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Original Contribution

Estimates of the Transmissibility of the 1968 (Hong Kong) Influenza Pandemic: Evidence of Increased Transmissibility Between Successive Waves

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The transmissibility of the strain of influenza virus which caused the 1968 influenza pandemic is poorly understood. Increases in outbreak size between the first and second waves suggest that it may even have increased between successive waves. The authors estimated basic and effective reproduction numbers for both waves of the 1968 influenza pandemic. Epidemic curves and overall attack rates for the 1968 pandemic, based on clinical and serologic data, were retrieved from published literature. The basic and effective reproduction numbers were estimated from 46 and 17 data sets for the first and second waves, respectively, based on the growth rate and/or final size of the epidemic. Estimates of the basic reproduction number ($R_0$) were in the range of 1.06–2.06 for the first wave and, assuming cross-protection, 1.21–3.58 in the second. Within each wave, there was little geographic variation in transmissibility. In the 10 settings for which data were available for both waves, $R_0$ was estimated to be higher during the second wave than during the first. This might partly explain the larger outbreaks in the second wave as compared with the first. This potential for change in viral behavior may have consequences for future pandemic mitigation strategies.

The current pandemic of novel H1N1 influenza illustrates the ability of novel influenza viruses to spread rapidly through populations. H1N1 first emerged in spring 2009, and a second wave is expected in the Northern Hemisphere in the autumn. The 1968 (Hong Kong) H3N2 influenza pandemic also occurred in 2 waves, the second being more severe than the first in many settings (1–9). Like H1N1 (and H5N1, another influenza virus with pandemic potential), the H3N2 virus was not completely antigenically novel but shared its neuraminidase with the H2N2 virus, which had circulated for the preceding 10 years.

The impact of any pandemic depends to a great extent on the transmissibility of the causal pathogen, which is usually described using the basic reproduction number, $R_0$ (the average number of secondary infectious cases resulting from an infectious person’s introduction into a totally susceptible population). The equivalent statistic in a partially susceptible population is the effective (net) reproduction number, $R_n$. According to several studies, the $R_0$ of the 1918 H1N1 (10–16) and 1957 H2N2 (12, 13, 17) pandemic influenza viruses was between 1.2 and 3. The characteristics of the H3N2 pandemic influenza virus are poorly understood. Estimates of its reproduction numbers have primarily been based upon data from the second wave (11–13, 18); in a study based on national general practice consultation data from England and Wales, Hall et al. (19) estimated that $R_n$ increased slightly between successive waves, from 1.28 to 1.56. Several estimates have been based upon mortality data (11, 13, 18), and all but 2 (20, 21) were based on national (11, 13, 18, 19) or city-level (12, 18) data from England and Wales. Few studies have explored temporal or geographic variation in the $R_0$ of the 1968 pandemic virus.

In this study, we reviewed morbidity and serologic data from diverse settings for the first and second waves of the 1968 influenza pandemic to determine the extent to which $R_0$ and $R_n$ differed temporally, geographically, and between successive waves.
### Table 1. Data Sets From Open Settings Used in Analyses of the H3N2 Influenza Pandemic of 1968

