
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<td>---------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Cervantes-Coste 2009</td>
<td>6 weeks</td>
<td>60</td>
<td>Quote: “There were no serious treatment-related adverse events or toxicity related to the use of nepafenac 0.1%.”</td>
</tr>
<tr>
<td>Chatziralli 2011</td>
<td>6 weeks</td>
<td>138</td>
<td>Quote: “All patients reported pain and ocular discomfort lower than 1/10 on the visual analog scale at all time points.”</td>
</tr>
<tr>
<td>Donnenfeld 2006</td>
<td>2 weeks</td>
<td>100</td>
<td>Quote: “Use of ketorolac 0.4% for 1 or 3 days provided decreased levels of patient discomfort intraoperatively and postoperatively. Intraoperatively, 3 days of ketorolac 0.4% provided significantly lower discomfort scores than with 1-hour and placebo dosing (P &lt; 0.001). One day of ketorolac 0.4% also provided significantly reduced intraoperative discomfort scores than with 1-hour dosing (P = 0.001) and placebo dosing (P &lt; 0.001). Postoperatively, 3 days of ketorolac 0.4% provided significantly lower discomfort scores than 1-hour dosing or control dosing (P &lt; 0.001) (Figure 5). In addition, patients randomised to 1 or 3 days of ketorolac 0.4% were significantly less likely to require additional intravenous anaesthesia (8% in each group) than patients in the control group (40%) (P = 0.008). Twenty percent of patients in the 1-hour group required additional anaesthesia for pain control.”</td>
</tr>
<tr>
<td>Elsawy 2013</td>
<td>12 weeks</td>
<td>86</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Endo 2010</td>
<td>6 weeks</td>
<td>62</td>
<td>Quote: “No adverse events were noted in either group.”</td>
</tr>
<tr>
<td>Italian Diclofenac Study Group 1997</td>
<td>140 days</td>
<td>229</td>
<td>Quote: “No major adverse effects were noted in either group.”</td>
</tr>
<tr>
<td>Study</td>
<td>Duration</td>
<td>Participants</td>
<td>Report</td>
</tr>
<tr>
<td>------------------</td>
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<td>---------</td>
</tr>
<tr>
<td>Jung 2015</td>
<td>1 month</td>
<td>91</td>
<td>Quote: “There were no adverse events except for a mild burning sensation in one patient in the ketorolac group; the symptom was tolerable and did not lead to discontinuation of the medication.”</td>
</tr>
<tr>
<td>Kraff 1982</td>
<td>between 2.5 and 12 months</td>
<td>492</td>
<td>Quote: “There were no complications that could be ascribed to the use of topical indomethacin other than minor stinging and burning noted by the patients.”</td>
</tr>
<tr>
<td>Li 2011</td>
<td>1 month</td>
<td>217</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Mathys 2010</td>
<td>2 months</td>
<td>79</td>
<td>Quote: “There were no adverse events reported by patients using nepafenac.”</td>
</tr>
<tr>
<td>Miyake 2007</td>
<td>5 weeks</td>
<td>50</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Miyake 2011</td>
<td>5 weeks</td>
<td>55</td>
<td>NSAIDs: 6 adverse effects: decreased lacrimation, conjunctivitis allergic, abnormal sensation in eye, vomiting (2), constipation Steroid group: 9 adverse effects: decreased lacrimation, conjunctivitis allergic, retinal haemorrhage, keratoconjunctivitis sicca, chorioretinopathy, influenza, insomnia, diarrhoea, humeral fracture</td>
</tr>
<tr>
<td>Miyanaga 2009</td>
<td>2 months</td>
<td>72</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Moschos 2012</td>
<td>1 month</td>
<td>79</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Quentin 1989</td>
<td>180 days</td>
<td>112</td>
<td>Quote: “Diclofenac group: two patients were feeling burning after application of eye drops”</td>
</tr>
</tbody>
</table>

“Subjective tolerance of the two treatments was good and remained similar throughout the study, although a trend towards increased burning was seen in the diclofenac group.”
Table 7. Adverse effects (Continued)

