Hopkins, H; Gonzalez, IJ; Polley, SD; Angutoko, P; Ategeka, J; Asiimwe, C; Agaba, B; Kyabayinze, DJ; Sutherland, CJ; Perkins, MD; Bell, D (2013) Highly Sensitive Detection of Malaria Parasitemia in a Malaria-Endemic Setting: Performance of a New Loop-Mediated Isothermal Amplification Kit in a Remote Clinic in Uganda. The Journal of infectious diseases, 208 (4). pp. 645-652. ISSN 0022-1899 DOI: https://doi.org/10.1093/infdis/jit184

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DOI: 10.1093/infdis/jit184
Highly Sensitive Detection of Malaria Parasitemia in a Malaria-Endemic Setting: Performance of a New Loop-Mediated Isothermal Amplification Kit in a Remote Clinic in Uganda

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(See the major article by Polley et al on pages 637–44.)

Background. Current malaria diagnostic tests, including microscopy and antigen-detecting rapid tests, cannot reliably detect low-density infections. Molecular methods such as polymerase chain reaction (PCR) are highly sensitive but remain too complex for field deployment. A new commercial molecular assay based on loop-mediated isothermal amplification (LAMP) was assessed for field use.

Methods. Malaria LAMP (Eiken Chemical, Japan) was evaluated for samples from 272 outpatients at a rural Ugandan clinic and compared with expert microscopy, nested PCR, and quantitative PCR (qPCR). Two technicians performed the assay after 3 days of training, using 2 alternative blood sample–preparation methods and visual interpretation of results by fluorescence assay.

Results. Compared with 3-well nested PCR, the sensitivity of both LAMP and single-well nested PCR was 90%; the microscopy sensitivity was 51%. For samples with a Plasmodium falciparum qPCR titer of ≥2 parasites/µL, LAMP sensitivity was 97.8% (95% confidence interval, 93.7%–99.5%). Most false-negative LAMP results involved samples with parasitemia levels detectable by 3-well nested PCR but very low or undetectable by qPCR.

Conclusions. Malaria LAMP in a remote Ugandan clinic achieved sensitivity similar to that of single-well nested PCR in a United Kingdom reference laboratory. LAMP dramatically lowers the detection threshold achievable in malaria–endemic settings, providing a new tool for diagnosis, surveillance, and screening in elimination strategies.

Keywords. malaria; diagnosis; LAMP; loop-mediated isothermal amplification; sensitivity and specificity; PCR; polymerase chain reaction; molecular diagnosis; DNA; Plasmodium falciparum; Uganda; Africa.

Accurate detection of malaria is of increasing importance as the malaria prevalence declines across much of its range [1, 2], with surveillance and screening becoming increasingly important in program management [3–5].
Microscopy and antigen-detecting rapid diagnostic tests (RDTs), when performed correctly, provide accurate diagnosis for case management [6] but cannot reliably detect lower-density parasitemia that may occur in asymptomatic individuals, who then represent reservoirs of infection. Such low-density infections with Plasmodium species are widely documented [7–12] and may contribute to transmission [13–15]. To eliminate malaria and prevent reintroduction, sustaining the capacity to detect such infections will be critical. The development of field-ready assays that can detect foci of infection in a way timely enough to enable treatment is therefore recognized as a major priority for malaria elimination [3, 16, 17]. Such highly sensitive assays could also benefit antimalarial drug efficacy monitoring, vaccine studies, and screening of vulnerable populations, such as pregnant women, in which low-density infections may have significant clinical consequences [18–20].

Polymerase chain reaction (PCR) detects parasite DNA, can identify infections below the threshold of detection for microscopy and RDTs, and is commonly considered the gold standard to detect malaria infection. However, PCR requires sophisticated laboratory infrastructure and advanced training, making it challenging and costly to implement in most malaria-endemic areas. Although PCR is used in some cases for focal screening and treatment strategies [11, 21], its restriction to central reference laboratories, often far from the sampled population, greatly limits its usefulness.