<table>
<thead>
<tr>
<th>Setting</th>
<th>Wave</th>
<th>Observation Period</th>
<th>Case Definition/ Source of Data</th>
<th>% of Population Meeting Case Definition</th>
<th>No. of Persons Meeting Case Definition</th>
<th>Size of Eligible Population</th>
<th>Method Used to Estimate $R_0$</th>
<th>Length of Period Used to Estimate Growth Rate, weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hong Kong (36)</td>
<td>1</td>
<td>May 27, 1968–September 28, 1968</td>
<td>Cases of ILI reported weekly to the Epidemiological Office from 6 outpatient departments and hospitals</td>
<td>N/A</td>
<td></td>
<td>100$^c$</td>
<td>Growth rate</td>
<td>4</td>
</tr>
<tr>
<td>Bangkok/ Dhonburi, Thailand (37)</td>
<td>1</td>
<td>July 29, 1968–December 1, 1968</td>
<td>Attendance at an outpatient clinic of Siriraj Hospital with clinical diagnosis of influenza</td>
<td>N/A</td>
<td></td>
<td>100$^c$</td>
<td>Growth rate</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>July 29, 1968–November 17, 1968</td>
<td>Physician’s diagnosis of influenza reported in a questionnaire survey of school students and their families and medical students</td>
<td>N/A</td>
<td></td>
<td>100$^c$</td>
<td>Growth rate</td>
<td>9</td>
</tr>
<tr>
<td>Panama Canal Zone (22)</td>
<td>1</td>
<td>August 5, 1968–November 10, 1968</td>
<td>Clinic visits for acute respiratory infection in Paraíso and Pedro Miguel, Panama, for patients aged ≥3 years</td>
<td>N/A</td>
<td></td>
<td>94$^d$</td>
<td>Growth rate</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td></td>
<td>November 1968</td>
<td>≥4-fold increase in HI antibody titer since June/July 1968 in serologic survey of laboratory workers</td>
<td></td>
<td></td>
<td>26 15 57 93$^a$</td>
<td>Final size</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>September 1, 1968–October 31, 1968</td>
<td>Clinical ILI reported in a retrospective survey of families in Paraíso and Pedro Miguel</td>
<td></td>
<td></td>
<td>46 235 516 94$^d$</td>
<td>Final size</td>
<td></td>
</tr>
<tr>
<td>Kansas City, Missouri, United States (23)</td>
<td>1</td>
<td>November 4, 1968–January 18, 1969</td>
<td>Self-reported ILI (defined as “an illness with the symptoms of fever, cough, muscle aches and pains, headache, and sore throat”) in a retrospective questionnaire survey of high school students and their families</td>
<td>39</td>
<td>2,711 6,994 100$^c$</td>
<td>Growth rate, final size</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>November 4, 1968–January 18, 1969</td>
<td>HI antibody titer ≥1:10 in a serologic survey of a subgroup of students</td>
<td>49</td>
<td>139 285 100$^c$</td>
<td>Final size</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>November 4, 1968–January 18, 1969</td>
<td>HI antibody titer ≥1:10 and self-reported ILI (defined as above) in the same subgroup of students</td>
<td>28</td>
<td>81 285 100$^c$</td>
<td>Growth rate</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Location</td>
<td>Week Start</td>
<td>Week End</td>
<td>Description</td>
<td>Cases</td>
<td>Final Size</td>
<td>Growth Rate</td>
<td></td>
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<tr>
<td>United Kingdom (2)</td>
<td>December 23, 1968 – June 22, 1969</td>
<td>Influenza and ILI reported to the General Practice Research Unit of the RCGP, for patients consulting 40 general practices</td>
<td>N/A</td>
<td>90 (based on ref. 24)</td>
<td>Growth rate 8</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Summer 1969</td>
<td>HI antibody titer ≥ 1:10 in serologic survey of serum samples from adults sent to the PHLS for other tests</td>
<td>57, 631, 1,104</td>
<td>58</td>
<td>Final size</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>November 4, 1968 – April 6, 1969</td>
<td>Weekly laboratory-confirmed influenza cases (influenza A virus isolations and cases with ≥4-fold increase in antibody titer) reported to the PHLS by hospital and public health laboratories</td>
<td>N/A</td>
<td>90 (based on ref. 24)</td>
<td>Growth rate 6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>United Kingdom (7)</td>
<td>December 9, 1968 – April 20, 1969</td>
<td>Clinical influenza cases reported by the RCGP</td>
<td>N/A</td>
<td>90 (based on ref. 24)</td>
<td>Growth rate 9</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>United Kingdom (2)</td>
<td>November 3, 1969 – April 5, 1970</td>
<td>Influenza and ILI reported to the General Practice Research Unit of the RCGP, for patients consulting 40 general practices</td>
<td>N/A</td>
<td>65 (based on ref. 24)</td>
<td>Growth rate 8</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Summer 1970</td>
<td>HI antibody titer ≥ 1:10 in serologic survey of serum samples from adults sent to the PHLS for other tests</td>
<td>70, 1,502, 2,139</td>
<td>43</td>
<td>Final size</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>November 10, 1969 – February 22, 1970</td>
<td>Weekly laboratory-confirmed influenza cases (influenza A virus isolations and cases with ≥4-fold increase in antibody titer) reported to the PHLS by hospital and public health laboratories</td>
<td>N/A</td>
<td>65 (based on ref. 24)</td>
<td>Growth rate 5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>United Kingdom (7)</td>
<td>December 8, 1969 – April 5, 1970</td>
<td>Reports to the PHLS of influenza A virus isolations and cases with a ≥4-fold increase in antibody titer from public health and hospital laboratories</td>
<td>N/A</td>
<td>65 (based on ref. 24)</td>
<td>Growth rate 6</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Setting</td>
<td>Wave</td>
<td>Observation Period</td>
<td>Case Definition/Source of Data</td>
<td>% of Population Meeting Case Definition</td>
<td>No. of Persons Meeting Case Definition</td>
<td>Size of Eligible Population</td>
<td>% of Population Susceptible to Infection at Beginning of Wave</td>
<td>Method Used to Estimate $R_0$</td>
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<tr>
<td>Scotland (8)</td>
<td>1</td>
<td>December 30, 1968–June 15, 1969</td>
<td>Returns from laboratories of viral isolations, ≥4-fold increase in antibody titer, or high single antibody titer</td>
<td>N/A</td>
<td></td>
<td>90 (based on ref. 24)</td>
<td>Growth rate</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>December 1, 1968–April 26, 1970</td>
<td>Returns from laboratories of viral isolations, ≥4-fold increase in antibody titer, or high single antibody titer</td>
<td>N/A</td>
<td></td>
<td>65 (based on ref. 24)</td>
<td>Growth rate</td>
<td>8</td>
</tr>
<tr>
<td>Cirencester, United Kingdom (38)</td>
<td>1</td>
<td>November 27, 1968–April 15, 1969</td>
<td>Weekly GP consultations for febrile respiratory disease</td>
<td>N/A</td>
<td></td>