<table>
<thead>
<tr>
<th>Study</th>
<th>Duration</th>
<th>Total</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rossetti 1996</td>
<td>6 months</td>
<td>88</td>
<td>&quot;Treatment regimens were well tolerated with no evidence of relevant side effects.&quot;</td>
</tr>
<tr>
<td>Singh 2012</td>
<td>90 days</td>
<td>251</td>
<td>&quot;No patient deaths were reported during the study. Overall, 13 patients reported other serious adverse events, none of which were related to treatment. Three of the serious adverse events reported in the vehicle group (cardiac failure congestive, coronary artery occlusion, and pancreatitis) led to patient discontinuation; no other serious adverse events led to discontinuation in either treatment group. Separate from the three patients who discontinued due to serious adverse events, four other patients discontinued study participation due to nonserious adverse events. Of these nonserious events, two reported instances of punctate keratitis (one in each treatment group) were assessed as being related to the study drugs. No instances of targeted adverse events (defined as corneal erosions) were reported during the study. Two reports of punctate keratitis and a single report of corneal epithelium defect were assessed as being related to treatment with nepafenac. A single report of punctate keratitis was assessed as being related to treatment with vehicle. No other ocular or nonocular adverse events reported in the study were assessed as being related to the...&quot;</td>
</tr>
</tbody>
</table>
Table 7. Adverse effects (Continued)

<table>
<thead>
<tr>
<th>Study</th>
<th>Duration</th>
<th>Participants</th>
<th>Description</th>
</tr>
</thead>
</table>
| Solomon 1995 | 6 months | 364 | Study drugs<br>In both treatment groups, corneal staining and intraocular pressure were each generally similar at the presurgical baseline and at the day 90 visit (or early exit). Additionally, no safety issues or trends were identified based upon changes from baseline in fundus parameters (retina/macula/choroid and optic nerve) and ocular signs (inflammatory cells, aqueous flare, corneal oedema, and bulbar conjunctival injection). The study results indicate no new clinically relevant risks associated with increasing the dosing of nepafenac from 14 days to 90 days, even in the higher-risk diabetic patient population.”
| Tauber 2006 | 30 days (3 months mentioned but not reported) | 32 | Adverse effects not reported. |

Quote: “During the study, the mean severity of foreign-body sensation, pain, photophobia, and tearing did not become more than mild (1 +) in any treatment group. This was also true of burning and stinging following treatment instillation (Figure 4). The severity of burning and stinging was significantly greater in the flurbiprofen group on days 4-20 and 21-60 and in the indomethacin group on days 1-3, 4-20, 21-60, and 61-120 than in the vehicle group. At day 1-3, moderate to severe burning and stinging were reported by 7.0% (16/230) of the patients treated with flurbiprofen, 9.7% (23/237) of the patients treated with indomethacin, and 3.1% (7/224) of the patients treated with vehicle.”
Table 7. Adverse effects  (Continued)

<table>
<thead>
<tr>
<th>Study</th>
<th>Duration</th>
<th>Participants</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ticly 2014</td>
<td>5 weeks</td>
<td>81</td>
<td>One patient withdrew because of burning.</td>
</tr>
<tr>
<td>Tunc 1999</td>
<td>2 months</td>
<td>75</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Tzelikis 2015</td>
<td>1 month</td>
<td>126</td>
<td>Quote: “There were no adverse side effects in either group.”</td>
</tr>
<tr>
<td>Umer-Bloch 1983</td>
<td>12 weeks</td>
<td>73</td>
<td>Quote from translation: “40% reported a short burning after using indomethacin eye drops, only rare in patients of the placebo group. One patient had 6 weeks after treatment an allergic blepharitis due to indomethacin. Long-term: 52 patients were followed for 6 months and 34 patients one year. 4 patients with indomethacin had visual acuity reduction because of a clinically new cystoid edema; 2 of these patients had spontaneous healing after 4-6 weeks, the other 2 edema cases did not resolve. 2 patients had a new senile macula pathology, and 2 patients had a retinal detachment due to aphakia. Placebo: 2 patients still had an edema after 12 weeks, while one patient developed a new edema later.”</td>
</tr>
<tr>
<td>Wang 2013</td>
<td>2 months</td>
<td>167</td>
<td>Quote: “No drug-related adverse events were identified.”</td>
</tr>
<tr>
<td>Wittppen 2008</td>
<td>4 weeks</td>
<td>478</td>
<td>Quote: “The most commonly reported adverse events (investigator self-report) in the ketorolac/steroid group were burning/stinging/tearing (4/268). Transient elevations in intraocular pressure (IOP) were the most commonly reported adverse event in the steroid group (3/278). There were two serious adverse events, both in the steroid group: one patient...”</td>
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</table>
Table 7. Adverse effects (Continued)