Loop-mediated isothermal amplification (LAMP) may offer a practical alternative. Like PCR, LAMP is a molecular technique that amplifies nucleic acids but uses simpler equipment and is less time intensive. A prototype LAMP assay designed for use in resource-constrained settings was developed through a public/private collaboration between the Foundation for Innovative New Diagnostics, Switzerland, and Eiken Chemical Co., Ltd., Japan. The assay forms the basis for a CE-marked product commercially released in July 2012 as the Loopamp Malaria Pan/Pf Detection Kit, list number LMC562 (Eiken Chemical). It is consistent with a recent description of “an ideal LAMP detection format” [22], and the kit consists of vacuum-dried reagents stable at ambient temperature. The assay’s primers target Plasmodium genus or P. falciparum–specific sequences. Assay performance includes either of 2 simple blood-processing methods, a 40-minute reaction time in a closed amplification unit, and a visual readout. The result is essentially qualitative. The relative simplicity and robustness of LAMP opens the potential for sustainable nucleic acid amplification in laboratories and near-patient locations in malaria-endemic countries. An evaluation of the LAMP test kit in a United Kingdom reference laboratory, reported in the article by Polley et al in this issue of the Journal, showed that LAMP sensitivity approximated that of nested PCR [23]. This article presents results of the same kit evaluated in a rural clinic in Uganda.

**METHODS**

**Ethics and Protocol**

All participants, or their parents or guardians, provided written informed consent. LAMP results did not influence care of patients. The study protocol was approved by the Uganda National Council of Science and Technology (UNCST; reference HS160) before participant recruitment and sample collection began (Supplementary Materials). The study and report follow STARD (Standards for the Reporting of Diagnostic Accuracy Studies) guidelines (Supplementary Materials).

**Study Site and Population**

The study was conducted from November 2010 to February 2011 in Tororo District, eastern Uganda, at Nagongera Health Center, a government-sponsored health facility where malaria diagnosis is based on microscopy. A portable generator was used to ensure a stable electrical current for the LAMP incubator and other study equipment. The entomological inoculation rate in this area in 2001–2002 was estimated to be 562 infective bites per person per year [24]. A 2008 study in this area found that 31% of symptomatic patients aged ≥5 years tested positive by expert microscopy (H. Hopkins et al, unpublished data), whereas a year earlier 39% were found positive by a combination of microscopy and PCR [25]. P. falciparum accounts for the great majority of malaria cases (≥94%) in this region [26–28].

Study selection criteria included patient age of ≥5 years, documented presence of fever or self-reported history of fever within the previous 24 hours, and absence of evidence of severe illness.

**Sample Size and Sample Collection**

Sample size calculations were based on the assumption of a microscopy-confirmed prevalence of malaria of 30% among symptomatic patients and a LAMP sensitivity of 95% (95% confidence interval [CI], 90%–98%) and specificity of 80% (95% CI, 75%–85%) for P. falciparum, compared with expert microscopy; calculations revealed that 351 participants were required. A target of 380 participants was set. Over 18 days, consecutive outpatients referred to the laboratory for malaria testing by clinic staff according to the usual standard of care were asked to participate in the study. Study personnel were not involved in the decision to refer patients to the laboratory or in any decision regarding clinical management. At enrollment, the patient’s age, sex, and axillary temperature were recorded; a 2–3-mL venous blood sample was collected in a tube containing ethylenediaminetetraacetic acid (EDTA) for preparation of blood smears and determination of white blood cell count; and a 2-mL heparinized sample was collected and stored at ambient temperature until LAMP was performed the same day. Four hundred microliters of the EDTA sample was stored for up to 4 days at 4°C before freezing at −80°C.
LAMP
The LAMP assay used in this study is based on a published mitochondrial P. falciparum–specific primer set [29]; the LAMP kits consisted of plastic reaction tubes containing thermostable vacuum-dried reagents that were specific for amplification of P. falciparum DNA. A successful reaction results in large quantities of DNA and insoluble magnesium orthophosphate, a byproduct of amplification that can be detected by fluorescence assay (using calcein as an indicator) or by turbidimetry [29]; this study used only fluorescence reading.