<td>90 (based on ref. 24)</td>
<td>Growth rate</td>
<td>10</td>
</tr>
<tr>
<td>Sheffield, United Kingdom (24)</td>
<td>1</td>
<td>May–July 1969</td>
<td>Hi antibody titer ≥1:6 in serologic survey of blood donors, antenatal clinic attendees, and samples submitted for other tests</td>
<td>35</td>
<td>160</td>
<td>454</td>
<td>90*</td>
<td>Final size</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>Summer 1969</td>
<td>≥4-fold increase in Hi antibody titer in serologic survey of men living in the London borough of Lambeth</td>
<td>31</td>
<td>112</td>
<td>367</td>
<td>81*</td>
<td>Final size</td>
</tr>
<tr>
<td>Lambeth, London, United Kingdom (2)</td>
<td>1</td>
<td>Summer 1969</td>
<td>≥4-fold increase in Hi antibody titer in serologic survey of men living in the London borough of Lambeth</td>
<td>28</td>
<td>85</td>
<td>302</td>
<td>52*</td>
<td>Final size</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>Summer 1970</td>
<td>≥4-fold increase in Hi antibody titer in serologic survey of men living in the London borough of Lambeth</td>
<td>28</td>
<td>85</td>
<td>302</td>
<td>52*</td>
<td>Final size</td>
</tr>
<tr>
<td>West Nile District, Uganda (25)</td>
<td>1</td>
<td>November 1969</td>
<td>Hi antibody titer ≥1:20 in serologic survey of samples collected during an unrelated survey</td>
<td>17</td>
<td>19</td>
<td>115</td>
<td>100*</td>
<td>Final size</td>
</tr>
<tr>
<td>Kabale, Uganda (25)</td>
<td>1</td>
<td>January 1970</td>
<td>Hi antibody titer ≥1:20 in serologic survey of randomly selected outpatients and staff at Kabale Hospital</td>
<td>22</td>
<td>16</td>
<td>73</td>
<td>100*</td>
<td>Final size</td>
</tr>
<tr>
<td>Czechoslovakia (39)</td>
<td>1</td>
<td>January 6, 1969–June 1, 1969</td>
<td>Weekly reported clinical influenza cases in Czechoslovakia, Czech Socialist Republic, and 5 districts individually</td>
<td>N/A</td>
<td></td>
<td>100*</td>
<td>Growth rate</td>
<td>4–8, depending on district</td>
</tr>
<tr>
<td>Location</td>
<td>Date</td>
<td>Event</td>
<td>Details</td>
<td>Cases</td>
<td>Groups</td>
<td>Growth Rate</td>
<td>Final Size</td>
<td></td>
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</tr>
<tr>
<td>Moscow, Union of Soviet Socialist Republics (32)</td>
<td>January–February 1969</td>
<td>“Morbidity” in adult placebo group in trial of prophylactic interferon</td>
<td>18 551 3,129 100&lt;sup&gt;f&lt;/sup&gt;</td>
<td>Final size</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donetsk, Ukraine (32)</td>
<td>Not stated</td>
<td>“Morbidity” in young children’s (ages 2–6 years) placebo group in trial of prophylactic interferon</td>
<td>12 53 454 100&lt;sup&gt;c&lt;/sup&gt;</td>
<td>Final size</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>São Paulo, Brazil (4)</td>
<td>February 1969</td>
<td>HI antibody titer ≥1:10 in serologic survey</td>
<td>70 684 980 73&lt;sup&gt;d&lt;/sup&gt;</td>
<td>Final size</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Khartoum, Sudan (9, 27)</td>
<td>After May 1970</td>
<td>Complement-fixing antibody titer ≥1:10 in serologic survey of outpatients and serum samples submitted for other tests in Khartoum, Omdurman, and Khartoum North</td>
<td>64 123 192 50&lt;sup&gt;c&lt;/sup&gt;</td>
<td>Final size</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sydney, New South Wales, Australia (5)</td>
<td>May 1970</td>
<td>“Demonstrable antibodies” in serologic survey of blood donors</td>
<td>40 213 538 94&lt;sup&gt;d&lt;/sup&gt;</td>
<td>Final size</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Epping, New South Wales, Australia (6)</td>
<td>Approximately July–August 1969</td>
<td>Cases of IIL reported during retrospective surveys of GP patients and their families who consulted a GP for any reason after the epidemic (excluding vaccinees)</td>
<td>16 176 1,099 94 (based on ref. 5)</td>
<td>Final size</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Approximately June–August 1970</td>
<td>Cases of IIL reported during retrospective surveys of GP patients and their families who consulted a GP for any reason after the epidemic (excluding vaccinees)</td>
<td>24 305 1,275 60 (based on ref. 5)</td>
<td>Final size</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Setting</td>
<td>Wave</td>
<td>Observation Period</td>
<td>Case Definition/Source of Data</td>
<td>% of Population Meeting Case Definition (a)</td>
<td>No. of Persons Meeting Case Definition</td>
<td>Size of Eligible Population</td>
<td>% of Population Susceptible to Infection at Beginning of Wave</td>
<td>Method Used to Estimate (R_0)</td>
</tr>
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<td>---------------------------------------------</td>
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</tr>
<tr>
<td>Epping, New South Wales, Australia (33)</td>
<td>1</td>
<td>Approximately July–August 1969</td>
<td>Cases of ILI reported during retrospective surveys of GP patients and their families who consulted a GP for any reason after the epidemic (excluding vaccinees)</td>
<td>19</td>
<td>150</td>
<td>808</td>
<td>94 (based on ref. 5)</td>
<td>Final size</td>
</tr>
<tr>
<td>New South Wales, Australia (6)</td>
<td>1</td>
<td>June 21, 1969–September 12, 1969</td>
<td>Weekly Hong Kong influenza virus isolates at Institute of Clinical Pathology and Medical Research</td>
<td>N/A</td>
<td></td>
<td></td>
<td>94 (based on ref. 5)</td>
<td>Growth rate 4</td>
</tr>
<tr>
<td>Guatemala (40)</td>
<td>2</td>
<td>August 10, 1969–December 27, 1969</td>
<td>Weekly reported cases of ILI</td>
<td>N/A</td>
<td></td>
<td></td>
<td>50(^c)</td>
<td>Growth rate 7</td>
</tr>
<tr>
<td>Doncaster, United Kingdom (1)</td>
<td>2</td>
<td>November 26, 1969–January 20, 1970</td>
<td>Weekly GP consultations for clinical influenza</td>
<td>N/A</td>
<td></td>
<td></td>
<td>65 (based on ref. 24)</td>
<td>Growth rate 4</td>
</tr>
<tr>
<td></td>
<td></td>
<td>November 26, 1969–January 20, 1970</td>
<td>“Probable influenza” as judged by response to questionnaire survey of random sample of patients registered with a general practice</td>
<td>20</td>
<td>108</td>
<td>530</td>
<td>65 (based on ref. 24)</td>
<td>Final size</td>
</tr>
<tr>
<td>Mombasa, Kenya (26)</td>
<td>2</td>
<td>February 1970</td>
<td>HI antibody titer (&gt;1:20) in serologic survey of randomly selected patients receiving treatment at a hospital</td>
<td>37</td>
<td>21</td>
<td>57</td>
<td>100(^c,9)</td>
<td>Final size</td>
</tr>
<tr>
<td>Arusha, Tanzania (26)</td>
<td>2</td>
<td>February 1970</td>
<td>HI antibody titer (&gt;1:20) in serologic survey of randomly selected patients receiving treatment at a hospital</td>
<td>72</td>
<td>65</td>
<td>90</td>
<td>100(^d)</td>
<td>Final size</td>
</tr>
</tbody>
</table>