<table>
<thead>
<tr>
<th>Study</th>
<th>Duration</th>
<th>N</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yannuzzi 1981</td>
<td>1 year</td>
<td>231</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Yavas 2007</td>
<td>3 months</td>
<td>179</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Yung 2007</td>
<td>12 weeks</td>
<td>37</td>
<td>Adverse effects not reported.</td>
</tr>
<tr>
<td>Zaczek 2014</td>
<td>6 weeks</td>
<td>152</td>
<td>Quote: “Mild to moderate punctuate epithelial defects of the cornea were found in both groups 3 weeks after treatment. Statistically significantly more patients in the nepafenac group than in the control group had corneal fluorescein staining (20 [26.7%] versus 8 [10.4%]) (PZ. 0119). Headache was reported by 3 patients (4.0%) in the nepafenac group and 2 patients (2.6%) in the control group (PZ.9750). No other systemic or local untoward effects were recorded during 3 weeks of treatment in either study group. &quot;</td>
</tr>
<tr>
<td>Zhang 2008</td>
<td>1 month</td>
<td>220</td>
<td>Adverse effects not reported.</td>
</tr>
</tbody>
</table>

**HISTORY**


<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 July 2008</td>
<td>Amended</td>
<td>Converted to new review format.</td>
</tr>
</tbody>
</table>
CONTRIBUTIONS OF AUTHORS

• Conceiving the review: Cochrane Eyes and Vision (CEV)
• Designing the review: JE
• Co-ordinating the review: JE
• Data collection for the review
  ○ designing search strategies: CEVG Information Specialist
  ○ undertaking electronic searches: CEVG Information Specialist
  ○ screening search results: BL, CL, DL
  ○ organising retrieval of papers: CEVG Information Specialist
  ○ screening retrieved papers against inclusion criteria: BL, CL, DL
  ○ appraising quality of papers: BL, CL, DL, JE
  ○ extracting data from papers: BL, CL, DL, JE
  ○ writing to authors of papers for additional information: BL, JE
  ○ providing additional data about papers: BL, JE
  ○ obtaining and screening data on unpublished studies: JE, BL

• Data management for the review
  ○ entering data into RevMan 5: JE
  ○ analysis of data: JE, CB
• Interpretation of data
  ○ providing a methodological perspective: JE, CB, RW
  ○ providing a clinical perspective: BL, CL, DL, RW
  ○ providing a policy perspective: RW

• Writing the review: BL, CL, DL, JE, RW
• Providing general advice on the review: RW
DECLARATIONS OF INTEREST

JE: None known
BL: None known
CL: None known
DL: None known
CB: None known
RW: None known.

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• No sources of support supplied

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  • The NIHR also funds the CEV Editorial Base in London which funds part of Jennifer Evan's salary.
  • Cochrane Incentive Scheme awarded in 2015.

The views expressed in this publication are those of the authors and not necessarily those of the NIHR, NHS, or the Department of Health.

DIFFERENCES BETWEEN PROTOCOL AND REVIEW

In the protocol we had planned to contact pharmaceutical companies for more information (Goh 2007). We did not do this because since the protocol was written, the role of clinical trial registries have meant that it is much easier to identify potentially unpublished trials.

We had planned to use confidence intervals for the $I^2$ value, but as this is not routinely implemented in RevMan 5 as yet, we have not done this. We felt the extra effort required to analyse the data in a software package that could provide these confidence intervals, such as Stata, was not worth it.

We added some additional outcomes as a result of our collaboration with the National Institute for Health and Care Excellence (NICE). These are clearly identified in the text. We have clarified our definition of macular oedema to include all 3 levels of the Miyake classification and whether or not cystic spaces are detectable on imaging which we have termed simply macular oedema (MO). Cystoid has been removed from the title.
NOTES

The protocol for this review question was first published in 2007 (Goh 2007). The original review team were unable to complete the review and therefore a new review team was found. The latest protocol for this review was published in 2011 (Abeysiri 2011).

INDEX TERMS

Medical Subject Headings (MeSH)

Administration, Topical; Anti-Inflammatory Agents, Non-Steroidal [adverse effects; "therapeutic use"]; Cataract Extraction [*adverse effects]; Macular Edema [etiology; "prevention & control"]; Postoperative Complications [*prevention & control]; Randomized Controlled Trials as Topic; Steroids [therapeutic use]

MeSH check words

Aged; Humans