After blood sample processing by one of 2 methods described below, the assay was performed according to the manufacturer’s instructions by 2 laboratory technologists with 3 days of training in the test procedure. In short, 25 μL of processed blood was added to reaction tubes, and reagents were reconstituted by shaking the tubes. The tubes were placed into the LF-160 LAMP incubator (Eiken), which accommodates 16 tubes per run; each run consisted of incubation for 40 minutes at 65° C, followed by incubation for 5 minutes at 80°C to inactivate the enzyme and halt amplification. Reaction tubes were then read in the fluorescence visualization unit under blue light-emitting diode light (integral to the LF-160 incubator). Positive and negative controls were included in each run. The test kits and controls, sealed at the time of manufacture in moisture-proof packaging, had been stored at room temperature in Uganda for 4 weeks before use. Storage temperature was monitored but not controlled and remained at ≤30°C.

A LAMP reaction was considered positive for P. falciparum DNA if an obvious increase in fluorescence was observed, compared with the negative control. Results were read by a single laboratory technologist and were considered valid if fluorescence was present in the positive control and absent in the negative control. LAMP results were interpreted by study staff; the interpreter of each result was blinded to LAMP results for the same sample using the alternative sample-preparation method and to health facility microscopy results. In the case of vague or indeterminate LAMP results, the second technologist confirmed the reading in real time.

Two sample-preparation methods to extract DNA from patient blood were used for this study: a commercially available kit designed specifically for LAMP (Loopamp PURE DNA Extraction Kit) and a boil and spin method. As described in the accompanying article by Polley et al [23], the PURE device is a series of interlocking plastic components providing a closed system for preparation of a 35-μL blood aliquot without centrifugation or micropipetting. For the boil and spin method, specified below, the enzyme and halt amplification was carried out experimentally by S. Polley [unpublished data]), and 2 μL of boil and spin extract (prior to 12.5 × dilution) contains P. falciparum DNA equivalent to 1.6 μL of the original blood sample (assuming 80% recovery of DNA). The volume of Qiagen DNA extract used for PCR is equivalent to 10 μL of the original blood sample (assuming 100% recovery).

Microscopy
Blood smears were stained with 3% Giemsa for 35 minutes and mounted with a coverslip and DPX. Leukocyte count was measured on site, using a KX-21 hematology analyzer (Sysmex, Tokyo, Japan) or a HemoCue point-of-care instrument (Quest Diagnostics, Ängelholm, Sweden), to allow accurate calculation of parasite density. One thick smear was prepared and read immediately by health facility staff for use in case management. A second thick smear and a thin smear were prepared by study staff and read by 2 expert microscopists (expertise level 1 or 2, following the World Health Organization [WHO] competency assessment protocol [30]) after completion of study enrollment. Thick smears were read for parasite density, and thin smears were read for parasite species. Smears with discrepant results were reread by a third expert reader. All microscopists were blinded to results of LAMP and previous microscopy.

PCR
Nested PCR provided the reference standard for assessment of LAMP performance. Whole blood samples stored at −80°C were shipped from Uganda on dry ice to the Hospital for Tropic al Diseases in London, United Kingdom, and analyzed by PCR to confirm the presence or absence of parasite DNA. PCR was performed according to standardized protocols and published methods [31, 32], as detailed in the accompanying article by Polley et al [23]. Results were independently scored by 2 investigators blinded to microscopy and LAMP results. After nested PCR was performed for P. falciparum with a single well for each sample, nested PCR was repeated in 3 wells for samples that tested negative in the first run, 3 random positive samples, and the within-run negative controls, increasing the overall sensitivity of the reference standard. A sample was rescord as testing positive if any of the replicate PCR reactions yielded an amplicon of the correct size.