Abbreviations: GP, general practitioner; HI, hemagglutination-inhibiting; ILI, influenza-like illness; N/A, not applicable; PHLS, Public Health Laboratory Service; RCGP, Royal College of General Practitioners.

\(^a\) Period covered by incidence data or time at which serum samples were taken.
\(^b\) For data sets with good ascertainment only. For serologic data, the proportion of the population meeting the case definition is not necessarily equivalent to the proportion experiencing infection during the given wave (as seropositivity may reflect infection either during that wave or previously). “N/A” means that ascertainment was incomplete. Numerators may include persons who did not report the date of onset of illness and therefore were not included in estimation of \(R_0\) using the epidemic growth rate.
\(^c\) Assumed proportion susceptible.
\(^d\) Proportion susceptible based on the original data set or on data cited in the original paper.
\(^e\) Data quoted in the paper implied that 94% of persons in the wider population were likely to be susceptible; however, because of the small size of this sample, it was necessary to round to 93%.
\(^f\) Case definition not given, but comparison with reference 25 suggests this definition.
\(^g\) Although these data refer to the second wave, the data were inconsistent with 50% of individuals being susceptible at the start of the wave. Therefore, it was assumed that all persons were initially susceptible.
MATERIALS AND METHODS

Data sources

We searched PubMed and CAB Direct from 1966 to 2006 for English-language studies that presented data on 1) the proportions of persons who experienced infection (as implied by serologic analysis) or clinical disease and 2) weekly numbers of cases during the first and/or second waves of the 1968 influenza pandemic. Reference lists in the articles retrieved were also searched, and key journals (including Bulletin of the World Health Organization, British Medical Journal, and Weekly Epidemiological Record) from 1968–1970 were hand-searched. Age-stratified data were also obtained where possible. The data sets (Tables 1 and 2) were classified as referring to either confined (e.g., military bases, ships, homes, schools) or open (cities or national populations) settings. Data sets which clearly included vaccinated persons were excluded. The first and second waves were defined from the identified reports, based on the timing of the global circulation of the virus: approximately July 1968 to August 1969 for the first wave and September 1969 to September 1970 for the second.

Serologic data. We identified 25 suitable serologic data sets (17 for the first wave, 8 for the second (2–5, 22–31)). The definition of infection varied (Tables 1 and 2) but was frequently either a hemagglutination-inhibiting antibody titer of ≥1:10 or a ≥4-fold increase in hemagglutination-inhibiting antibody titer. For consistency, when hemagglutination-inhibiting antibody titers were presented without a definition of infection, a titer of ≥1:10 was taken as positive.

Clinical attack rates. We identified 11 data sets (9 for the first wave, 2 for the second (1, 6, 22, 23, 32–35)) with suitable data on the proportion of persons who experienced clinical disease (i.e., clinical attack rates). These were data sets in which ascertainment appeared to be good—for example, from retrospective surveys or intervention studies. Case definitions were taken from the original data sets. We calculated 95% exact binomial confidence intervals for both the clinical attack rates and the proportions seropositive.

