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Kinyanda, E; Weiss, HA; Levin, J; Nakasujja, N; Birabwa, H; Nakku, J; Mpango, R; Grosskurth, H; Seedat, S; Araya, R; Patel, V (2016) Incidence and Persistence of Major Depressive Disorder Among People Living with HIV in Uganda. *AIDS and behavior*, 21 (6). pp. 1641-1654. ISSN 1090-7165 DOI: <https://doi.org/10.1007/s10461-016-1575-7>

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DOI: [10.1007/s10461-016-1575-7](https://doi.org/10.1007/s10461-016-1575-7)

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**Table I: Data collection tools for this study**

	Instrument used	Description	Questions or categories (examples)	Cronbach's alpha	Remarks	Ref.
<b>Group 1 factors</b> (Socio-demographic factors)	study site, sex, age, marital status, highest educational attainment, religion, employment status, Socio-economic index (SEI)	SEI was constructed from commonly available household items in a typical Ugandan households	Examples of questions in the SEI: <i>does your household have electricity ?</i>  Response: Yes/no  Index created by totalling up all positive items		Has previously been used by this study group.	[1]
<b>Group 2A factors</b> CD4 counts	CD4 count taken in the last 6 months					
WHO clinical stage for HIV/AIDS	WHO Clinical Staging criteria		Respondents classified as Stage I to IV based on the presence/absence a combination of 17 HIV associated clinical symptoms			[21]
HIV associated Neurocognitive impairment	International HIV Dementia scale	3-item questi. assesses motor, psychomotor and memory impairment	<i>Memory -Ask the patient to recall the four words.</i>  Maximum total score is 16			[22]
Body weight (Kg)						
Degree of disability	Sheehan Disability Scale (SDS)	Assesses degree of impairment in 3 domains work/school, social life and home life or family responsibilities. are impaired by his or her symptoms on a 10 point visual analog scale.	Use a 10 point visual analog scale to assess each of the 3 domains			[23]
<b>Group 2B factors</b> Childhood trauma	Childhood Trauma Questionnaire Short Form CTQ-SF	28-item questionnaire on traumatic events in childhood	Selected examples: <i>Did your mother die?</i>  5-point Likert scale: Never true / Rarely	0.88	Employed for the first time.  Reverse scored items: 2,5,7,10,13,16, 19,22,28.	[24]

			true/ Sometimes true / etc.			
Social support	Multidimensional Scale of Perceived Social Support MSPSS	12-item questi. on perceptions of support received	<i>Does your family support you ?</i>  7-point Likert scale: very strongly disagree / strongly disagree / etc.	0.85	Employed for first time.	[25]
HIV Felt Stigma	Brief HIV Stigma Scale	10-item questi. on experiences, feelings, and opinions as to how PLWHA are treated	<i>I have been hurt by how people reacted to learning I have HIV.</i>  4-point Likert scale: strongly disagree /disagree/ agree/etc.	0.77	Employed for first time.	[26]
Negative Coping style	Carver Brief COPE	28-item questi. on style of coping with stress	<i>I've been turning to work or other activities to take my mind off things.</i>  4-point Likert scale: I haven't been doing this at all/ I've been doing this a little bit / I've been doing this a medium amount/ etc.	0.69	Employed for first time.  Reverse scored items: 1,2,5,7,10,12,14,15,17,18,19,20,22,23,24,25,27,28.	[27]
Resilience	Connor–Davidson Resilience Scale CDRISC	25-item questi. on stress coping ability	<i>I am able to adapt when changes occur.</i>  5-Likert scale not true at all/ rarely true/ sometimes true/ etc.	0.93	Employed for first time.	[28]
Family history of mental disorder		1-item	<i>Have any members of your family ever been diagnosed with a psychiatric disorder?</i>  Responses: yes/no		Has previously been used by this study group[1].	
<b>Group 2C factors</b> Negative life events	Modified Adverse life events module of the European Parasuicide Interview schedule EPSIS	27-item questi. on adverse life events experienced in the last 6-months with related to parents, sibling, children and self.	<i>Did your father die in the last 6 months?</i>  Response: yes/no  Index created by totalling up positive items		Previously adapted to the Ugandan socio-cultural context and used in HIV research [1].	[29,30]

Stress	Derived from items of the Modified adverse life events module of the EPSIS	27-items based on an objective measure of stress	Different life events were weighted on an objective assessment of stress e.g. death of spouse or child in the last 6 months was given a stress score of 5; sickness of important others a stress score of 2, etc.  Stress Index was created by totalling up all the scores.		A previous version of this scale has been used in the HIV situation of Uganda by authors.	[1]
Food insecurity	One item question	Closed question	<i>In the last month, did you or your family have enough food?</i>  Response yes/no		Previously used in the HIV situation of Uganda by authors.	[1]
<b>Outcome measures</b> Current Major depressive disorder episode (MDD)	Current MDD episode module in the M.I.N.I.- Plus	DSM IV based standardised questionnaire.	<i>For the past two weeks, were you depressed or down, most of the day, nearly every day?</i>  Response: yes/no			[31]
Severity of depressive symptoms	Assessed using the Centre for Epidemiological Studies- Depression questionnaire (CES-D)	Standardised screening questionnaire	<i>For the past two weeks, I did not feel like eating; my appetite was poor.</i>  4-point Likert scale: rarely or none of the time/some or a little of the time/ occasionally or moderate amount of the time/ etc			[32]