All samples positive for P. falciparum DNA by nested PCR underwent real-time quantitative PCR (qPCR) analysis. Two microliters of Qiagen-extracted DNA was used in a multiplex.
real-time PCR to detect *P. falciparum*, *Plasmodium malariae*, *Plasmodium vivax*, and both subspecies of *Plasmodium ovale* [33] as described in the accompanying article [23]. To determine the *P. falciparum* density, a dilution series of the WHO international standard for *P. falciparum* DNA was included in each run [33], together with DNA from a clinical *P. falciparum* sample confirmed by microscopy to contain 5000 parasites/μL. This qPCR assay provided a limit of detection of 1 parasite/μL. All *P. falciparum* samples that were positive by nested PCR but negative by qPCR were therefore assumed to have parasite densities of <1 parasite/μL.

**Data Management and Statistical Analysis**

LAMP and microscopy data were double entered into an EpiInfo, version 6.04, database (Centers for Disease Control and Prevention, Atlanta, GA). PCR data were entered in Microsoft Office Excel 2007. Data were analyzed with Stata, version 9, (Stata, College Station, TX), and exact binomial CIs were calculated.

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**Figure 1.** Flow diagram of the study. The diagram summarizes results of the loop-mediated isothermal amplification (LAMP) malaria assay for *Plasmodium falciparum* at a remote clinical site in Uganda, using 2 alternative simple sample-preparation methods (PURE device and boil and spin), and results of 2 reference standards: single-well nested polymerase chain reaction (nPCR) and 3-well nPCR. The number of samples positive by nPCR increased by 20 after inclusion of 3-well nPCR results. Results of expert microscopy and of quantitative PCR (qPCR) to determine *P. falciparum* titer and presence of various *Plasmodium* species are presented in the text. Most false-negative LAMP results occurred in samples with parasite titers that were very low or undetectable by qPCR (Table 3); no sample with a titer of ≥1 parasite/μL was missed by both LAMP methods. False-positive LAMP results may represent errors in sample-preparation technique or detection of low-density parasitemias that were undetected by nPCR because of stochastic effects in sampling.
RESULTS

During the study, errors were noted in the informed consent process, and on consultation with UN CST, samples and data from 197 participants with possible consent errors were excluded from analysis. Data were therefore evaluated from 272 patients referred for malaria testing at Nagongera Health Center in eastern Uganda (Figure 1). Table 1 shows characteristics of the study population. Fifty-two participants (19.1%) were aged ≥10 years, 69 (25.4%) were aged 11–20 years, and 151 (55.1%) were aged ≥21 years. All self-reported a history of fever, while 8.2% had an elevated axillary temperature (defined as an axillary temperature of ≥37.2°C; data were missing for 4 participants. Three participants (1.1%) had an axillary temperature of ≥38.0°C.

PCR Results

Single-well nested PCR found 179 samples (65.8%) to be positive for Plasmodium falciparum DNA. The number of positive samples increased to 199 (73.2%) after 3-well nested PCR was performed (Figure 1). Of the additional 20 samples that tested positive by 3-well PCR, the qPCR-determined P. falciparum density was <1 parasite/µL in 9 and undetectable in 11. Of all 199 samples that tested positive by nested PCR, parasite DNA was detectable by qPCR in 178. Of these 178 samples, the qPCR assay identified 121 (68.0%) as P. falciparum monoinfections; 38 (21.4%) as P. falciparum and P. malariae mixed infections; 10 (5.6%) as P. falciparum, P. malariae, and P. ovale mixed infections; 8 (4.5%) as P. falciparum and P. ovale mixed infections; and 1 (0.6%) as P. ovale monoinfection. Since the sample identified by qPCR as a P. ovale monoinfection was found to contain P. falciparum DNA by nested PCR, it was most likely a mixed infection containing a level of P. falciparum that was below the detection threshold of qPCR. For the 176 infections with qPCR-detectable P. falciparum DNA, the median titer by qPCR was 34 parasites/µL (range, <1–259 442 parasites/µL).

LAMP Performance, Compared With Reference Standards

Of the 272 total samples, 181 (66.5%) prepared by the boil and spin method were positive by LAMP. Agreement between PURE and boil and spin results was 91% (κ=0.79).