Epidemic curves. We identified 27 suitable data sets (20 for the first wave, 7 for the second (1, 2, 6–9, 22, 23, 35–40)) on the weekly number of clinical cases (see Web Figure 1, which is posted on the Journal’s Web site (http://aje.oxfordjournals.org/)). Data sets involving small numbers of cases (e.g., <25) or irregular increases in case numbers were excluded.

Analyses of attack rates and reproduction numbers

Calculation of susceptible attack rates. For settings in which the proportion of persons seropositive before and after one or both waves was available, the susceptible attack rate (\(AR_{sus}\)) was calculated as

\[
AR_{sus} = \frac{P_{post} - P_{pre}}{1 - P_{pre}},
\]

where \(P_{pre}\) and \(P_{post}\) are the proportions seropositive before and after the given wave, respectively. We estimated 95% credible intervals for the susceptible attack rate by Monte Carlo sampling of posterior distributions of the proportion seropositive in each wave, using conjugate properties of the beta distribution with binomial priors (41). Here, \(P_{pre}\) and \(P_{post}\) were treated as though they were independent.

Estimation of \(R_0\). \(R_0\) was estimated for each data set using either the final size of the epidemic (for serologic data and clinical data with good ascertainment) or its growth rate (for epidemic curves) (42, 43) (Tables 1 and 2). These methods do not account for contact patterns in the population. Although recent studies have suggested that contact patterns are age-dependent (44), the attack rates in the age-stratified data we retrieved did not vary with age (Web Figures 2 and 3 (http://aje.oxfordjournals.org/)). This is paradoxical and may reflect age-related differences in susceptibility or case ascertainment. Such effects are difficult to study using the limited age-stratified data available; therefore, we restricted our analyses to data which were not age-stratified.

Estimates of \(R_0\) using the final size of the epidemic. \(R_0\) was estimated for the corresponding data sets (1–6, 22–35) using the equation (42)

\[
R_0 = \frac{N - 1}{C} \sum_{i=S_0+1}^{S_n} \frac{1}{i},
\]

where \(N\) is the population size, \(C\) is the number of infected persons or clinical cases (depending on the data set) recorded during the wave, and \(S_0\) and \(S_n\) are the numbers of persons considered to be susceptible in the population at the beginning and end of the wave, respectively.

The standard error (SE) of \(R_0\) was calculated as (42)

\[
SE(R_0) = N - 1 \sum_{i=S_0+1}^{S_n} \frac{1}{i^2} + \frac{CR_0^2}{(N-1)^2}.
\]

\(R_n\) was estimated as \(R_n = R_0s\), where \(s\) is the proportion of the population that is susceptible to infection at the beginning of the wave. We calculated 95% confidence intervals for \(R_n\) by multiplying the respective limits on \(R_0\) by the proportion susceptible.

Estimates of \(R_0\) using the growth rate of the epidemic. For each epidemic curve (1, 2, 6–9, 22, 23, 35–40; Web Figure 1), \(R_n\) was estimated using the equation (43)

\[
R_n = \Lambda^2 LD + \Lambda(L + D) + 1,
\]

where \(L\) and \(D\) are the durations of the latent and infectious periods, respectively, and \(\Lambda\) is the growth rate in the cumulative number of cases reported during the exponential growth phase of the epidemic (calculated as the gradient of the straight line fitted to the natural logarithm of the cumulative number of cases during this phase). We estimated the length of this phase for each data set (Tables 1 and 2) by visually inspecting the plot of the natural logarithm of the cumulative number of cases against time. The latent and infectious periods were each assumed to last 2 days,

