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Appendix 1. Number of messages received by participants

Time line	Intervention				Control
	Women positive	Men positive	Women negative	Men negative	
	<i>Number of messages</i>				
Week 1	16	17	7	9	2
Week 2	8	8	8	7	
Week 3	7	6	5	4	
Week 4	6	5	5	4	
Month 2	9	9	9	9	1
Month 3	2	2	2	2	1
Month 4	2	1	2	1	1
Month 5	1	1	1	1	1
Month 6	5	5	1	1	1
Month 7	2	2	5	5	1
Month 8	1	1	2	2	1
Month 9	1	1	1	1	1
Month 10	1	1	1	1	1
Month 11	1	1	1	1	1
Month 12	1	1	1	1	1