Compared with single-well nested PCR, LAMP performed on samples prepared with PURE had a sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV) of 93.3%, 85.0%, 92.3%, and 86.8%, respectively. For samples prepared by boil and spin, results were 93.9%, 76.3%, 88.4%, and 86.6%, respectively. When 3-well nested PCR was used as the gold standard, sensitivity, specificity, PPV, and NPV were 89.5%, 95.9%, 98.3%, and 76.9%, respectively, for PURE and 90.0%, 84.9%, 94.2%, and 75.6%, respectively, for boil and spin. For all samples, when compared with 3-well nested PCR, the LAMP assay’s sensitivity (with PURE, 89.5% [178/199]; with boil and spin, 90.0% [179/199]) approximated that of single-well nested PCR (90.0% [179/199]). When analysis was restricted to samples with a P. falciparum titer of ≥1 parasite/µL by qPCR, the sensitivity of LAMP with PURE, compared with 3-well nested PCR, increased to 97.3% (95% CI, 93.3%–99.3%), and the sensitivity of LAMP with boil and spin increased to 98.0% (95% CI, 94.2%–99.6%; Table 2).
The sensitivity of LAMP with both preparation methods was 97.8% (95% CI, 93.7%–99.5%), compared with 3-well nested PCR.

As shown in Table 3, most false-negative LAMP results occurred in samples with parasite titers that were very low or undetectable by qPCR. Parasites in 4 samples with a higher parasite density were missed by LAMP with PURE, and parasites in 3 were missed by LAMP with boil and spin; these were different samples, and no sample with a titer of ≥1 parasite/μL tested negative by both methods (Table 3). The sample mentioned earlier, with *P. ovale* monoinfection detected by qPCR (and *P. falciparum* detected by nested PCR), was negative by *P. falciparum* LAMP, using both preparation methods. Twelve samples were negative by 3-well nested PCR (and by microscopy) but positive by LAMP with PURE alone (n = 1), boil and spin alone (n = 9), or both methods (n = 2; Figure 1).

Expert microscopy detected parasites in 102 samples (37.5%), with a median density of 196 parasites/μL (range, 11–147 032 parasites/μL). For the 102 microscopy-positive samples, the median qPCR titer was 176 parasites/μL (range, 0–259 442 parasites/μL). Most (97 of 102) were identified by microscopy as *P. falciparum* monoinfections, while 2 were reported as mixed *P. falciparum* and *P. malariae* infections, 2 as *P. malariae* monoinfections, and 1 as *P. ovale* monoinfection.

**DISCUSSION**

The malaria LAMP kit used in this study achieved accuracy comparable to that of nested PCR in a United Kingdom reference laboratory setting [23]. The study reported here demonstrates similar sensitivity when performed in a remote clinic in a malaria-endemic area. LAMP results for blood samples prepared with 2 simple methods and read visually by fluorescence under a blue light-emitting diode light far exceeded the sensitivity of expert microscopy and compared well with a reference standard of 3-well nested PCR, with very high sensitivity for infections of ≥2 parasites/μL. LAMP results were available within 60–90 minutes of starting sample processing. The results were achieved by technicians who had no previous training in molecular diagnostic techniques and just 3 days of training in LAMP procedures. Sample collection, preparation, and testing were performed on 1 countertop in a small room at the health center. The closed amplification and reading system reduces the likelihood of workspace amplicon contamination.

Several evaluations of malaria LAMP assays have reported detection of cultured parasites or field samples transported to research laboratories [35–38]; one study evaluated another LAMP assay in a field clinic in Thailand, comparing results with microscopy [39]. To our knowledge, the current study is the first to demonstrate the reliable detection of parasites to a very low threshold in a remote clinical setting and the first to use field-stable reagents. The assay demonstrated a detection...
threshold equivalent to that of single-well nested PCR, when compared to 3-well nested PCR. Performance of both LAMP and single-well nested PCR declined in samples containing <1 parasite/μL.