### Table 2. Data Sets From Confined Settings Used in Analyses of the H3N2 Influenza Pandemic of 1968

<table>
<thead>
<tr>
<th>Setting</th>
<th>Wave</th>
<th>Observation Period</th>
<th>Case Definition/ Source of Data</th>
<th>% of Population Meeting Case Definition</th>
<th>No. of Persons Meeting Case Definition</th>
<th>Size of Eligible Population</th>
<th>% of Population Susceptible to Infection at Beginning of Wave</th>
<th>Method Used to Estimate $R_0$</th>
</tr>
</thead>
<tbody>
<tr>
<td>USS Finch, Hong Kong (28)</td>
<td>1</td>
<td>August 2, 1968–August 26, 1968</td>
<td>≥4-fold increase in HI and/or complement-fixing antibody titer among men providing 3 serum samples during an outbreak aboard a US naval vessel after arrival in Hong Kong</td>
<td>48</td>
<td>47</td>
<td>97</td>
<td>100c</td>
<td>Final size</td>
</tr>
<tr>
<td>Medical conference, Teheran, Iran (34)</td>
<td>1</td>
<td>September 7, 1968–September 15, 1968</td>
<td>Reported general and local symptoms with or without fever reported through a questionnaire survey of attendees following an outbreak at a medical conference</td>
<td>35</td>
<td>296</td>
<td>844</td>
<td>99d</td>
<td>Final size</td>
</tr>
<tr>
<td>Japanese Self-Defense Forces camps (29)</td>
<td>1</td>
<td>April 1969</td>
<td>≥4-fold increase in HI antibody titer since October 1968 in a serologic survey of randomly selected persons in Japanese Self-Defense Forces camps</td>
<td>37</td>
<td>495</td>
<td>1,325</td>
<td>100c</td>
<td>Final size</td>
</tr>
<tr>
<td>Japanese primary school (29)</td>
<td>1</td>
<td>November 1968</td>
<td>Hong Kong antibody titer ≥1:128 in a serologic survey of children in an “epidemic” primary school class</td>
<td>69</td>
<td>33</td>
<td>48</td>
<td>100c</td>
<td>Final size</td>
</tr>
<tr>
<td>Fuchu sanatorium, Japan (29)</td>
<td>1</td>
<td>April 1969</td>
<td>≥4-fold increase in antibody titer since February 1969 or single titer ≥1:128 in a serologic survey of patients</td>
<td>19</td>
<td>22</td>
<td>114</td>
<td>100c</td>
<td>Final size</td>
</tr>
<tr>
<td>Nakano sanatorium, Japan (29)</td>
<td>1</td>
<td>May 1969</td>
<td>≥4-fold increase in antibody titer since February 1969 or single titer ≥1:128 in a serologic survey of patients and staff</td>
<td>34</td>
<td>202</td>
<td>593</td>
<td>100c</td>
<td>Final size</td>
</tr>
<tr>
<td>Japanese Ground Self-Defense Forces (30)</td>
<td>1</td>
<td>May 1969</td>
<td>≥4-fold increase in HI antibody titer since October 1968 in a control group living in different barracks than the vaccinated group in a clinical trial of Hong Kong influenza vaccine among soldiers</td>
<td>63</td>
<td>57</td>
<td>90</td>
<td>100c</td>
<td>Final size</td>
</tr>
<tr>
<td>Elderly care home, Philadelphia, Pennsylvania, United States (35)</td>
<td>1</td>
<td>November 1968</td>
<td>ILI in residents during an outbreak of Hong Kong influenza</td>
<td>31</td>
<td>255</td>
<td>824</td>
<td>100c</td>
<td>Final size</td>
</tr>
<tr>
<td>Children’s home, North Carolina, United States (31)</td>
<td>1</td>
<td>December 1968</td>
<td>Admission to infirmary with ≥4-fold increase in complement-fixing or HI antibody titer, or other serologic evidence of infection</td>
<td>15d</td>
<td>41</td>
<td>277</td>
<td>100c,d</td>
<td>Final size</td>
</tr>
</tbody>
</table>
consistent with experimental data (see references in the article by Vynnycky et al. (15)). \( R_0 \) was estimated using the equation \( R_0 = \frac{R_n}{\lambda} \). We calculated 95% confidence intervals for \( R_n \) (and hence \( R_0 \)) from the 95% confidence limits on \( \Lambda \).

Equation 3 assumes that the latent and infectious periods follow the exponential distribution; however, in previous analyses of several H1N1 pandemic influenza data sets, investigators found that \( R_0 \)'s in most cases were very similar, irrespective of whether an exponential or tight distribution of the latent and infectious periods was assumed (15). We also used the expression \( e^{MT_g} \) (where \( T_g \) is the generation time), which provides an upper bound for \( R_n \) (45), to assess whether we had underestimated \( R_n \).

All persons in a given setting were assumed to be susceptible to infection before the first pandemic wave, unless there was evidence to the contrary (e.g., data on pre-epidemic seropositivity) from the same setting or a similar setting (Tables 1 and 2). The proportion susceptible at the start of the second wave was also based on serologic data (see Tables 1 and 2). For Guatemala and Khartoum, Sudan, serologic data were unavailable, and 50% of persons were assumed to be susceptible at the start of the second wave, which is plausible given the proportion of persons who were seropositive after the first wave elsewhere (Web Figure 4 (http://aje.oxfordjournals.org/)).

To explore the sensitivity of our estimates of \( R_0 \) and \( R_n \) to assumptions about the proportion initially susceptible, all analyses were repeated assuming that 100% and 50% of each population was susceptible at the start of the first and second waves, respectively.

RESULTS

Proportions infected and clinical attack rates

The proportion of persons with serologic evidence of infection after the first wave of the 1968 pandemic varied from 15% in a North Carolina children’s home to 76% in Japanese Self-Defense Forces camps (Web Figure 4). After the second wave, this proportion ranged from 37% in Mombasa, Kenya, to 74% in São Paulo, Brazil. The corresponding susceptible attack rates varied from 19% to 58% during the first wave and from 15% to 50% during the second. Neither the clinical attack rates nor the susceptible attack rate varied markedly with age in the settings for which age-stratified data were available (Web Figures 2 and 3).

Clinical attack rates were generally low (typically 10%–20%) in open settings, except for Kansas City, Missouri, and the Panama Canal Zone, where the attack rates were 39% and 46%, respectively (Web Figure 4). Clinical attack rates were available for only 2 confined settings; these were higher (31% and 36%) than the clinical attack rates in most open settings. Clinical attack rates varied little with age, except in Doncaster, United Kingdom, where they were highest in young to middle-aged adults (Web Figure 3).

Basic and effective reproduction numbers

\( R_0 \) and \( R_n \) could be estimated from both the final size and the growth rate of the respective epidemics in Kansas City
during the first wave and in Khartoum and Doncaster during the second (Tables 1 and 2). In all cases, the 2 methods produced similar estimates. The rest of the estimates of $R_0$ and $R_n$ are considered irrespective of the method used.

For the first wave, $R_n$ was estimated as 1.06–2.01 and 1.08–1.62 in open and confined settings, respectively (Web Figure 5 (http://aje.oxfordjournals.org/)). The corresponding $R_0$ estimates, allowing for pre-epidemic immunity as indicated by seropositivity, were 1.06–2.06 and 1.08–1.62 (Figures 1 and 2). The estimates generally appeared similar irrespective of the time of year or location. There were no consistent differences between the estimates of $R_0$ in open and confined settings.

For the second wave, $R_n$ was estimated as 1.08–2.02 in open settings and as 1.43 (95% confidence interval: 1.23, 1.63) in a single confined setting. The corresponding $R_0$ estimates for the second wave were 1.21–3.58 (open settings) and 1.86 (95% confidence interval: 1.60, 2.12) (confined setting). In all 10 settings for which $R_0$ was estimated for both waves, the point estimate for the second wave was higher than that for the first (Table 3). Differences in $R_n$ between waves were variable (e.g., the point estimate for the second wave was higher than that for the first in 7 of 10 data sets), since $R_n$ also depends on the proportion of persons who were susceptible at the beginning of the wave.

Our estimates of $R_n$ based on the growth rate were generally only slightly smaller than the upper bound obtained using the expression $e^{\lambda T g}$ (see Web Table (http://aje.oxfordjournals.org/)). Repetition of the analyses using the alternative assumptions that 100% and 50% of each population were susceptible at the beginning of the first and second waves, respectively, produced $R_0$ estimates of 1.06–2.01 during the first wave and 1.21–4.22 during the second. The corresponding $R_n$ estimates were 1.06–2.01 and 1.05–2.11 (data not shown). Again, each second-wave $R_0$ estimate was higher than the corresponding first-wave estimate, while changes in $R_n$ between waves were less consistent.

DISCUSSION

Our results extend knowledge of the H3N2 influenza pandemic, firstly by including data from a much wider geographic range of settings than has been previously analyzed and secondly by estimating transmissibility during both pandemic waves for multiple settings. We found that $R_0$...
increased between the 2 waves of the pandemic, being in the ranges 1.06–2.06 and 1.21–3.58 during the first and second waves, respectively. We found little geographic or temporal variation in $R_0$ or $R_n$ within each wave. In contrast with those found for the 1918 pandemic, our estimates for open and confined settings differed little, perhaps because we defined "confined" rather broadly; for example, primary schools and care homes in 1968/1969 would have been less crowded than the prisons and ships considered for the 1918 pandemic (15).

One of our assumptions was that infection during the first wave conferred immunity during the second. This was based on the facts that 1) the proportion of persons who were seropositive to the prototype Hong Kong virus isolated during the first wave increased between the 2 waves (2–5, 46); 2) hemagglutinin did not evolve significantly between the 2 waves (47, 48); and 3) in 1 study, no person with a ≥4-fold rise in hemagglutination-inhibiting antibody titer during the first wave showed evidence of infection during the second (3).

Our conclusions also depended in part upon the quality of the data assembled. Data quality was difficult to assess for some of the data sets. Many of them appeared to be of high quality, but a few had limitations, such as small sample sizes, unclear clinical case definitions, or low antibody titers in serologic case definitions (Tables 1 and 2). We restricted our estimates of $R_0$ based on the final epidemic size to data sets with good ascertainment, since these estimates depend on the completeness of case reporting (estimates based on the growth rate are sensitive to the completeness of reporting only if this changes over time). Clinical data, however, are subject to misclassification and also will exclude asymptomatic infections. This could have caused us to underestimate $R_0$ based on the final epidemic size from clinical data, if asymptomatically infected persons were infectious.

For a few of the studies, data on the epidemic curve during the early stages of the wave were absent (Web Figure 1). These missing notifications were attributed to background influenza infections or influenza-like illness. The extent to which this assumption was appropriate was difficult to determine for Guatemala, since the outbreak of influenza-like illness was preceded by an epidemic of Venezuelan equine encephalomyelitis (40). Missing data late in the epidemic would not affect estimates based on the growth rate, which use only data from the early stages.

Serologic data, while more specific than clinical data, also have caveats. Firstly, for 6 of the serologic data sets, infection was defined using a relatively low hemagglutination-inhibiting antibody titer (≥1:10 or lower). Secondly, preepidemic seropositivity may indicate preexisting cross-reacting antibody rather than infection with H3N2 influenza (3, 24). Either of these factors could have caused us to overestimate the proportion of persons who were immune at either the start or the end of the epidemic wave; the net effect on our estimates of $R_0$ is difficult to predict.

For example, overestimating the proportion immune at the end of the wave would have caused us to overestimate the final epidemic size and $R_0$. Overestimating the
proportion immune at the start could have led to underestimation of the epidemic size and $R_0$. It could also have caused us to underestimate the proportion of persons in the population who were responsible for generating the cases during the epidemic, leading to an overestimate in $R_0$.