A small number of false-negative results occurred with samples containing parasite densities well above the limit of detection of expert microscopy. This occurred with both sample-preparation methods but on different samples, suggesting a failure in the sample-preparation steps rather than failure of recognition by the LAMP primer sets. Further investigation could identify and minimize preparation errors. Some apparent false-positive LAMP results also occurred; this would pose a problem for surveillance in settings of very low transmission or for drug-efficacy monitoring. However, it is unclear from this study and from the parallel United Kingdom reference laboratory study [23] whether these are really false-positive results. At these low parasite densities, chance discrepancies are expected because of stochastic processes, and false-positive results may represent detection of very-low-density parasitemias that were undetected by the nested PCR reference standard. False-positive results were not seen during assay development when testing against parasite-negative samples from areas where malaria is not endemic, using the sample-preparation methods described here [23].

The ability to detect very-low-density malaria parasitemia in remote settings raises opportunities and new strategic questions for malaria management and elimination. In many regions of endemcity, including southern Africa and Southeast Asia, malaria is now a relatively uncommon disease, and asymptomatic low-density infections pose a significant public health challenge. In these areas, hotspots of higher transmission can form foci for wider reintroduction [40]. Strategies of focal screening and treatment to identify and eliminate such parasite reservoirs have been hampered by a lack of a highly sensitive diagnostic test close to the site of sample collection [16]. This study demonstrates that LAMP detects parasites with an accuracy similar to that of PCR in a remote setting, removing the main logistical barrier to implementation of focal screening and treatment strategies. It will be important to assess the LAMP assay’s performance in a variety of malaria-endemic settings to determine the robustness of the platform.

The relative simplicity of the LAMP procedure and the low infrastructure costs open a range of other research and monitoring opportunities by bringing molecular-level parasite detection within reach of national malaria control programs. Although highly sensitive parasite detection may have limited usefulness for routine fever case management in malaria-endemic areas and the per-sample cost of LAMP remains well above that of microscopy or RDT, LAMP may have specific applications in antenatal screening, screening in antimalarial drug efficacy trials, and resistance monitoring programs, vaccine trials, and evaluations of other diagnostic tools [18–20]. Costs may be further reduced by pooled screening [41, 42]. In high-resource countries, use of this LAMP assay in the diagnosis of malaria in febrile returned travelers offers advantages of speed and/or accuracy over current methods [23].

In conclusion, this malaria LAMP assay dramatically lowers the detection threshold that can be achieved in routine malaria-endemic settings. Future product improvements should include scaling up throughput and lowering costs to address screening requirements in malaria-endemic settings. As seen with the recent introduction of malaria RDTs, introduction of novel diagnostic methods can open new avenues for malaria control and elimination, as well as new challenges in identifying where such capacity is best used.

Supplementary Data

Supplementary materials are available at The Journal of Infectious Diseases online (http://jid.oxfordjournals.org/). Supplementary materials consist of data provided by the author that are published to benefit the reader. The posted materials are not copyedited. The contents of all supplementary data are the sole responsibility of the authors. Questions or messages regarding errors should be addressed to the author.

Notes

Acknowledgments. We thank the study participants and staff at the Nongera Health Center IV in Tororo District, Uganda; Samana Schwank, Ajay Kumar Thirumala, Adoke Yeka, and Christopher Erauga, for logistical assistance and advice; Maxwell Kilama, for his diligence in quality-control reading of blood smears; and Jean Nsekera and Nora Champouillon, for administrative support.

Financial support. This work was supported by the Foundation for Innovative New Diagnostics, through grants from the Bill and Melinda Gates Foundation; the Ministry of Foreign Affairs of the Government of the Netherlands; and the United Kingdom Department for International Development.

Potential conflicts of interest. H. H., I. J. G., P. A., J. A., C. A., D. J. K., M. D. P., and D. B. are employees of the Foundation for Innovative New Diagnostics, a codeveloper of the malaria LAMP assay and the funding organization. S. P. was supported by a project grant from the Foundation for Innovative New Diagnostics (to C. S.). B. A. certifies no potential conflicts of interest.

All authors have submitted the ICMJE Form for Disclosure of Potential Conflicts of Interest. Conflicts that the editors consider relevant to the content of the manuscript have been disclosed.

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