We excluded data sets involving vaccinated persons wherever possible. However, the limited quantities of vaccine available during the first wave are not believed to have significantly affected the outbreaks in the United Kingdom or the United States (2, 49). No other large-scale interventions or behavior changes were mentioned in the source papers (where data referred to intervention trials, we included only the control groups), but people may have reactively reduced their social mixing, as apparently happened during the 1918 pandemic (50). Successful interventions, if implemented, would have reduced the epidemic size, leading us to underestimate $R_0$ on this basis. However, they probably would have been introduced too late to affect our estimates based on the growth rate, which used only data from the epidemic’s early stages.

To our knowledge, only 1 previous study has assessed the transmissibility of H3N2 influenza during both pandemic waves (19). Using general practice consultation data from England and Wales, Hall et al. (19) found that $R_0$ increased slightly from 1.28 during the first wave to 1.56 during the second. This is broadly consistent with our estimates of $R_0$ for this setting (nationally and subnationally), which ranged from 1.10 to 1.30 during the first wave and from 1.19 to 2.02 during the second. While we estimated that $R_0$ increased between waves in all settings for which data on both waves were available, it is unclear whether this conclusion is generalizable to other settings: It is possible that in some settings, only 1 wave occurred or a second wave occurred but was not reported.

Changes in transmissibility have been examined for successive waves of the 1918 H1N1 pandemic. In Geneva, Switzerland, $R_0$ was estimated to increase from 1.49 during the first wave to an $R_0$ of 3.75 during the second wave (14). In Scandinavia, transmissibility decreased between waves (e.g., from 2.2–3.0 for $R_0$ during the first wave to 1.2–1.3 for $R_n$ during the second in Copenhagen, Denmark (16)), which could be attributable to reductions in both the susceptible population and $R_0$. Other studies of this pandemic found that $R_0$ decreased (e.g., from 2.1 to 1.8 to 1.5 in successive waves in England and Wales (13)), showed no clear pattern (12, 13), or remained relatively unchanged (15).

The increases in $R_0$ between successive waves of the H3N2 pandemic suggested here might be attributable to at least 2 factors. First, they could be related to molecular changes in the virus; for example, drift in the neuraminidase between the 2 waves has been reported (47, 48) and could perhaps be associated with increased transmissibility. Second, they could be related to the timing of the respective outbreaks. For example, the first wave in the United Kingdom began just before Christmas, whereas the larger outbreaks of the second wave in the United Kingdom and the first wave in the United States began earlier in the year, before holidays would have interrupted contact between people at schools and workplaces. Immunity generated during the unusually large first wave in the United States probably helped to limit the attack rates there during the second wave. It is interesting that, in Europe and Asia, the majority of influenza-related deaths occurred during the second wave, while in North America the first wave had the greater mortality impact (48). We could not assess whether these differences were reflected in changes in $R_0$ between the 2 waves, since no suitable second-wave data were identified for any American setting.

It is unlikely that the apparent increase in $R_0$ between waves was due to increased ascertainment during the second wave (e.g., due to greater awareness of the virus), since increases were observed even using serologic data from samples submitted for other tests (2–4), for which ascertainment is unlikely to vary between waves.

Our estimates of $R_0$ are lower than many previous estimates for the 1918 (10–16) and 1957 (12, 13, 17) pandemics, which is consistent with the correspondingly smaller size of the 1968 pandemic. Our estimates of $R_0$ for the first wave of the H3N2 pandemic are also lower than the 2 previous estimates for this wave (20, 21), which were derived from models describing the global spread of influenza; Rvachev and Longini (20) and Longini et al. (51) estimated $R_0$ as 3.10, and Cooper et al. (21) estimated it as between 0.5–1.5 and 2.5–3.5. Both sets of investigators assumed that approximately 60% of the global population was initially susceptible. We generally assumed that the proportion susceptible was higher than this, based on the available serologic data for each setting. Using the figure of 60% for the data sets for which this was possible would produce estimates of $R_0$ for the first wave of 1.76–3.35, which could be related to the timing of the respective outbreaks.
consistent with these previous estimates. Our estimates of \( R_0 \) were close to the upper bounds (45); consequently, if our assumptions about the proportion susceptible are correct, our estimates of \( R_0 \) are probably not underestimate. In fact, if the generation time of H3N2 pandemic influenza was shorter than the 4 days we assumed (shorter generation times have been assumed for other influenza viruses (52) and estimated for H1N1 influenza (53)), the \( R_0 \) would be even lower than estimated here.

\( R_0 \) for the second pandemic wave has been estimated as 2.2 (12) and \( R_0 \) as 1.85 (12), 1.8 (13), or 1.56 (19). Other analyses of the second wave implied an \( R_0 \) of 3.5 in England and Wales and an \( R_0 \) of 3.5 or 4.9 in Greater London (11, 18; Ben Cooper, Health Protection Agency, United Kingdom, unpublished observations). Most of our \( R_0 \) estimates for the second wave lie within the range of these previous estimates.

It is possible that H1N1 influenza will cause a second wave of infection, and it is difficult to predict whether the virus will continue to behave as it has done thus far. Our results indicate that pandemic influenza viruses may become more transmissible between successive waves, and this possibility should be considered in mitigation strategies.

*Editor’s note:* Reference 54 is cited in the legend of Web Figure 3 (http://aje.oxfordjournals.org/).

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**REFERENCES**


